



**“E Ala Na Moku Kai Liloloa”**

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NORTH SHORE NEWS December 15, 2021 VOLUME 38, NUMBER 12



John John Florence hunting digital submissions in the inaugural digital Vans Triple Crown of Surfing. Photo Credit: Ryan Miller

**VANS TRIPLE CROWN OF SURFING  
Begins December 21, 2021  
Registration Closes Wednesday, December 15**

The Vans Triple Crown of Surfing - an online digital video submission competition - gets underway December 21, 2021, running through January 21, 2022, with a purse of more than \$200,000.

Defending champions John John Florence and Carissa Moore

will be up against a tide of talent this season that includes Bettylou Sakura Johnson, Jack Robinson, Nathan & Ivan Florence, Griffin & Crosby Colapinto, Koa Rothman, Mahina Maeda, Lee-Ann Curren, Shion Crawford, Kai Lenny, Moana Jones Wong, Ezekiel Lau, Brisa Hen-

nessy and Lakey Peterson.

Male and Female winners of this winter’s digital Vans Pipe Masters and overall Vans Triple Crown titles will win a seed into the inaugural Vans Pipe Masters Invitational event: December 8-20, 2022.

100% of entry fees will be matched by Vans and returned to local non-profit organizations Na Kama Kai, Sustainable Coastlines Hawaii, and North Shore Community Land Trust.

[vanstriplecrownofsurfing.com](http://vanstriplecrownofsurfing.com)

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# North Shore Ko'olau Diversity Collective Supports LGBTQ+ Visibility, Acceptance, and Inclusion

In communities across the North Shore and Ko'olau region, there are still those who actively promote the misguided and harmful notion that LGBTQ+ individuals are not deserving of dignity, respect, and love, let alone the civil and human rights due to all.

In such an environment, too many of our families, friends, and neighbors, particularly young people, are forced to live in fear and isolation, unable to see a place for themselves now or a future in which they'll be able to survive and thrive on these legendary shores. It's unacceptable.

That's why we're forming the North Shore Ko'olau Diversity Collective.

With the fervent belief that proactive efforts to build community matter, we will work together to ensure that the region that we call home is visibly welcoming, inclusive, and supportive of LGBTQ+ individuals, and steadfast in opposing bigotry, disrespect, silence, and invisibility.

With Hawaii's historic embrace of mahu, aikane, and other expressions of gender and sexual diversity, such work is our kuleana.

Some of us were born and raised on these shores, others have been here for just a few years or decades. All of us are proud to call the North Shore and Ko'olau region home.

Over the days and years ahead, we will make concerted efforts to promote positive understandings of acceptance and belonging, and will be unabashed in holding accountable those whose words, preaching, teaching, and actions foster an environment that is exclusionary, abusive, and unsafe.

We hope you'll join us in helping to make our communities renowned as places of love not hate, places that proudly hold space for all of us.

Joe Wilson, Liz Rago, Michelle Johnson Blimes,  
Hao Le, Bethany Berry-Weiss, Kunane Dreier,  
Torrey Lock

Organizing Committee  
North Shore Ko'olau Diversity Collective  
nskdcollective@zohomail.com

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We're organizing to ensure that **our communities** are welcoming, inclusive, & supportive of **our LGBTQ+ friends, families, and neighbors.**

With Hawai'i's historic embrace of **māhū, aikane,** and other expressions of **gender and sexual diversity,** it's **our kuleana.**

**Join Us!**

**North Shore Ko'olau Diversity Collective**




**NORTH SHORE FOOD BANK**

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Sponsors: Hawaii Food Bank & Aloha Harvest

**DISTRIBUTION UPDATE**

**at Kaiaka Bay Beach Park**



*Wednesday, December 15, 12 noon*

*Wednesday, December 22, 12 noon*  
*w/ Loko Ea*

*Wednesday, January 5, Canceled*

*Wednesday, January 19, 12 noon*

For more information and donations contact :  
Linda (808) 780-8037



'TIS THE SEASON AT WAIMEA VALLEY

# HOLIDAY HOURS!

## MON - SUN, 9 AM - 4 PM

## 11/29/21 - 1/3/22

Closing 3pm, Christmas Eve & New Year's Eve  
Closed Christmas Day



### DAILY PASSES HOLIDAY SALE - KAMA'AINA ONLY!

ON SALE NOW THROUGH 12/24/21:

- 1 admission pass for \$5 (regularly \$6 - \$10)
- 5 admission passes for \$20
- Available at the Ku Ono Wai Wai gift shop
- Passes expire 12/1/2022 and are valid for 1 adult, senior, student, or child single-day admission

### ANNUAL PASSES



Individual	\$30	<del>\$50</del>
Family <small>2 adults &amp; up to 6 children (18 &amp; under)</small>	\$60	<del>\$100</del>
Lifetime	\$600	<del>\$1,000</del>

### GIFT SHOP HOLIDAY SALE NOW THROUGH 12/24/21

- Ku Ono Wai Wai gift shop specializes in locally-sourced, handmade products and unique finds from North Shore artisans



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- Closing 3pm, Christmas Eve & New Year's Eve
- Closed Christmas Day

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## Kent Senatore Inducted into the Skateboarding Hall of Fame-2021

Congratulations to long time North Shore resident and 1970's pro-skater Kent Senatore. He was recently inducted into the Skateboarding Hall of Fame at the 2021 ceremony held at the Vans Block in Costa Mesa, California. Kent was recognized by his peers for his innovation and style that has inspired countless skateboarders. Riding at the skatepark or in backyard pools, he was known for his backside laybacks, and stylish frontside air. He is probably best-known for skating loops in the iconic half-capsule Turning Point designed by his brother, Scott Senatore, which toured cities across the US.

