



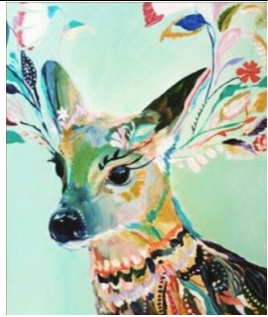
**“E Ala Na Moku Kai Liloloa”**

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NORTH SHORE NEWS November 20, 2019 VOLUME 36, NUMBER 22



Flex testing one of Italo Ferreira’s boards this summer. Marc in het Panhuis (L), Josiah Swanson (R). Photo: @dshormann/David Shormann

**Research Team Aims to Enhance the Sport of Surfing**

Armed with high-tech equipment such as GPS trackers, motion sensors and fluid simulation programs, a newly-formed team hopes to use their scientific research to improve surfing.

The Surf Engineering Association (SEA) team is Marc in het Panhuis (Australia), Luca Oggiano (Norway) and David Shormann (Haleiwa). Their first published

research as a team involved North Shore testing of a humpback whale-inspired longboard fin design.

In 2020, the SEA team will travel to Tokyo prior to the Olympics to present new and exciting finds at the International Sports Engineering Conference. Unlike many other Olympic sports, the use of scientific tools to measure surfing performance is limited. SEA

hopes to change that.

SEA is holding their first symposium Monday, December 9, from 7-9pm at Sunset Beach Elementary School Cafeteria. The free public event will include several presentations highlighting their current research and future plans, followed by discussion/talk story. See page 4 for more info.

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PROUDLY PUBLISHED ON THE  
North Shore of Oahu  
Home of  
**Vans Triple Crown  
of Surfing**



# Annual Community Thanksgiving Celebration

Come and Enjoy a Free Thanksgiving Luncheon with Entertainment and Generous Portions of Aloha!

## Waialua Community Association

### November 28, 2019

**9 a.m. to 11:30 a.m.**

Event open to everyone bring your family and friends

Co-Sponsored By:





**North Shore Food Bank**


**Waialua High Culinary**



### OFF da Island in Prague

Christina Hilfiker from Mokuleia is proud to share her copy of the North Shore News with fellow Czechs in Prague! While on her way to a symphony at St. George Basilica, Christina stopped in the Molostrandke Namasti Square at the base of Prague Castle for a picture.

### The Hale'iwa Family Dental Center, Ltd.



- Adults and children
- Most cases completed in 4-12 months
- Clear braces available
- Lower cost
- University tested
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Produced by Todd R. Okazaki and Staff

"Straighten those crooked teeth that have bothered you for years"

Conveniently located behind First Hawaiian Bank in Historic Hale'iwa Town  
Call 637-9652 for your reservation





### Kama'aina Keiki Days

Weekly Every Wednesday

**FREE** general admission every Wednesday for kama'aina and military keiki ages 4 – 12, with hands-on, all-ages activities all day long!

### Lā 'Ohana Family Days

3rd Sunday of Every Month

**50% OFF** general admission for all kama'aina and military ... Bring the whole family and explore the Valley together!



### Hale'iwa Farmers' Market

Every Thursday 2 – 6pm

Award-winning market featuring fresh produce, local vendors, arts and crafts, and live music

### Holiday & Special Event Venues

Venue Space Available, Contact [events@waimeavalley.net](mailto:events@waimeavalley.net)

From large film productions to exclusive private gatherings, Waimea Valley offers a wide variety of indoor and outdoor spaces for holiday parties, groups, and events of all sizes



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The Surf Engineering Association Presents  
First Annual  
**Surf Science Symposium**

When: Dec. 9, 2019, 7-9 pm  
Where: Banzai Pipeline

Across the street at Sunset Beach Elementary School Cafeteria  
59-360 Kamehameha Hwy

Topics include:

- Fluid simulation (CFD) in surfing and wave pools (Luca Oggiano)
- Field research data collection (Marc in het Panhuis)
- Surfboard flex and material testing (Marc in het Panhuis)
- Whale-inspired fin research on the North Shore (David Shormann)

This free event is for surfers, coaches, shapers, educators, industry leaders and anyone who is passionate about surfing!



**7TH ANNUAL  
SURF &  
PADDLE**



**SAMPLE SALE**

**ON A MISSION, O'NEILL, VZ&SALTY CREW, METALMULISHA, VISSLA, SANUK, CREATURES AND RAINBOW, COBIAN, TATI-KIDS BATHING SUITS, HUNNELL-PLUS CRAFTS - GIFTS - FOOD & MORE!**

**SHOP EARLY FOR CHRISTMAS - SAVE THE DATE!**

**Waialua Community Association  
9 am to 2 pm**

Across from the Haleiwa Post Office. This is a benefit for Waialua High School culinary students and Manu O Ke Kai Canoe Club.

FOR MORE INFORMATION OR TO GET A BOOTH CALL  
MARSHA TAYLOR 780-3184 OR HEDDY DUNCAN  
227-7617



**HALE'IWA  
CHRISTMAS  
PARADE!**

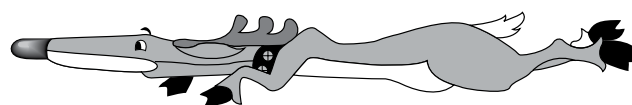
**Friday, December 13, 2019**

From the North Pole  
to the North Shore

Come and enjoy the Christmas spirit and lights of Historic Hale'iwa Town. The parade begins at 6pm, starting at weed circle to Hale'iwa Beach Park

Sponsored by the  
North Shore Chamber of Commerce

To participate contact the  
North Shore Chamber office at  
637-4558





# Talking Story with Tom Jacobs

## Usta Be

The North Shore in the 70s was Surf City to a California kid like me. We had surfed in L.A. without wet suits (what were they?) in high school in the 50s and 60s using whatever floated ... inflatable rubber mats, or those Godawful balsa boards so heavy we had to swim the nose around to line up on a wave. My first real board was a 13-foot Hobie so heavy that it took two of us to lug it into the surf. But, hey, we were surfin' way before Gidget and the Beach Boys made it so cool, you fool.

