#### "E Ala Na Moku Kai Liloloa"





NORTH SHORE NEWS May 4, 2022 VOLUME 39, NUMBER 5



NSCC Annual General Meeting Photo: NSCC

### North Shore Chamber of Commerce Elects New Board Members

Approximately fifty North Shore Chamber of Commerce members and guests gathered at Haleiwa Joe's on April 20 to network, receive news updates from community leaders, meet the new Chamber Executive Director Kelli Turansky, and vote in five new Board members. They are Lamont Brown, Maya's Tapas and Wine; Layne Larsen, Kai Ku Hale; Mike Biechler, North Shore Law Offices (new Board Secretary); Nicolas

Vargas Calvo, Notary; and Alan MacPhee, Kahuku Medical Center. Continuing Board members are Mary Wood, Resident (Board Chair); Carol Philips, North Shore Surf Girls (Board Vice-Chair); Marcia Murphy, Pacific One Mortgage (Board Treasurer); T.J. Cuaresma, Tita Ei Nei Productions; Thomas Naylor, Ke Nui Kitchen; Thomas Donavan, Turtle Bay Resort; Bill Martin, Island X; and Marianne Abrigo, Marianne Abrigo Proper-

ties.

Executive Director Turansky announced Chamber events being planned over the next months. They include a Fourth of July celebration at Haleiwa Beach Park featuring a car show, robotics team event, vendor booths, and fireworks. A masquerade ball is planned in October with various Christmas events to follow. Social and networking events at various community locations and online are already scheduled to promote community pride and business development.

For information on upcoming activities, please stop by the NSCC office 10 am – 4 pm Monday – Friday; call 808-637-4558; or email info@gonorthshore.org.

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PERMIT NO. 1479

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#### **NSCC General Annual Meeting**



This year's Chamber of Commerce Board of Directors include: (left to right) Mike Biechler (Secretary); T.J. Cuaresma; Lamont Brown; Mary Wood (Chair); Marcia Murphy (Treasurer); Carol Philips (Vice-Chair); and Alan MacPhee.



Retiring Board member Howard Green chatted with continuing Board member Marianne Abrigo.



Board member Bill Martin met Chamber volunteer Connie Pascual-McNamara.



Rep. Lauren Matsumoto with members.



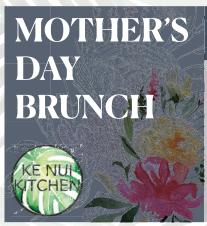
#### OFF da Island from Perest, Montenegro

Waialua resident Kathrin Delano and family send their Aloha from beautiful Perest in Montenegro on the Bay of Kotor.

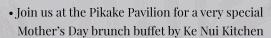




## **EVENTS ARE BACK!**



#### **Sunday May 8** 10 AM & 12:30 PM Seatings





- Full breakfast selections, tostada bar, sushi station, and much more
- All tickets include a complimentary mimosa for Mom, and free same-day admission to Waimea Valley
- Lei making and demonstrations on the Main Lawn
- Online reservations required! \$92.50/adult, \$49.50/keiki ages 5-10; prices include gratuity and are before taxes and fees



#### **Saturday May 14** 8 PM & 8:30 PM Start Times



- 6:30 9 PM: Dinner/drinks/coffee available at Wahi 'Āina, Bar Kikoni, and Hale Kope
- Choose 8 PM or 8:30 PM Moon Walk group
- Each group includes an oli, cultural overview, kauhale tour, and guided moonlit walk to the waterfall
- No reservation or prepaid ticket required! \$10/person ages 4 and up
- Future Moon Walk dates: June 11, July 8, August 5, September 3, and October 8



#### From Monday May 23 Open 7 Days a Week, 9 AM - 5 PM

- Summer is the perfect time to visit the Valley! Take advantage of our extended hours and be sure to save the dates for:
  - Hale'iwa Farmers' Market: Weekly, every Thursday
  - Father's Day BBQ: Sunday June 19
  - Summer Concert Series: Saturdays June 25, July 30, and August 27
  - Screen on the Green: Thursdays July 7, 14, 21, and 28
- More details coming soon at <u>waimeavalley.net/events</u>



Open Tuesday - Sunday, 9 AM - 4 PM Open 7 Days a Week, 9 AM - 5 PM from Monday May 23

Call: (808) 638-7766

@waimeavalley



@waimeavalleyoahu (O)



WHERE HAWAI'I COMES ALIVE

WAIMEAVALLEY.NET



CANTINA Open 11:30-9 Closed Wednesdays





# Haleiwa Arts Festival A NON-PROFIT ORGANIZATION 23rd ANNUAL

## HALEIWA ARTS FESTIVA



# **WE NEED YOUR HELP!**

If this <u>FREE</u>, ANNUAL, <u>COMMUNITY EVENT</u> is important to you, we need your donation to make it possible this summer.

**WE CAN NOT DO IT WITHOUT OUR COMMUNITY'S SUPPORT!** 

Send your tax deductable donation to: Haleiwa Arts Festival / P.O. Box 1141 / Haleiwa 96712

# COMMUNITY4ART

www.haleiwaartfestival.org

The Haleiwa Arts Festival is a 501(c) 3 tax-exempt organization.



#### HAWAII YOUTH SYMPHONY ACCEPTING APPLICATIONS TO ITS ANNUAL PACIFIC MUSIC INSTITUTE SUMMER PROGRAM

Hawaii Youth Symphony (HYS) is accepting registrations to its Pacific Music Institute (PMI) summer program for 2022, offering premiere musical experiences for young musicians from Hawaii and across the globe. Programs include Solo & String Quartet, Symphony Orchestra, Wind Ensemble, and the Jazz Intensive, with in-person instruction to be held at the spacious Hawaii Convention Center from July 17 – 24. Students entering grade 6 and up for Solo & String Quartet, and grade 8 and up for all other programs, will have the opportunity to learn from distinguished faculty, advance their skills, and make lifelong friends! Registration is due May 31. Kama'aina discounts are available at check out for local students. To enroll please visit:

www.pacificmusichi.org

## HAPPY MOTHER'S DAY FROM YOUR PAALAA KAI BAKERY



www.pkbsweets.com



Art Auction & Live Music
Saturday, May 7, 2022 • 4:00-8:00pm
Turtle Bay Resort West Lawn



Musical performances by:

B.E.T.

Tiara Hernandez
The Sets, Marty Saito, Taulia Lave
& Surprise Special Guests

\$65 pre-sale / \$75 at the door INCLUDES: Admission and two drinks 18 +

www.friendsofsunsetbeach.org @friendsofsunsetbeach



## Senator Gil Riviere

Serving Oahu's North and Windward Shores

#### **Session End**

The 2022 Regular Session of the State Legislature comes to a close on May 5th. After two years of severe budget restrictions due to the pandemic, the state's economic activity rebounded much faster than anticipated. The challenge this year, ironically, has been what to do with so much surplus funds without creating obligations that would cripple future budgets.

