



“E Ala Na Moku Kai Liloloa”

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Donate to 'WIRES' Australian Bushfire

NORTH SHORE NEWS January 15, 2020 VOLUME 37, NUMBER 1



Samoan family gets vaccinated by KMC chief nursing officer Diane Hale and other Hawaii medical staff. Courtesy of KMC

Kahuku Medical Center Part of Samoan Mission of Hope

When state health officials asked for assistance last month in dealing with the deadly measles outbreak in Samoa, Kahuku Medical Center (KMC) nurses and staff quickly answered the call.

KMC nurses Diane Hale, Robyn Falemalu, Caridad Vila and Wilfred Husman were among 55 Hawaii

nurses and 10 doctors that made the trip to Samoa along with a support staff to deliver much-needed immunizations and health care. The two-day medical mission was spearheaded by Lt. Governor Josh Green and state health officials.

By the time the Hawaii medical team arrived in Samoa on December

4, the measles outbreak had already killed 60 people. When the team arrived at the first village, they learned an infant infected with measles had just died.

Overall, the Hawaii team helped immunize over 40,000 Samoan residents during the medical mission.

By December 6, most of the Hawaii team members were back home. Because of the connections made there, Hale said KMC is considering being a sister facility to one of the district medical centers there.

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O'AHU PLASTIC BAG BAN

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Reusable Paper 15¢



Recyclable Paper 15¢



For details, exemptions, and frequently asked questions, visit opala.org

City and County of Honolulu | Department of Environmental Services | Refuse Division | businessrecycle@honolulu.gov | 768-3200



North Shore Neighborhood Board Meeting

Tuesday, January 28, 2020

7pm - Waialua Elementary School

Sign up for minutes or agenda of meetings at:

<https://www.honolulu.gov/esub/email-subscribe-nco>

or call Kathleen at 637-8545

for more information

or any questions.



Waialua Community Association ANNUAL MEMBERSHIP MEETING

February 19, 2020

At the WCA GYM

Sign-In at 6:00 PM

Meeting at 7:00 PM

For questions call : 637-4606

In order to vote in this meeting, your application must be received no later than January 31, 2020. Membership applications are available at the WCA Office.

The Hale'iwa Family Dental Center, Ltd.



- Adults and children
- Most cases completed in 4-12 months
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- Used for over 20 years

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Call 637-9652 for your reservation



Valentine's Day

◆◆◆◆ **DINNER** ◆◆◆◆

AT THE PROUD PEACOCK

◆ **FRIDAY FEBRUARY 14** • 5:00 PM • ◆

\$90/PERSON
BEFORE TAX & GRATUITY



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Celestial Natural Foods Celebrates 46th Year Anniversary Saturday, January 18 & Sunday, January 19, 2020

Dear Friends and Supporters,

Just wanted to say thanks to all the folks supporting us as we turn 46 years this January 16th.

Please come by on Saturday, January 18th and/or Sunday, January 19th to celebrate our anniversary with a storewide sale both days. Also, lots of samples and testing new products which will be happening both days.

We hope you have a successful 2020 and a healthy New Year. Come in and see all the new exciting products this year and remember organic/non GMO is our new motto.

Thanks again for your support, look for us online.
Peace- Carter & Crew

Come help us celebrate 45 years in business on the North Shore!

SATURDAY, January 18, & SUNDAY, January 19
Sat. 9am-7:00pm • Sun. 9am-5pm

Come check out the Cosmic Café
organic-vegan to go!

Giant Sale – All Day
20% OFF all purchases



MAHALO & ALOHA!

In downtown Hale'iwa

66-443 Kam. Hwy. Ph: 637-6729 / Fx: 637-1922

celestialnaturalfoods@gmail.com

Next to the Hale'iwa Post Office

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Your Keiki's Summer Journey

2020 SUMMER PROGRAMS

Explorations Ho'omāka'ika'i

One-week summer boarding program providing foundational Hawaiian values and practices through hands-on activities.

Apply by February 15, 2020.

Grade and application requirements vary by program.

Summer School

Summer courses available at each of our 3 campus locations:

- **KS Hawai'i:**
Hālau Kupukupu & Hālau Maui Ola
- **KS Kapālama:** Hālau Kūkalaulama
- **KS Maui:** Hālau 'o Kapikohānaiāmālama

Apply by February 15, 2020.

Program details vary by campus.

Kilohana

Innovative, four- and five-week Hawaiian culture-based math and literacy programs.

Apply by March 15, 2020.

