#### "E Ala Na Moku Kai Lilol<u>oa</u>"





NORTH SHORE NEWS June 29, 2022 VOLUME 39, NUMBER 7

# HALEIWA ARTS FESTIVAL



# 2022 Featured Artist: Naoki Hayashi

Artist Naoki Hayashi began making gyotaku prints at age 11. Since then he has refined and mastered his unique gyotaku process. Each of Naoki's gyotaku pieces is created using non-toxic acrylic paints and Japanese shoji paper. As an avid diver and fisher, Naoki views each gyotaku as a window into the underwater world he sees when diving in Hawaii's beautiful ocean waters. His art features fish in true-life color and in compositions that reflect how they are found in nature.

haleiwaartfestival.org • Purchase a Tote Bag at the Festival Shop and have it signed by Naoki!

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\*\*\*\*\*ECKM22EDDW\*\*\*\*

Congratulations! Haleiwa Arts Festival for 23 years of Great Art!



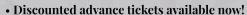
TACOS + BEER + MARGARITAS Open Daily 11:30 - 10



# SUMMER IS HERE!



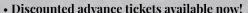
#### **Saturday July 30** 3 PM on the Main Lawn



- Advance: Adult \$20, child/senior \$15
- At the gate: Adult \$25, child/senior \$20
- July concert lineup:
  - · Brother Noland
  - · Lim 'Ohana
  - Keauhou
- BET
- Hālau Ka Lā 'Ōnohi Mai O Ha'eha'e

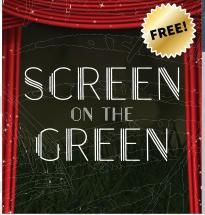


#### **Saturday August 27** 3 PM on the Main Lawn



- Advance: Adult \$20, child/senior \$15
- At the gate: Adult \$25, child/senior \$20
- August concert lineup:
  - Natalie Ai Kamau'u
  - · Na Hoa
  - Leahi

- Na Wai Hoʻoluʻu O Ke Anuenue
- Hālau Hula Ka Lehua Tuahine



#### Thursdays July 7, 14, 21, & 28 All Movies 7:15 PM on the Main Lawn

- FREE series of family-friendly movies every Thursday in July!
  - July 7: Encanto
  - July 14: Jungle Cruise
  - July 21: Luca
  - July 14: Beetlejuice
- Outdoors on the Main Lawn; bring your own lawn chairs/blankets
- All movies follow the weekly Hale'iwa Farmers' Market (2 6 PM at the Pikake Pavilion)



Open 7 Days a Week, 9 AM - 5 PM Through Labor Day

Call: (808) 638-7766







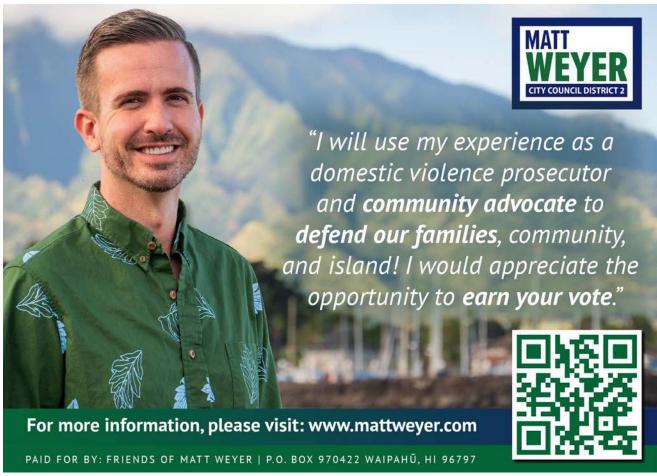
@waimeavalleyoahu (O)



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# Councilmember Heidi Tsuneyoshi

**Serving You in District 2** 

Aloha

The Ke Ala Pupukea bike path is very popular and heavily utilized by both residents and visitors. Over the years, the inconsistent maintenance as well as illegal dumping of green waste has contributed to its current deteriorated and dangerous condition. I would like to take this opportunity to provide a friendly reminder that green waste needs to be disposed of in the City-issued green bin or taken to one of the six City convenience centers or three transfer stations for disposal. We will continue to work with the City administration to provide short-term work to ensure the path continues to be rideable.

It was brought to our attention that a project to address drainage at Aweoweo Beach Park earlier this year had resulted in a dangerous situation where rebar was exposed in the water. The pipe was broken up to install a duckbill to improve drainage and prevent sand from blockage. This was definitely a safety issue as it was relayed to us that many kids play in that area. I would like to thank the Department of Facility Maintenance and the Department of Parks and Recreation for expeditiously working to complete their ongoing project. The rebar has been removed and duckbill installed.

We recently received an update on the timeline for the Haleiwa Walkways Project. It began as an improvement district project to construct sidewalks through Haleiwa town along Kamehameha Highway. However, the required 50% cost match from the property owners along the roadway proved to be too steep. To provide a more feasible option that the City could fund and still provide the same benefit to the community, the City rescoped the project to create protected walking areas along Kamehameha Highway. Through deliberations with community stakeholders, the City was able to approve the design and began moving forward to acquire agreements to begin construction on the project. Following completion of this project, the projected timeline for the project is now projected to advertise construction bids in the first quarter of 2023 with the notice to proceed estimated for the fourth quarter of 2023.