Oahu was paradise in comparison. Warm water and North Shore surf spots usta be so plentiful in the 70s that even crappy sufers like me could catch our share without dropping in on the big boys. Seemed like every guy and lots of the wahine surfed ... every plumber's or carpenter's truck had a surf rack on top. All by yourself or maybe with one other guy in the lineup, sun on your back, Oahu's shoreline so distant. If the boys were burning off the cane fields after a harvest, surfers in the lineup had to watch out for burning sugar cane dropping from the sky ... Usta be no traffic lights between Wahiawa and Kahuku. Usta be able to drive out from town middle of the night without meeting another car going the other way or your way. Usta be that the "dawn patrol," surfers up at first light to catch an early set before work or school could load up on pastries at Country Donuts in Haleiwa Town. Usta be no "dropping in" on a surfer already on a wave ... but maybe the courtesies we remember are returning ... or maybe the kids these days feel sorry for us old farts on our long boards.

Some things have changed. When we bought our North Shore house in the 70s we paid all the money in the world. Nowadays all that money wouldn't buy the mail box. Big changes in restaurants in Haleiwa Town. Haleiwa Joe's restaurant usta be a Chart House until Joe Lazar, the Chart House's manager, got a call from corporate headquarters telling him to close down. When, sez Joe. Today, sez the voice on the phone. So Joe calls everyone in, tells them catch some waves, re-negotiates the restaurant's lease with Kam Schools, upgrades the menu, and reopens as Haleiwa Joe's (actually he reopened temporarily as Aloha Joe's, but that's another story). So Joe's was a Chart House ... which usta be The Seaview Inn ... best chicken hekka on the island, and the fishermen usta bring their guitars and ukuleles into the dining room and sing and sing ... and before that

the Haleiwa Hotel sat on that site ... and before that the first Christian church sat there, and John Emerson, the North Shore's first pastor, preached there under the 19th Century pili grass roof until he built Liliuokalani Church.

Haleiwa Joe's had competition. Bobby Lee had three eateries in Haleiwa Town. Rosie's Cantina served Mexican food before there ever was Cholo's or Luibuenos. The pro surfers hung out at Pizza Bob's (the older, smaller Pizza Bob's), and his 3rd restaurant (what was its name?) usta be the place for a fish meal fresh from North Shore fishermen.

So, like Honolulu, like the Windward Side, like everywhere, the North Shore ain't like it usta be and it ain't all that different either. More tourists, but the same kids jump off "jump rock" at Waimea and off the Rainbow Bridge in Haleiwa Town as a rite of passage. Japanese tourists still line up for shave ice at Matsumoto's and Aoki's. Local drivers still stop politely to let cars turn onto Kam Highway in town.

Usta be. Still is.

### North Shore Neighborhood Board Meeting

Tuesday, November 26, 7pm - 9pm  
Waiialua Elementary Cafeteria



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SINCE 1965

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SALE!**

**November 15 - January 31**

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# MAHALO FOR YOUR SUPPORT OPERATION TOY BOX



## OPERATION: TOY BOX & CHRISTMAS EVE MORNING BREAKFAST LET'S STIR UP THE CHRISTMAS SPIRIT!

This year we will celebrate Operation: Toy Box on Christmas Eve, Dec 24 at Hale'iwa Beach Park. A delicious breakfast will be served and Santa will give gifts to the teens and keiki. Toys and monetary donations are welcomed. Your support is greatly appreciated. For information or to sponsor a toy box drop box at your business or Christmas event contact Linda 780-8037 -NSN4Linda@gmail.com. Toy drop off locations will be announced in the next NSN.

Checks can be made out to:

North Shore News  
66-437 Kam Hwy #210  
Haleiwa, HI 96712

OR

Once A Month Church  
P. O. Box 117  
Haleiwa, HI 96712



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**SO MANY DELICIOUS REASONS TO VISIT PKB!**

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**BEARCLAWS**

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**8-PAK BROWNIES**

15% OFF

**LONG JOHNS**

Discounts available from November 20 - December 3, 2019. Cannot be combined with other discounts, promotions, or daBest VIP card.

[www.pkbsweets.com](http://www.pkbsweets.com)



**Representative  
Lauren  
Matsumoto  
Serving You in District 45**

Aloha Friends and Neighbors!

Before talking about some great ways you can volunteer this Thanksgiving, I want to take another opportunity to remind you about completing my 2020 Legislative Issues Survey.

Every year, I ask my constituents in District 45 their views, thoughts, and opinions about what they think are the most important issues for our district and our State. If you live in District 45, you should be receiving a 2020 Legislative Issues Survey in the next few weeks. I want to hear directly from you about what issues are important, what legislation you think we should consider, and what priorities you have regarding the dozens of issues that appear before the legislature each year.

In a representative democracy like ours, it's vital you make your views heard so I can represent you well!

If you haven't received a survey in the mail before the end of November, please contact my office at [repmatsumoto@capitol.hawaii.gov](mailto:repmatsumoto@capitol.hawaii.gov) or by calling 808-586-9490 and we will make sure you get one!

