



“E Ala Na Moku Kai Liloloa”

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NORTH SHORE NEWS February 9, 2022 VOLUME 39, NUMBER 2



James Kazlauskis gardening at Laulima Gardens. Photo: Pono Pacific

Grow Your Own at Laulima Gardens

North Shore resident, James Kazlauskis, has had a community garden plot at Laulima Grades, located at Kuilima Farm, since 2019.

“I like to try everything to see what grows well,” he says. “I enjoy growing for myself, family and enjoy sharing them with friends—especially if they return a cooked meal with the vegetables from the

garden.”

There are currently seven community garden plots available for North Shore organizations or community members to apply for. Each Laulima Garden plot is 10 ft. x 50 ft. (500 square feet) filled with rich Kahuku soil. A water stub is provided to the plots. All water is non-potable. Garden plots will

be assigned for at least a one-year commitment. Staff members from Pono Pacific, which manages the farm and community garden, are always on site to help guide gardeners in best practices.

“Community gardeners enjoy a sense of community while growing their own food,” says Ivy Wappler, Pono Pacific Project Manager. “Gardeners are eligible to utilize communal tools and equipment, as well as have access to educational opportunities.”

Please visit kuilimafarm.com/community-garden to apply!

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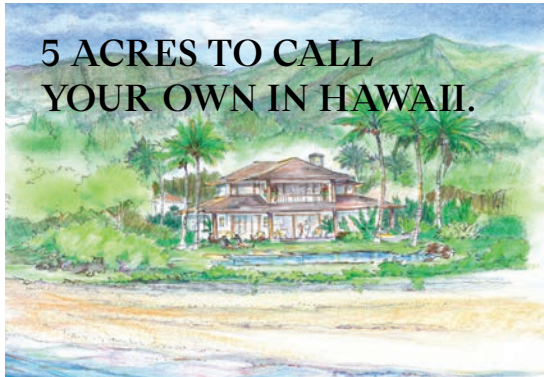


Paddle Happy!

Join our Ohana and
 Fall in love with Paddling
 with HALEIWA OUTRIGGER CANOE CLUB
 Open House - March 6, 2022 at 11am - All are welcome ages 11 and up

Come Ocean with US
 no better workout or place to be
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 FOR MORE INFORMATION

all ages and stress levels are welcome :)
 Open House will be held at Haleiwa Beach Park directly across
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**Waialua Community Association
 ANNUAL MEMBERSHIP
 MEETING**

February 16, 2022
At the Old Haleiwa Gym
 Sign-In at 6:00 PM
 Meeting at 7:00 PM

All Covid Protocols To Be Followed
 For questions call: 637-4606
 All members and the community are
 invited but only members whose
 membership dues were received on or
 before January 15, 2022 will be allowed to
 vote in this meeting. Membership
 applications are available online at
 waialuacommunityassociation.org
 for those wishing to join.

JOIN US AT WAIMEA VALLEY!

NEW DATE

VALENTINE'S DAY DINNER

Join us **Monday February 14**, 6 PM at the Proud Peacock for a special one-night-only dinner by Ke Nui Kitchen; full menu/reserve online at waimeavalley.net

SAVE THE DATES!

Ko Sugarcane Workshop

- Saturday February 12

'Ohana Volunteer Work Days

- Sunday February 13 & Saturday February 26

Forest Restoration Volunteer Work Days

- Thursday February 17 & Saturday February 19

Earth Day Mauka to Makai

- Saturday April 23

ANNUAL PASSES – KAMA'AINA ONLY!

- 7:30 AM Early-bird walking hours (general admission) and Hale Kope coffee shop
- 8 AM Early-bird waterfall swimming every weekend
- Snack bar and gift shop discounts

SALE!

ANNUAL PASS

Individual	\$30		\$50
Family <small>2 adults & up to 6 children (18 & under)</small>	\$60		\$100
Lifetime	\$600		\$1,000

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Closed Mondays

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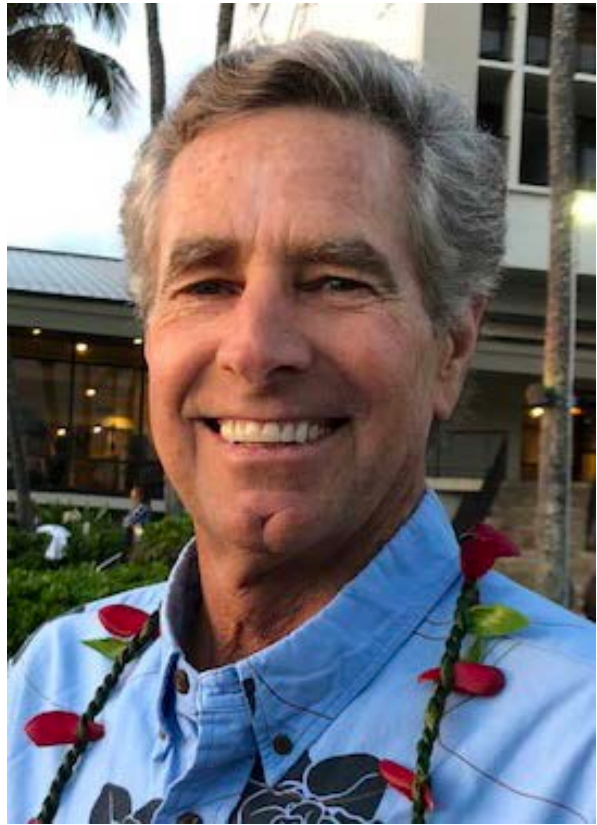
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WHERE HAWAI'I COMES ALIVE

WAIMEAVALLEY.NET

Dr. Ralph William Hartman III, 71, passed away peacefully on January 6, 2022, at his home in Hale'iwa, Hawai'i, with his wife and children by his side. He is survived by his beloved wife Sally Jane Hartman, his daughter Karma Bass (Chris), daughter Drew Hartman, son Duke Hartman (Carolyn), and grandchildren Brock, Kaia, Zoe, Georgia, and Rocky who will forever know him as Poppy. He was a brother to Kaye Baker, Karen Malfregeot (predeceased), Ricou, Steven (predeceased), and Peter, and leaves behind many cousins, nieces, nephews, and step-family members and friends, whom he loved dearly. Ralph found his spiritual calling in the practice of medicine. After moving from his hometown of Stuart, Florida, to O`ahu to surf in the mid-1970s, he was able to attend medical school at the University of Hawai'i, thanks to the support of its financial aid, for which he remained grateful throughout his life. He then moved to the North Shore and spent a 31-year career performing holy, healing work as a physician, humbly serving families of those who serve in the U.S. Army at Schofield Barracks. He practiced medicine from the heart and firmly believed in the power of love, miracles, and in treating his patients as part of his `ohana. He was beloved by patients, colleagues, and supervisors, receiving the Commander's Award for Civilian Service upon his retirement. During his recent journey with prostate cancer, he showed incredible courage, grace, and faith in the face of hardship. Love defined Ralph, and he shared his love with everyone he met. His generous spirit and heart for service shone in how he freely treated and helped people, young and old, in the community. He loved nature and the outdoors, especially surfing Pūpūkea, where he lived for 25 years and raised his children, and later Walls near his Hale'iwa home. He was also insatiably curious and loved reading and learning, especially about the intersection between science



and faith. With his ever-positive attitude, in his final days he encouraged his friends and family with the words: "Don't cry because it's over, smile because it happened." True to form, Ralph performed another, final act of helping others by donating his body to the John A. Burns School of Medicine (JABSOM) at the University of Hawaii. Services will be held later when his ashes are returned to the family and ultimately to his beloved Pacific Ocean. If desired, contributions to JABSOM MD Alumni Scholarship Fund, to the North Shore Community Land Trust, or to Unity Church of Hawai'i would be welcome.