One major initiative is a \$600 million appropriation to the Department of Hawaiian Homelands to help reduce the eternal backlog of housing for Hawaiian beneficiaries. Also in this budget is \$328 million to settle a 23 year old lawsuit brought by 2700 native Hawaiians who applied or attempted to apply for Hawaiian Homesteads and eventually won their breach of trust case known as Kalima.

Another challenge in this year's budget process was a federal restriction on how to appropriate federal recovery funds. The requirement, known as maintenance of effort, stipulates for every dollar spent, a proportionate amount must be budgeted to education. Surely, education can always justify more investment, but these federal funds cannot be used for construction projects and operational costs will continue long after these funds dry up, so finding short term investments in education was essential. Moneys were invested in the unfunded pension liabilities, and while it is not yet final at press time, a tax rebate is expected to pass.

We passed SB3330, a bill to fund a carrying capacity and management study for the Pupukea Marine Life Conservation District. We all know Shark's Cove is getting loved to death, so this study is essential to implementing protections offered other marine life conservation districts like Hanauma Bay.

Another measure for the protection of our coastlines is a bill introduced by Representative Quinlan to study the effectiveness of sand burritos for shoreline protection and their impacts on sand movement and costal protection. This project is funded within the state budget.

I am also pleased that my bill to update legal protects for public participation in land decision and development conflicts, SB 3029, passed. The several resolutions described in previous posts were also adopted: three by the Senate and three by the entire Legislature.

Other capital improvement projects for the North Shore include: \$26 million for the State to ac-

cept ownership of the Wahiawa Dam and related irrigation system, and to make needed repairs and upgrades; \$13.7 million to realign Kamehameha Highway at Laniakea; \$2.6 million for Kahuku Medical Center to continue improving its facilities; funding for a new rubber running track at Waialua High and Intermediate School; funding for building and facility improvements at Kahuku High and Intermediate; and athletic field upgrades for Castle High.

We were able to secure Grants in Aid for these very worthy operations: Hui o Hauula's Koolauloa Resiliency Center; Girl Scouts Camp STEM Center; North Shore Community Land Trust; Hoola Na Pua; and KEY Project in Hauula.

My phone number is 586-7330. My email address is <a href="mailto:SenRiviere@capitol.hawaii.gov">SenRiviere@capitol.hawaii.gov</a>. Follow us on FaceBook or online. Please visit us in Room 202 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.

#### Job Fair at Waimea Valley

Friday. May 6, 2022 9am - 4pm Pikake Pavilion





#### Aloha friends and neighbors!

As the 2022 legislative session enters its final stages, I have been reflecting on my past 10 years in office. It is my honor and privilege to serve you in the State House. I am so proud of the accomplishments we have achieved so far, and I am so excited for the future. From the bottom of my heart, mahalo for working together for our community.

I am excited to share that my bill HB2213 Relating to Mail Theft passed through the legislature and has been sent to the Governor's desk to consider signing into law. Mail and package theft have been an increasing issue in our state. Last fall in the pre-session survey the community had also said that crime is their number one priority to be addressed. HB2213 establishes the criminal offense of mail theft to provide a solution for the increased theft of packages left outside of residences and businesses from third party carriers like UPS and FedEx.

Additionally, for the past several years I have been advocating to update the antiquated systems the state government employs to publish Environmental Impact Statements in order to create more transparency. I am happy to share that my resolution HR82 passed and will serve to update the EIS process to become a more user-friendly platform.

As the school year comes to a close and students look for ways to fill their days, this could be a great time to make a difference in the community by doing some volunteer work! Volunteering is an amazing way to get some experience in a field you are interested in, help people in need, make new friends, and have a great addition to a college application.

Homelessness is a major issue on the island and based on survey results, is one of the top issues of concern in our community. One of the leading causes of homelessness in Hawaii is the high cost of living. I have introduced several bills over the years to help combat the high cost of living. This has been an issue the legislature has been working on for years. Unfortunately, there are still those who struggle to make ends meet and are forced to live on the streets. I am thankful for the dozens of organizations that work hard to care for the houseless in Hawaii.

Achieve Zero, formerly known as ALEA Bridge, is an organization that serves houseless individuals and is always looking for volunteers to help them achieve their mission of ending homelessness in Hawaii. There are many different ways you can vol-

unteer, such as volunteering for the fundraising team, the community resource fair, the foodbank, or other outreach opportunities. The fundraising team works to organize and plan fundraising campaigns and events. Their community resource and foodbank team works to address food insecurity by working with local food distribution centers. The outreach team goes out to communities to help provide the houseless with important resources. If any of these interest you, visit www.AchieveZero. org and fill out a volunteer application. Once you do this, you will be matched with the role that best fits your skills and talents.

If you do decide to volunteer to help those in our community that are in need, please write to me and tell me about the wonderful things you are doing! It is always encouraging to my staff and I to hear how our community is making a difference.

As always, please don't hesitate to contact my office if you have any questions or concerns about happenings in our community. You can reach me at (808) 586-9490 or at

RepMatsumoto@capitol.hawaii.gov.

#### CORRECTION: NSN April 6, 2022

Rep. Lauren Matsumoto's column. North Shore Humane Society is an error, for information on Pet Adoptions please visit the following:

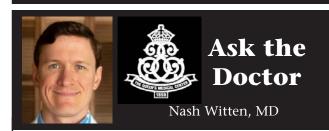
> https://www.pawsofhawaii.org/ https://hawaiianhumane.org/ https://oahuspca.org/

#### **HCC Candidate Forum**

The Hawaii Christian Coalition will be sponsoring a non-partisan debate.
It is open to ALL Candidates, regardless of their party.
All Gubernatorial Candidates and all Candidates running for Lt. Governor will be invited to participate.

Where: Waialua Community Center Date: Thursday, May 12th
Time: 7:00PM - 9:00PM
Waialua High School Students will also participate in the Candidate
Forum by keeping time, asking questions and other activities.
North Shore Business Owners and Community are encouraged to attend.

**Contact person:** Margaret Mejia (808) 216-7416



Dear Doctor, what is the difference between a Family Physician and other types of primary care physicians?

To become a doctor of medicine (MD) or doctor of osteopathy (DO), a student must have graduated from a four-year medical school program. After medical school, physicians apply for residency in a particular specialty area, such as general surgery, psychiatry, emergency medicine, or family medicine. These programs range from 3 years, such as Internal Medicine, Pediatrics, and Family Medicine, or can be as long as ten years for sub-specialized surgeons. During residency training, physicians must complete specific rotations, procedures, and experiences mandated by a national accreditation program, the ACGME.