This holiday season, there are plenty of opportunities to serve our friends and neighbors. The Salvation Army hosts one of the largest Thanksgiving luncheons to over 2,000 attendees at the Blaisdell Center every year. Although there are only a few volunteer spots left for their annual Thanksgiving luncheon you can check out their volunteer page for hundreds of other opportunities to give back to the community during this holiday season. Every pair of hands helps members of our communities feel part of a larger ohana this holiday season. Visit [hawaii.salvationarmy.org/hawaii/volunteer](http://hawaii.salvationarmy.org/hawaii/volunteer) to view openings, apply to be a volunteer, or receive additional information.

In addition to the Salvation Army, the Hawaii Food Bank is always looking for volunteers to assist with a variety of positions, including special events, warehouse, and community events. As we're approaching some of the year's largest holidays and a time when families too often go without the necessities, consider applying to be a volunteer for this great organization that's helping some of Oahu's most vulnerable. To volunteer or gather more information, visit [hawaii.foodbank.org/volunteer](http://hawaii.foodbank.org/volunteer) or call 808-954-7869.

For a volunteer opportunity right in our backyard, the Waiialua Community Association and North Shore News is hosting their annual Thanksgiving Luncheon on Thursday, November 28th

from 9 am to 11:30 am. The WCA's consistent and reliable dedication to serving food to our community every single year is an incredible act of service that deserves the community's support. Because of the generosity of their organization and others like it, families don't have to go hungry on Thanksgiving. For more information and to volunteer, call 808-637-4606 or visit [wailuacommunityassociation.org/volunteer](http://wailuacommunityassociation.org/volunteer).

And as always, please don't hesitate to contact my office if you have any questions or concerns about happenings in our community. You can reach me at (808) 586-9490 or at [repmatsumoto@capitol.hawaii.gov](mailto:repmatsumoto@capitol.hawaii.gov).

## Moke Boy

**Sunday, Dec. 1, 2019  
4 p.m.**

### Waiialua Bandstand

*Bring your mats and lawn chairs  
and enjoy the show!*

[www.waiialuabandstand.com](http://www.waiialuabandstand.com)

## EVERYONE WELCOME



**HALEIWA JODO MISSION -  
BUDDHIST TEMPLE**  
66-279A Haleiwa Road  
(808) 637-4382  
Facebook:  
Haleiwa Jodo Mission - Buddhist Temple

### *Buddhism 101 Series*

#### December - Buddhist/Christian Dialogue

**Sunday, December 1**

**10 a.m. - Monthly Service with Guest Speaker  
Christine Waters**

**Sunday School (with kids' activities)**

Please call for date & time

**December 15**

**9:00 a.m. - General Clean Up (Church Cleanup Day)  
Please join us to clean for the New Year**

**December 8 & 29**

**8:00 a.m. - Sutra Chanting (meditation practice)**

**December 31**

**11:45 p.m. - New Year's Eve Service**



## 2019 North Shore Kama'aina of the Year- Antya Miller

The North Shore Chamber of Commerce is pleased to announce that Antya Miller, former Executive Director of the Chamber, is this year's North Shore Kama'aina of the Year. She will be honored at their Annual Christmas Party and Auction on December 11th at Waimea Valley.

Raised on Waialua Sugar Company's hospital grounds, and later near Laniakea, Antya is the daughter of Dr. Rodman and Anne Miller. In Waialua, she and her siblings would walk from their Kupahu Street home to Fujioka's Store or Matsumoto's in Haleiwa to buy crack seed, manapua or other treats and play barefoot with the gang of neighborhood kids from sun-up to sunset. Since there were no cell phones in those days, Antya's parents would call them home by blowing a conch shell, which their dogs also heeded. Their home on the plantation was literally a few yards away from the hospital's men's ward. It was an open lanai and the kids would often visit with the patients. Her dad would send her over to Julia, the lab tech, to wash the test tubes and help with other simple tasks starting at age 9. In 1965, the family moved to their new beach home and Dr. Miller started his private practice in the old Kua Aina building.

Antya enjoyed growing up on the beach swimming, surfing, playing volleyball, laying net, making bon fires and riding horses in Pupukea and hot-walking horses at the Polo Field. With Girl Scouts' activities, sewing lessons with Mrs. Aoki, movies on the weekends at the three local movie theaters (no T.V. until 1970), there wasn't time to be bored. Her parents taught her to have a strong work ethic through work at the clinic during summer vacations, to value service to one's community, and to be politically engaged.

Antya attended college at Louisiana State University, where her grandfather was a horticulture professor. She met her husband, Boyd Ready and they married and went on to grad school at Penn State where Antya studied public administration. In 1978, she answered her dad's call to help him with managing his medical practice and the transition to his new office building behind First Hawaiian Bank. Dr. Miller's clinic was a full-service family practice including lab, X-ray, and pharmacy. Antya came to know hundreds of North Shore residents as patients and friends.



When her Dad retired, she began pursuing her passion to preserve and improve Haleiwa and the North Shore. Antya wanted to preserve its special rural and historic character, agriculture, small mom & pop businesses, and close-knit community. She volunteered with Haleiwa Main Street in 1998, became president and then the volunteer administrator until 2005, when she became the paid Executive Director.

Antya was a key leader in landscaping Weed Circle, renovating of the historic Haleiwa Gym, and restoring the Mutual Telephone Company Building, transforming it into the Chamber's home and a Visitor and Business Services Center for the North Shore. She is also in her 19th year leading the annual Christmas parade, restoring this community tradition after the sugar company closed. With the Historic Preservation Committee, Antya developed the Haleiwa historic walking tour with guide map and presented six major events featuring Waialua and North Shore history. She also served on the Neighborhood Board for many years, organizing the Agriculture and Transportation Committees, completed the North Shore Disaster Preparedness Plan and many other projects. Since her retirement in 2016, Antya has been volunteering as the chair of the Chamber's Historic Preservation Committee to research local history and place interpretive plaques on the historic buildings and sites in Haleiwa.