City Unveils License Plate Featuring the Hōkūle'a

O`ahu motorists can now buy at any satellite city hall a license plate that publicly showcases their support for the Polynesian Voyaging Society.

An estimated 18,000 commemorative plates are available for purchase at satellite city halls across the City and County of Honolulu.

No appointment is needed to purchase the plates, which feature the Hōkūle'a, the double-hulled Polynesian voyaging canoe, anchored at Kualoa on the windward side of O`ahu, where it first sailed to Tahiti more than 46 years ago.

The initial cost of the plates is \$35.50. Of that total, \$20 of each purchase of the plate will go to the Polynesian Voyaging Society, which promotes Hawaiian indigenous culture through its environmentally-driven mission.

The annual renewal fee for the license plate is \$25, with a significant portion of the proceeds allocated to the Polynesian Voyaging Society.



The North Shore is Swimming in Cesspools

By Stuart Coleman

Working with Senator Gil Riviere and Rep. Lauran Matsumoto, our non-profit WAI: Wastewater Alternatives & Innovations hosted a Town Hall Meeting on Cesspools for the people of Waialua and the North Shore on Thursday, January 27th. More than 45 residents showed up for the virtual meeting, eager to learn more about cesspools and the health of our wai, the Hawaiian word for water.

First, the bad news: the North Shore is swimming in cesspools (thousands of them), and they produce a lot of sewage pollution. The good news is that there are better solutions available that will help improve our health and environment, and the state legislature is considering bills to help homeowners with the costs of converting their cesspools. At WAI, we work to protect water quality by reducing sewage pollution and helping homeowners convert their cesspools to more efficient, affordable and eco-friendly sanitation systems.

There are more than 88,000 cesspools across the state of Hawaii, and these substandard systems discharge more than 53 million gallons of untreated sewage each day into our groundwater. The state is tackling this problem by requiring that cesspools need to be replaced by 2050 (under Act 125). There will likely be earlier deadlines for Priority Areas like Waialua, where there are more than 1080 cesspools that discharge 750,000 gallons of sewage per day. That's like a massive sewage spill every day, yet it happens underground so many people don't know or notice its effects.

At our recent virtual Town Hall meeting, we talked about the environmental and human health risks associated with cesspools and the nutrient pollution they produce. It's important to know that a cesspool is just a hole in the ground that provides no real treatment. All of the wastewater from a home empty into this hole and then flows through the soil and into the groundwater where it can contaminate drinking water wells, streams and coastal areas.

The bacteria, viruses and other pathogens in this sewage can cause serious illnesses like gastroenteritis, Hepatitis A, leptospirosis and cholera. The nutrients in wastewater like nitrogen and phosphorus are not only harmful to coral reefs and nearshore ecosystems, but elevated levels of nitrates in our drinking water can lead to higher rates of bladder and colorectal cancer.

Whether you own a cesspool or not, the sewage and nutrient pollution from these substandard systems affect all of us, posing serious risks to our health, our environment and the quality of our waters. But if we work together, we can solve this issue.

Here are some practical ways you can help: volunteer with WAI and help us introduce more efficient and affordable sanitation systems and policies that

make it easier to convert cesspools; ask your legislators to support bills that provide financial incentives or assistance (ie., tax breaks, grants or subsidies). In the end, we can help improve our water quality and help create a better quality of life on the North Shore and across Hawaii. waicleanwater.org



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Carissa Moore & John John Florence Go Back-To-Back Wins in 2021 Digital Vans Triple Crown of Surfing

The 2021 Digital Vans Triple Crown of Surfing titles were recently awarded to North Shore's own John John Florence and town's Carissa Moore, who continued their dominance with back-to-back wins this winter.

The Vans Triple Crown of Surfing is a marathon, not a sprint. In its digital version, there is a vast, added technical layer that makes it the most physically challenging surfing event in the world; 30 days, three unique surf spots, colossal surf, progressive craft requirement, and the strategic digital capture requirement that kept competitors hunting down clips late into the final hours of the month-long competition.

This year's event saw 95 total athletes compete in the Vans Triple Crown of Surfing, submitting a total of 320 waves. Of those athletes, Hawaii surfers claimed 79% of the \$223,000 total prize purse.

All said and done, only 25 surfers met every single demanding criteria of the competition by midnight, January 21, 2022.

In winning, Moore became the first woman to be the single highest prize money winner in the 39-year history of the series, surpassing Florence. Carissa won a total of \$66,500 with a clean sweep across ALL categories: Hawaiian Pro (Haleiwa), World Cup (Sun-

set Beach), Pipe Masters (Pipeline), Fan Favorite, and Overall Vans Triple Crown of Surfing women's series champion.

"I've never surfed Pipe and Sunset as much as I did this winter. Those are two really challenging waves," said Carissa Moore, who won her second Vans Triple Crown championship. "It was great motivation to get out there and keep pushing the limits of what we can do."

"The digital format is definitely fun and interesting. It's more of a free-surfing contest. It's hard and it's more stressful than a normal contest though because it's unlimited in what you can do," said Florence.

"The younger crew that's coming up.. they all surf really good and that's what makes this event kind of fun and hard and stressful. You don't know what those guys are doing, they're capable of so much it's crazy. If they get the right wave it's over. They can do it all. It definitely makes it interesting."

In a historic first, 20-year-old Crosby Colapinto (CA) took the men's title of Vans Pipe Master at the Vans Triple Crown of Surfing amongst a heavily contested field. His win reflects the amount of time he's put into this wave over the past few years and showcases the exciting stories that the digital competition format can expose.



Carissa Moore



John John Florence

2021 Vans Triple Crown of Surfing Champions

2021 WOMENS Vans Digital Triple Crown Champion:
Carissa Moore

2021 MENS Vans Digital Triple Crown Champion:
John John Florence

Individual Event Winners

2021 WOMENS VTCS Haleiwa - Hawaiian Pro Champion:
Carissa Moore

2021 MENS VTCS Haleiwa - Hawaiian Pro Champion:
John John Florence

2021 WOMENS VTCS Sunset - World Cup Champion:
Carissa Moore

2021 MENS VTCS Sunset - World Cup Champion:
John John Florence

2021 WOMENS VTCS Pipe - Pipe Masters Champion:
Carissa Moore

2021 MENS VTCS Pipe - Pipe Masters Champion:
Crosby Colapinto

Videography Winners

2021 MENS VTCS Filmer Award: Erik Knutson & Guillem Cruells

2021 WOMENS VTCS Filmer Award: Layne Stratton & Anna Hermes

Fan Vote

2021 WOMENS VTCS Fan Voting Award: Carissa Moore

2021 MENS VTCS Fan Voting Award: Tomas Hermes

PHOTO CREDITS: VANS/JIMMY WILSON



A New Year at the Legislature

The 2022 Legislative Session has opened, but the State Capitol is still closed. With virtually every other place of public accommodation open and working within the current protocols, it is my great hope that we will open the people's house soon. In the meantime, remote public testimony has never been easier. You can find every bill and piece of public testimony, links to live hearings and videos of previous hearings, and submit testimony at www.capitol.hawaii.gov.

In my legislative package, I submitted bills to help the county departments of planning and permitting reduce illegal construction on agricultural lands, support better management of our marine resources, develop a plan for stream management, improve professional standards for conservation officers, prohibit real estate agents from participating in illegal vacation rentals, and create a business education program for inmates with the goal of reducing recidivism.

Addressing the law governing agricultural building permit exemptions, SB 2521 defines "agricultural buildings" as structures used exclusively for agricultural or aquacultural purposes, and specifically excludes human habitation, employment, entertainment and mixed uses from this definition. SB 3240 clarifies what is not exempt from agricultural building permits.