Grade and application requirements vary by program.



Kamehameha Schools®

Kamehameha Schools policy is to give preference to applicants of Hawaiian ancestry to the extent permitted by law.

FOR MORE INFORMATION: Web: ksbe.edu/summer • Phone: 808-842-8800

Ballots Will Be Mailed for Election 2020!

By Choon James

The 2019 Hawaii State Legislature adopted the mail-in voting system. There will be no voting at the traditional places like school cafeterias and public centers any more.

There will be a huge drastic reduction from the approximate 235 voting locations during the past elections.

Oahu will now only have two (2) locations, now described as "Voter Service Center" (VSC).

One VSC will be at Honolulu Hale and the other at Kapolei Hale. (There will only be a Total of eight (8) VSCs in the entire State of Hawaii).

I personally think that we need more VSCs for our voters. Otherwise, it will disenfranchise residents who do not live near the Honolulu and Kapolei VSCs. It's a long distance to Honolulu or Kapolei. Which registered voter is that motivated to take that drive?

Some Brief Information:

1. You should call or log in to see if you're registered now. The Office of Elections also would like to verify your signatures.
2. Ballots are to be mailed to voters at least 18 days before the Primary and General Elections.
3. If you do not receive your ballot by July 25 for Primary and October 19 for General, call the County Clerks. <https://elections.hawaii.gov/resources/county-election-divisions/>
Glen Takahashi
City Clerk
Phone (808)768-3800
Fax: (808) 768-3835
EMAIL: elections@hawaii.gov
4. The two VSCs will be opened 10 business days BEFORE the August 8, 2020 Primary and the November 3, 2020 to collect your ballot, allow same-day registration to vote, voters with special needs. You can also vote there.
5. Your Ballot must be received by the office – not mailed or postmarked — by 7 p.m. on the same day of primary (August 8) and general election (November 3).
6. Remember to allow time to for the US Post Office to deliver your ballot. It's safe to say it's best to mail in at least 5 days before the Primary and General Elections.

QUESTIONS

There are many unanswered logistics questions for me, including these: How will the signatures be verified? How do we know our ballots are received by the County Clerk? How will they be tracked? How and when would the ballots be counted and tracked? When will observers or the press be allowed to witness? How will the ballots be secured and verified?

This is the first implementation for this new mail-in ballot system.

At the very least, please tell your legislators that we need more service centers. Only two VSCs at Honolulu Hale and Kapolei is lacking and not public-friendly enough. Also email: elections@hawaii.gov to record your concerns or suggestions.

CONTACT INFORMATION

<https://elections.hawaii.gov/about-us/contact-us/>

Chief Election Officer

Scott T. Nago

Address

Office of Elections
802 Lehua Avenue
Pearl City, Hawaii 96782
(808) 453-VOTE (8683)
1-800-442-VOTE (8683)

Phone

Neighbor Island Toll Free

TTY

TTY Toll Free

Fax

Email

Hours

(808) 453-6150
1-800-345-5915
(808) 453-6006
elections@hawaii.gov
7:45 AM - 4:30 PM
Except Saturday, Sunday,
and holidays

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Winter Wahine Invitational Polo Players banzaibetty.com



Devon Dailey with Team Bendon Family Foundation and Team Equus

2019 Winter Wahine Invitational

On December 14, 2019 some of the best women polo players battled on the Hawaii Polo field at the annual December Operation: Toy Box match. Mahalo from the HAWAII POLO CLUB to :

Bendon Family Foundation, Hawaii Polo Trail Rides, Koko Crater Stables, Breakers Haleiwa, Honolulu Polo Club, Hop Skip and Jump Productions, Becca Dailey, the lady players and the Hawaii Polo Club Staff.

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Visit us for all of your favorite PKB treats!



**Representative
Lauren
Matsumoto**
Serving You in District 45

Aloha & Happy New Year!

I'm excited to share that my family received the most special Christmas present this year! I gave birth to our second child, Noelle Kealohilani Matsumoto on Christmas Day, sharing the same birthday as my grandmother, Carol Cheape!

Noelle Kealohilani Matsumoto born Christmas day weighing 7 lbs 10 oz and measuring 21 inches.

Thank you to all of you who have reached out with your support and prayers, and I look forward to returning soon to the Legislature's 2020 session which starts on January 15th.

I have a great staff this year that are ready to assist you with anything you might need throughout the legislative session. Please don't hesitate to reach out to our office with community issues, questions about legislation, or any other concerns.