Antya says, "I could not have accomplished anything without the support and mentorship of so many others: my family, Bill and Peggy Paty, Ron Valenciana, Meryl Andersen, Carolyne Lazar, Trish Coder and countless others. We make our communities and our country strong through volunteerism."



Antya with husband Boyd Ready. Photo: Barbara Ritchie

  
 North Shore Chamber of Commerce  
 Annual Christmas Party & Auction  
 Wednesday, December 11, 2019 - 6pm  
 Waimea Valley Pikake Pavilion  
 For tickets and info go to  
 North Shore Chamber of Commerce  
 Facebook page @gonorthshore  
 or call 637-4558. RSVP by December 1.  




## North Shore Chamber of Commerce News

### North Shore Chamber Sponsor Highlight: HAPPY TRAILS HAWAII

*By Roxana A. Jimenez*

Husband and wife team, Mark and Tammy Becker, owners of Happy Trails since opening in 1993, have created an awesome horseback riding experience here in Haleiwa that you don't want to miss. Tammy says, "We really could not have anticipated our longevity of over 26 years, and still going!"

Tammy invited me and Chamber volunteer Johanna to experience a tour so that we could recommend it to the many visitors who stop by inquiring about activities at our North Shore Visitor Center, at 66-434B Kamehameha Hwy, Haleiwa (next to the Haleiwa Gym). Our tour included another family from Japan, whose two young daughters, were delighted with the experience.

Happy Trails offers two lengths of tours, a 1.5 hour and a 2-hour guided ride, both offering scenic, groomed trails in gorgeous Pupukea on the North Shore. Their wranglers are experienced riders and

their horses are well-trained, many of the herd are retired polo horses.

Our guides, Leilani and Sherry, made sure everyone was comfortable and provided fun information about the North Shore along the way. Guests can experience sweeping views of the ocean on horseback. Tour guide Leilani says, "Our rides are more adventurous as we are located in the mountains and cover a variety of terrain. We take the time to make more personalized tours with our guests...we make personal connections. We match the guests with our horses so that there's a good fit. Safety is key at Happy Trails."

Rides at Happy Trails are the perfect activity for family outings, a first date, or anniversary. In fact, locals tend to book the longer tour which involves a more adventurous climb in Pupukea.

The community also appreciates what Tammy and Mark have contributed to the North Shore throughout the decades. Tammy describes, "We have and still work with scouting troops for merit badges and recreational troop rides; offer week long "Horsemanship Sessions" for campers in summer programs; and opened our ranch to Marines enrolled in the "Wounded Warrior Program" once a month for Equine Assisted Therapy sessions at no charge for over 5 years.

For more information or to book a tour, visit [www.HappyTrailsHawaii.com](http://www.HappyTrailsHawaii.com) or call (808) 638-RIDE (7433).



Mark and Tammy Becker, with their niece, at the oceanview stop on the tour.



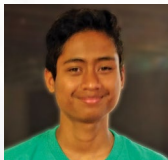
# Kawailoa Wind Honors the Teachers and Students of North Shore Schools

## Waialua Scholars Set Lofty Goals

Kawailoa Wind is proud to announce the 2019 recipients of its scholarship program administered by the Hawaii Community Foundation. This year's recipients are Oliver Hanley and Abraham Shell, both recent graduates of Waialua High School.



Oliver Hanley attends the University of Southern California where he is pursuing a degree in electrical engineering. He says that the scholarship is enabling him to pursue a job in his chosen field where his work will contribute to solving the problems facing our planet.



Abraham Shell attends Western Oregon University and is working on a degree in environmental engineering. He plans to use his scholarship funds to secure a degree in his field, while pursuing his passion in photography, a combination he hopes will enable him to protect the environment and ensure that future generations in Hawaii are able to enjoy the natural beauty found here.

## Teachers Enhance STEM Instruction

North Shore science teachers from Waialua High and Intermediate schools, Waialua Elementary and Haleiwa Elementary completed a statewide training program, STEMWorks, developed and administered by the Maui Economic Development Board to support public school teachers and students. The workshop, sponsored by Kawailoa Wind, involved working with models of wind turbines. After the workshop, the teachers and administrators toured the Kawailoa Wind Farm for a first hand look at wind turbines in operation.



The program enables Hawaii teachers to more effectively deliver instruction in science, technology, engineering and math (STEM) classes. The MEDB/STEMWorks program focuses on professional development in teaching students about clean energy technologies.

Since its start in 2008, 649 teachers statewide have participated in the program, which has educated more than 75,000 students. STEMworks Energy™ teachers learn Department of Education approved, hands-on lessons, using inquiry and engineering design methods to develop classroom plans for implementation.



North Shore teachers on site with Kawailoa Wind staff.



## The Lost Art of Backyard Gardens

By: Duke Morgan, Horticulturist, Waimea Valley, O'ahu

A lot can be accomplished in just 30 mins of conscious gardening, so even with the ocean calling, we don't need to let the backyard garden or garden boxes go to 'guinea grass'. With all the fortune, or misfortune, the winter season brings, let's remember the integral roles that our garden and useful plants all around us provide. Studies have shown that greener cities, offices and homes create a less stressful environment.

As our grandparents reminded us, if you get a sunburn, you go outside and you find an Aloe plant. The yellowish sap has healing properties too long to list. If you get a sting or an insect bite, you go and find a young green papaya, whose sap (papain) breaks down the venom while the anti-septic properties heal the surrounding area. It seems as if they had a remedy for everything! "Eh boy, you get fever, I'll get you a couple ti leaf." The ti plant's unique leaf structure insulates and actively cools the body. It is an unfortunate day when you can't go outside and pick a sprig of rosemary, some 'olena (turmeric) root, and a few green onions as a garnish. In older times, the hau flower played an integral role in keeping keiki out of trouble. The hau flower blooms yellow throughout the day it fades to a darker pinkish color; hopefully you knew that when that flower turned pink you'd better be home, or else!