Family Medicine residency programs require that physicians participate in the care of patients at all stages of life, from labor and delivery to end-of-life care. Therefore, residents must complete rotations and a specific number of procedures in the following areas: newborn nursery, labor and delivery, emergency department, operating room, intensive care unit, telemetry unit, medical/surgical unit, and the outpatient clinic setting. Family Medicine residents also spend a required amount of time working with cardiologists, general surgeons, orthopedic surgeons, pediatricians, Emergency Medicine physicians, Sports Medicine physicians, obstetricians, gynecologists, and Family Medicine physicians. In contrast, Internal Medicine and Pediatric residents rotate with the numerous sub-specialty areas offered to them after completing residencies, such as nephrology, cardiology, and endocrinology. In addition, internal medicine physicians take care of adult patients only, while pediatricians take care of children only.

Because of our broad training, Family Medicine physicians can take care of every member of your family, from "cradle to grave." Although most of us don't deliver babies or do surgeries anymore, it is part of our training, and therefore we know when and where to send you in case you need care outside of our clinic.

Dr. Nash Witten is a Board Certified Family Medicine physician at the Queen's Health Care Centers Hale'iwa, located at 66-125 Kamehameha Hwy., Haleiwa, HI 96712. The clinic is accepting new patients, call 808-691-8501 to schedule an appointment. Submit questions to the doctors at nsnaskthedoctor@gmail.com.

#### **Amy Perruso**

Democratic Candidate, State House (District 46) Wahiawā, Waialua, Kunia, Launani Valley, Whitmore Village and Mililani (Waipio Acres)

#### Motivation

I am running for reelection to continue my work to create a more sustainable, just and prosperous future for our diverse communities of Wahiawā, Waialua, Kunia, Launani Valley, Whitmore Village and Waipio Acres.

#### **Background**

Teaching and surfing have led me to the practices, people, and politics of aloha āina, showing me the importance of educating our children and working with people hand-in-hand to address the challenges that face our islands today.

#### Leadership

As Vice Chair of Agriculture, I have worked to strengthen sustainable agriculture, small farmers and local food sovereignty through my focus on our farm-to-state infrastructure. As co-convenor of Keiki Caucus, I have created a unique high school legislative internship program and have facilitated the passage of critical legislation to protect and support our children and youth.

#### For the People

With colleagues across the state, I have fought for better healthcare for our families, genuinely affordable housing, clean energy investments, and a government that is truly accountable to the citizens of our state.

#### Vision

Now is the time to replace a politics based on corporate profits with policies that advance the people's interests and are rooted in compassion, creativity and the common good.



(808) 351-0980 amyperruso@gmail.com www.voteamyperruso.com

Paid for by the Friends of Amy Perruso



**North Shore** Chamber of **Commerce News** 

#### The Gathering Place on July 4th

For those who live and work on Oahu's North Shore, this sleepy community represents the true spirit of ohana and aloha. Covid 19 ravaged the quaint town of Haleiwa as many businesses had to shut their doors due to the shortage of tourism. But now our economy and spirit are bouncing back and its time for us all to celebrate what the North Shore means to those who live on Oahu, "The Gathering Place."

The North Shore Chamber of Commerce (a 501c3 nonprofit) is hosting an old fashioned "family style" July 4th festival at Haleiwa Beach Park. The culmination of this event will be a fireworks show for the community. All during that day there will be lots of fun activities for all ages: vintage car show with over 300 vehicles, shave ice eating contest, robotics demonstrations as well as live music on stage. But the crown jewel of this event will be an evening fireworks show slated for 8pm.

This is an exciting event that we believe, will bring people back out to the North Shore to celebrate surviving the worst of the pandemic and enjoying the fun of gathering together as a community. Fourth of July fireworks are an American tradition and will be the perfect cap to a wonderful day. However, these pyrotechnic shows are costly and as a nonprofit, the Chamber cannot foot the bill for the entire day of festivities.

We are inviting island residents to participate in working together to fund this community event. If we all pitched in financially, we can create a memorable day that marks the rebound of a resilient North Shore and Oahu population. Please consider funding this exciting event.

For more information please contact Kelli Turansky, Executive Director at (808) 637-4558 or <u>Director@</u> gonorthshore.org



Haleiwa Town Center 66-145 Kamehemeha Hwy, Haleiwa

Happy Mother's Day!



## YMCA CAMP **ERDMAN**

#### SUMMER CAMP

Camp Erdman is much more than archery, the ropes courses and camp outs. It's a safe place for kids and teens to discover who they are, improve skills, and develop independence. We create a nurturing, yet challenging community where kids and teens thrive.

**DAY CAMP** 5 DAYS **GRADES K-5** 



■数表回 OVERNIGHT CAMP **5 NIGHTS & 6 DAYS AGES 7-17** 



#### **FAMILY**

meals, accommodations, fun camp activities, and opportunity to mingle with other families, relax, and enjoy the great outdoors.

#### WEEKEND DATES



**MOTHER'S DAY 4TH OF JULY** 

**LABOR DAY HALLOWEEN** 

#### COMMUNITY DAY

Saturday, April 9 10am - 3pm

#### FREE ADMISSION



Bring the entire family down to our beautiful beachfront 20-acre site to enjoy a fun, free day experiencing camp activities, tours of our new cabins, and learning about the many opportunities offered from Family Camps, to Youth and Teen Summer Weekly Overnight Camps, Environmental and Cultural Programs, Retreats, and more!

#### WAYS TO GET INVOLVED

**DONATE** ANNUAL **CAMPAIGN** 



**KA'ENA POINT TALK STORY SERIES LAST FRIDAY OF EVERY MONTH** 6-7pm **FARM TO BARN** 

**COMMUNITY** DAY **VOLUNTEERS** 



www.ymcahonolulu.org/camp-erdman 69-385 Farrington Hwy, Waialua





Sat. May 14th
Door Prizes, Raffle,
Benefit Auction, live
music, halfpipe, specials
Sponsored by Volcom
details: blueplanethaleiwa.com

## New on the block:

Blue Planet (formerly Tropical Rush)

Sweet As... Ice Cream

Makua Banana Bread Co.

Haleiwa Tattoo

Blue Planet Adventure Co. (rentals on the river)

"Find us at the end of the Rainbow Bridge"

# Conservation Dogs of Hawaii on the North Shore

Non-profit organization Conservation Dogs of Hawaii has been active in the local community since 2019. Their mission is to protect Hawaii's precious natural resources by utilizing trained scent detection dogs to sniff out a variety of wildlife targets, including both invasive and protected species. For example, by locating the burrows of endangered Hawaiian petrels, the dogs are able to contribute to the protection of those native seabirds by allowing conservation agencies and wildlife biologists to target specific areas for building predator-proof fencing.