Please stay tuned for my article in the next issue which will highlight the bills I'm submitting this session. I'll be introducing legislation based off of the results of the district survey I sent out in November. Some of the top issues in the survey results included issues dealing with: tackling the high cost of living, availability and access to quality education, and ensuring the health and safety of our communities. I look forward to sharing the specifics with you!

Now that a new session is beginning, it is a great time to re-familiarize yourself with the Capitol Website at capitol.hawaii.gov. It's your best resource for viewing legislation, receiving hearing notices, tracking bills, submitting testimony and much more!

Additionally, the capitol's Public Access Room is another great resource and they just released a brand new website to better serve you. Their new web address is lrb.hawaii.gov/par. This website is your one-stop-shop to find information about the legislative process. It has helpful videos and info-sheets that explain how a bill becomes a law, how to submit testimony, and advocacy tips just to name a few! If you have the time you can also come down to the capitol and the staff of the Public Access Room are available to help you in person if you have any questions about the legislative process. They are located in Room 401 of the capitol and open to the public from 7:45 am - 6 pm, Monday through Friday during session.

And as always, please don't hesitate to contact my office if you have any questions or concerns about happenings in our community. You can reach me at (808) 586-9490 or at repmatsumoto@capitol.hawaii.gov.



Haleiwa Evangelical Mission International

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**Sunday's at Waialua
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Sunday School at 9:00 am
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For Prayer
 Call 637-4567

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 Rabbit, Guinea Pig Feed
- Treats and Supplies

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Back Pain

Haunani Louis, APRN

Ko'olauloa Community Health Center

Back pain is the most painful and non-life-threatening condition. It is estimated that about 84% of adults have back pain at some point in their lives. Most back pain is not dangerous, but it can be debilitating. The following are some "red flag" situations: numbness in the groin; loss of bladder or bowel control; leg weakness that comes on suddenly; back pain that occurs at the same time as fever; pain that worsens instead of getting better. See your medical provider so your back pain can be evaluated.

X-rays initially then MRI may be necessary to rule out a herniation. If imaging shows a herniation, it will be between you and your medical provider to decide how to best treat it. Depending on the herniation, physical therapy and medications to reduce the pain are first line approaches because a mild herniation may respond to a non-surgical approach. If the herniation is severe and there is leg weakness or any of the red-flag situations, surgery may be necessary to correct structural damage.

The National Institute of Neurological Disorders and Stroke recommends that exercise and movement may be the best medicine for back pain if there is no or mild herniation. While it may be tempting to lay in bed, doing so can make the back pain worse over time by reducing flexibility and muscle tone. If you are experiencing back pain because you tweaked your back, you don't have to stop your life and wait for it to heal. Apply ice, take ibuprofen 600-800 mg with food three times a day or Aleve 2 tablets with food twice a day, keep active but reduce the workload on your back till it feels better.

Ko'olauloa Health Center
293-9231

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M A H A L O!



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 RANDY AND MARY PATY
 BILL AND RITA QUINLAN
 TURTLE BAY RESORT

TWIN BRIDGE FARMS
 WAIMEA VALLEY-HI'IPAKA
 MARY AND RANDY WOOD

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 Scott Bridgman
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 Hair by Courtney at Adonai Salon
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 Sherry Heiser
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 Kai Ku Hale/Layne Larsen
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 Lush Palm Landscapes/Brent White
 Sgt. Gary Masiglat & HPD
 Antya Miller & Boyd Ready
 Julian Miller-Ready

Marcia Murphy
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 Waimea Valley-Hi'ipaka LLC
 Kathi and Scott White
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 World Surf League Hawaii
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ALL PARADE PARTICIPANTS

Thank you to all our members, sponsors, Board of Directors, and volunteers!
Apologies if we missed anyone!

2020 KIA'I LOKO AFTER SCHOOL PROGRAM

WHO?

Dedicated Kia'i Loko
4th-6th Graders

WHEN?

Wednesdays

session 1: JAN 22–FEB 26, 2020

session 2: MAR 25–APR 29, 2020

~students can enroll in multiple sessions~

@ 2:30 PM–5:00 PM

WHERE?

Loko Ea Fishpond
62-450 Kamehameha Hwy.
Haleiwa, 96712

Registration is limited to
15 participants

For more information visit:

www.lokoea.org

For questions or to signup email:

joslyn@lokoea.org

Program Fee: \$20 per session

To help to partially cover program costs

~financial aid available upon request~

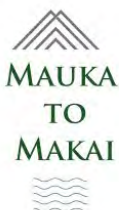


MĀLAMA LOKO EA FISHPOND

ULUHĀHĀLOA TO GROW STRONG AND THRIVE

JOIN US FOR THIS EXCITING NEW PROGRAM!