Canoe plants such as kalo, banana, 'ulu and the incredible niu (coconut), all played an integral role in establishing life on these islands. The sappy 'ulu fruit is a notorious kitchen and knife destroyer. So, to utilize this wondrous fruit get a dedicated "'ulu knife." It's a relationship worth tending to. Noni gets a bad rap because of its potent fruit, but the young leaves are just as useful! They add a delicious nutty flavor to curries and soups, and are also great as a poultice or wrap for bruises and sore muscles.

It's easy to lose sight of the usefulness of many of these plants which we consider a nuisance. In many other countries the "haole koa" or Leucaena isn't much of a problem as it is used daily as fodder for animals and for living fences, green manure in garden beds, firewood, building material, and even as a delicious and nutritious food! It seems that we are seeing a renaissance in the utilization of other pesky invasives in traditional hale building. These over-abundant and solid woods are a great alternative to once thriving ohia, kauila, and milo, and can be used much in the same way. In Hawai'i and other Pacific islands the fast growing and buoyant 'Albizia' wood is utilized as canoes and alaias.

Challenge yourself with utilizing any of these incredible plants at least once a month, and if you already use them, teach friends and family your favorite recipe or how to best use them. Plant language is a practiced and spoken language, if you don't use

we will lose it. So, before you criticize it, try to utilize it! Take a minute to go and visit that aunty that always gave you a remedy or a plant, or make some time to go and visit and support your local nursery. It is in these relationship and places that these useful and beautiful plants are perpetuated.



Nui with all stages of fruit.



Kalo and 'ulu knife.



*Celebrating 25 yrs.*

**Local Community Market  
ORGANIC & Local Produce,  
Artwork, Crafts & Food**

**SATURDAYS: from 8:00 am - 2:00 pm  
Across from famous "Banzai Pipeline"  
Surf Beach and Ehukai Beach Park at  
Sunset Beach Elementary School  
[www.northshorecountrymarket.ngo](http://www.northshorecountrymarket.ngo)**



# The 4th Annual Reindeer Derby 2019

December 7 & 8, Dillingham Ranch, Mokuleia, North Shore



The Reindeer Derby is thrilled to have an opportunity to showcase the competitive sport of equitation and show hunters once again at the picturesque Dillingham Ranch on Oahu's North Shore. Bring the whole family to enjoy watching the horses compete as you pick up lunch from one of the local food trucks and vendors.

The Reindeer Derby is a Proud Partner of



## OPERATION TOYBOX



Please bring new, unwrapped toys and gifts for the homeless and disadvantaged keiki and teens of Hawaii. Toy drop off will be at the show secretary booth on both days of the Reindeer Derby.

THE REINDEER DERBY IS FREE TO SPECTATORS & OPEN TO ALL!

Saturday December 7 9am ~ 5pm

Sunday December 8 9am ~ 2pm



### CORNERSTONE MORTGAGE



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mdiaz@cornerstone.us.com  
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**MAHALO from the North Shore Food Bank** to those of you who stopped by our car wash on Saturday, November 9, and donated blankets and canned goods! A special thank you to all the volunteers!



Kirra Seale "nose" how to compete! Photo: banzaibetty.com

### Fight to Win

I am very excited that Fight To Win will be returning to Hawaii. F2Win is an event that is held all over the United States and it's only growing. Soon to be in Europe and Asia. It's a submission only event, allowing chokes, arm bars, ankle locks and more. Last year they held their 100th show here at the Hawai'i Convention Center. I was the main event of the night and it was a very cool experience to say the least. A lot of our teammates were on the card as well, giving them opportunities to showcase their Jiujitsu.



Jiujitsu is still a growing sport unlike MMA/UFC. So shows like this are great for our island. Hopefully being able to expose hidden talent or get some recognition. So come on down to the Hawai'i Convention Center, Nov. 23rd and watch a night full of action packed Jiujitsu. If you want to purchase a ticket to the event, go to <https://nitrotickets.com/event/183/Fight-1To-1Win-1132-1Honolulu-1--11123> click fighter #traceygoodell OR the event will be live on [flograppling.com](http://flograppling.com)



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## BANZAI NORTH SHORE WIRELESS

### THE FINAL NUMBERS WILL TELL THE WSL QUALIFICATION TALES

Things are getting crazy with the surf tour here. Yes some call it the "zoo." Gotta love the excitement and the awesome surfing that goes down every day in the water. These guys are serious! It's the last ditch effort to make the tour and some final cash for the next tour run! Things heated up at Haleiwa and The Vans World Cup of Surfing at Sunset, the go-for-broke last try for the QS athletes to ascend onto the WCT, World Championship Tour. It is the highest-stakes competition of the Vans Triple Crown of Surfing. Careers are shattered at Sunset Beach during the Vans World Cup. Our own North Shore hopeful Barron Mamiya is on the crest of making the WCT. He sits 12th just under the qualifying line and a good finish at Sunset is key. Looks like Seth Moniz at 12th on the WCT will be on tour next year but Hawaii's Sebastian Zietz and Ezekiel Lau might not. John John Florence will surf the Triple Crown. He is back after an injury and sits at 8th before Pipeline, should be enough! Keep your eyes on our local surfers as they try and keep the sun shining a light on them. Get those Hawaiian flags out on the beach at the surfing comps!