On Oahu's North Shore, CDH's dog-and-handler teams are regularly up in the forests searching for invasive devil weed plants. Devil weed is considered one of the world's worst 100 invasive species, and is a major concern in the islands because it is toxic to livestock and detrimental to agriculture. In addition, like many invasive plants, devil weed can impede the growth of native species by shading them out and releasing toxins into surrounding soil. It consumes large amounts of water, and therefore negatively affects soil nutrient levels. The plant's name comes from its leaves, which have three veins that look like a pitch fork. When CDH first started their devil weed program, they weren't sure how effective the dogs would be in finding the target plants. After almost three years of field work, they can say that the dogs are highly effective, with some detecting plants over 200 feet away through thick vegetation.

CDH recently started a new program on Maui to detect coqui frogs. University of Hawaii's Maui Invasive Species Committee regularly conducts visual surveys and treatment of coqui frogs, but it can be challenging for humans to hear or see these frogs, especially when they're inactive or at low density. That's where the dogs' acute sense of smell might help.

An exciting aspect of CDH's invasive species programs is that the teams consist entirely of volunteer pet dogs and their owners. Citizen science meets canine scent work. There are several ways you can help CDH with necessary equipment and expenses: 1) shop for apparel at their online stores, 2) donate items in their wish list, or 3) give directly. The online store features their "Runnin' with the Devil Weed" t-shirt, designed specifically to support their invasive plant program.

<u>www.ConservationDogsHawaii.org</u> ~ Instgram and Facebook: @conservationdogshawaii





"Qana" (Belgian Malinois) devil weed detection dog Photo: CDH



"Solo" (Yellow Lab) seabird detection dog conducting a survey on Mauna Kea Photo: CDH



"Ruger" (Weimaraner) devil weed detection dog Photo: CDH



"Solo" (Yellow Lab) seabird detection dog on Mauna Kea Photo: CDH

#### Flowers of Central and South America

by Jerry Koko, Botanical Collections Specialist at Waimea Valley

In Waimea Valley, there are two gardens representing the beautiful flora of Central and South America. Nestled under the large canopies before our second bridge is the Central and South American Flora A garden. There are about 21 countries represented in this collection from Central America, South America, as well as Caribbean nations. Hawaii has a very similar climate to the representative countries, so we are able to grow these beautiful specimens for everyone to see.

This peaceful garden allows you to not only beat the heat, but take a break from the hustle and bustle of the main path. There is only one way in and out of this garden, but it is sure to make a lovely detour from your trek to and from the waterfall. A path guides you through this shaded garden and you are able to take in the beauty of nature. This secluded area is peaceful and has the sound of the stream nearby as well as beautiful bird songs to listen to. As you listen to the dulcet sounds of nature, make sure to look around for some truly breathtaking flowers.

As you make your way down the hill to our second bridge, there is a set of stairs that leads to this garden. The entrance is flanked by a beautiful flowering tree known as Stifftia chrysantha. The tree blooms nine months of the year and the eyecatching orange flowers stay on for weeks at a time, allowing visitors to really take in the beauty of this Brazilian endemic plant. You can beat the Waimea heat by heading down the staircase into our almost completely shaded Central and South American Flora A garden.

The tall Cassia grandis, or "pink shower tree", is a plant that provides a lot of the shade here and has beautiful pink flowers. It's a plant in the legume family (Fabaceae) that has its natural distributions in the neotropics from Mexico to Ecuador and Venezuela. Although usually planted as an ornamental, there has been some medicinal uses in Costa Rica where the pods are stewed and used as sweetener.

If you look closely, puffs of red flowers can appear in the canopy as well. Those flowers belong to the "rose of Venezuela" trees or Brownea spp. We have a few species of Brownea in this garden, but they all display a beautiful show of red flowers that are a sight to behold. This South American native plant is grown in the tropics as an ornamental plant. The flowers create copious amounts of nectar which can attract butterflies to the plant.

There is a plant here that may look familiar to locals as well. Caesalpinia pulcherrima is known here locally as 'ohai ali'i, but is actually from the tropics and subtropics of the Americas. Known as the "pride of Barbados", it is the national flower of the Carribean Island. The plant has been cultivated here in Hawaii for its beautiful flowers to make lei.

The flower can be different colors, such as red or orange, but the one located in this garden is the yellow form.

Another show-stopping flower in this garden is viewable while coming back from the waterfall. This Pseudobombax ellipticum has white flowers that will catch your eye as you cross the bridge. Known as the "shaving brush tree" or even the "Dr. Seuss tree", the beautiful white flowers look like shaving brushes. It is grown as an ornamental here, however, in its native habitats, this plant can be used as firewood and wood for carving.

The tropics are synonymous with amazing flowers such as heliconia, ginger, bird of paradise, and the list goes on. Your eye can always be drawn down toward the ground as you see these magnificent flowers, however then you miss what can be right above your noses. The magnificent trees at Waimea Valley put on a full display of flowers throughout the year so don't be afraid to look up for a dazzling showcase of color. Waimea Valley will be open 7 days a week starting May 23rd 9 am to 5 pm. Learn more at www.waimeavalley.net. Be sure to learn more about our plants by attending the daily botanical tour at 12:30 pm which starts at the ticket booth. The tour included in your admission fee.



Stifftia



Caesalpinia



Pseudobo



#### NORTH SHORE REAL ESTATE TRENDS

by Richard Sterman (R) of Sterman Realty

#### BILL 41 & RENTALS

BILL 41 PASSED and will soon be law. This Bill will eliminate Month-to-Month Rentals as we know them and make it illegal for them to be rented for under 90 days.

There will be those that think this is terrible for the North Shore and others that think it will be great as it basically eliminates most shorter-term fully furnished rentals and possibly opens up more long-term rentals, making them more affordable. Bill 41 will become law 6 months after the Mayor signs it and how this truly affects the North Shore is yet to be seen, however, one thing is for sure... owners will need Licensed Property Managers even more now than they did in the past!

Here are just a few of the "hoops" a professional licensed Property Manager must jump through:

- -Making sure the Rental is in compliance with all State and City Laws (Bill 41 being just the latest).
- -Keeping Security Deposits in a special Client's Trust Account, using them only for the purposes they were intended, not collecting more than the law allows and returning balances to the Tenants within a specific number of days after the Vacate Date & with proper documentation.
- -Following all the various Landlord Tenant rules.
- -Completing a proper and up-to-date Rental Agreement, Inventory & Condition Form and other forms that are deemed necessary.
- -Giving the proper "Notice" to enter or show the Rental. -Updating the Rental Agreement as necessary and maintaining the property to certain safety standards.
- -Properly handling any Late Payments or Non Payments of rents.
- -Making sure that House Rules and Property Rules are followed.
- -Monitoring all needed maintenance and ongoing upkeep of the property and the improvements.
- -Properly handling Extensions or Terminations of leases.

A little known fact is that a lot of unlicensed individuals are just not aware of all this, doing property management in violation of State Laws. This could put them and the owner in some very bad situations. I would recommend finding the best Property Manager possible and preferably one that is a member of the Honolulu Board of Realtors, a Realtor or Realtor Associate and one who is held to their higher Standards of Practice than just a regular real estate agent.