HANDS-ON ACTIVITIES WILL FOCUS ON:



Native plant propagation and outplanting

I'a ID and Fishing Practices

Kuapā Building

Mākāhā Building and Management

Pua 'ama Recruitment and Care

I'a—Fish or any marine animal * *Kuapā*—Wall of a fish pond
Mākāhā—Sluice gate, as of a fish pond * *Pua 'ama*—small fry sized striped mullet



Mahalo to
our Funders!



This Project is funded through support of
NOAA Fisheries, Pacific Islands Region



Lush Palm Landscapes Donates Their Time to Saving Haleiwa Town Gallons of Water

This holiday season Lush Palm Landscapes donated their time to resolving a significant irrigation leak that was taking place in the triangle park located directly across the street from Starbucks in Haleiwa Town. When performing a maintenance check on all the sprinkler heads, Lush Palm Landscapes noticed there was a massive pool of water in the grass around a sprinkler head. The leak was substantial, and the water looked like it had been pooling up for weeks. Brent from Lush Palm Landscapes called up the Board of Water Supply to help locate the leak as BWS helps

supply the park with water. BWS brought in a leak detection team to help pinpoint the hole in the system, and Lush Palm Landscapes repaired the lateral irrigation line that was causing the leak and restored the irrigation system, thus saving gallons of water. If you need irrigation repairs around your property, then give Brent White at Lush Palm Landscapes a call for a free consult regarding your irrigation or landscaping needs. You can reach Lush Palm Landscapes at 808-352-3439 or visit their website at lushpalmlandscapes.com

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ALOHA 'ĀINA RECYCLING DRIVE



Sponsored by Schnitzer Steel in partnership with the Kōkua Hawai'i Foundation's 3R's School Recycling Program



LOCATION: Waialua High and Intermediate School

67-160 Farrington Hwy, Waialua HI 96791

DATE: February 1, 2020

TIME: 9am-12pm

ITEMS ACCEPTED:

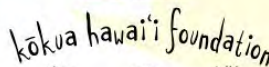
- All types of scrap metal including bicycles, washers, dryers, fencing, etc.). We are unable to accept refrigerators, AC units, and compressed gas cylinders
- Batteries: Automotive, UPS, and lead acid batteries ONLY
- TVs, Computers, printers, scanners, monitors
- Confidential documents collected in locked bins & shredded off-site
- HI-5 aluminum cans, plastic & glass bottles
- Printer cartridges and toner
- Laptops, game systems, cameras, cell phones
- Reusable clothing & household items
- Used cooking oil in sealed containers
- New and gently used furniture, building materials, appliances, tools, and cabinets



Proceeds from scrap metals, used cooking oil and HI-5 beverage cans and bottles will go directly to the host school.

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- Hawaiian Hope
- Honolulu Habitat for Humanity Restore
- Interstate Batteries
- Pacific Biodiesel Inc.
- RRR Recycling Services Hawai'i
- Schnitzer Steel
- T & N Computer Recycling Services



The 3R's Recycling Program is a program of the Kōkua Hawai'i Foundation

www.kokuahawaiifoundation.org

NORTH SHORE'S NEWEST HOT SPOT

Surfin Mermaid Tavern

MON
7PM - 9PM

BUZZ TIME TRIVIA



THU
VARIOUS

VARIOUS



TUE
ALL DAY!

HAWAIIAN TACO TUESDAY



FRI
8PM - 2AM

SING IT TO WIN IT



WED
STARTS AT 7PM

SINGO BINGO



SAT
9PM - 2AM

KARAOKE DANCE PARTY

KARAOKE

DANCE PARTY - DJ RICH TANUVASA




HOME OF AUNTY MOANA'S OXTAIL SOUP



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BANZAI NORTH SHORE WIRELESS

Local big wave surfer Kohl Christensen has a brush with death while surfing at one of his favorite spots-Pipeline. On December 31, 2019 on one of the biggest swells at Pipeline, Kohl was casual as usual took off on a second reef bomb. He made it to the inside but was not able to make the wave and fell, hitting his head on either his own board or the reef, He was knocked out unconscious his head split open. On his instagram he credits his rescuers Andrew Logreco, Kai Garcia and the whole lifeguard team for saving his life at Pipe. Kohl said "I am seeing the world clearer than ever. Five days in the hospital, finally home after the incredible performance and work by the Queen's neurosurgery

and trauma team. Removing blood between brain and skull, suturing the ruptured meningeal layers and installing metal plates to correct the fracture." He is seeing life differently and is expected to make a full recovery. Christensen is a co-founder of the BWRA organization, the Big Wave Risk Assessment Group. They train surfers on safety protocol which has saved his own life. He thanks everyone for being there for him! You too should get training at least basic lifeguard and water skills. You never know when these skills could save you or someone else in danger. Best wishes to the Christensen family!