### KIRRA SEALE WINS THE DUCT TAPE IN ROCKAWAY NEW YORK

The Vans Duct Tape Invitational and Festival brought together a showcase of craftsmanship, creativity, board shaping demos, art, music and a men's and women's longboard competition. Taking place over October 3-6, 2019, the competition in Rockaway, NY concluded with Kirra Seale taking the title.

Women's Division  
Kirra Seale  
Kelis Kaleopaa  
Haley Otto  
Chloe Calmon

### SALLY COHEN TAKES THE RELIK TRESTLES EVENT

Pupukea's Sally Cohen won the Relik Trestles event in California. The longboard tours were invitationals and split the longboard contingent as each surfer had to decide which tour they would go on. Cohen was voted on the Relik tour by a video she shared and the voters saw her great potential. The Relik tour had about 150 thousand in total prize money, much appreciated by the long boarders. Trestles served up some great surf and a big challenge over the three days of the event and Cohen was on it. Tour wise she tied for the "World Title" and had a surf off but just missed out. In the WSL World Longboard tour both Cohen and Seale ended up tied in 8th position after two events. Congrats to our North Shore rippers! Lets hope long boarding events keep on this nice pace for contests!

### HUNTINGTON BEACH HOSTED THE ISA JUNIOR WORLD CHAMPIONSHIP

Team USA won the gold medal at the VISSLA International Surfing Association (ISA) World Junior Surfing Championship, just one day after winning the event's first gold medal in the team Aloha Cup event. Team USA was propelled by an impressive six individual medals to take the team world champion title. Hawaii won team silver. Japan won team bronze. Spain won team copper. Hawaii's Betty Lou Sakura Johnson came home with a bronze medal for team Hawaii. Johnson is a Haleiwa local surfer who has been racking up some great results in her competitions. Maui's Jackson Bunch and Gabriela Bryan surfed on point to win gold for team Hawaii!

Team ranking:	Copper – Caitlin Simmers (USA)
Gold – USA	Boys U-16:
Silver – Hawaii	Gold – Jackson Bunch (HAW)
Bronze – Japan	Silver – Taj Lindblad (USA)
Copper – Spain	Bronze – Afonso Antunes (POR)
5 – France	Copper – Ryan Huckabee (USA)
6 – Australia	Girls U-18:
7 – Portugal	Gold – Gabriela Bryan (HAW)
8 – Germany	Silver – Minami Nonaka (JPN)
9 – South Africa	Bronze – Noah Lia Klapp (GER)
10 – Canada	Copper – Sara Wakita (JPN)
Girls U-16:	Boys U-18:
Gold – Noah Lia Klapp (GER)	Gold – Dimitri Poulos (USA)
Silver – Zoe Benedetto (USA)	Silver – Alan Cleland (MEX)
Bronze – Betty Lou Sakura Johnson (HAW)	Bronze – Tommy Coleman (USA)
	Copper – Joh Azuchi (JPN)

### LIFEGUARD STATIONS TO HAVE LONGER HOURS!

The Honolulu City Council voted to pass Bill 39. Having longer hours for the lifeguard stations has been talked about for a long time. The council passed the measure in a 7-0 vote which will extend the hours from sun-up to sun-down for the lifeguards. It gives the Department of Emergency Services, which oversees Honolulu's lifeguards, until January 2021 to come up with a long-term plan to establish longer lifeguard schedules. The hours will start in July 2021. Ocean Safety officials say about 20 percent of ocean-related emergencies happen outside their current hours, which runs from 9 a.m. until 5:30 p.m. A pilot project at Hanauma Bay found that lifeguards' extended, 10-hour shifts saved more lives, boosted employee morale, reduced worker compensation claims and resulted in fewer sick days. There is a great video about lifeguards on you tube called "100 Years on the Beach." Check it out!

## Waialua Co-Op Market Supports Local Artisans

Meet the artisans at Waialua Farmers' Co-op every Saturday on the grounds of historic Waialua Sugar Mills from 8:30 am-1:00 pm. Give art for Christmas and save money!

Jen Schultze reflects her love of the ocean life through her oils, acrylic, and water color paintings. She did the mural on the wall of Waimea Blue Gallery where with her original paintings are displayed. In 2017, one of her painting was used for the poster of the "Queen of the Bay" All Women's Surf Competition. One of her goals is to raise funds for art supplies for Waialua High School. Prints, greeting cards, tank tops, pendants, and soaps inspired by the sea can be purchased at the Market.

Brittany Wilund's studied ceramics at Clemson University before coming to Hawaii. She opened her business, "Muddy Bus." to be able create and share her handmade ceramic.

Rikki Newton love of plants inspired her to create mini garden landscapes for your table or desk. She upcycles materials to create her living gifts and other nature inspired jewelry.

Suzanne Breen displays one of a kind acrylic and resin jewelry at the Kukana Goodies booth. Her art can be viewed in Waikiki at the Bank of Hawaii and Hyatt Regency Hotel.

Melvin Amantiad will be at the Market from December 7th. His art displays his love the plantation days of Waialua. His photos and prints recall the days of his childhood, when Waialua was a sugar town. Pictures and prints of the cane haulers, burning cane, and the Old Sugar Mill inspires his work.

Shop at Waialua Farmers' Co-op Market and support our artisans. All their works are priced reasonably. Give art for Christmas and save!



## 'Giving Machines' to debut in Hawaii at the Polynesian Cultural Center

Amid the trumpeting of conch shells, Hawaiian chanting and pageantry, two "giving machines" will be unveiled in the Polynesian Cultural Center's Hukilau Marketplace at 6 p.m. on Tuesday, November 19, 2019, in time for the holiday season. They will remain in place through January 1, 2020.