Kent's friends will often describe him as a humble introvert, but if you chat with him at the local skatepark, his passion for skateboarding and storytelling will quickly emerge. You may see him dropping into the pool or offering tips of encouragement to the young beginners. Kent believes that skateboarding teaches valuable skills, such as self-confidence, patience, creativity, and perseverance. Life and responsibilities can pull you in many directions, but when you can, Kent says, "Just go out and ride your skateboard."



*Kent Senatore*





Aloha,  
 It is hard to believe that 2021 is coming to a close and 2022 is right around the corner. This has been a year of challenges for the North Shore with the impacts of flooding in March and continuing stressors due to Covid-19. Through it all individuals, families, community groups and leaders have come together to support our communities in so many ways. I am continually inspired and grateful for the opportunity to work together as we continue to do our best to support each other during these challenging times.

As we close out the year, I would like to highlight one of the last bills that were past which was introduced on behalf of the North Shore communities. Bill 34 related to the regulation of commercial activities at City Parks. For many years, even before my time serving on the City Council, the District II office has overwhelmingly been contacted by residents from the North Shore regarding the high concentration of commercial activities at City beach parks.

As we know, the North Shore continues to be a main draw for Oahu visitors, but it is not just a visitor destination. Our beaches, parks and other public resources are heavily used by visitors, which creates conflict at times. While the ideal situation would be a healthy balance of commercial and residential usage, that balance has been off for a long time. The ease of obtaining permits mixed with lack of enforcement has led to a saturation of commercial activity at our parks and has indirectly pushed residents out.

The pandemic shutdowns afforded our beaches an opportunity to rehabilitate and the community to experience life without the big crowds and traffic. As Oahu began opening up, visitor numbers began hitting record highs again and the North Shore felt much of the impact. By the hundreds, visitors descended on Haleiwa. Despite it being a boon for the reeling economy, North Shore residents once again had to deal the same pre-pandemic issues. Seeing this, I felt it was necessary to take action and help mitigate these impacts to provide some relief for residents who would simply like to enjoy the beaches and parks and be able to move freely in their communities.

I recognize the need for the Department of Parks and Recreation to develop an island-wide policy that more thoroughly regulates commercial activity, but strongly believe that the North Shore communities

are in critical need of respite and regulations after requesting action for over a decade. Bill 34 was adopted on December 1st and prohibits commercial activity, including recreational tour stops by commercial tour companies, outside of commercial filming and shorewater events at Waiale'e Beach Park, Sunset Beach Park, 'Ehukai Beach Park, Pupukea Beach Park, Waimea Bay Beach Park, Haleiwa Ali'i Beach Park, Kaiaka Bay Beach Park, and the undeveloped portions of Haleiwa Beach Park commonly referred to as Pua'ena Point.

I believe that through the passage of Bill 34, we can now work to balance the usage of our parks and beaches and find a middle ground that can satisfy commercial vendors and North Shore residents alike. As always, please feel free to contact our office with any questions you may have at [htuneyoshi@honorolu.gov](mailto:htuneyoshi@honorolu.gov) or (808) 768-5002.

I wish you and your ohana a very Merry Christmas and all the very best in the New Year! Mele Kalikimaka me ka Hau'oli Makahiki Hou!



happy

HOLIDAYS!

---

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*This offer is valid from December 15 - 22, 2021. Offer cannot be combined with other promotions, offers, or daBest VIP card discounts. Mahalo!*



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**Wishing you a safe and healthy holiday season!**





**Representative  
Lauren  
Matsumoto  
Serving You in District 45**

**Aloha Friends and Neighbors!**

The 2022 session is approaching quickly! I look forward to introducing and sponsoring legislation that will help our community, and all of Hawaii, as we continue to recover from the pandemic and build for the future. My goal is that the work we do during the 2022 legislative session will benefit our community and reflect your values.

In order to do this, I need to hear from you! Every year I ask my constituents in District 45 to share their views, thoughts, and opinions about what they think the most important issues are for our district and our State. I have created a survey so that I can hear directly from you about what issues are important, what legislation you think we should consider, and what priorities you have regarding the dozens of issues that appear before the legislature each year.

Your voice is incredibly important to this process! My sincerest hope is to represent you the best I can, and in order to do that I need to hear from you. To participate in my Community Input Survey please visit

my website at [www.RepMatsumoto.com](http://www.RepMatsumoto.com). If you prefer to fill out the survey offline, be on the lookout for a printed copy coming to your address in the mail. The results of the survey will be used to help inform my staff and I on the opinions and concerns of District 45 community members. It will help us draft the legislation I will introduce this session and inform the way I vote on all measures that will be introduced.

It is also a great time to brush up on the lawmaking process. I created a resource of instructional guides to help the public get involved. Visit [www.RepMatsumoto.com](http://www.RepMatsumoto.com) and click 'How to Get Involved' at the top of the page, scroll down to 'Legislative Instructions' where you can download four PDFs that will walk you through how to register with the State Capitol website ([capitol.hawaii.gov](http://capitol.hawaii.gov)), how to track bills, how to write and how to submit testimony on issues you care about. The Public Access Room at [lrb.hawaii.gov/par/](http://lrb.hawaii.gov/par/) is another wonderful resource to learn more about the legislative process. They are available specifically for providing the public with information, facilities and services to assist as you engage and participate in the State legislative process. Our system of government doesn't work correctly when the community isn't involved.