Pipe- Kohl Photo: banzaibetty.com

Mahalo from 2019 Operation: Toy Box !

Christmas Eve was a beautiful day to celebrate friends, family and the joy of giving at Hale'iwa Beach Park. Mahalo to all the businesses, organizations and volunteers for your continued support and donations for Operation: Toy Box and Christmas Eve Breakfast!



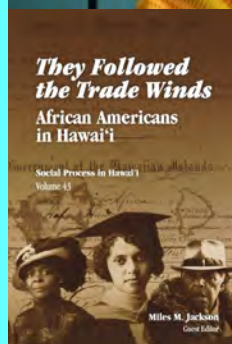
Mahalo Volunteers!
Photos: NSN & M. Amantiad

HAWAII STATE PUBLIC LIBRARY SYSTEM PRESENTS



BLACK HISTORY

Kathryn Waddell Takara, Ph.D.



Kathryn Waddell Takara, author, born in Tuskegee, Alabama; has recently retired as an Associate Professor from the

University of Hawaii at Mānoa, where she taught in the Interdisciplinary Studies Program in the Ethnic Studies Department. She also developed courses in

African American and African politics, history, literature, and culture beginning in 1971. Professor Waddell will give an overview of Black History in Hawaii. This event will be the first in a series of future Black History in Hawaii programs from January to April. Programs will be supplemented with an ongoing, interactive display. **Refreshments will be served.**

Kahuku Public and School Library
56-490 Kamehameha Hwy
808-293-8935

TUESDAY,
January 28
5:30 pm

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least 7 days before the program date. For a list of upcoming library events, visit www.librarieshawaii.org/events



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Black History Series At Kahuku Library

Kahuku Public and School Library is celebrating Black History Month starting this January with Dr. Martin Luther King, Jr.'s birthday on January 20th. A special book display, recommended reading list, timeline of African Americans in Hawai'i, artifacts, speeches, and photos are included. Taking a cue from our women's perspective panel on Kahuku's sugar plantation history during Kahuku Public and School Library's 50th Anniversary celebration last November 2018, our library is continuing to focus on uncovering stories that are not yet widely known and yet are relevant to our home here on O'ahu within the island chain of Hawai'i.

Very little is known about African Americans' contributions to Hawai'i and yet there's so much to appreciate and learn. For instance, most of us know that on March 25, 1965, Dr. King led thousands of nonviolent demonstrators to the steps of the capitol in Montgomery, Alabama, after a 5-day, 54-mile march from Selma, Alabama, to campaign for voting rights. . However, if you look at photos from the march, you will see Dr. King and other marchers wearing plumeria lei from Hawai'i. The lei were initially organized by Reverend Abraham Akaka, the older brother of U.S. Senator Daniel Akaka, of Kawaiahao Church in Honolulu to be a symbolic gesture of solidarity. . The two reverends bonded over their dedication to civil rights, nonviolence, and social justice. The lei arrived via a 5-person delegation who didn't think twice about bringing the lei because it was a gesture anyone from the islands would extend to someone at a special event.

And that's just the tip of the iceberg.

Researcher and Kahuku Public and School Volunteer Chris Kirk-Kuwaye, PhD and Professor Emeritus of Ethnic and Interdisciplinary Studies at UH Manoa Kathryn Waddell Takara, PhD (also both Ko'olauloa residents) have curated several articles, video clips, blog posts, and speeches from Dr. King's visits to Hawai'i for an interactive display to be held at our library throughout spring time.

An additional special feature will be a timeline edited by Dr. Waddell Takara on Africans and African Americans presence on the islands. The first entry is 1796 when King Kamehameha conquered O'ahu, a place where Black Jack (Keaka'ele'ele) was already living.