Richard Sterman has been serving North Shore's real estate needs for over 40 years. He is the owner and Principal Broker of Sterman Realty, the largest Full-Service real estate company on the North Shore. You can contact Richard by emailing Richard@Sterman.com, going to www.Sterman.com or just calling 808.638.8600.

#### News from Lā'ie and Kahuku by Line-Noue Memea Kruse

# Voting Drive, June 15 at Polynesian Cultural Center Parking Lot! Come Out and Register to Vote!

Koʻolauloa has a history of low voter turnout. Perhaps it could be the red tape to register to vote or not knowing where to register to vote. Whatever the case, a sizeable share of eligible residents do not register to vote.

Take for example, House District 47. The district is composed of Waialua, Haleiwa, Pupukea, Kahuku, Lā'ie, Hau'ula, Waiahole, Sunset Beach, Punalu'u, and Ka'a'awa. District 47 has 26,640 residents. 9,784 registered voters cast a ballot in the 2020 elections. During COVID19 there was overwhelming ballots cast by mail, 93 percent. Of these 26,640 residents only 16,129 are registered voters. This means, 71 percent are registered voters, but more than a quarter do not actually vote on election day.

Another example, State Senate District 23. District 23 is composed of Kane'ohe, Ka'a'awa, Lā'ie, Kahuku, Waialua, Haleiwa, Wahiawa, Schofield Barracks, and Kunia. 16,763 registered voters cast a 2020 ballot in general Senate District 23. District 23 has 56,754 residents. Of these 56,754 residents only 26,875 are registered voters. 16,763 registered voters cast a ballot, 93 percent by mail. This means less than 50 percent of the registered voters – voted.

The National Voter Registration Act of 1993 requires that Hawai'i accept voter registration when individuals complete a driver license application or public assistance. Hawai'i hasn't gone as far as Colorado by implementing automatic voter registration but there is available same day registration.

Many communities in the Koʻolauloa district are trying to increase voter registration. Courtyard by Marriott Oʻahu North Shore is sponsoring a voter drive with participating community associations. June 15th from 5 pm to 9 pm at the Polynesian Cultural Center parking lot there will be a voting drive with volunteers trained to register individuals to vote in Hawaiʻi. If you want to volunteer, please contact Kela Miller (808) 428-5835 or Line Kruse (808) 219-4780.

#### Save the Date Waialua Bandstand Outdoor Concert

Sunday, June 5, 4pm - 5:30pm









# North Shore Wireless Betty Depolito

#### **Duke's OceanFest is Back!**

Following a two-year hiatus due to the COVID-19 pandemic, Duke's OceanFest – Waikīkī's premier ocean sports festival – is back and celebrating its 20th anniversary with eight days of events and competitions taking place August 20-28.

A fun and festive tribute to the life and legacy of Duke Paoa Kahanamoku – Hawai'i's legendary Olympic champion, surfing pioneer and Ambassador of Aloha – the 20th annual Duke's OceanFest will feature exciting ocean and beach competitions during the week of Duke Kahanamoku's birthday anniversary (August 24, 1890).

Most competitions and events are taking place at Queen's Surf on Kūhiō Beach in Waikīkī, a favorite surfing spot of Duke and home to the magnificent statue honoring his lifetime of achievements and furthering the Aloha Spirit.

Renowned as Hawai'i's greatest athlete, Duke Kahanamoku won six Olympic medals, including three gold medals in swimming. He is also recognized as the "Father of International Surfing." In his prime, Kahanamoku was the world's fastest swimmer, the single-most influential person in promoting surfing worldwide, and a champion canoe paddler and steersman.

Duke's OceanFest supports the Outrigger Duke Kahanamoku Foundation (ODKF) with proceeds from the event helping to support the Outrigger Duke Kahanamoku Foundation's scholarships and grants directed at Hawai'i residents and nonprofit groups competing in 'Duke related' sports.

# JACK JOHNSON ANNOUNCES TWO SPECIAL CONCERTS AT THE WAIKIKI SHELL JULY 29 - 30 IN SUPPORT OF KŌKUA HAWAI'I FOUNDATION

Jack Johnson announces two incredibly special concerts at the Waikiki Shell, in benefit of the Kōkua Hawai'i Foundation, on July 29th and 30th with Paula Fuga and Tavana opening. Johnson, who recently announced a new studio album, Meet The Moonlight out June 24th and summer tour kicking off June 21, is excited to add home state shows at the iconic Waikiki Shell to his summer roster. All proceeds from the shows will benefit the Kōkua Hawai'i Foundation, founded by Kim & Jack Johnson which has been supporting environmental education in Hawaii schools and communities since 2003.

To secure tickets, presales begin on Tuesday, May 3 at 9am (HST) for Kōkua Hawai'i Foundation paid members, Wednesday, May 4 at 9am (HST) for Kōkua Hawai'i Foundation volunteers, followed by a Hawai'i locals only presale on Thursday, May 5 at 9am (HST) and a general public on sale Friday, May 6 at 9am (HST). For all presale details and to purchase tickets visit <a href="www.jackjohnsonmusic.com">www.jackjohnsonmusic.com</a>.

The environment remains at the forefront of Johnson's touring with extensive sustainability programs at every show. The Jack Johnson 2022 Meet The Moonlight Summer Tour will continue to promote sustainable and equitable food systems, as well as reuse models to reduce single-use plastic waste. In 2018, Johnson's greening team and the Kōkua Hawai'i Foundation worked with the Aloha Stadium to bring an innovative Plastic Free Hawai'i reusable cup program to the shows.

The Jack Johnson concerts at the Waikiki Shell this summer will continue to revolutionize environmentally friendly touring, including eliminating the use of single-use plastics backstage and at all concessions. All beverages will be served in reusable cups or cans, all serveware will be compostable, and no single-use plastic water bottles will be sold. Instead, fans can bring their own empty reusable bottle or buy a Jack Johnson or Kōkua Hawai'i Foundation branded water thermos or cups to refill at Water Refill Stations throughout the venue. Fans can reduce their carbon footprint by biking to the show and utilizing the Bike Valet service, or carpooling with 4 or more friends and parking at the Carpool Only lots at the front of the venue. Electric trolleys will also bring concertgoers who can park at offsite lots at Kapiolani Community College. As part of a "Farm to Stage" program, local chef Ed Kenney will source local, organic food for backstage catering to support farmers in Hawai'i. Visit www.jackjohnsonmusic.com/greening for all tour greening details.



Foil a part of the Oceanfest! Photo: Ron Johnson

## Businesses Must Shore Up Their Defenses as Cyberattacks Increase

By Carl Mazzanti, eMazzanti Technologies President
The FBI's Internet Crime Complaint Center
logged more than 791,790 reports of suspected internet crime, the agency announced in 2021, totaling more than \$4.2 billion. So, business owners realize that it is not a matter of if they will be attacked
— instead it is when. But enterprises that guard their
systems increase the odds that hackers will move on
to easier targets.