As always, please feel free to contact me if you have questions or concerns about our community. Call me at (808)586-9490, email [RepMatsumoto@capitol.hawaii.gov](mailto:RepMatsumoto@capitol.hawaii.gov), or visit [RepMatsumoto.com](http://RepMatsumoto.com).

Wishing you and your 'ohana

# Mele Kalikimaka!

TURTLE BAY  
FOUNDATION





# Ask the Doctor

Nash Witten, MD

Dear Doctor, what is hypertension, and how can I try to manage it without medications?

Two numbers measure blood pressure: the upper number, systolic blood pressure, is the pressure in your arteries when your heartbeats. The lower number, diastolic blood pressure, is the pressure in your arteries in between heartbeats.

The American Heart Association defines normal blood pressure as a systolic blood pressure less than 120 mmHg and diastolic blood pressure less than 80 mmHg. High blood pressure stage I, or hypertension stage I, is when your systolic blood pressure is between 120 - 129 mmHg and/or your diastolic blood pressure is between 80 - 90 mmHg. High blood pressure stage II, or hypertension stage II, is when your systolic blood pressure is greater than 140 mmHg and/or your diastolic blood pressure is greater than 90 mmHg.

Many people have blood pressure cuffs at home or borrow a family or friend's cuff to measure their blood pressure. If you want to get an accurate blood pressure reading, make sure you 1) sit in a chair with your back straight and supported by the chair, 2) keep your feet flat on the floor, 3) make sure the arm with the blood pressure cuff on is at heart level (the middle of your chest), and 4) you have rested for at least 5 minutes before checking the blood pressure. Also, make sure you follow the directions of how to appropriately apply and use your blood pressure cuff before tracking your recordings!

Below are the most effective recommendations for managing your blood pressure without medications:

- The Dietary Approaches to Stop Hypertension (DASH) diet, -11 mmHg in systolic blood pressure
- For every 2.2lb (1kg) of weight loss, -1 mmHg in systolic blood pressure
- 90 - 150 minutes per week of aerobic exercise, -7 mmHg in systolic blood pressure
- Reduce your alcohol intake, if you drink, -4 mmHg in systolic blood pressure

If you have any concerns about your blood pressure or need help reducing your numbers, let us know how we can help!

Dr. Nash Witten is a Board Certified Family Medicine physician at the Queen's Health Care Centers Hale'iwa, located at 66-125 Kamehameha Hwy., Hale'iwa, HI 96712. The clinic is accepting new patients, call 808-691-8501 to schedule an appointment. Submit questions to the doctors at [nsnaskthedoctor@gmail.com](mailto:nsnaskthedoctor@gmail.com).

# Smile God Loves You!



*"For God so loved the world he gave his only begotten son that whosoever would believe in Him would never perish but have everlasting life." John 3:16*

*Dr. Todd R. Okazaki  
Hale'iwa Family Dental*

# ¡Feliz Año Nuevo!



**The entire Cholo's staff would like to thank you for your continued support and we wish you a happy, healthy and prosperous New Year!**



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## North Shore Chamber of Commerce News

### Dr. Murata Eyes Retirement

On January 1, 2022 when most people welcome the new year, Dr. Clarence Murata will close his optometry practice in Haleiwa after 42 years. Anyone wishing a referral to another eye care practitioner should call his office at 808-637-5048.

Born and raised in Haleiwa, he attended Haleiwa Elementary and Waiialua High & Intermediate School where he graduated in 1968. He then attended the University of Southern California for his Bachelor's degree then moved on to Pacific University College of Optometry in Oregon where he graduated in 1977.

Says Dr. Murata, "My goal was to always come back and practice in Haleiwa."

Upon his return, there was no space available in Haleiwa. He spent his first years working in an optical lab until he was able to share office space with Dentist Dr. Fred Sunahara at the former office of Dr. Rodman Miller. After more than 20 years at that location, he moved to his present location.

"A lot of people I attended school with have patronized me over the years. Now some of their sons and daughters and their families have been coming to see me. It has been gratifying that many of my classmates, many of my former teachers from Haleiwa Elementary School and Waiialua High & Intermediate School, and so many members from the community have trusted me with their visual care."

Dr. Murata has witnessed quite a transformation in Haleiwa over the years. As a longtime North Shore Chamber of Commerce member, he has had the opportunity to share many childhood memories with Barbara Ritchie from the chamber's Historic Preservation Committee. She often has used him as a resource to help identify people in archival photos.

"One time the person she asked me to identify was my mother!" he says.

Looking forward to slowing down, Dr. Murata plans to work part-time filling in for eye doctors going on vacation. He is also planning to spend more time in his yard, play more golf, and do more traveling when pandemic restrictions are lifted. Perhaps he might return to Japan, or explore Australia and New Zealand. Most of all, he looks forward to spending more time with his wife, Karen, a retired Punahou School teacher, and his daughter Kathryn, a recent recipient of a Master's degree in International Relations and Studies now working at the East-West

Center.

"My goal has always been to help the people in the community, and I believe that I have done it. That makes me very happy."



*Dr. Clarence Murata is retiring from his Haleiwa optometry practice at the end of the year.*

## Happy Holidays and Best Wishes for a Healthy New Year!

Drs. Clarence Y. Murata & Ken Nagahiro announce the retirement of Clarence Y. Murata, Optometrist, as of January 1, 2022. Thank you very much for your patronage for the past 42 years. Please call our office for referrals to another eye care practitioner.