Several years ago, the North Shore community was working with the Department of Emergency Management (DEM) to install tsunami signage to help direct residents to safe areas and evacuation routes in the event of a tsunami. The total amount awarded by the Federal Emergency Management Agency (FEMA) hazard mitigation is \$822,900 of

which a local match of 25% is required for the signs to be installed islandwide. The department has been working with the State to complete a memorandum of agreement after which the department will work with the City Council to transfer monies for the local match. Following the provision of the local match, the DEM can move forward with contracting the sign installation. We will continue to work with DEM toward the completion of this project.



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Now accepting children ages 2-Pre K (Honolulu 3mos - Pre K) for the 2022-2023 school year

For more information visit: www.rainbowschools.com

# Introducing a new AUWE Discount Card!

From time to time, we run out of our popular Snow Puffies after our pastry makers have all gone home.

As a way of making up to the many disappointed puffy lovers coming from far away, we now offer them a 15% purchase discount on their next visit.

This is a small way of extending our appreciation to these loyal out-of-town travelers. Just ask for the AUWE Discount Card when it happens.



www.pkbsweets.com



#### North Shore Chamber of Commerce News

#### Seaside Realty & The Chamber of Commerce Presents: Fireworks and Car show Festival at Haleiwa Beach Park

Seaside Realty and The North Shore Chamber of Commerce is hosting Fireworks & Car show Festival at Haleiwa Beach Park. Free to the public from 10 am – 8:30 pm on July 4th. In addition to a car display, this family event will include food vendors, musical entertainment, hula, bounce houses, face painting, food eating contest, a dunking booth, robotics showcase, and evening fireworks.

Car clubs are encouraged to also join in the fun. Anyone willing to support North Shore's first annual Fourth of July event is asked to contact Executive Director Kelli Turansky at the Chamber office located at 66-434B Kamehameha Highway, Haleiwa, 10 am – 4 pm Monday through Friday; call 808-637-4558; or email her at director@gonorthshore.org.

The car show and competition (prizes and trophies included) running throughout the day will showcase car clubs island-wide with approximately 300 vintage cars, trucks and motorcycles. An individual's participation fee of \$20 will cover the cost of a t-shirt, goodie bag, and window placard for the vehicle. There will also be valve cover races for a \$5 entry fee.

Afternoon musical entertainment will feature "Kiana Luna", "Liquid Amber", a five-piece band that plays everything from swing jazz, rhythm and blues, classic rock, old school funk to modern pop. Later, "Marforpac"The 50-piece Marine Corps concert band will play patriotic music from 6 pm to 7pm. Ending the night will be the Marine Corps rock and roll band, starting at 8 pm and playing through the fireworks which will start at 8:15 pm.





#### FOURTH OF JULY ITINERARY

7:00 - 10:00 AM: Vendors set up, Car show setup

10:00 AM: Event Starts

10:30 AM: Kahu Kordell blessing of the Town Community Businesses and event

11:15 AM: Hula Performance

11:45 AM: Announcements

12:00 PM - 4:00 PM: Valve Cover Races

12:00 PM: Robotics Showcase

12:00 PM: - 1:00 PM: Kiana Luna

2:00 PM: Announcements

2:00 - 4:00 PM: Liquid Amber

4:00 - 4:30 PM: Valve Cover Winners, Announcements

4:30 - 5:30 PM: Maya's Tapas Food Eating Contest

5:30 - 6:00 PM: Car Show Winner, Announcement and Raffle

6:00 - 7:00 PM: 50-piece Concert Marine Band

7:00 - 8:15 PM: Rock and Roll Marine Band

8:15 - 8:25 PM: Fireworks

8:30 PM: END OF EVENT







# Senator Gil Riviere

Serving Oahu's North and Windward Shores

#### **Fact Finding Site Visits**

In our 2022 Legislative Report that was mailed to every home in the district, we recapped some of the accomplishments from this year's Legislature and important district issues like the Kawaihapai Airfield, Koolauloa Community Center and Resiliency Hub, and commercial activity excesses at Kaneohe Bay and Shark's Cove. If you missed it or want to read again, an online copy is available at SenatorRiviere.com.

A group of Legislators recently visited the Red Hill Fuel Storage Facility to see how the cleanup and repairs are proceeding. This was my third visit to the colossal underground tanks that once held 250 million gallons of fuel. We learned that most of the contaminants near the water well have been removed, but they are not yet finished, and the Navy continue to install additional monitoring sensors. When asked about the timeline to remove the remaining 100 million gallons, we were given vague answers about the unreliability of the pipes. One has to wonder how they reconcile this concern about pipe reliability to drain the tanks with previous assurances that everything was safe while in operation.