Securing systems does not have to break the budget. To be effective, though, a security approach should be thorough, deep, and comprehensive. We call it a defense-in-depth strategy: your devices and protection are layered, like a cake, so there are tailored protective solutions for one device and other solutions for additional, connected devices on top or below it.

An effective security plan will be custom developed, but there are some common basics. A starting point involves MFA, or multifactor authentication. This adds a layer of protection by adding an additional step to the sign-in process that takes place before email and other accounts or apps can be accessed. With MFA, a user is prompted to provide additional identity verification, such as scanning a fingerprint or entering a code received by a phone or other device.

Strong passwords also help. Machine-generated passwords, which can run up to 100 characters, are fantastic, but people have trouble remembering them. One option: use words that are easily remembered, but place them in a string that would not occur in normal use, like "surfboard string building." Other cyber-defenses include firewalls — or network security systems that monitor and control incoming and outgoing network traffic based on preset security rules. This layered approach is designed to keep users and data secured even if one or more individual systems are compromised.

Finally, hackers, like business owners, generally follow certain sustainable principles: they want to maximize their revenue stream over the longest period possible. Legitimate companies accomplish this by offering quality goods or services at competitive prices that encourage client loyalty and retention. Cybercriminals, however, often do it by snaring a victim — usually by locking up their files — and then demanding a payment to release the data. And once they get the first payment, they are likely to stick with that "good customer," and target them again.

Carl Mazzanti is the president of eMazzanti Technologies in Hoboken, NJ and a proud resident of the North Shore. cmazzanti@emazzanti.net



## KHC Pharmacy Convenient to Laie & Kahuku

Koolauloa Health Center (KHC) has just completed their pharmacy renovation and is ready to serve customers looking for a convenient alternative to Foodland Laie's closed pharmacy.

Unlike most retail pharmacies, KHC makes medications affordable with a sliding scale for uninsured patients and lower medication costs for KHC patients.

KHC's free consultation services by our friendly pharmacist include: medication reconciliation -- discussing each individual medication, what it is used for (indication), instructions for administration, how it works within the body, anticipated side effects and most importantly, possible interactions with other medications you might already be taking.

KHC Pharmacy also offers their patients: shorter wait times for medications; one-stop convenience with the pharmacy co-located at KHC's Kahuku Clinic right next to the hospital; complimentary pill organizers and pill cutters; and of course personalized friendly service because at KHC you're 'ohana.

KHC's doctors and pharmacists work as a team to keep you and your family well! If you live in Laie or Kahuku, come fill your next prescription with Dr. Allen or call for an appointment with one of KHC's doctors.

Ko'olauloa Health Center 56-119 Pualalea St. Kahuku, Hl. 96731

#### Congratulate the Graduates of 2022

Next Issue: June 1, 2022 Deadline: May 20, 2022 For info call: (808) 780-8037











JACO



July 30, 2022

July 16, 2022 1.6 miles Walmea Bay

2.3 miles **Walmea Bay** All Races start at 9:00 am

June 18, 2022 1 Mile **Sunset Beach for 2022** 

Lanis to Puaena Point Swim postponed-2023

Early Entry fee for all 4 races ends June 10, 2022

FEE: \$60.00 per event by postmark date. Mall in entries must be postmarked by dates below. No Refunds. EARLY ENTRY for all 4 races is \$200.00 postmarked by June 10, 2022. LATE ENTRIES: \$80.00 for 'Day of Race' sign up or after deadline. ON-LINE Entry: Active.com (North Shore Swim Series)

MAIL IN ENTRIES: Checks made out to 'Walkiki Swim Club'. Mail to: Linda Moran 94-463 Alapine Street, Walpahu Hi 96797-4515

"Vaccinations are 'suggested' but not mandated. 'If any covid mandates are reinstated by government entities we will follow the guidelines.
DIVISIONS & AWARDS: Top 3 men & women, 10 & under, 11-12, 13-14 15-19 & 5-year age groups thereafter (20-24, 25-29 etc).
SWIM CAPS ARE MANDATORY: Swim Caps are mandatory and are provided to registered swimmers at the first race they attend. You may use your own 'bright cap'. We supply 1 cap for the series as long as our supply lasts.

SWIM SUITS: 'Speedo' style briefs or 'fammers' for men. Women-One or two-piece shoulder to hip swim suits only. No wetsuits, floatation suits triathion suits or speed suits allowed. NO personal escorts allowed.

TIME LIMITS: Swimmers must reach the 1/2-way point for the Summer Sprint & Walmea Bay Swim in 40 minutes. You must pass the 1/2-way point in the

Chun's to Walmea & the North Shore Challenge In 1 hour. Swimmers not passing the half way mark in the allotted time will be escorted to shore & are Disqualified. Water Patrol makes the final call on this time period; safety first. If you are not making sufficient progress or are endangering yourself or other swimmers then Water Patrol has the right to pull you from the race. This is a 'DQ'.

EQUIPMENT: No fine or hand paddles. 'Swim Buddles' & full body lycra suits to protect from the sun are OK.
T-SHIRTS: Available for early entry. No guarantee of t-shirts for late entry or day of race entries.
RULES & MAPS: NorthShoreSwimSeries.com. RESULTS: Posted on-line at: TimeLineHawail.com, NorthShoreSwimSeries.com & WalkikiSwimClub.org Aggression will not be tolerated. No pulling, grabbing, kicking, dunking or swimming over another competitor. This is a DQ & may result in banishment from other events.

ASSISTANCE: If a swimmer receives assistance they are considered a D.Q. & will not be given a finish time.

| <b>&gt;&lt;</b>   |   |  |   |                |              |  |                                |
|---|---|--|---|----------------|--------------|--|--------------------------------|
| EARLY ENTRY<br>For all 4 Races!<br>Ends June 10, 2022<br>\$200  | Aloha Salads<br>Summer Sprint<br>Enter by June 10, 2022<br>\$60 | Cholo's Walmea BaySwim Enter by June 27, 2022 \$60 | JACO Swin<br>Walmea Ba<br>Enter by July 8, 20<br>\$60 | g Soap Factory | T-Shirt Size | Total Enclosed Checks payable to 'Walkild Swim Club' | Day of Race or after deadline! |
|   |   |  |   |                |              | Sex Age  |                                |
| Last Name   |   |  |   | First Name     |              |  | D.O.B.                         |
|   |   |  |   |                |              |  |                                |
| Phone #   |   |  | E-mail  |                |              |  |                                |
|   |   |  |   |                |              |  |                                |
| Address   |   |  |   | City Stat      |              | Zip Code   |                                |
|   |   |  |   | -              |              | ·  |                                |
| see Statement: I AGREE to comply with the rules, regulations, and event instructions of the 2022 North Shore Swim Series. SIGNATURE (PARFNT IF LINDER 18) Dat |   |  |   |                |              |  |                                |