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*Na Wahine o ka Hula Maika Puuwai performed at this year's Hawaii Polo Winter Invitational. Mahalo to the Dailey 'Ohana for a great event sponsoring Operation: Toy Box.*

## North Shore Christmas Over 100 Years Ago

*By Captain Rick Rogers*

The Holiday Season of 1918 was quite a festive time on the North Shore. Our troops and Red Cross volunteers were returning from the Great War in Europe. The OR&L Railroad connected Waiialua to Honolulu on a daily basis. Tourists filled the Hale'iwa Hotel, where some were to be found lounging on the beach, paddling up the river, or enjoying the shooting sports mauka. A large Christmas tree had been shipped in from San Francisco on the same steamship that brought most of the visitors to the islands, a week earlier. The kitchen staff was preparing a traditional holiday feast of locally grown turkey, sweet potatoes, rice, fresh fish and recently pounded poi.

The arch fronting Lili'uokalani Church was wrapped with flowers, paper ornaments and candles. The Japanese Christian Church, near the Waiialua Plantation Offices was diverting parishioners from both the Waiialua and Hale'iwa Hongwanji Missions, as was the Korean Christian Church, near the recently shuttered St. Michaels Catholic Church.

The most brightly decorated home was that of Albert Andrew Wilson, Manager of Waiialua Water Company. Houses occupied by the German engineers and other Europeans in Haole Camp had traditional trappings as well.

Gifts were exchanged between neighbors and

neighborhoods while the Plantation sponsored a caroling contest in the park.

It was a truly wonderful Christmas, with prospects for a Very Happy New year of 1919.



*Lili'uokalani Church*



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## Tis The Season To Be Jolly

*By: Naty Camit Hopewell*



It isn't always so for some people. For many, the holidays can be a time of stress. There is cleaning, planning, shopping for gifts and food, decorating the tree and the house, and cooking and baking to do. For some, the holidays are overwhelming. How does one survive the holidays unscathed?

First, admit you can't do it all. You are not wonder woman or superman. This is the biggest hurdle to overcome. Second, divide all the work among your immediate and extended family who will be involved in the celebrations.

Cleaning and decorating. Have your family assist you in cleaning, planning and decorating. Assign everyone a task to do. Have everyone participate in decorating your home; it doesn't have to be fancy.

Gifts. In our family (including everyone involved in the celebrities) we have a grab bag so each person is only responsible for one gift. We also decide on the amount spent on that gift, making it easier to purchase a significant gift.

Food. The host can prepare the main entrée and the rest of the family decides on their contribution to the feast. This results in at least two or three entrees, a variety of side dishes, and many desserts. Everyone eats well and has fun trying new dishes.

The holidays don't need to be stressful. Make it fun! Make the holidays a time to look forward to and time to enjoy family, friends and food.

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Happy Holidays

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# Christmas Nativity

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(AND, NORTH SHORE NEWS OPERATION: CHRISTMAS CHEER TOY DROP OFF)

Thurs. - Sat. December 16-18th 6:00 - 8:00PM

## SUNDAY SERVICE CHRISTMAS PROGRAM

Sunday, December 19th 9:30AM

## THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

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(Between Weed Circle & Paalaa Kai Bakery)

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# 1ST ANNUAL NORTH SHORE CHRISTMAS *Festival*

DEC 8 - DEC 23

TUES, WED, THURS, FRI: 4-8PM

SAT, SUN: 3-9PM



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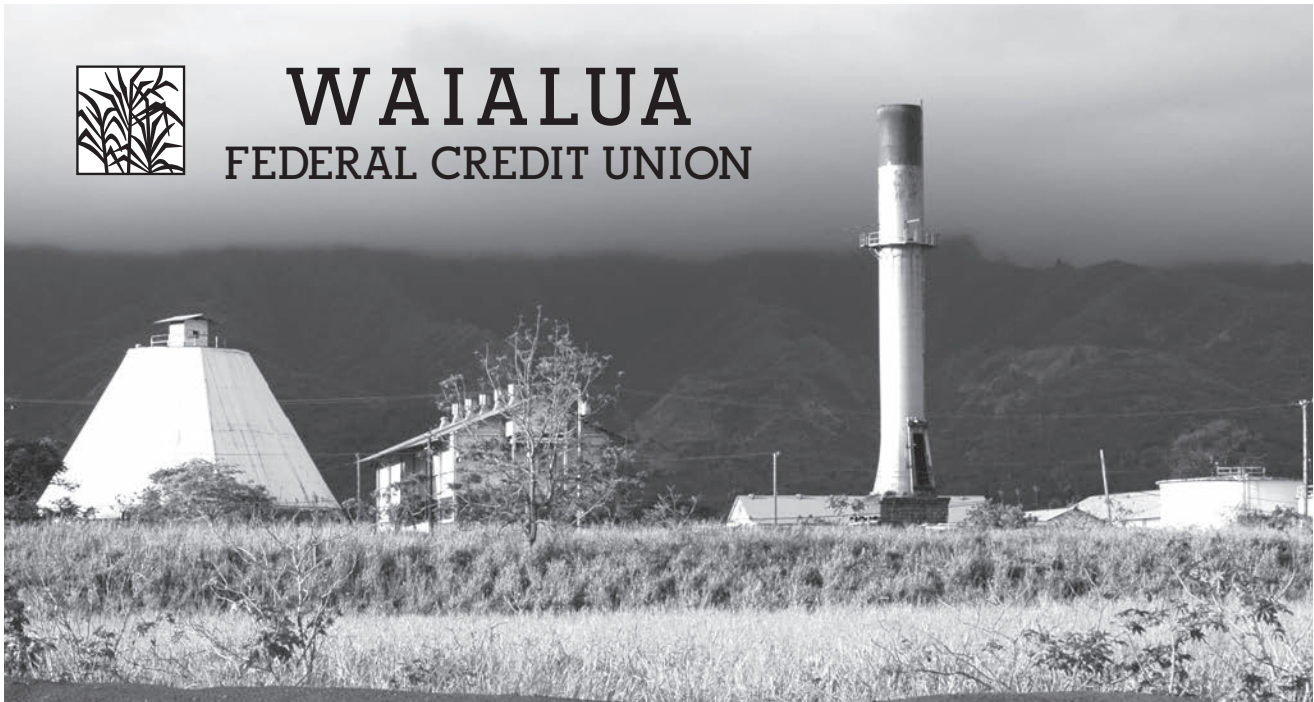
NORTH SHORE NEWS'