I have fielded calls from constituents who see these bills as unfairly making illegal certain structures on agricultural lands. To the contrary, these bills do not prohibit building anything; rather, they clarify the intent of the statute that was created to allow certain agricultural buildings like greenhouses and storage sheds without building permits. The law was never intended to allow people to build houses, or "barns" that look like houses, without permits.

SB 3019 requires the Division of Conservation and Resource Enforcement to develop and implement policies in accordance with the Commission on Accreditation for Law Enforcement Agencies, Inc. (CALEA). SB 3330 would establish and fund a carrying capacity study for the Pupukea Marine Life Conservation District at Shark's Cove. Both of these measures passed out of the Water and Land Committee and are now with the Ways and Means Committee.

To address unpermitted expansion of commercial activity on Kaneohe Bay, I introduced SB 3328,

which specifies additional activity that requires permits to operate on Kaneohe Bay.

A model for stream management in flood prone watersheds is the goal of SB 3021, which funds a study of the flood hazards, vegetative overgrowth, land ownership, and jurisdictional obstacles to effectively manage Waiahole Stream.

SB 3023 prohibits real estate brokers and agents licensed in the state from being involved with illegal short-term vacation units and whole-home short-term rentals.

Providing a quality business curriculum for prison inmates nearing the end of their sentences has helped reduce recidivism. SB 2532 passed out of Public Safety Committee and is now with the Ways and Means Committee.

See the full list of bills I introduced at SenatorRiviere.com. My phone number is 586-7330. My email address is SenRiviere@capitol.hawaii.gov. Follow us on FaceBook or online. Please visit us in Room 202 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.

Save The Date
Momona Market by Loko Ea
Saturday, March 5, 2022 9am-12pm
62-540B Kam Hwy, Hale'iwa

Only at PKB
Home of the Snow Puffy & Sada's Malassada

HAPPY
Valentines Day

Share some sweet treats with your loved ones this Valentines Day!

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Offer is valid from February 9 - 22, 2022.

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**Representative
Lauren
Matsumoto
Serving You in District 45**

Aloha Friends and Neighbors!

The 2022 legislative session is upon us, and I am so excited to get back to working for our communities in the 45th House District. Last fall you received a short survey from my office that gauged what issues our community thinks should be addressed in the 2022 legislative session. The top 5 issues, in no particular order, are:

- Affordable housing
- Cost of living
- Crime
- Education
- Homelessness

If you would like to see the full survey results, you can find them on my website www.RepMatsumoto.com in the Information drop down menu.

To address these community concerns, I have drafted multiple house bills that I feel will have an immediate impact on our communities. Here is a more in depth look at my bill package for the 2022 Legislative Session:

Home Purchasing Incentives

- HB2212 Implementation of IRS Pre-Tax savings plan to assist first time home buyers with saving for down payment and closing costs.
- HB1920 Establishing a local housing market that is tied to Hawaii State resident's incomes, providing housing options that are affordable relative to wages for residents of the state.
- HB1922 Establishes a temporary task force focused on providing mechanisms for collaboration between state and counties to create a local housing market.

Cost of Living

- HB2215 Establishes an income tax credit for employers who create onsite early childhood facilities.
- HB2216 Redefines "qualifying individuals" for dependent care flexible spending accounts to include all eligible employees in the state who wish to participate.
- HB2389 Eliminates the individual income tax for single filers and heads of households making less than \$20,000 for joint filers making less than \$40,000 and increases the income tax rate more slowly for low- and medium-income filers.

- HB1919 Exempts certain foods, medical services, and feminine hygiene products from the general excise tax (GET).

Crime and Rehabilitation

- HB2214 Establishes a pilot program in the Department of Public Safety to hire five social workers to accompany officers on incidents involving persons that may suffer from substance addiction, mental illness, homelessness, or other catastrophic afflictions.
- HB2213 Establishes the criminal offense of mail theft to provide a solution for the increased theft of packages left outside a residence or business.
- HB1778 Requires the Offender Reentry Office of the Department of Public Safety to develop and implement a risk needs assessment tool that is specifically in-

tended to assess the needs of female offenders. Requires a report to the Legislature.

- HB1779 Appropriates funds for the second year of a program to train incarcerated women to be general education development tutors for their peers, provided college correspondence courses for women in the women's community correctional center, and provide reentry and transition services for women wanting to continue their education post incarceration.

Government Transparency

- HB1921 Creates a legislative check on the emergency powers of a Governor during a declared State of Emergency.
- HB1918 Codifies a terminally ill Patient's Right to Try experimental treatment options.
- HB2388 Establishes within the environmental impact survey website an interactive section to allow public comments to be submitted online.

You can find these bills along with my colleagues' house bills and keep track of the ones that you are passionate about by visiting the Hawaii Legislature online at www.capitol.hawaii.gov. I also want to encourage you to continue to stay engaged with current measures going through the legislative process. If you would like help navigating the capitol website so that you can track measures and submit testimony you can download the Legislative Instructions PDFs on my website, or call my office for my staff to walk you through the process.

Lastly, I wanted to take a moment to address the Red Hill Crisis that is afflicting various regions of the island of Oahu. I have been placed on a select special committee to address this pressing issue. As we currently stand, the state has required the Navy to immediately suspend fuel storage operations at the Red Hill Bulk Fuel Storage Facility and to install a drinking water treatment system. However, this situation is evolving daily which is why the House special committee is so important. The Department of Health (DOH) recommends avoiding the usage of water for consumption, cooking, and hygiene if you are on the U.S. Navy water supply system. If you have any questions, comments, or concerns please do not hesitate to reach out to the DOH at (808)748-5041 or by email at contactus@hbws.org.

As always, please feel free to contact me if you have questions or concerns about happenings in our community. Call me at (808) 586-9490, email RepMatsumoto@Capitol.Hawaii.Gov, or visit RepMatsumoto.com.



Rep. Lauren Matsumoto



Ask the Doctor

Dr. Summer Teruya

Dear Doctor, my daughter is 18 years old, and I'm 55 years old. When does she start getting Pap smears, and when can I stop?

Papanicolaou or Pap test is a procedure in which a small brush is used to gently remove cells from the surface of the cervix so that they can be checked under a microscope for cervical cancer or early changes that may lead to cervical cancer. In 2018, the United States Preventive Services Task Force (USPSTF) updated its recommendations for how and who should be screened for cervical cancer.

For women ages 21-29 years: The USPSTF recommends screening with a Pap test alone every three years.

For women ages 30-65 years: The USPSTF recommends three different options – 1) screening every three years with a Pap test alone; or 2) every five years with high-risk HPV testing alone, or 3) every five years with a combination of Pap and high-risk HPV testing (co-testing).

HPV stands for Human Papillomavirus, of which there are many different types. Some types cause warts on the skin, but high-risk types are associated with cervical cancer and are more concerning.

The USPSTF recommends against screening women younger than 21 years. The rationale for this recommendation is that cervical cancer is rare before age 21, and treating abnormal Pap smears at this age may increase the risk of adverse pregnancy outcomes.

The USPSTF also recommends against screening women older than 65 years who have had adequate prior screening and are not otherwise at high risk for cervical cancer. This means if a woman has had three consecutive negative Pap tests or two consecutive negative Pap + HPV typing tests between ages 55-65, with the most recent test being at age 60 or after, Pap tests are no longer needed after age 65.

In addition, women who have had a hysterectomy with removal of the cervix and do not have a history of high-grade precancerous Pap or cervical cancer do not need Pap tests.

If you have questions about cervical cancer screening or how to prevent cervical cancer, please let us know!