Release Statement: I AGREE to comply with the rules, regulations, and event instructions of the 2022 North Shore Swim Series.
I know that competing in an ocean ewinn race is hazardous; I am sewer of and sesume all rake with participating in this event. I understand fall the less both Shore Swim Series out for event in my highly or destrit. I understand a rules see the North Shore Swim Series, ocean content of the North Shore Swim Series in the case that I catch any virus, variant of any virus, including "COVID 16" or its variants, illuses or makely after participating in any of the events. I understand fall in such about by the rules of the North Shore Swim Series, ocean series of the North Shore Swim Series in the case that I catch any virus, variant of any virus, including "COVID 16" or its variants, illuses or makely after participating in any of the events. I understand fall it must abde by the rules of the North Shore Swim Series, Ooly water settly personners, inconditional and count askey officials of the State of Hemise. Orly the rules of the Spitiation being scoepics, it is understand to be legally bound, hereby, for myself, my heirs, associators and administrators, water and reviewes any and all rights and claims for damages in my have against race officials, voltames, gasave's Gardening, Runners HJ, Aqua Spitiation, Alloha Salado, Cholofo Heme Style, North Store Sovies, Jacobs State, Alloha Salado, Cholofo Hemes Style, North Store Sovies, Sovies and American resultances, advertisements, Ristance, Value and State Patric I no. The City & County of Honolotus, State of Hemes & Hultad States, Alloha Salado, Cholofo American resultang from my involvement in this event. Larges to the use of my nears, image or reproduction for broadcast, stolecus, was, internet, websites, advertisements, films, videotapes of any reproduction thereof. Lunderstand there are no refunds and that North Store Swim Series accolored in the states early to be use, and understand there are no refunds and that the North Store Swim Serie

Signature (PARENT IF UNDER 18)

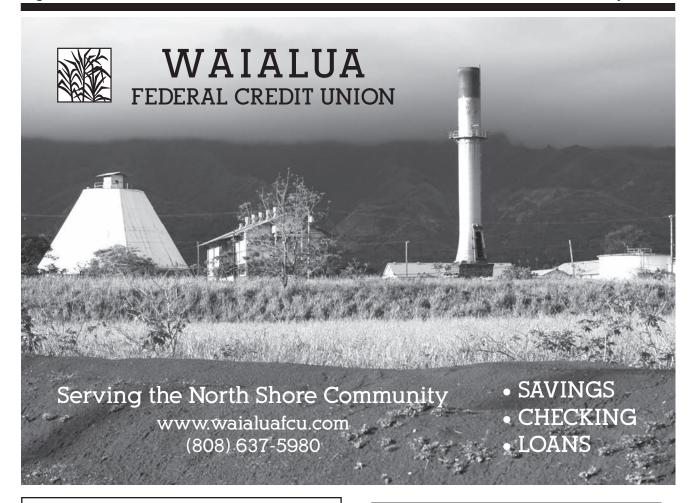






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#### Georgia "Peach" Kotchik

Georgia Lee Kotchick died on March 3, 2022. She was 68. Born April 6, 1953 in Portland, OR. Georgia graduated from Lincoln High School and Oregon State University. After her college graduation she packed up and moved to the North Shore of Oahu where she lived out her life. She leaves behind her partner Lloyd Brown Jr., brother Jim Kotchik (wife Kathi and children), sister Marji (daughter Keeli) and sister Judy Kotchik (husband Dana McGuire). She was preceded in death by her parents George and

Georgia was loved and will be missed by everyone who knew her.

Marjorie Kotchik.

Please join us to Celebrate Georgia's Life on May 21st at Ali'i Beach Park, 2:00 - 5:30.



67-068 Kealohanui St, Waialua, HI 96791 FriendsofWaialuaLibrary@gmail.com 808-637-8286

## Programs Are Back!! Writers' Group

Saturday May 14, 11:00am-noon Bring a piece to share that you wrote during the pandemic ... or just come

#### **Readers' Group**

Thursday, May 26, 9:30-11am Call the library for title... or just come

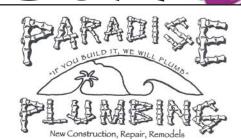
#### **Used Book Sale**

Saturday, May 21, 8:30am-12:30pm At Waialua Library Weather Permitting

Covid Precautions: Limited to 12 Participants
Distancing: Recommended 3 Feet
Masks: Recommended but Not Required
No Proof of Vaccination or Covid Test Required

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#### **SUMMER 2022**

#### WHO? WHEN?

One Week Sessions

Kindergarten to Grade 2
Pua'ama gam-noon
Week Four: July 5-8, 2022

Grades 3-5 Kahaha Program 8:30-2:30pm

Week One: June 14 18, 2022 Week Three: June 28-Jul 2, 2022 Week Six: July 19-23, 2022

#### Grades 6-8

'Ama'ama—8:30am-2:30pm Week Two: June 21-25, 2022 Week Five: July 12-16, 2022

Grades 9-12 'Anae Junior Alaka'i—HS 8:30am-3pm

Week Seven: July 25-29, 2022

#### WHERE?

Loko Ea Fishpond\*\* 62-450 Kamehameha Hwy.

Haleiwa, 96712
"With 1-2 huaka" i to partner sites per week

Registration is limited to 20 participants!

For questions, info and to register visit: www.lokoea.org

This is FREE PROGRAM.

Registration is on a first come,
first serve basis.

















Come join our aloha 'Āina Summer program! Hands-on activities will include\*\*:

- Kilo and Loko I'a
- Native plant propagation and outplanting
- I'a ID and Fishing Practices
- Niu Growing and Processing
- Huaka'i to Local Nonprofit Sites
- Imu building and cooking

\*l'a—Fish or any marine animal \* Loko l'a—Fishpond \*lmu—Underground oven \* Niu—Coconut \*Huaka'i—Fieldtrig
\*\* Artivities may you dependent on one group



Nā Pili Wai is a FREE program of the Mālama Loko Ea Foundation with generous financial support from Kamehameha Schools

#### UPCOMING EVENTS AT LOKO EA

KUMU 'IKENA WORKSHOP:

SATURDAY,

MAY 14, 2022 9AM - 12PM

## OHANA WORK DAY: VOLUNTEER

SATURDAY, **MAY 14, 2022** 

9AM - 11AM

#### NORTH SHORE CLIMATE CHANGE EVENT:

SATURDAY.

MAY 21, 2022 9AM - 1PM

MORE INFO + SIGNUP ONLINE @LOKOEA.ORG >>>





OFFICE OF Elementary & Secondary Education

Kumuʻ Ikena Workshops are free with generous financial support from the Native Hawaiian Education Program

## **Climate Ready O'ahu Community Event**

Join us in a discussion about ways to adapt to <u>climate change</u> in our community:

Learn more at www.ClimateReadyOahu.org



Saturday May 21, 2022



9:00am - 1:00pm



Mālama Loko Ea Fishpond 62-540B Kamehameha Hwy, Hale'iwa, HI 96712 or visit lokoea.org!