One of the big issues at the Legislature this year was the creation of a new management authority for Maunakea. To further my knowledge on this hot topic, I joined a handful of Senate colleagues on a two-day, fact-finding visit to the mountain. After meeting with both protectors and astronomists, I am hopeful there may be a path forward for better management of the mountain, respect for the host culture, opportunities for local residents, and a place for astronomy in Hawaii.

We continue to work on resolving the underlying concerns at Kawaihapai Airfield so that it can continue to operate for years to come. The Army and Department of Transportation Airports Division (DOTA) appear close on an updated Joint Use Agreement and they have agreed that maintenance of the water system will not be a condition of any new long-term lease. There is still a lot of uncertainty about what to do with the water system.

The water system is uniquely complicated. The well is located on Army land and the permit to pump up to 55,000 gallons a day is held by DOTA. The water is used, or has been used, by airfield tenants, the State of Hawaii, the Kaena Point Satellite Tracking Station, Mokuleia Beach Park, YMCA Camp Erd-

man, and several private residences. Airport funds cannot be used to support a water system for users off the airfield, so DOTA is in a difficult position managing the legacy water system based on decades old agreements. We must find a new operations and management structure.

The immediate concern is that the system has been losing millions of gallons of water every month for many years. We cannot change the fact that the massive leak should have been repaired a long time ago, but we are hopeful that DOTA is finally moving forward with new state budget funding of \$200,000 for planning and design. Once the system is brought up to a reliable condition, then we can begin to take steps to stand up a new water users cooperative or other management structure. We have been working with Hawaii Rural Water Association and other experts in water management in preparation for this transfer. It is not easy, but we will get this done.

My phone number is 586-7330. My email address is <u>SenRiviere@capitol.hawaii.gov</u>. Follow us on FaceBook or online. Please visit us in Room 202 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.



## Manu O Ke Kai wins 2022 Hale'iwa Regatta

by Noah Grodzin

On a gorgeous first Saturday of June, with a jam packed Hale'iwa Beach Park filled with outrigger clubs from around the island Manu O Ke Kai won the Hale'iwa Regatta, the first Regatta held in two years due to the COVID pandemic.

Manu O Ke Kai the canoe club that Uncle Randy Sanborn started in 1984 is still going strong and thriving in 2022. With Uncle Randy's wife Aloha Sanborn in attendance, led by Moku Sanborn along with Club President Dave Fuga, head coach Tavita Maea, and Coaches Robert Pactol and Lili Taliulu, the club not only hosted the Regatta it also outright won the overall competition.

Manu O Ke Kai is one of 19 outrigger canoe clubs on Oahu and has been an active family run club for almost 40 years. Raising generations of traditional paddlers as well as bringing new and inexperienced ones into their 'ohana. The club oversees paddling for everyone from juniors all the way up to ages 60 and over. Recently in May of this year the club completed the construction of a brand new Hale. The Hale built by the club members themselves along with efforts from the community and extended 'ohana is a great testament to the clubs spirit and their respectfulness and love for the land that they are able to call home. Manu O Ke Kai preserves tradition as well as continuing on traditions and building their story.



information visit us at: WWW.MALAMAHAWAIIMARKET.COM

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(Left to right) George Smith IV, MOKKCC President Dave Fuga, Robin Lee, Lela Butterworth-Smith with "ToryAnn," a gift from Robin Lee

Robin Lee recently donated a brand new Bradley Lightning racing canoe to Manu O Ke Kai Canoe Club, in remembrance of his daughter ToryAnn Nakayama and lifelong Waialua resident George Smith, III. Club members proudly paddled "ToryAnn" in the season-opener regatta at Hale'iwa Beach Park on June 4, the first regatta that has been held since 2019. The canoe carried the club to its 22nd consecutive regatta win, a shining example of how generosity, teamwork, and honor contributed to the success of Manu O Ke Kai. "ToryAnn" will help perpetuate the Hawaiian tradition of outrigger paddling for generations to come.



Manu O Ke Kai freshmen crew paddling to a first place finish Photo: Jacob VanderVelde



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67-174 Farrington Hwy Tuesdays 4:00pm - 8:00pm farms-food-music-local artisansfamily fun

Learn more at: waialuaucc.org





Mahalo for 18 years of supporting our Operation: Backpack campaign!

This year the Operation: Backpack team will be working with area schools to distribute backpacks to students in need.

Here's how you can help!

A monetary donation will sponsor a backpack loaded with school supplies needed for each grade (K-12). Checks can be made and sent to:

> North Shore News or Once A Month Church Po Box 117, Haleiwa, HI 96712

For more information or credit card donations please call Linda at (808) 780-8037

Donations can also be dropped off at the NS Chamber of Commerce office M-F, 10am-4pm.

Sponsored by North Shore News, Once A Month Church & North Shore Food Bank



#### NORTH SHORE REAL ESTATE TRENDS

by Richard Sterman (R) of Sterman Realty

#### The Real Estate Market

Every now and then I get bold enough to predict the tops or bottoms of our Real Estate markets.