Dr. Summer Teruya is a Board Certified Family Medicine physician at the Queen's Health Care Centers Hale'iwa, located at 66-125 Kamehameha Hwy., Haleiwa, HI 96712. The clinic is accepting new patients, call 808-691-8501 to schedule an appointment. Submit questions to the doctors at nsnaskthedoctor@gmail.com.

Turtle Bay Foundation Scholarship Application Period Opens

North Shore, Ko'olauloa students are encouraged to apply online now through Feb. 28

The Turtle Bay Foundation, the charitable giving arm of Turtle Bay Resort, invites North Shore and Ko'olauloa students to apply now for scholarships for the 2022-2023 academic year.

Last year, the Foundation awarded \$60,000 in educational scholarships to 48 high school and college students from schools including Kahuku High and Intermediate School, Waialua High and Intermediate School, Leilehua High School, the University of Hawai'i, Hawai'i Pacific University and more.

"The Turtle Bay Foundation provides support for deserving youth and organizations for the sustainable future of our North Shore and Ko'olauloa communities," said Tom Donovan, vice president and managing director of Turtle Bay Resort. "Education is invaluable, and we are proud to play a small part in propelling our keiki's academic journeys, setting them up for success to reach their goals."

Scholarships provide one-year financial support to individuals pursuing higher education. Applicants must be a Hawai'i resident and reside between Mokuleia and Kualoa or have a parent that has been employed at Turtle Bay Resort or Turtle Bay Golf for the last five years.

The Turtle Bay Foundation Scholarship Committee awards the scholarships to recipients based on a combination of criteria, including academic performance, academic review and video submission, extracurricular activities, and community involvement.

Interested students can learn more about the process and apply at www.turtlebayfoundation.org/ apply. The deadline to apply is February 28, 2022, at 11:59 p.m.

Scholarship winners will be announced in Spring 2022. For the latest news on the Turtle Bay Foundation, please visit www.turtlebayfoundation.org/ or follow @turtlebayfoundation on Instagram and Facebook.





North Shore Chamber of Commerce News

A New Face in the Office

Kelli Turansky joined the North Shore Chamber of Commerce as its Executive Director, effective January 17. She's been a Haleiwa resident for the past 6 years and has lived on Oahu for 25 years. She looks forward to working with the Chamber to make the North Shore "a better place to work, live and play."

"I am thankful for this opportunity and very excited for the future," she says.

She encourages people to stop by the Chamber at 66-434B Kamehameha Hwy. across from the Haleiwa Post Office to meet her and see the "freshened up" office. Open hours are Monday through Friday, 10 am – 4 pm. Business services including printing, faxing, and computer internet access are available. Out-of-area visitors are provided information about our beautiful community and regularly referred to points of interest and member businesses.

The Chamber still has a couple of volunteer time slots available for people who are available to spend a few hours a week to greet visitors from all over the world and provide business services to people in the community. It's a lot of fun working with other Chamber volunteers, who are the mainstay of the organization. If you're interested in helping out, call the office at 808-637-4558, or email Kelli at director@gonorthshore.org.

Entrepreneurial Opportunity

The publisher of the Chamber's North Shore map which is distributed island-wide has retired. The Chamber is now looking for someone to take over this venture on a long-term basis. The project includes a marketing and advertising component

and is capable of providing someone a full-time business opportunity. Anyone interested in further information is encouraged to contact the chamber by calling 808-637-4558 and talking to Executive Director Kelli Turansky; or emailing her at director@gonorthshore.org.

Safety Concerns at Laniakea Beach Parking

As of Monday, January 24, parking at Laniakea Beach was still closed. A temporary injunction and settlement agreement in a 2014 lawsuit won by Save Laniakea requires that parking be available.

Last November, Mary Wood sent a letter to the state Department of Transportation citing safety concerns about barricades and crosswalks set up in October to designate the Laniakea Beach parking area. The lack of openings in the barricade for crosswalk access has resulted in people jaywalking and walking along the dangerous road shoulders to access the beach. Narrow automobile turn-in to parking, illegal left turns and poor crosswalk placement have made for more dangerous conditions. Add in the lack of progress by DOT and the recent heavy rains and Laniakea conditions have worsened.

An interview with President Wood in the Star Advertiser on Sunday, January 23 further outlined the difficulties. To date the Department of Transportation has not responded.



NSCC Executive Director Kelli Turansky

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Valentine's Day Dinner

AT THE PROUD PEACOCK
WAIMEA VALLEY

Monday February 14 • 6:00pm

Appetizer (shared plate)

CHARCUTERIE BOARD

Toasted Almonds, Strawberries, Camembert, Chèvre, Manchego,
Duck Liver Mousse, Locally-Cured Prosciutto, Sesame Lavash, House-Made Pickles

First Course (shared plate)

½ DOZEN KUALOA OYSTER

Shiso Mignonette & Chili Pepper Water Gelé

Second Course

CRAB & ASPARAGUS SALAD

Butter Lettuce, Blood Orange, Celery, Avocado, Shallots

Third Course

HAWAIIAN-RAISED FILET MIGNON

'Ulu Purée, Grilled Oyster Mushroom, Ume Demi-Glace,
Red Veined Sorrel, Smoked Hawaiian Peppercorn & Salt

Dessert

CHOCOLATE-DIPPED PARADISE

Chocolate Fudge Cake, Caramel-Compressed Banana,
Dark Chocolate, Guava Mousse Hibiscus Sauce

\$173.00 FOR 2 (\$86.50/PERSON)
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WHERE HAWAI'I COMES ALIVE

WAIMEAVALLEY.NET



Kalaeokauna'oa (Kahuku Point) - Volunteers participating in ReTree Hawaii at Kahuku Point planting 20 Ohelo Kai, 20 Ilima and 10 Ohai Photo: ReTree Hawaii

Waimea Valley Participates in ReTree Hawaii

Throughout the month of November 2021 ReTree Hawaii organized an annual tree planting event in the State of Hawaii. Some organizations would plant only one time, others had multiple planting events. At Waimea Valley, Hi'ipaka conservation staff were joined by 19 Hānai 'Āina community volunteers on 11/18 and 11/20 planting 146 native plants over the two days on a one acre site in the Kalahe'e Forest management unit. Why do we do this work? Restoration of native ecosystems, watershed protection, and atmospheric carbon capture are all important stewardship activities that support the mission of Hi'ipaka, to preserve and perpetuate the human, cultural, and environmental resources of Waimea Valley for generations through education and stewardship.

Native Hawaiian ecosystems are under threat from invasive species and disease. Our native reforestation efforts take place inside fenced acreage to exclude pigs. The native trees, shrubs, and understory plants are grouped together in environmentally damaged landscapes where years of neglect and misuse have resulted in degraded soils and habitats. Establishing native plant communities allows for the repair of soils and the return of healthy watershed function. As rainfall infiltrates healthy soils and root systems it continues down to replenish ground water and the potable aquifer on Oahu. This carbon rich soil supports native plant recruitment from seed and

results in a resilient and sustainable plant community.

You can participate by contacting volunteers@waimeavalley.net or calling our volunteer coordinator Melani Spielman at 638-5855. We also are offering a way to donate conservation trees to Waimea through our website waimeavalley.net or contact us at 638-5884 to donate. You can reduce your carbon foot print by planting trees and supporting our conservation efforts. We will take part in future tree planting initiatives with the City, State, ReTree Hawaii and other conservation partners. And we will continue to propagate and out-plant native Hawaiian plant species in Waimea through our conservation projects and through insitu plant conservation in the Waimea botanical gardens.



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Survey launched to gather community input on Shore Water Events

The Honolulu Department of Parks and Recreation (DPR) is inviting members of our community to share their mana’o (opinion/thought) regarding proposed revisions to rules governing Shore Water Events around O’ahu.