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# EDDIE AIKAU

## THE EDDIE - BIG WAVE INVITATIONAL WAIMEA BAY, HAWAI'I DECEMBER 1, 2021 TO FEBRUARY 28, 2022



### INVITES

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Baz Wilson  
Billy Kemper  
Bruce Irons  
Dante Cook  
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Emily Erickson  
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Ian Walsh  
Jamie O'Brien  
Jamie Mitchell  
John John Florence  
Justin Dugard  
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Luca Chiari  
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Malikah Hoffman  
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Maui  
Mikael Floresco  
Nathan Fletcher  
Pete Williams  
Riley  
Ryan Callahan  
Ryan Callahan  
Ryan Callahan  
Ryan Callahan  
Ryan Callahan  
Ryan Callahan

### ALTERNATES

Ben McNeill  
Bibi Pothol  
Terry Molitor  
Dane Wilson  
Eric Owens  
Evan Seabark  
Dylan Bertish

James Sperry  
Jesse Martin  
Kiana Volant  
Kamal McNeil  
Shane Robinson  
Polly Roberts  
Isabella Loocham



# EDDIE WOULD GO

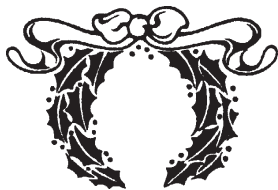
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North Shore Memories- 1990 Eddie Aikau Big Wave Invitational at Waimea Bay contest winner Keoni Downing  
 Photo Credit: Bill Romerhaus - North Shore Photography



*Christmas Cantata*  
*Aloha Kekahi i Kekahi*  
*"Love One Another:*

*December 24, 7pm*  
*Lili'uokalani Protestant Church*

*This program will feature music*  
*from different cultures,*  
*keiki music,*  
*music from the Cantata Choir,*  
*"Jubilate Deo",*  
*Hawaiian with hula*  
*and WUCC youth choir.*  
*Sermon by Kahu Kordell Kekoa*



**OFF da Island in Cambridge, England**  
 After a delay due to covid, Lena Moore graduated from Cambridge University in England earning a doctorate of philosophy. Dr. Lena Moore was born and raised on the North Shore, she is the daughter of proud parents Patty and Dale Moore. "Congratulations Lena!"





# North Shore Wireless

Betty Depolito

## LUANA SILVA QUALIFIES FOR THE BIG SURF TOUR

North Shore local surfer, born and raised, has qualified for the big tour. The 17 year old regular foot power surfs at her home spot Velzyland, charges at Sunset and ventures into the outside reefs as well as Waimea. At the recent Haleiwa Challenger event she was in a tie, it was broken by a 3rd wave score to give her the nod. Born to Brazilian parents in Hawaii gives her the spirit and the aloha to greatly represent the North Side. The first WCT event will be coming up at Pipeline January 29 to February 19th. Also qualifying and winning the Haleiwa challenger event was Bettylou Sakura Johnson. Johnson is only 16, one of the youngest to ever qualify. Haleiwa is her home break where she excels. Johnson beat World Champion Carissa Moore to take the win. Kauai's Gabriela Bryan also qualified for the big tour. Hawaii has six women competing. Included on the list is Malia Manuel, Moore, Tatiana Weston-Webb and the three mentioned. On the men's side Ezekiel Lau from Honolulu and Imaikalani deVault will be representing. It will be a more interesting around the world challenge for us at home!



Bettylou Sakura Johnson Photo:banzaibetty.com



Gabriela Bryan Photo:banzaibetty.com

## RED BULL MAGNITUDE

It's the second season for the Red Bull Magnitude event which features women big wave riders. The event will crown the top female big-wave surfers of the 2021-2022 season. The event is designed to provide women big-wave surfers equal opportunity in the water. The event is three months starting December 1st at three iconic surf breaks, Waimea Bay, Outer reef spots and Peahi on Maui. The event this year includes a tow-in division, with a \$50,000 purse as well as other prizes. The event pays homage to the heritage of women big wave pioneers while simultaneously paving the way for the future generation. It will provide safety crews, film crews as well as an abundance of publicity for all the competitors. It's a big deal. A contest that is unshackled by one day restrictions, unfair waiting periods and a single location. Magnitude is the ultimate test for big-wave women surfers.