So - today I'm going to venture to say that we are at the "Top" of one of those "Cycles". I could be wrong, however, here are my reasons:

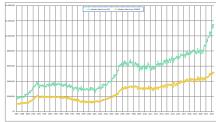
- 1. Oahu Homes, in just the last 3 years, have gone up 50% (see graph) from \$770,000 in May of 2019 to \$1,153,500 in May of 2022, the steepest price increase in 40 years!
- 2. The Federal Reserve has been increasing Interest Rates to fight this kind of "Inflation" causing Mortgage Rates to go from a low of around 3% just a few years ago to around 6% today!
- 3. The Federal Reserve is further committed to fighting "Inflation" at any cost, therefore, they will continue to raise rates and withdraw money from the system till we're well into our next "Recession"!

All 3 of the items above, I believe, will create a "Ceiling" for Home Prices on Oahu.

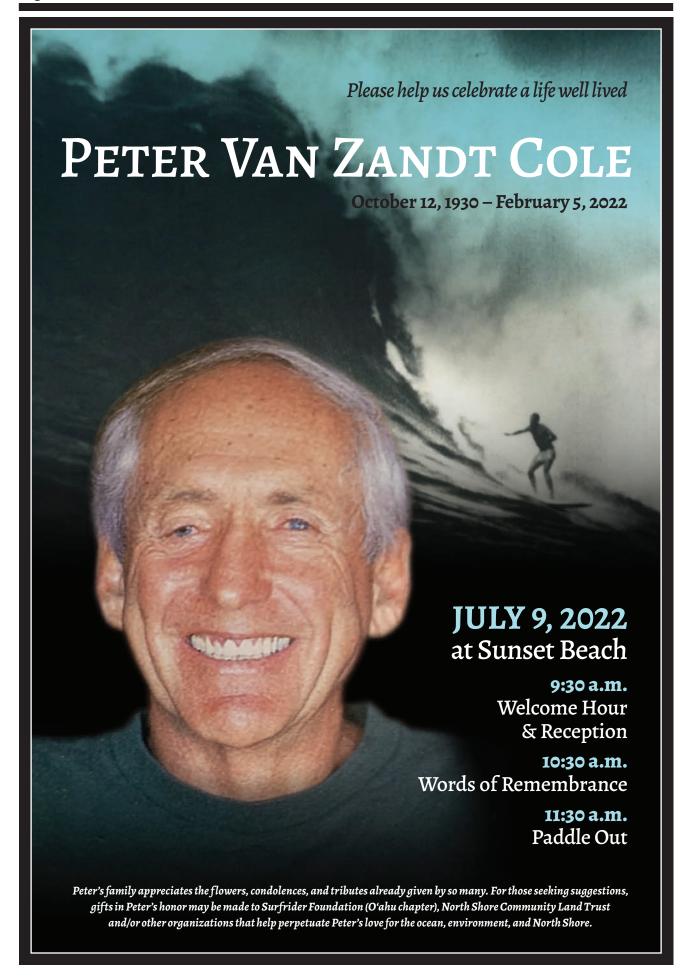
So, what to do? Strangely enough - Sellers should continue to try to sell and Buyers should continue to try to buy:

- For Sellers: While we are hitting a "Ceiling" ... it's still the "Ceiling" and the highest home prices have EVER been on Oahu!
- For Buyers: While we are hitting this "Ceiling" ... we have NOT hit the high for rents or "Interest Rates", therefore, if you can still get a decent Mortgage Rate and find that perfect property it still might be the prudent thing to buy now! If you buy later at slightly lower prices, your loan could be substantially higher, more than offsetting any benefit of lower prices.

As always - it comes down to "the Law of Supply & Demand"!



Richard Sterman has been serving North Shore's real estate needs for over 40 years. He is the owner and Principal Broker of Sterman Realty, the largest Full-Service real estate company on the North Shore. You can contact Richard by emailing Richard@Sterman.com, going to www.Sterman.com or just calling 808.638.8600.



# HALEIWA ARTS FESTIVAL



# 2022 Featured Artist John Baran

John's great grandmother was native Hawaiian. He is an avid waterman, and free dives to take photos of the sea life that he paints.

John Baran is an artist and photographer from Santa Barbara, California. His art can be found in stores and galleries in California, Texas, Hawaii, Grand Cayman and Brussels, Belgium. Some of his prints can be seen on the set of the hit television show, 'Hawaii Five-O'.

John travels the world photographing subject matter. His experiences with the animals in their

natural environment is an integral part of the painting process. Photographing, sketching and spending time with these animals and watching their behavior helps him to create works of art that are vibrant and full of life. John's work is a colorful fusion of abstract art and animals from the land, sky and sea.

Purchase a Poster at the Festival Shop and have it signed by John!

#### KEIKI TENT

**KEIKI COORDINATOR: KAYLA FITZGERALD** 

MINI TOTE BAGS
SAND CREATIONS • SCRATCH ART
ARTISTIC APRONS & MORE!