Shore Water Events typically include activities that involve permitted use of coastal and beach areas for the purpose of accessing the ocean, such as: surf contests, canoe regattas, triathlons, and swim races. These rules are designed to work in tangent with ocean permitting and usage guidelines facilitated by the State of Hawai’i.

The questions focus on proposed revisions to DPR’s Shore Water Rules that include possible

changes to regulations regarding gender equity, event parameters, and impacts of Shore Water Events on the community.

The survey is now open and will be closed on Wednesday, Feb. 16, 2022 at 11:59 p.m. (HST). You can access the survey by clicking here or following this website: bit.ly/shorewatersurvey

For a copy of the existing Shore Water Event Rules click here or visit the official DPR website (honolulu.gov/parks) and click the “Rules & Regulations” box. Please only submit one response per person. Mahalo in advance for those who contribute their time and mana’o to complete this survey. Your participation is greatly appreciated.



NORTH SHORE REAL ESTATE TRENDS

by Richard Sterman (R)
of Sterman Realty

"TRENDS" TO LOOK FOR IN 2022

There have emerged several recent TRENDS that are becoming concerns for North Shore owners and renters alike:

INFLATION

Used cars and your favorite food at Costco or Foodland may have gone up, however, Real Estate prices and rents have gone up even further! Yes, as much as 25% for Prices and Rents in just the last year! This all started when the "Shelter In Place" order went into place and Honolulu Condo dwellers (even high tech workers from the mainland) packed up and headed out to the Country where we have large yards, air flow and beautiful sunsets! The "Transitory" price of Lumber (which I wrote about a few articles back) went from \$425 (per 1k board feet) to \$1600, back down to around \$600 and now back above \$1000). Only a March rate hike (& recession) can slow this inflationary "Trend" down.

TRAFFIC

The temporary barriers at Laniakea have helped for now, however, the traffic problems seems to be getting worse every year. 2022 may see traffic worsening even further - especially when tourism gets back to record numbers again. Did you realize that half of the almost 10 million Oahu visitors rent cars and make it out to the North Shore and park at this popular tourist destination? That's possibly as many as 5 million people a year running across our highway and bottlenecking our traffic.

LAND USE

Affordable Housing and controlling North Shore development are important to us and especially our kids, however, we also have to watch the Governing Agencies that arbitrarily try to change "Land Use" without notification to the public. Certain restrictions may severely limit what you may be allowed to do on your land. An example: A few years back Bill 1275 sought to limit the square footage of any Farm Dwelling on Ag-1 or Ag-2 Parcels from the current 10,000 s.f. maximum (a 5 bedroom home) to a mere 1,500 s.f. (or a 1 bedroom home). That would mean - if you had a family with lots of kids and, God forbid, your house burned down - you could only re-build a 1 bedroom home to replace it! That Bill, which hardly any land owners knew about, was 'shelved' but could pop up again. Currently, there are arbitrary rules the City is trying to set in place limiting the use of these Ag Lands for what they designate as IAL (Important Ag Lands). And, finally, a recent change to Land Use has been passed without many knowing about it: Septic Tanks above the "No Pass" line (usually Kamehameha Hwy) has just been eliminated and a very expensive ETS (Evapo Transfer System) might have to be installed if anything is allowed at all (I'll have more on that next issue). Many of these "changes" are approved without much, if any, public notification! Rules are good, however, placing new rules on our limited North Shore properties may have major negative affects on affordability and the availability of homes for our North Shore residents. It seems like the City and State agencies are doing this more and more and we can expect more in 2022!

Richard Sterman has been serving North Shore's real estate needs for over 40 years. He is the owner and Principal Broker of Sterman Realty, the largest Full-Service real estate company on the North Shore. You can contact Richard by emailing Richard@Sterman.com, going to www.Sterman.com or just calling 808.638.8600.

Darren Day, DPM

By: Daniel Lum, MD

Ko'olauloa Health Center is excited to announce the addition of Darren Day, DPM to our staff. Dr. Day is a board-qualified podiatrist/foot & ankle surgeon. Dr. Day treats his patients like family, taking the time necessary to understand their goals and needs. This allows him to provide evidence-based, individualized care.

His professional interests include trauma, advanced foot and ankle reconstruction, podiatric orthopedics, sports medicine, diabetic care, and bunion correction. He currently sees both adults and children once a week in the Kahuku office.

Born and raised on the North Shore of Oahu, Dr. Day graduated from Kahuku High School and earned his Bachelor's Degree in Biology at BYU -Hawai'i. He then pursued a medical degree at Kent State University College of Podiatric Medicine. Following graduation, he completed a 3-year podiatric medical and surgical residency at the Cleveland Clinic Foundation, Mercy Regional Health Medical Center in Cleveland Ohio, where he trained under several leaders in the field of podiatric surgery and served as chief resident during his last year.

Dr. Day is passionate about contributing to the healing of his patients and is thrilled to be back home where he can serve the people of Hawai'i. Outside of work, Dr. Day enjoys spending time with his wife and four children and loves being outdoors - especially when he's surfing, hiking, or running.

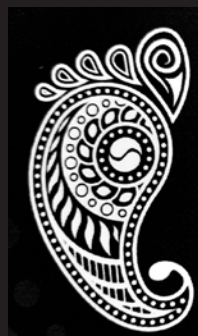
Dr. Day, welcome home.

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North Shore Wireless

Betty Depolito

Da HUI Backdoor Shootout

Needless to say, the surf scene on the North Shore is going richter! It has been the best season in probably 20 years. It is a "la nina" year which usually means lots of rain but the low pressure fronts have mostly missed us, sliding north and leaving epic surf conditions. Pipeline has had the focus of the world with consistent, glassy conditions and absolutely the most crowds ever. The surf has been pumping for all the events at Pipeline but the best for sure was Da Hui Backdoor Shootout. The event was perfect and giant. Four days of perfection for the underground but visual event that included awesome Hawaiian history commendation and honoring Duke Kahanamoku, the father of surfing. The event included teams with this season being historic with team Mana Wahine, the first time a female team competed. It was team Snapt4 that took top honors with Mason Ho winning the event, Balaram Stack took second, and John John Florence finished third. Team Snapt4 included Barron Mamiya, Benji Brand and Parker Coffin. The women's team included Bethany Hamilton, Keala Kennelly, Bianca Valenti and Moana Wong. The ladies dropped in on some insane waves. Kennelly who has the most experience was on fire catching double the amount of waves than the other women. Kennelly has won the Women's Pipeline Pro and is no stranger to competing there. Same story with Valenti. It was Moana though that found more makeable tubes. Hamilton dropped in on a crazy giant wave and earned the "charger" award. Valenti's precision riding was something to see. Definitely a giant opportunity for team Mana Wahine. The highest score of the event, a 12 point ride went to Kala Grace earning him the "charger" prize. Also the SUP division with Zane Kekoa Schweitzer taking top honors with Napoleon Riggs in second and Kai Lenny in third.

Act 51, No Capturing, Trapping or Killing a Shark

On January 1, 2022, shark fishing became illegal in Hawaii. Hawaii is the first state to enact such a ban in the United States. House Bill 553 first passed in 2021 and now it is a misdemeanor under the new legislation. ACT 51 criminalizes intentionally or knowingly capturing, trapping, or killing a shark, without a permit, in state waters with penalties ranging from \$500 to \$10,000. There are currently 11 U.S. states that have passed laws that ban the possession, sale, trade and distribution of shark fins: Hawaii,

Oregon, California, Washington, Texas, New York, Illinois, Massachusetts, Maryland, Rhode Island and Delaware. We are becoming more aware that sharks are very important to our ecosystem. In Hawaii they are also important because of cultural reasons. Also, February is Hawaii Invasive Species Awareness month. To report invasive species call 808-643-pest. For more information call the Hawaii Department of Land and Natural Resources. DNRL at 808-587-0400.