Luana Silva Photo: banzaibetty.com





**Calling ALL Street Rods and Hot Rods!**

**Where:** Hale'iwa Beach Park by the Monument.

**When:** Saturday, December 18, meeting at 3pm

Pulling out around 3:30pm to drive through Hale'iwa Town to Waialua and back to Hale'iwa

**Final Destination:** Stonefish Bar & Grill!

**\*\*Bring an unwrapped toy to put under the Christmas tree at Stonefish and receive a special surprise!**

All toys will be distributed by Operation: Toy Box.

Let's have some fun! Join in the "Christmas Spirit", wear your Santa hat and decorate your ride.

For info call Jack (808) 542-1354



Mele Kalikimaka  
 Me Ka Hau'oli Makahiki Hou!  
 Merry Christmas and a Happy New Year  
 Stay Safe  
 From the  
 Waialua Community Association

These past 16 months have been a disruptive one for all of us but it has taught us much as well. We reset our priorities and found joy in the simple things. There is a light at the end of the tunnel and together we will emerge a more strengthened and enriched community. We wish you all our warmest aloha and good cheer this holiday season and throughout the coming New Year.



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Haleiwa Town Center  
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*Happy Holidays!*



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# IF YOU'RE PART OF OUR CLUB, YOU'RE PART OF OUR 'OHANA.

**BACK BY POPULAR DEMAND!**  
(additional seats now available)

We'd like to welcome our 'Ohana Club members back to the Center. Enjoy shopping, dining and see our HĀ: Breath of Life evening show. Members can save with our **Special Fall Offer** now through the end of December. And our Kama'āina Annual Pass with amazing benefits is on sale! For details and to join our club for free, visit [PCCOhana.com](http://PCCOhana.com).\*

\*Must be a Hawai'i resident with valid ID. Some restrictions apply.



## MELE KALIKIMAKA and HAU'OLI MAKAHĪKI HOU from Kahuku Library

**JERRY'S PIZZA**  
WAIALUA, OAHU

This Thanksgiving marked our 10th year in business. We would like to thank the Waialua community for your continued support over the years!  
Happy Holidays!



## News from Lā'ie and Kahuku by Line-Noue Memea Kruse

### COVID19 Free Services at BYU-Hawai'i to Community by Nomi Health

For a year, the communities in Ko'olauloa have had access to free COVID19 testing services by Nomi Health at BYU-H. In August 2020, BYU-H president Dr. John Kauwe III partnered with Nomi Health to provide free COVID19 testing services to students on campus. Nomi Health is based in Salt Lake City Utah founded in 2019 as a direct health-care company with several labs across the continent with partner laboratories to provide "burden-free" testing programs. Nomi Health's burden-free program during the COVID19 pandemic is designed to not burden the patient with requirements of insurance, doctor's note, or payment for testing services. December 2020 Kauwe opened the campus to the community to access free COVID19 testing services by Nomi Health, he believes that "Keeping our Koolauloa community safe is a top priority for BYU-Hawaii." To date, there have been approximately 10,000 free tests administered by Nomi Health. Nomi Health hired BYU-H students to work six days a week, Monday to Friday from 7 am – 2 pm, Saturday 9 am – 12 pm and closed Sunday. Nomi Health site lead and BYU-H student Lucas Taylor shared that each day there are approximately 7 – 10 staff to meet the testing needs of the students and community administering 150 – 300 tests daily. Taylor has heard from community members that have been tested or brought their children to be tested that the access and availability in Lā'ie to free COVID19 tests and quick turnaround results enable them to return to work or school also a sense of calm. The antigen or more commonly known as the rapid COVID19 test is on site and takes 15-20 minutes for the results to be emailed. The PCR test takes 24-72 hours for the results to be emailed. Registration is required online by going to [https://mdc.nomihealth.com/easy\\_registration/40/onsite](https://mdc.nomihealth.com/easy_registration/40/onsite). Name and social security must be filled out to schedule an appointment. Nomi Health personnel for online support and health screening results can also be contacted at 808-207-5459.

### Welcoming Father Sebastian Kumar Soosai to St. Roch and St. Joachim

Father Sebastian Kumar Soosai was welcomed as the new pastor at St. Roch and St. Joachim on July 1, 2020. Father Sebastian previously served 4 years as pastor in Maui at Maria Lanakila in Lahaina and Kihei at Saint Theresa. Born and raised in India, he knew from age 8 years old that he wanted to be a priest from his upbringing in St. Thomas church and has since been a principal, teacher, associate pastor, and administrator. He earned a bachelor's degree in Philosophy and master's degree in English. Father Sebastian arrived in the middle of COVID19 during suspended services without the opportunity for face-to-face contact. He described this time as difficult for his parishioners, but he was able to overcome this adversity by meeting with people in their homes, visiting congregants in the hospital, and through interfaith homebound food distribution in collaboration with BYU-H to anyone in need regardless of religious affiliation. When state protocols allowed, St. Roch reopened limited in person services. Father Sebastian has seen that the outdoor grotto galvanizes the elderly to sit and pray, yoga classes every Tuesday at 6 pm draw many to exercise, and excited that the youth ministry for children grades 1 – 8 reopened limited in person classes with continued online classes. St. Roch weekday mass schedule is at 9 am, Sunday mass at 7:30 am and 9:30 am. St. Joachim mass is Saturday at 5 pm and the beautiful beachside church also offers destination weddings and funerals, for more information please contact Kay Yumoto-Wagner at 808-293-5026.