In keeping with a long-standing tradition of supporting various community activities and initiatives, Center President & CEO Alfred Grace said, "We're delighted to host these unique machines for the first time in Hawaii. We are so pleased that they will benefit selected local and international charities and causes."

"Giving Machines are an initiative of The Church of Jesus Christ of Latter-day Saints," said Wailana Kamaau, the Church's public affairs director for Hawaii. He explained they first appeared in Salt Lake City, Utah, in 2017 as part of a "Light the World" campaign to encourage people to perform instant acts of service that make a difference in other people's lives.

"They are similar to vending machines, but contributors select items that will help those in need," Kamaau continued. He listed Catholic Charities, Hawaii Foodbank, Aloha Medical and Family Promise among the nonprofit partners participating with the Giving Machines at the PCC. (Other locations partner with local organizations.)

Past selections at the other locations have included funding polio vaccinations, art supplies, first aid kits, shoes, meals, books, sewing machines, livestock and food plants, hygiene kits, clean water resources, resuscitation kits for babies, eye exams and glasses, and more.

All money contributed goes to the partnering charities to supply the "purchased" items or services. The Church of Jesus Christ of Latter-day Saints covers all associated administrative Giving Machine costs. Volunteers provide daily stocking and assistance with the machines.

Updated information on the program and the amount of 2019 contributions can soon be found at [www.LightTheWorld.org](http://www.LightTheWorld.org).

### Christmas Cantata "Everlasting Light" December 20 - 21 at 7:30pm

Rehearsals at Liliuokalani Protestant Church  
Sundays 1pm

November 24

December 8 & 15







# RED READER FOR LIFE

56-490 Kam. Hwy. #293-8935 M, W, Th: 9 - 5 pm; Tues: 12 - 8 pm; Fri: 9 - 3 pm  
Hawai'i State Public Library System www.librarieshawaii.org

## DECEMBER 2019

Major Program Sponsor: Friends of the Library Kahuku



Kahuku Library presents  
**GRINCHMAS**  
Tues., December 3  
5:30 - 7:00 pm

Join us for picture taking with Santa and his elf

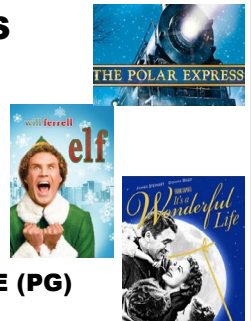
Please bring your own camera. We'll have The Grinch movie (PG) and holiday activities. Light refreshments!



### HOLIDAY MOVIES

Tues., Dec. 24  
begins at 10:00 am

- \*THE POLAR EXPRESS (G)
- \*ELF (PG)
- \*IT'S A WONDERFUL LIFE (PG)



### KEIKI MUSIC

Monday,  
Dec. 2 & 16  
at 10:00 am



Wednesdays  
2:00 - 4:00 pm



**STORYTIME**  
Dec. 6 & 13  
at 10:00 am



### HOLIDAY STOCKING SEWING

Kahuku Cool Lab

Tues., Dec. 10  
5:30 - 7:30 pm

Please RSVP on-line.



### IMPORTANT NOTICE

CHANGE OF PUBLIC SERVICE HOURS:

Tues., Dec. 24  
Christmas Eve

**9:00 - 5:00 pm**

Tues., Dec. 31  
New Year's Eve



Movie:  
**THE LION KING**  
(PG)

Tuesday, December 17  
at 5:30 pm

### LIBRARY CLOSED

Wed., Dec. 25  
Christmas Day

Wed., Jan. 1, 2020  
New Year's Day



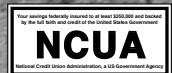
To receive the Kahuku Library monthly program flyers, email: [KCL@librarieshawaii.org](mailto:KCL@librarieshawaii.org)

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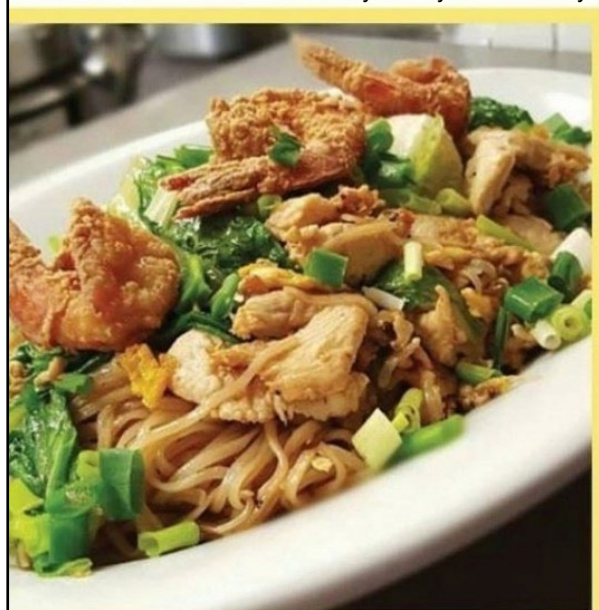
THURSDAY  
NOV 28, 2019  
THANKSGIVING DAY  
FUN RUN 5K  
8AM

Check-in begins at 7:30am  
Waialua Elementary School  
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REGISTRATION & MORE INFO AT:  
[waialuaturkeytrot.com](http://waialuaturkeytrot.com)

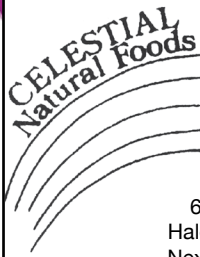
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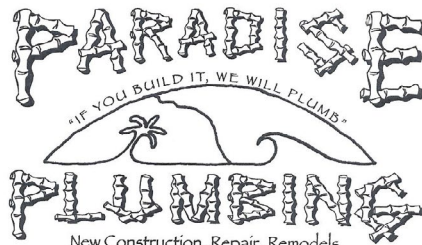
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**Veterans Day Ballet Performance at Lanakila Teaching and Learning Center**

*Caught in mid-flight dancing are students of the Waialua Ballet classes. The classes are offered according to age and ability for 4-18 year olds at the Harry & Jeanette Weinberg Community Center, United Church of Christ, Farrington Hwy, Waialua. For info 397-0873. Front row left to right Penny Lane Phelan, Aika Vieira, Emma Phelan. Back row left to right Elka Stancoven, Miku Ezaki, Aaliyah Dillon, Stella Stancoven.*



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**Editor's Choice**

**The Cake**

A young man is telling his Grandma how everything is going wrong...school, family problems, health problems etc...