RED BULL MAGNITUDE 2ND DAY OF WOMEN'S EXTREME SURFING

The Red Bull Magnitude day 2 of 3 was insane for the ladies. The call was outer reef surfing and the ladies got some historic rides with the Red Bull safety team and photographers present to take in the energy. Wahine in the past have not had all the extras when it comes to big wave riding so having jet skis and a safety crew out there was key. Some insane rides happened with some crazy wipeouts but the ladies survived the chaos. There have been a lot of surfers out the last few years with a lot of tow surfing going on. New legislation is on the books to let folks tow in below the high surf warning threshold. Jet skis are not allowed in any way where there are surfers and it seems the big wave surfers are self regulating. It's been a solid season and there is sure more to come. There are about 40 entrants this year and the event includes tow-in surfing as well. The locations are Jaws, Waimea Bay and Oahu out reefs. Good luck to all the ladies in the Red Bull Magnitude.



Moana Wong Photo: @banzaibetty



Kahuku "Red Raiders" Football 2021 Open Division State Champions!



Mason Ho - Da Hui Backdoor Shootout Photo: @banzaibetty

News from Lā'ie and Kahuku by Line-Noue Memea Kruse

Kahuku Brought Home the 2021 Open Division State Championship Title!

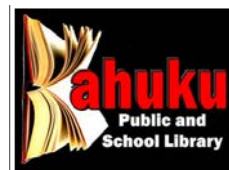
Kahuku nation celebrated with the Kahuku football team every game all season. Game after game, Kahuku dominated in an undefeated season and was crowned the 2021 Hawai'i High School Athletics Association (HHSAA) Open Division State Champions!

Honolulu Star Advertiser 2021 All-State Offensive Player of the Year, All State Gatorade Player of the Year, and Cover 2 Marcus Mariota Player of the Year Kainoa Carvalho didn't know if the football season would even happen because of COVID19 but went into the season with faith that if he put in the work, kept his head down, and gave it all he would be ready. This attitude of preparedness and sacrifice for a season that was yet unknown is exactly what Captain Liona Lefau, Honolulu Star Advertiser 2021 All-State Defensive Player of the Year and Defensive Cover 2 Player of the Year committed to by "being up before 6 am to run and exercise with Kainoa, Leonard Ah You, and my cousin Fale before seminary and school."

When the football season opened in Hawai'i, Honolulu Star Advertiser 2021 All-State Coach of the Year Sterling Carvalho laid out his program, "All In" motto — he instilled values that each player be "accountable for everything you do, working hard during practice, be on time, sacrificing afternoons and Saturdays, be grounded in schoolwork and responsibilities in the home." Assistant Coach Sola Soliai gave credit to the boys for staying to play for Kahuku and not leaving to play in the states. Soliai didn't hold back in his praise for their dedication to the game of football and to each other, "they trained together with the Rebel Squad throughout the pandemic. They played Pylon and won 3 Pylon tournaments against the best of the best in the states. The chemistry they built by training together off season carried into the season and the playoffs." During the season professional golf superstar Tony Finau (married to former Kahuku volleyball starter Alayna Galea'i) gave a motivational talk to the boys on "having a routine, being humble, being hungry" Captains Daniel Kaio and Leonard Ah You embraced his words and practiced all season running routes, training and lifting before school, executing our plays, and also in "trusting the brother next to me they'll do their job" and together we will succeed. Kahuku not only trained physically but their mentality was to studiously watch film, study plays

on both sides of the ball, and to be humble in their efforts to win title. Quarterback and Captain Jason Mariteragi reflected daily and he would "think about what I needed to do on the field, off the field, what I needed to eat, who I would hang around, and doing things to keep me in the right state of mind." His relentless focus on behavior and attitude on and off the field is exemplified in his words of wisdom to the little boys out there playing in the parks that want to be the next undefeated state champion quarterback for Kahuku, "you need to be the first guy to everything and the last guy to leave, lead by example and do everything your coaches tell you to do and work hard. Quarterback is arguably the hardest position for a reason. You need to know every play, everything the defense can do, every single player, make decisions that would determine either a win or a loss. So do everything you can to prepare for games so that you can be decisive and trust the decisions you made because of your hard work and preparation."

Family and team are synonymous here in the Kahuku nation. Captains Jason Mariteragi, Brock Fonoimoana, Liona Lefau, Daniel Kaio, Malosi Lefau, Kruse Keanu, Leonard Ah You, Lailo Kaluna, Sione Heimuli, Judah Kaio are expected to lead not just on the field but in the communities they represent and the family names they hold; make no mistake, they sacrificed much during the COVID19 global pandemic to lead by intense work ethic and humility. Coach Carvalho believes in the philosophy of it takes a village he credits "offense, defense, it was all of us working together. It was 2nds, 3rds, it was top to bottom that contributed to the success of the season. It was a team effort. Assistant Coaches Sola Soliai, Nihoa Pule, Keala Santiago, Paipai Falemalu, Stew Carvalho, Kesi Ah Hoy, Tyrone Tausaga, Tala Esera, Manu Olevao, Lesa Maiava, Alvin Mariteragi, Victor Fonoimoana are the pillars that hold up our program. Not forgetting Coaches Maui Kahalepuna, Matt Faga, and Dave Vimahi we won for them."