#### COMMUNITY

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# 2022 BOARD OF DIRECTORS

EXECUTIVE DIRECTOR
KATHLEEN ELLS

EVENT PLANNER/ART DIRECTOR
PATSY PSICHOGIOS

#### **BOARD MEMBERS**

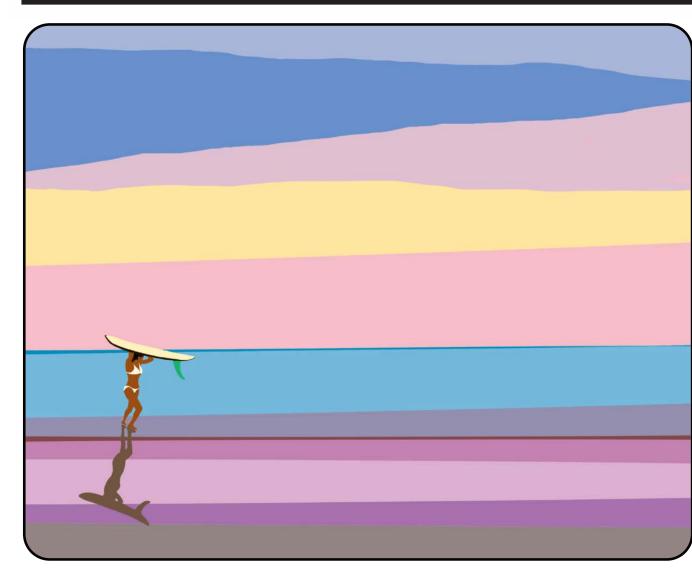
TRACY CUNNINGHAM KIM DEVEREAUX HEDDY DUNCAN SHARLYN FOO JULES SCHAPER MARSHA TAYLOR SHARYN WARREN KRISTEN BROWN

The Haleiwa Arts Festival offers water in zero waste containers, helping this community event reduce single use plastic.

# **COMMUNITY**4ART

P.O. BOX 1141 / HALEIWA, HI 96712 / HALEIWAARTFESTIVAL.ORG
This event is sponsored in part by the City and County of Honolulu and The Hawaii State Foundation on Culture and the Arts

# FIALEIWA AR



# 2022 Featured Artist Hideki Keoni gerry Yasui

gerry Yasui is a first generation Japanese American living in Hawaii. He was born in Osaka in 1972. After graduating from Osaka Institute of Technology High School and Kyoto Polytechnic College, he worked as an engineer for JAL and started making Wood Cutlery in 2011. In 2015, gerry left the company and moved to Hawaii when he became a permanent resident of the United States. He founded Hana lima cutlery & accessory, Hawaii LLC, where gerry works as an Owner, Craftsman & Artist.

Purchase a T-Shirt at the Festival Shop and have it signed by gerry!

# IS FESTIVAL

The 23rd Annual Haleiwa Arts Festival features over 100 juried visual artists as well as singers musicians, dancers, student art and keiki art activities. The event takes place at Haleiwa Beach Park on Oahu's beautiful North Shore Saturday, July 16 from 10 am to 5pm and Sunday, July 17 from 10 am to 5pm.

Event attractions include both traditional and contemporary artists with original works and limited editions in painting, photography, printmaking, ceramics, wood, fiber, sculpture, jewelry, glass, digital and other mediums. Art is available for purchase directly from the artists.

This celebration also includes performance art, with many performers presenting original music and dance.

Art demonstrations, community information, keiki activities and a wide selection of festival foods are also offered to enhance this exciting two day community event. **Spend the weekend with family and friends** at the 23rd Annual Haleiwa Arts Festival. It's Fun and it's Free!



## PERFORMING ARTS STAGE

PERFORMANCE COORDINATOR: OTIS SCHAPER

#### SATURDAY JULY 16

(DAM) HALAU I KALIMA KUHI LANI

**({AM** AIDEN SAMALA

JOE GREEN & THE POTLICKERS

CASTLE HIGH SCHOOL PERFORMING ARTS

2PM NAMASRAY

3PM THE PERFECT WAVE MICHAEL TANENBAUM / NICK GERTSSON

KEVIN COLEMAN & THE FLAT

**STAGE MC:** JEFF CICATKO

#### SUNDAY · JULY 17

TRADEWINDS WOODWIND QUINTET

NA WAHINE O KA HULA

MAI KAPU'UWAI

THE MUSICAL SEEDS

RYUGAN TAIKO

KA'IMI HANANO'EAU

IAN O'SULLIVAN

GINAI AND HER BAND

**SOUND:** SOUND M.E.N.

**COMMUNITY4ART** 

PATSY PSICHOGIOS DESIGN

10AM

11AM

NOON

1PM

2PM

3PM

4PM

# 2022 ARTS FESTIVAL ARTISTS

Ahue, April Appassamy, Robin

**★ Baran, John** (POSTER) **Barrett, Tenille Beasley**, Chas Benuska, Nick **Bolioli**. Eduardo **Boloker**, Judd Borovok, Marina Braden, Bill Brown, Mark Carlson, Gloria Casey, Debra Castro. Luti Chacon, Ytala Chesebro, Amber China, Courtney **Cobb. Tayler** Comstock, Keale Conrad. Marvlea Cox, Linda Cunningham. Mark