Father Sebastian Kumai Soosai, outdoor grotto at St. Roch Church in Kahuku

# Bulletin Board



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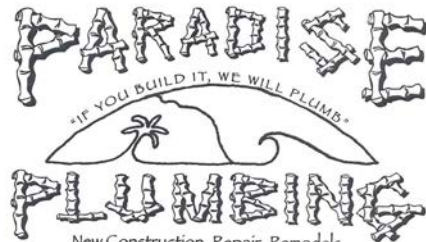
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## **OPERATION: TOY BOX & CHRISTMAS CHEER!**

LET'S STIR UP THE CHRISTMAS SPIRIT and help spread  
"Christmas Cheer" to our neighbors in need.

This holiday season North Shore News and North Shore Food Bank  
(OAMC) will be collecting new unwrapped toys, Christmas goodies,  
toiletries, non-perishable foods etc...to be delivered and distributed  
to our North Shore neighbors.

Please note - North Shore News is no longer located above the Hale'iwa  
Post Office. We will be collecting donations at:

**Waialua Community Association (parking lot)**  
December 17, 18, 20 & 21 10am-4pm

**North Shore Chamber of Commerce** December 1-21 10am-4pm

**Stonefish Bar & Grill** December 13-21 10am-7pm

**Rajanee Thai** December 13-21 1pm-7pm

**North Shore Stables** December 8-23  
Tue, Wed, Thurs & Fri 4-8pm Sat & Sun 3-9pm

**Turtle Bay Resort** Lobby

**Live Christmas Nativity**  
**The Church of Jesus Christ of Latter-Day Saints**  
December 16-18 6:00pm-8:00pm

**Waialua United Church of Christ Farmers Market**  
Accepting canned goods every Tuesday 3pm-7pm

Donations can also be made to:  
**North Shore News or Once A Month Church**  
PO Box 117, Hale'iwa, HI 96712

For information please call Linda (NSN/NSFB) 808-780-8037



# North Shore News



## 2022 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
January 12	#1	December 31
February 19	#2	January 28
March 9	#3	February 25
April 6	#4	March 25
May 4	#5	April 22
June 1	#6	May 20

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## WAIALUA FARMERS' CO-OP MARKET HAS NEW VENDORS

Waialua Farmers' Co-op Market has new vendors whose products enhances healthy living. They make great gifts.

**Bernie's Basic** specializes in Hawaiian teas. Tea in a tin makes a unique gift for someone that has everything.

**Green Queen** brews her own Hawaiian medicinal plant skin care and cosmetics. "Morning Coffee" for your puffy eyes," or "Too much Sun" for sunburn relief.

**Marshall's Bakery** specializes in healthy vegan baked goods. She has an assortment of mochi and does small batch orders.

**Love Bites** offers gluten free muffins with 15 super ingredients. It's mission "Love Bites is living in agreement with nature."

**Coconanas Hawaii** gives you a big scoop of blended frozen fruits along with your choice of toppings. Taste and feels like ice cream.

**Amai'i** makes assorted flavors of sugar cane juice. It's so good for you!

**Mean Woman Flowers** brings an assortment of fresh cut flowers for the holidays.

Coming soon, **Mikey B's Sourdough Pizza** using fresh ingredients from our market. Come for breakfast or lunch beginning December 18, 2021

**Zen gardens**, handmade jewelry, Waialua caps, watercolor paintings, resin art, woven bags, fruit breads, jams and more are still available from your favorite vendors.

**Lucky Drawing Day** on December 18, 2021. Win one of these fabulous gifts!

We are at the Waialua Sugar Mill every Saturday from 8:30 a.m. – 1:00 p.m.

Buy your produce directly from farmers!



Our beloved Winona "Nona" Lumoya passed away on November 1, 2021, at home, with her children by her side, at the age of 76. Her battle with cancer in recent years showed her courage in facing life trials with a smile. After a long hospital stay, she decided to stop treatments and spend her final months enjoying life - spending time with family, binge watching Korean dramas, indulging in food cravings (mahalo to all who delivered green mangoes), and going holoholo to her favorite spots.

Nona was known for her positivity, her generosity, and thoughtful nature with family and friends. She will be dearly missed by her children, Frank (Kirstin) Enanoria Jr., Monica (Rob) Lefler, Fayrene (Jay) Deaton, Fabian (Rie) Enanoria, and Lisa (Pat) Widrechner; 11 grandchildren; 8 great-grandchildren. She is sitting in Heaven with her mom (Elisa), brothers (Sunny and Abe), and sister (Sally Anne) - finally at peace and smiling down with love. At Nona's request there will be no public service. Instead, her children will celebrate her life together and scatter her ashes on the North Shore - the place that she loved and lived most of her life.





## MOMONA MARKET BY LOKO EA

Saturday, December 18, 2021  
9:00am - 12:00pm



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Hau'oli makahiki hou!

FROM LOKO EA FISHPOND

## KUMU 'IKENA WORKSHOP SERIES

We are hosting FREE community workshops! Each practitioner will showcase a different layer of cultural knowledge, increasing our understanding and connections to Hawai'i ways and practices.

'ULANA LAUHALA INTRO  
Saturday, January 22, 2021  
9am - 12pm

Ka lā i ka Mauiola

The sun at the source of life. Maui-ola (Breath-of-life) is the god of health  
pg. 154, proverb 1422

Moving further and further into this winter season, the holidays keep us smiling, however the weather can slowly affect our ability to stay healthy. Now is the time for us to be mindful of protecting our **ola**.

We receive this reminder from "Mauiola", the god of health. It's connection to the sun in this 'ōlelo no'ēau could refer to the sun in this winter season, as lacking in his appearance since our days become shorter. With shorter days comes longer nights, thus causing us to not get our usual dosage of vitamins and overall good spirits from hot sunny days. We could also look at the sun as a beacon, as the translation suggests that it is "at the source of life". By staying healthy and being in good spirits, that sunlight can also be projected out from ourselves. The expression "Your light can help others feel brighter" is what we can think about here. The source of healthiness is being able to share that light with others. Shine bright everyone! Winter is coming...