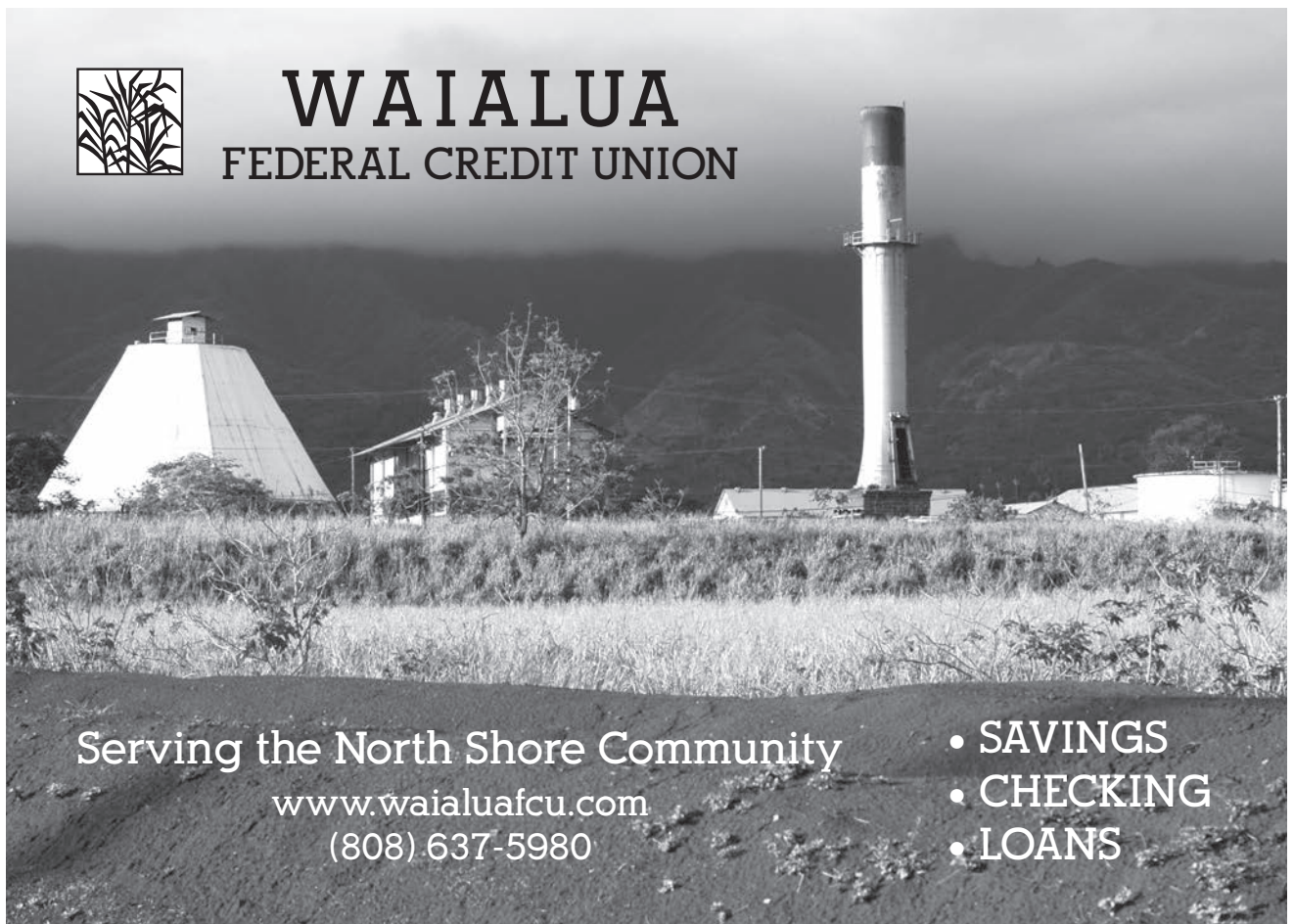
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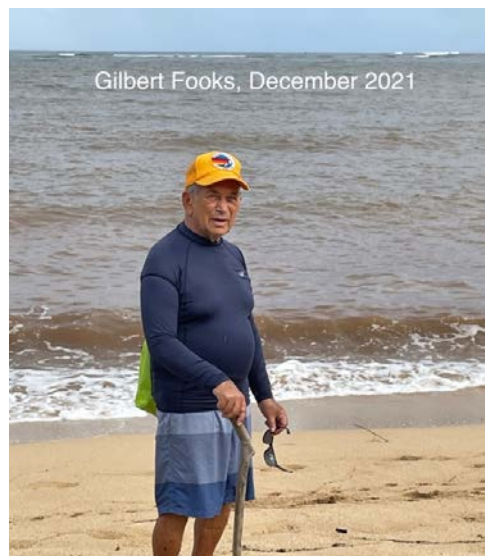
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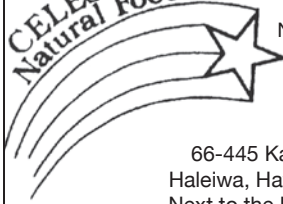
GILBERT FOOKS, 91, of Waialua, Hawaii, died on January 9, 2022. Born in Somerville, Massachusetts he uprooted himself to attend the University of Hawaii graduating in 1953. Eloping with his wife, Bessie Ibrao, they stopped briefly in San Francisco to get married before traveling on to New London, Connecticut where he completed his graduate work in psychology at Connecticut College as one of the first three male students admitted to the college. Gilbert and Bessie returned to make Hawaii home in 1959. They joined the Department of Defense Dependents Schools and worked and traveled around the world. Throughout his life Gilbert took every opportunity to travel, visiting new places and connecting with family and friends. Many of his trips were to assist Bessie at Ikebana exhibitions around the world, something he



continued with his oldest daughter at her Ikebana exhibitions in Florida. His favorite trip remained the short walk he took to the beach for his daily swim in Hawaii's ocean water. He was active in efforts to protect Kaiaka Bay and the beach in front of his house, earning a Telly award for the documentary he appeared in documenting his and others' efforts. He was the reigning Kiapoko Place ping pong champion and Qwirkle King. Survived by his children, Laurel, Maureen, Karl, Karen, and Joyce; six grandchildren; one great grandchild; sister Pauline Medoff, brother Marvin Fooks; and nieces and nephews.

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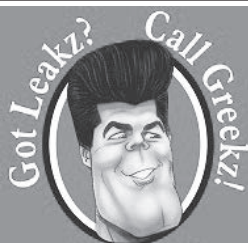
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Grants Support Programs to Mitigate Climate Change Impacts

Total of \$77,000 awarded

Hawaiian Electric has awarded grants totaling \$77,000 to seven environmental and conservation nonprofit organizations whose programs are aimed at mitigating the effects of climate change through education, stewardship and reforestation:

Hawai'i Nature Center will use the funds for its 2022 school and community programs on O'ahu and Maui that immerse children in the wonders of nature and fosters their awareness, appreciation, understanding and stewardship of Hawai'i environment.

Hawai'i Wildfire Management Organization, based in Kampala, Hawai'i Island, intends to mobilize three wildfire collaborates consisting of key partners, landowners and managers from high-risk wildfire regions across the state with the goal of expanding educational outreach and sharing mitigation planning, preparedness and best practices.

Mālama Learning Center will continue its Ola Nā Kini Program - which is focused on regenerating native and edible forests and communities in the Honouliuli and Nānākuli watersheds through education and engagement - with a segment on wildfire mitigation.

Moanalua Gardens Foundation will expand its Mālama Kamananui environmental education programs for the next generation of environmental stewards by utilizing online learning through partner schools with experiential field and place-based learning opportunities.

North Shore Community Land Trust has designated funds for the Kahuku Point Restoration Project to ensure a healthy, functioning and resilient coastal strand ecosystem that provides habitat for native plants and animals, recreational opportunities for the community and a place to perpetuate traditional Hawaiian practices.

Protect & Preserve Hawai'i, a community-based conservation group, is working to restore 330 acres of forest in the Pia/Niu Valley area of East Honolulu using both native and Hawaiian cultural plants that will increase habitat for threatened and endangered species, increase watershed recharge, sequester carbon runoff, and increase the water quality of Maunalua Bay.

Trees for Honolulu's Future seeks to improve the urban tree canopy by planting, caring for and protecting trees, especially critical as the island warms due to climate change.



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Milah-Malania Kupaheha, 10-year-old daughter of Kaili Kupaheha and a fourth grader from Haleiwa Elementary School, is the Royal International Miss Hawaii Sweetheart for 2022. The Royal International Miss pageant and scholarship program provides opportunities for young women and girls to develop their talents and foster their self-confidence. The Sweetheart Division is for girls 8 to 10 years old. Milah was selected by a panel of judges last August based on a private interview, and a fashion and gown competition. She has outstanding academic performance and extensive community service. Milah plans to compete for the title of Royal International Miss in Orlando, FL, coming up in July, and is seeking sponsorships to assist with the costs.



Photo:Kristen Hirota of KH Portraits

Lola "Moli" Ieremia Winton, passed away peacefully, surrounded by family, including her sister and three nieces, in Huntington, TN, on 12 Jan 2022, due to advanced liver failure.



Born to Lola and Ieremia Lutupu Tuatagaloalagi in American Samoa on 23 Dec 1963, Lola was the youngest of nine children. She moved to Hawaii in 1977 and remained on Oahu almost continuously until her passing - she was a long time, and adored, North Shore fixture. A self-proclaimed "island girl" through and through, Lola loved Hawaiian warmth, she loved the ocean, she loved eating fresh fish, and she loved her Ohana and friends. Though she endured limited sight, she could clearly see the best in the people around her, and navigated life's challenges with grace, peace and dignity.

Generous to a fault, Lola will be remembered for her unselfish love and care for her family and friends, for her kindness, and for her gentle and beautiful character. A kinder and gentler soul this world rarely sees.

Lola was pre-deceased by her husband, Walter Winton, in Sep 2012, and is survived by multiple siblings, nieces, nephews and a step-son. Lola's life will be celebrated at Haleiwa Ali'i Beach Park, Saturday, 12 Feb. at 12:00 noon, followed by a spreading of her ashes in the waters off Haleiwa, per her final wishes.