Elwell, Rebecca
Emery, Brian
Engel, Miriam
Espino, Riana
Flores, Moana
Forney, Paul
Ganz, Stuart
Garmshausen, Stacey
Garzon, Sergio
Ginella, Melissa
Goto, Kris
Greene, Seth
Halford, Bryce
Hall, Kristine
Hart, Amy

★ Hayashi, Naoki (ТОТЕ) Hernandez, Joanna Hess, Haunani Homcy, Jennifer Hood, Rhoda Howard, Mark Isabel, Trevor **Johns, Chelsea** Johnson, Julie Kean, Steven Khawaja, Fareeha Kim. Keala Kowitz, Abraham **Kuchar. Nick** Kupiec, Monika Lam. Misha Lathrop, Teri Lavman, Kristi **Leahey, Kimberly** Lee, Jungeun Long, Kimmy Lvnch. Ingrid Maeshiro, Faye Marasigan, Jaime McMahon III, Ivan **Mendame, Jaime Mercer. Shera** Mozo, Carlos **Myers, Shane** 

Nagle, Jaimie Newlin, Lorna O'Rourke, Jason Ochoa, Tanya **Pimmel. Francis Pool, Laurent** Puapuaga, Saumolia Rine, Anna Blair Roehl, Rachel Roy, Jackie Rush. Danielle Sato, Debby Schlossberg, Odile Sikkink, Andrea Thompson, Cynthia Trice, Bobby Vermillion, Nicole **Walsh, Kirsten Wolf. Grace** ★ Yasui, Hideki (T-SHIRT)

# ONO FESTIVAL FOOD!

BERNIE'S BASICS
STREET SWEETS
BIG O BAGEL CO.
HOMETOWN BBQ
MANA+ PUA
UNCLE'S ICE CREAM

TIME TO GRIND
OLAY'S THAI EXPRESS
ISLAND'S FINEST SHAVE ICE
MAMA NITA'S
GUADALAJARA TACOS
COSMIC KITCHEN

The Haleiwa Arts Festival would not be a reality without the continued support and efforts from its Members and the hard work and energy from our Board of Directors, Volunteers and Patrons of the Arts in our community. We are a non-profit organization that brings a truly wonderful art and cultural experience to the North Shore community for all to enjoy for FREE for the 23rd year!

Become a Member!

COMMUNITY4ART

haleiwaartfestival.org

808.637.2277

## KO'OLAULOA HEALTH CENTER



#### How Art and Creativity Supports Health

As we celebrate the Haleiwa Art Festival this month, Koolauloa Health Centers' chief medical officer, Dr. Daniel Lum reminds us that "art and creativity are important to well-being." Not only is being outdoors a stress reliever, focusing on art elements such as composition and lighting enhance mindfulness by forcing you to slow down and be in the present. As an avid landscape photographer Dr. Lum believes. "photography has given me an appreciation of the beauty of nature which has in turn given me an appreciation of the beauty of humans. I think that seeing beauty in each patient I touch has made me a better doctor. It also helps in times of stress such as dealing when with a very sick child, or when improving the quality of care at Ko'olauloa happens more slowly than I would like it to happen. If you're fishing out past Mokuleia on a moonless night and you see someone with a camera and a tripod, say hello; it may well be me heading to Ka'ena Point to take pictures of the Milky Way. '

While living in Hong Kong, KHC Nurse Practitioner Naty Hopewell studied under a well-known Chinese brush painter who used the Ling-nan method of painting to incorporate the impressionist style of painting with the Japanese and traditional style of Chinese Brush painting. Naty says that it may not seem that art can relate to being a Family Nurse Practitioner but "it uses another aspect of my brain. I think the creativity required in art helps me be a more creative health provider, keeps me grounded and prevents me from being overwhelmed in the care of my patients."

At KHC you can count on care that sees the whole person. We always accept new patients.

Call (808) 293-9231 for an appointment or to learn more about how we can help uninsured individuals.









#### **SURF INTO SUMMER FINALLY HAPPENS**

The largest amateur surfing event in the world was finally held after a 2-year break. Everyone turned out for the event at Ala Moana Bowls and I mean it was packed. Finals day sounded like the stadium at the NFL playoffs! Surf was small and there was the random 2 and a half footer that wowed the crowd but it was definitely a challenge for the competitors to find a rippable wave. "I just wanted to get two waves I could turn at the top, no bottom turns today", explained Momo Sakuma from Haleiwa. Sakuma made the final placing 4th overall. It was another North Shore surfer Angelina Yossa in that final taking second and Linsey Berrington who surfed in her second contest ever. "It's hard to get waves at bowls so a friend and I decided to enter", she explained. Other local surfers that showed up representing the North Shore were Gavin Sutherland who placed 4th in longboard and 3rd in Sr. Men. Josh Budroe got a 5th in Jr. Men's, Tiago Moneiro took a 5th in Sr. Men and Shion Crawford was 2nd in the hotly contested Jr. Men. Also super proud of Haleiwa's Kaiya Olivera taking a second in the longboard women's open. For entire results check the Local Motion Facebook.