Ke Aloha, Makua - [makualii@lokoea.org](mailto:makualii@lokoea.org)

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Mahalo to all of our supporters!!





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The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses.

**PRESS RELEASE POLICY:** Submit press releases, mail or email to Editor, North Shore News, P.O. Box 117, Haleiwa, HI 96712. Please type your releases and keep them shorter than 200 words unless they are of an unusual news interest. Releases should be viable news stories and are published on a **space available basis only**, with priority given to those received in our office first. You may attach photos. We are not responsible for the return of any photos. All materials are submitted at owner's risk. We reserve the right to edit and/or refuse all submissions including advertising.

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Downtown General Store

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Senator Gil Riviere

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MAIL: P.O. Box 117, Hale'iwa, HI 96712

E-MAIL: NSNHaleiwa@gmail.com

NSN4Linda@gmail.com

PHONE: (808) 780-8037

www.northshorenews.com



# CLASSIFIED ADS

**Next Issue - Jan. 12, 2022**  
**Deadline Date - Dec. 31, 2021**

Would you like to receive the North Shore News via email in color!  
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 Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, contact info and photo location to: NSNHaleiwa@gmail.com.

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## MISCELLANEOUS

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**High School Seniors can apply now for HMSA's Kaimana Scholarship Program**  
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 All applications must be received by Friday, Feb. 25, 2022.

**Hawai'i Statewide Marine Animal Stranding, Entanglement, and Reporting Hotline**  
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**North Shore Serenity Al-Anon Family Group** meets 6:30pm  
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 Password 809980  
 Open to anyone who believes his or her life may have been affected by someone else's drinking.  
 Additional info:  
<https://www.al-anonhawaii.org/>  
 808-546-5647

**Haleiwa Jodo Mission Virtual Buddhist Services**  
 Search "Koji Ezaki" on YouTube

Meet and take a picture with North Shore's very own Santa Claus Richard at Pearlridge Center!

In a world where you can shop anywhere...  
**SHOP LOCAL**

**Christmas in Hawaii** with Jake Shimabukuro, Thunderstorm Artis & Taku Hirano  
 at Blue Note Hawaii  
 December 19-21, 6-10pm

**Sunset Beach Christian Church Food Bank**  
 Every Tuesday  
 12 - 2pm

**Happy Holidays Market**  
 at Waiialua Community Asso  
 Saturday, December 18  
 9am-2pm

**Happy Holidays!**  
 The editor and staff of the North Shore News sends a warm aloha & mahalo to all our friends, family, advertisers, contributors and loyal readers. Near and far, know that you are in our hearts.  
 Mahalo for your continuous support. Enjoy a safe holiday season and a prosperous New Year!

**North Shore Food Bank**  
 IG @nsfoodbank

**The Marine Debris Rapid Response Hotline**  
 833-4-Da-Nets (833-432-6387)  
 To Report Derelict Fishing Gear



E Ho'āla  
Akoya Pearl Pendant

Protea Lilac Pearl Ring  
in Rose Gold

Hawaiian Heritage  
Tahitian Pearl Earrings

Lilac Freshwater Pearl  
Earrings in Gold



Scan for  
Gift Ideas

Bring home the warm spirit of Aloha with our locally made Hawaiian jewelry. Transform memories and magical moments in the Islands into lifelong keepsakes with our Hibiscus, Plumeria, Nalu, Honu, and more. Featuring pearls from over the Pacific and the Hawai'i state gem, black coral, we'll help you find gifts they'll treasure forever.

Visit us in Hale'iwa

66-111 Kamehameha Highway, Space #606

Kama'āina Save 10% with Hawai'i State ID (Valid on Regular Price items)



MAUI DIVERS JEWELRY

Inspired, designed and created in Hawai'i EST. 1959

O'ahu: Ala Moana Center | Dole Plantation | Hilton Hawaiian Village | Hale'iwa Store Lots | International Market Place  
Maui Divers Jewelry Design Center Maui: DFS Kahului Airport | Pioneer Inn | Whalers Village Big Island: Queens' Marketplace





**Healthy patients from the inside**  
*Outpatient Services*

**Cardiopulmonary**

- Echocardiogram (ECHO)
  - Electrocardiogram (EKG)
  - Electroencephalogram (EEG)
  - Pulmonary Function Test
  - Treadmill Stress Test
  - Holter Monitor
- All services are available on one floor.*



**Diagnostic Imaging**

- Bone Density (DEXA Scan)
  - Computed Tomography (CT)
  - Mammography (3D offered)
  - Nuclear Medicine
  - Ultrasound
  - X-Ray
- Walk ins are available for some procedures.*



**Laboratory**

- General laboratory
  - Phlebotomy services
  - Transfusion services
- Walk ins are welcome.*

**Rehabilitation**

- Physical Therapy (Orthopedic, Neurology, Balance/Vestibular, Sports)
  - Occupation Therapy (ADLs, Hand)
  - Speech Therapy (VitalStim, Modified Barium Swallow Study)
- Come visit us in our new & expanded clinic.*



For your safety and the safety of others, Wahiawa General Hospital has implemented CDC safety recommendations which includes screening questions and temperature checks upon entering, face mask, social distancing, and proper cleaning techniques after every use to name a few.