Another fascinating, yet rarely known fact is the contribution by the decorated US Army's 25th Negro Infantry Regiment known as the Buffalo Soldiers who arrived in Hawai'i to construct a road up to Mauna Kea on the Big Island in 1913. The road was used by volcanologist Thomas A. Jagger who needed the passage to transport equipment up the mountain for research and documentation on eruptions.

We will also have special presentations, the first being with Dr. Waddell Takara who will give an overview of Black history in Hawai'i on Tuesday, January 28th at 5:30pm in the Kahuku Public and School Library. Our Friends of the Library Kahuku will provide refreshments for this event. Come to learn, stimulate your curiosity, and meet our history buffs in the community.

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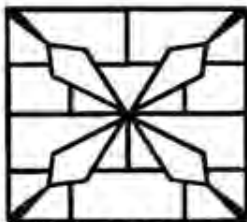
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North Shore News



2020 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
January 29	#2	January 17
February 12	#3	January 31
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April 22	#8	April 10
May 6	#9	April 24
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November 4	#22	October 23
November 18	#23	November 6
December 2	#24	November 20
December 16	#25	December 4

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Editor's Choice

A Poor Perspective (Author Unknown)

One day a father and his rich family took his young son on a trip to the country with the firm purpose to show him how poor people can be. They spent a day and night in the farm of a very poor family. When they got back from their trip the father asked his son, "How was the trip?"

"Very good, Dad!"

"Did you see how poor people can be?" the father asked.

"Yeah!" "And what did you learn?"

The son answered, "I saw that we have a dog at home, and they have four. We have a pool that reaches to the middle of the garden, they have a creek that has no end. We have imported lamps in the garden, they have the stars. Our patio reaches to the front yard, they have the whole horizon."

When the little boy was finished his father was speechless.

His son added, "Thanks Dad for showing me how poor we are!" Isn't it true it all depends on the way you look at things? If you have love, family, friends, health, good humor and a positive attitude towards life, you've got everything!

The following is something to also ponder...

If you woke up this morning with more health than illness...you are more blessed than the millions of people in the world.

If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture or the pangs of starvation...you are ahead of hundreds of millions of people in the world.

If you can attend a church meeting without fear of harassment, arrest, torture or death...you are more blessed than billions of people in the world.

If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep...you are richer than most in this world.

If you can read this message, you just received a double blessing in that you are more blessed than the billions of people in this world who cannot read at all.

Have a wonderful New Year!

Waiialua Public Library UPCOMING EVENTS

67-068 Kealahou St, Waiialua, HI 96791
637-8286

Used Book Sale

Saturday, January 18, 8:30am-12:30pm

Weather Permitting

New Year, New Books!

Writers' Group

Saturday, January 11, 11am

Topic: "Senility or Serenity?"

Readers' Group

Thursday, January 23, 9:30-11am

Small Great Things

by Jodi Picoult

Recurring Events

Toddler Time - Fridays, 10am

Storytime - Saturdays, 10am

Computer Instruction (by appointment)

Become a Friend of the Library

For a small donation of \$5-10/year you can help support all of these programs! Pick up an application at the library counter or book sale.



North Shore Food Bank @nsfoodbank

and

North Shore Service Center

IHS, Alea Bridge, Catholic Charities, US Vets

Wednesday, January 15, 2020

Wednesday, February 5, 2020

Waiialua Community Association

9:00am - 1:00pm



CLASSIFIEDS

The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses. Extra copies may be obtained at our office.

PRESS RELEASE POLICY: Submit press releases in person, mail or email to Editor, North Shore News, 66-437 Kam. Hwy., Suite 210, Haleiwa, HI 96712. Please type your releases and keep them shorter than 200 words unless they are of an unusual news interest. Releases should be viable news stories and are published on a **space available basis only**, with priority given to those received in our office first. You may attach photos. We are not responsible for the return of any photos. All materials are submitted at owner's risk. We reserve the right to edit and/or refuse all submissions including advertising.

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 Next Beach Clean-Up
 Monday, January 20
 8:30am - 12:00pm
 James Campbell Wildlife Refuge
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North Shore Christian Fellowship
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 Friday, Jan. 24 10am
 Waiialua Community Association

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K MC nurses Diane Hale, Robyn Falemalu, Caridad Vila and Wilfred Husman were among the 55 Hawaii nurses and 10 doctors that made the trip to Samoa along with a support staff to deliver much-needed immunizations and health care.

Mahalo nui loa to these amazing nurses, local leadership and everyone throughout the extended Hawaii medical community for sharing their care and aloha.



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