#### ICONIC KIM MEARIG SURFBOARD RAFFLE

It was 1983 when super surfer Kim Mearig took the scene by storm. The Santa Barbara surfer was the highest paid female surfer at the time and one of the most well liked to boot. The world title was hers that year and she went on to be top rated throughout her career. She won at the prestigious Huntington OP event and did the same ten years later! Her iconic replica surfboard by Chanel Islands has been donated by the North Shore's Carol Philips to the North Shore Chamber for the Seaside Realty Fourth of July fireworks festival. Lots will be happening on the Haleiwa Beach Park grounds so just look for the the "raffle tent" for your tickets! The event is July 4th from 10am.

# PATSY T. MINK IS LEGENDARY, TITLE IX ANNIVERSARY JUNE 23RD!

A visionary leader and pioneer in education reform, Representative Patsy T. Mink (Hawaii) is also recognized as the major author and sponsor of Title IX, which she wrote in part as a response to the adversities she faced as a woman during her own education experience. Mink was denied medical college when at the time women could only be housewives, nurses and hold secretary type jobs. In

1964 Mink was elected as the first woman of color and first Asian-American in the House of Representatives and went on to serve 12 terms. With the help of Rep. Edith Green and Sen. Birch Bayh, Title IX was passed in 1972. On June 23rd we celebrate 50 years of legislation that provided equal access and opportunities for women's education and sports participation. After Rep. Mink's death in 2002, the official name of Title IX was changed in her honor to the Patsy T. Mink Equal Opportunity in Education Act. Celebrate ladies, it changed everything for women's education rights and women's participation in sports!



Patsy Mink



Carol Philips with the Kim Merig board











Friends of Sunset Beach would like to say MAHALO to our entire community, especially the artists plus many businesses for their continued support of our commitment to keep the arts alive for our north shore keiki!





Special Thanks

Sunset Beach Elementary School: Principal Elkington & SBES Admin, Ms. Lilly Barels, Ms. Emily Fox, Turtle Bay Foundation, The Seyler Ohana,

Haleiwa Bottle Shop & Kahuku Beer Garden, Tamara Brink, Arto Saari, Shane Weldon, Banzai Bowls & Bard Ohana,

Music: Marty Saito, The Sets, Taulia Lave, B.E.T, Twilight Audio Entertainment: Ross Williams, Tom Melum, Katie Pere & Crystal Young Photographers: Carlos Mozo & Nicole Nason



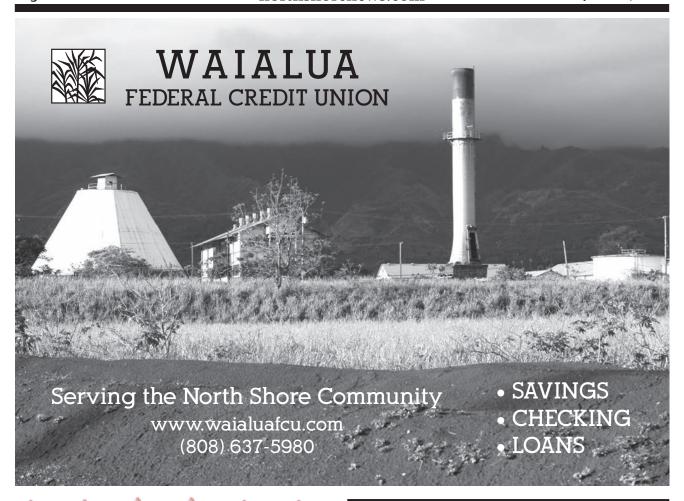
Sunset Soiree 2022



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The 'Aina Momona of Waialua



#### **Program Details:**

Come and join our aloha 'āina summer program. We still have space for our 6th-8th graders from July 12 through the 16. We will be doing hands on learning activites revolving around local food sovereignty, sustainability and the 'āina momona of Waialua.

#### Where?

#### Loko Ea Fishpond

62-540B Kamehameha Hwy Haleiwa, 96712, with 2 huaka'i to partner sites within the Waialua region. For questions, info and to register visit:

www.lckcea.org

This is FREE PROGRAM provided through generous funding from Kamehameha Schools. Registration is on a first come, first serve basis.

# HELP RESTORE OUR FISHPOND!

# OHANA WORK DAY: VOLUNTEER

SATURDAY, JULY 9, 2022 9AM - 11AM

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# Ask the Doctor

Dr. Irene Hwang

#### The Opioid Epidemic

The rise in opioid use disorder (OUD) and overdose deaths has been in the news for years, peaking over the pandemic, undoubtedly affecting our North Shore community. Fentanyl, a highpotency synthetic opioid, taints illicit opioid pills, heroin, and methamphetamine supplies, making illicit opioid use more addictive and deadlier.