Questions? Contact: info@lokoea.org

Scan to register >>>

Households in attendance will be compensated \$50 (2 ppl/household) Registration is required. Space is limited!





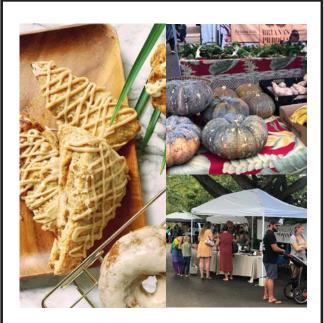


Can't make it in-person? Share your ideas for climate adaptation by going to https://bit.ly/CROEngage.



#### MISSING BUNBUN

On Sunday, April 24, someone came into Loko Ea in the middle of the night and stole our small, gray bunny rabbit. Her name is BunBun and she was taken out of her cage and shuttled off in a cardboard box along with her water bottle and bunny food. As a recent member of our ohana, we are deeply saddened that she was insensitively taken from our property. If anyone happens to know anything about her or her whereabouts, they can contact Loko Ea at (808) 637-3232, info@lokoea.org, or bring her back to us. A reward will be attached to her safe return.



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#### **DISTRIBUTION UPDATE**

at Kaiaka Bay Beach Park

Wednesday, May 4, 12 noon

Wednesday, May 18, 12 noon

Wednesday, June 1, 12 noon

Wednesday, June 15, 12 noon

For more information and donations contact:
Linda (808) 780-8037







#### VIRTUAL READING PROGRAM

Challenge: Read 600 minutes and at least one book from our

rom our ASIAN PACIFIC AMERICAN BERITAGE MONTH reading ist in May for kids, teens,



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LIBRARY CLOSED

Monday, May 30th



Did you know we lend out ukuleles?

Come inside to find out more.



The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses.

PRESS RELEASE POLICY: Submit press releases, mail or email to Editor, North Shore News, P.O. Box 117, Haleiwa, HI 96712. Please type your releases and keep them shorter than 200 words unless they are of an unusual news interest. Releases should be viable news stories and are published on a space available basis only, with priority given to those received first. You may attach photos. We are not responsible for the return of any photos. All materials are submitted at owner's risk. We reserve the right to edit and/or refuse all submissions including advertising.

**EDITORIAL POLICY:** We welcome articles and letters from our readers. Letters to the Editor are published on a space available basis only and preference is given to shortness of length, and quality of content. We prefer to run not more than one letter, per person, per 6 month period. Letters subject to edit.

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Downtown General Store

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Banzai Productions Bill Romerhaus North Shore Photography





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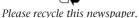
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#### HOW TO CONTACT THE NORTH SHORE NEWS

Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

MAIL: P.O. Box 117, Hale'iwa, HI 96712 E-MAIL: NSNHaleiwa@gmail.com NSN4Linda@gmail.com PHONE: (808) 780-8037 www.northshorenews.com





Next Issue - June 1, 2022 Deadline Date - May 22, 2021

Would you like to receive the North Shore News via email in color! Just send us a message at: NSNHaleiwa@gmail.com

#### OFF da ISLAND

Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, contact info and photo location to: NSNHaleiwa@gmail.com.

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email resume to polynesiantreasures@
hawaii.rr.com

## NOTICE FOR NORTH SHORE SERENITY:

Effective April 6, North Shore Serenity Al-Anon Family Group is returning to meeting onsite at 6:30 pm Wednesdays at St. Michael's Church, Outreach Room, 67-340 Haona St, Waialua, 96791 During this meeting, participants may also attend virtually via Zoom #84783266578
Password 809980.

Open to anyone who believes his or her life may have been affected by someone else's drinking. Additional information available at www.al-anon.org; or by calling 808-546-5647

#### For Sale

#### BEE HIVES

HUBERT 808-285-4320

## FOR RENT

#### TABLES & CHAIRS

Call North Shore News (808) 780-8037 All proceeds go to the North Shore Food Bank

Combination Live + Work space located in central Haleiwa Town and is zoned for both residential living and/or combination of a Live/Work space. Large studio. Full kitchen with a refrigerator, large sink, oven/range and marble countertops. Full private4 bathroom w/marble large sink, toilet and full size shower w/floor to ceiling tile. Washer/dryer in unit. Hardwood throughout the unit with 14' high ceiling and more. Call (808) 838-1202

## Miscellaneous

Hawai'i Statewide Marine Animal Stranding, Entanglement, and Reporting Hotline

Includes stranded/injured sea turtles, monk seals, dolphins, and whales.

Phone: (888) 256-9840

#### May is National Military Appreciation Month and

is a declaration that encourages U.S. citizens to observe the month as a symbol of unity. National Military Appreciation Month honors the current and former members of the U.S. Armed Forces, including those who have died in the pursuit of freedom.

## **KQNS 107.3 FM Christian Radio**

Inspirational, Health, Music, Addictions, Marriage, Prophecy, Stories, etc..

Would you like to Congratulate a graduating private or homeschooled student in the next North Shore News? Send student name and school to: NSNHaleiwa@gmail.com Deadline is May 20, 2022.

#### PURPLE VAN FOOD BOXES

If anyone needs a food box we can help and deliver. Please call 808-638-9627

North Shore Food Bank IG @nsfoodbank

The Marine Debris
Rapid Response Hotline
833-4-Da-Nets
(833-432-6387)
To Report Derelict
Fishing Gear



## Healthy patients from the inst Out Patient Services

- Electroencephalogram (ÉEG)

  - Pulmonary Function Test Treadmill Stress Test

Holter Monitor All services are available on one floor.

- Diagnostic Imaging

  Bone Density (DEXA Scan)

  Computed Tomography (CT)

  Mammography (3D offered)

  Nuclear Medicine

  - Ultrasound

X-Ray Walk ins are available for some procedures.

#### Laboratory

- General laboratory
   Phlebotomy services
   Transfusion services
  Walk ins are welcome.

#### Rehabilitation

- Physical Therapy (Orthopedic, Neurology, Balance/Vestibular, Sports)
- Occupation Therapy (ADLs, Hand)
   Speech Therapy (VitalStim, Modified Barium Swallow Study)
  Come visit us in our new & expanded clinic.





Our Emergency Room is here for you 24 hours, 7 days!









For your safety and the safety of others, Wahiawa General Hospital has implemented CDC safety recommendations which includes screening questions and  $temperature\ checks\ upon\ entering, face\ mask,\ social\ distancing,\ and\ proper\ cleaning\ techniques\ after\ every\ use\ to\ name\ a\ few.$