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North Shore News



2022 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
March 9	#3	February 25
April 6	#4	March 25
May 4	#5	April 22
June 1	#6	May 20
June 29	#7	June 17
July 27	#8	July 15
August 24	#9	August 12
September 21	#10	September 9
October 19	#11	October 7
November 16	#12	November 4
December 14	#13	December 2

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MOBILE COMPUTER REPAIR SERVICE
372-2667

Paumalu Electric Inc.
new construction, remodels and rewiring, additions, service and repairs.
Lic. C-18074 808 638 9054

CC SALVAGE
No job too small, we haul it all!
Island Wide Services
24/7/365
Wanted Junk Car
808-457-2103

NORTH SHORE NOTARY PUBLIC
Mobile Service
Call/Text Nicolas
808-304-6900

HOT YOGA NORTH SHORE
MONTHLY INTRO SPECIAL!
\$99
www.hotyoganorthshore.com

FREE COVID TESTING
Everyday thru February at Kaiaka Bay Beach Park 8:30am - 3:00pm
Please pre-register at: ALOHACLEAR.COM

Hawaii Tree Co.
Trimming & Removal
Professional-Reliable
Free Estimates
808-462-2749

HONEY BEE HIVE SWARM
Removal & Relocation
808-724-9966

NORTH SHORE AUTO & TRUCK SERVICE
808-637-1234

BUSINESS SERVICES CENTER
Fast & Convenient Copy, Fax, Scan, Computer/Internet, Laminate, & More



Across from the Haleiwa Post Office
637-4558 • gonorthshore.org
#gonorthshore

HOW TO CONTACT THE NORTH SHORE NEWS

Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

MAIL: P.O. Box 117, Hale'iwa, HI 96712
E-MAIL: NSNHaleiwa@gmail.com
NSN4Linda@gmail.com
PHONE: (808) 780-8037
www.northshorenews.com

CLASSIFIED ADS

Next Issue - Mar. 9, 2022
Deadline Date - Feb. 25, 2021

Would you like to receive the North Shore News via email in color!
Just send us a message at:
NSNHaleiwa@gmail.com

OFF da ISLAND
Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, contact info and photo location to: NSNHaleiwa@gmail.com.

Classified Ad Rates
3 lines (min.) \$18.89
4 lines \$25.13
5 lines \$32.45
1" Box Ad \$41.88
(27 characters in each line)
Include your contact information.
*Ads can be text, or emailed.
We reserve the right to refuse any advertisement with a full refund.
(808) 780-8037 • NSNHaleiwa@gmail.com

FREE ADS
Garage & Yard Sales, Reunions, Lost & Found.
Email ad to:
NSNHaleiwa@gmail.com




Marianne Abrigo, Properties
Specializing in - North Shore Real Estate
Ask for our list of available properties and/or a free market analysis.
Marianne M. Abrigo
"Realtor since 1974"
Office 637-3511
Fax 637-0777
Email mabrigo222@aol.com

HELP WANTED
Household Help
Beachfront Estate
16 hours per week
808-637-0808

Pet care professional with grooming experience to care for poodles on NS, Pupukea. Competitive compensation based on experience. References required
638-7073

Cleaner needed for condominium on the North Shore. Mostly sweeping the building and parking lot. Hours and pay to be negotiated.
Call 808-799-9122



McDonald's is Hiring at Haleiwa and Laie
Competitive Hiring Wage with Flexible Hours
College Tuition Assistance (\$2500 annually)
Pay for Grades (HS and College Students)
Free Food & Uniforms and More Benefits Available!
It's EASY to apply:
You can Text 38000 'HI127' to apply at Haleiwa or 'HI126' to apply at Laie
Or go online at <https://careers.mcdonalds.com/main/>
Restaurant Jobs > type Haleiwa HI or Laie HI in the search box

Retail Sales Associate
Polynesian Treasures North Shore Marketplace
Now Hiring for PT/FT sales position. Previous retail and management or leadership experience a big plus!
Competitive wage plus commission and bonus.
email resume to polynesiantreasures@hawaii.rr.com

MATSUMOTO SHAVE ICE
Now Hiring!
Apply in person daily
9am-4pm
808-637-4827

GIOVANNI'S SHRIMP TRUCK NOW HIRING!
Starting pay \$15 an hour plus benefits.
Call 293-1839 or apply at the Kahuku location
56-505 Kam Hwy, Kahuku

North Shore Chamber of Commerce is looking for volunteers to help with our Visitor Center sales and services. 3 hour shifts, Monday through Friday are available. Come be part of our team, helping the North Shore be a better place to live, work, and play!

Waimea Valley NOW HIRING
Retail, Cultural, Botanical, & Conservation Dept.
Email Resume and Application to:
COshiro@WaimeaValley.net

MISCELLANEOUS

FREE COVID TESTING
Everyday thru February at Kaiaka Bay Beach Park
8:30am - 3:00pm
Please pre-register at:
ALOHACLEAR.COM

Hawai'i Statewide Marine Animal Stranding, Entanglement, and Reporting Hotline
Includes stranded/injured sea turtles, monk seals, dolphins, and whales.
Phone: (888) 256-9840

North Shore Serenity Al-Anon Family Group meets 6:30pm
Wednesdays via Zoom.
Zoom# 84783266578
Password 809980
Open to anyone who believes his or her life may have been affected by someone else's drinking.
Additional info:
<https://www.al-anonhawaii.org/>
808-546-5647

Correction:
NSN 01/12/22 page 16
Menehune Surf Contest
Results:
7-9 Girls Shortboard
1) Zoe Bradshaw
13 Girls Longboard
1) Sheadyn Friel
2) Puaiohi DeFries

Kahuku Library Updates
• AARP Tax Services - APPTs only
Call 808-799-4833 (if no answer, leave message)
• Seed Share
Variety of seeds available to grow flowers, fruits, and vegetables
This is a give and take display, so please bring seeds as well as take.
• Open hours for browsing/borrowing/computers/printers/copies
Monday/Thursday
9am to noon
and 1pm to 4pm
Tuesday noon to 4pm
and 5pm to 7pm (only night open)
Friday noon to 4pm
Wednesday closures extend until the end of February

Adopt a Pet for Your Valentine
Oahu SPCA Animal Shelter
823 Olive Ave, Wahiawa
Adoption hours by appointment only: Daily 9am - 3pm
(808) 754-1519

North Shore Food Bank
IG @nsfoodbank

The Marine Debris Rapid Response Hotline
833-4-Da-Nets (833-432-6387)
To Report Derelict Fishing Gear



Healthy patients from the inside
Outpatient Services

Cardiopulmonary

- Echocardiogram (ECHO)
 - Electrocardiogram (EKG)
 - Electroencephalogram (EEG)
 - Pulmonary Function Test
 - Treadmill Stress Test
 - Holter Monitor
- All services are available on one floor.*



Diagnostic Imaging

- Bone Density (DEXA Scan)
 - Computed Tomography (CT)
 - Mammography (3D offered)
 - Nuclear Medicine
 - Ultrasound
 - X-Ray
- Walk ins are available for some procedures.*



Laboratory

- General laboratory
 - Phlebotomy services
 - Transfusion services
- Walk ins are welcome.*

Rehabilitation

- Physical Therapy (Orthopedic, Neurology, Balance/Vestibular, Sports)
 - Occupation Therapy (ADLs, Hand)
 - Speech Therapy (VitalStim, Modified Barium Swallow Study)
- Come visit us in our new & expanded clinic.*



For your safety and the safety of others, Wahiawa General Hospital has implemented CDC safety recommendations which includes screening questions and temperature checks upon entering, face mask, social distancing, and proper cleaning techniques after every use to name a few.