Unlike the much more prevalent condition of methamphetamine use disorder, OUD is effectively treated with medications. In fact, with psychosocial support, medications like methadone and buprenorphine (brand name "Suboxone") work very well in long-term maintenance treatment. They interrupt the vicious cycle of withdrawal and allow one to engage in rebalancing and therapy. On the contrary, evidence has shown that when medications are used for shortterm, or "detox," relapse rates are very high, up to 100% in one study with buprenorphine. Similarly, treatment programs that exclude medications have low success rates. OUD is a chronic medical condition, like diabetes and hypertension, requiring long-term treatment and significant lifestyle changes.

Methadone for OUD is administered on-site at two opioid treatment programs in Honolulu, initially 4-5 times a week before more "takehome" doses are allowed over time. Though inconvenient, it is more appropriate for those with higher levels of opioid dependence and those with chronic pain.

Buprenorphine is prescribed by clinic providers with a special license and is picked up at the pharmacy. QHCC Hale'iwa/Mililani has three providers with this capability. A complete evaluation in person is required to ensure suitability and thoroughly review risks and benefits. Close follow-up every few days to a week is initially needed to ensure its proper usage. Once stabilized, follow-up may be every three months.

Primary care providers also address safety concerns regarding illicit opioid usage, such as testing for fentanyl and prescribing naloxone, the overdose reversal agent, and other medical care.

Dr. Irene Hwang is a Board-Certified Family Medicine and Addiction Medicine physician at the Queen's Health Care Centers Hale'iwa, located at 66-125 Kamehameha Hwy., Hale'iwa, HI 96712. The clinic is accepting new patients, call 808-691-8501 to schedule an appointment. Submit questions to the doctors at nsnaskthedoctor@gmail.com.



#### NORTH SHORE FOOD BANK

IG:@nsfoodbank Sponsors: Hawaii Food Bank & Aloha Harvest

#### **DISTRIBUTION UPDATE**

at Kaiaka Bay Beach Park

Wednesday, July 6

Wednesday, July 20

For more information and donations contact: Linda (808) 780-8037



67-068 Kealohanui St, Waialua, HI 96791 FriendsofWaialuaLibrary@gmail.com 808-637-8286

#### **Writers' Group**

Saturday July 9, 11:00am-noon Topic: Animal with a Disability

#### Readers' Group

Thursday, July 28, 9:30-11am Title: Factfulness

#### **Library Closed**

Sat. 7/2 - 4th of July

#### Resources Available

- \* Voter Registration Applications
- \* Absentee Ballot Applications

Current Covid Precautions Masks: Requested



The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses.

PRESS RELEASE POLICY: Submit press releases, mail or email to Editor, North Shore News, P.O. Box 117, Haleiwa, HI 96712. Please type your releases and keep them shorter than 200 words unless they are of an unusual news interest. Releases should be viable news stories and are published on a space available basis only, with priority given to those received first. You may attach photos. We are not responsible for the return of any photos. All materials are submitted at owner's risk. We reserve the right to edit and/or refuse all submissions including advertising.

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Downtown General Store

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#### HOW TO CONTACT THE NORTH SHORE NEWS

Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

MAIL: P.O. Box 117, Hale'iwa, HI 96712 E-MAIL: NSNHaleiwa@gmail.com NSN4Linda@gmail.com PHONE: (808) 780-8037 www.northshorenews.com



Next Issue - July 15, 2022 Deadline Date - July 27, 2021

Would you like to receive the North Shore News via email in color! Just send us a message at: NSNHaleiwa@gmail.com

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Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, contact info and photo location to: NSNHaleiwa@gmail.com.

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#### Miscellaneous

with tan markings, slender, siamese shaped blue eyes.

Missing since 5-25 from cement city. Her name is Zsa Zsa. If seen please call 808-670-5456

#### OPERATION: BACKPACK

We will be accepting donations and school supplies at the Haleiwa Arts Festival in the Community Tent - July 16 & 17
Waialua Community
Association
Friday, July 22
& Saturday, July 23
For more info see page 9

Hawai'i Statewide Marine Animal Stranding, Entanglement, and Reporting Hotline

Includes stranded/injured sea turtles, monk seals, dolphins, and whales.

Phone: (888) 256-9840

North Shore Serenity Al-Anon Family Group meets 6:30-7:30 pm Wednesdays at St. Michael's Church, Outreach Room, 67-340 Haona St, Waialua, 96791. Participants may also attend virtually via Zoom #84783266578 Password 809980. Open to anyone who believes his or her life may have been affected by someone else's drinking. More information at www.al-anonhawaii.org; or by calling 808-546-5647

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#### **BLOOD DRIVE**

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Thursday, July, 28 - 12-6pm
Schedule an appt with
Kalei Pollock
808-492-6299 or
kaleipollock2004@gmail.com

#### Kupuna Hour July: Technology

1st & 3rd Thursdays July 7 & 21 Kahuku Public and School Library

#### **Movie Matinees**

Tuesdays at 2pm
July 5 - Death on the Nile
July 12 - Uncharted
July 19 - Jungle Cruise
July 26 - Eternals
Kahuku Public and School
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North Shore Food Bank IG @nsfoodbank

Happy 4th of July from Giovanni's Thank you



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