Meanwhile, Grandma is baking a cake. She asks the teen if he would like a snack, which of course he does. "Here, have some cooking oil."

"Yuck," says the teen.

"How about a couple of raw eggs?"

"Gross Grandma"

"Would you like some flour then?" Or maybe baking soda?"

"Grandma, those are all yucky!"

To which the Grandma replies. "Yes, all those things seem bad by themselves. But when they are all put together in the right way, they make a wonderfully delicious cake! God works the same way. Many times we wonder why he would let us go through such bad and difficult times, but, God knows when He puts these things all in His order, they always work for good! We just have to trust Him and, eventually they will all make something wonderful!"

Ahhh the patience we must have trying to figure out why we're going through what we're going through...I hope you have a great day...but if you don't, just remember, its only one ingredient of the rest of your life.

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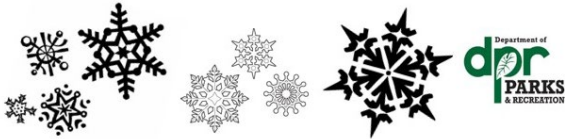
Friday, December 6, 2019

6:00 p – 8:00 p

Come and take a free picture  
with Santa from 6:30 p – 7:30 p

Free craft make and take activities  
Volunteers are needed.

For more information, please call 637-9721



## Waialua Public Library UPCOMING EVENTS

67-068 Kealohanui St, Waialua, HI 96791  
637-8286



### Writers' Group

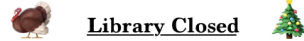
Saturday, December 14, 11am  
Topic: "Running Away"

### Readers' Group

Thursday, December 5, 9:30-11am  
*Eleanor Oliphant is Completely Fine*  
By Gail Honeyman

### Recurring Events

Toddler Time - Fridays, 10am  
Storytime - Saturdays, 10am  
Computer Instruction (by appointment)



Thursday, November 28, Thanksgiving Day  
Wednesday, December 25, Christmas Day



## North Shore Food Bank @nsfoodbank and

North Shore Service Center  
IHS, Alea Bridge, Catholic Charities, US Vets

Wednesday, December 4, 2019  
Wednesday, December 18, 2019  
Waialua Community Association  
9:00am - 1:00pm

## Haleiwa Evangelical Mission International

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## North Shore News 2019 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
December 4	#24	November 22
December 18	#25	December 6

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Downtown General Store

**Contributing Writers**

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Betty Depolito

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Senator Gil Riviere

Councilmember Heidi Tsuneyoshi

**Photography**

Banzai Productions



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**North Shore Food Bank North Shore Service Center**  
Wednesday, November 20  
Wednesday, December 8  
9am- WCA



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NSNewsHaleiwa

**HOW TO CONTACT THE NORTH SHORE NEWS**

Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

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**SURF NITE**  
Friday, December 6  
6 p.m.  
Sunset Beach Elementary



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Fax 637-0777  
Email mabrigo222@aol.com


## HELP WANTED

**Household Help**  
Beachfront Estate  
16 hours/week  
808-637-0808

Pet care professional, vet tech or grooming experience. F/T or P/T in Pupukea.  
Salary negotiable  
638-7073

**Retail Sales  
Surf & Sea**  
Hawaii's Ocean Sports Headquarters is always looking for hard working, energetic people to become a part of our sales team. Good pay, bonus, benefits. Japanese speaking a plus. Ocean sports experience and dive instructor wanted. Please contact surfnsea@surfnsea.com for details.  
Apply in person daily 9am-7pm  
62-595 Kam. Hwy., Haleiwa

**MATSUMOTO SHAVE  
ICE**  
Now Hiring!  
Apply in person daily  
9am-4pm  
808-637-4827



**McDonald's is Hiring  
at Haleiwa and Laie**  
Competitive Hiring Wage (with a Raise after 60 Days) • Flexible Hours • Free Food and Uniforms • College Tuition Assistance (\$2500 annually) • Pay for Grades (both High School and College Students) • Health & Dental Insurance for Qualifying Employees • FUN Coworkers! • Free Classes to Earn a High School Diploma or GED • Incentive Pay for GREAT Customer Service • More benefits available! Stop in and See Us Today! It's EASY to apply: You can Text 36453 'apply10761' to apply at Haleiwa or 'apply33340' to apply at Laie Or go online and select the Haleiwa or Laie restaurant: <https://careers.mcdonalds.com/main/>

## FOR RENT

**TABLES & CHAIRS**  
Call North Shore News  
780-8037  
All proceeds go to the North Shore Food Bank

## MISCELLANEOUS

**Sunset Beach  
Food Bank**  
Every Tuesday  
Sunset Beach Christian Church  
12 noon- 3pm

**Hawaiian Electric Fundraiser Cookbook** to help raise funds for Aloha United Way. The cookbook is a great gift with 160 ono recipes only \$14. Order forms available at: [www.hawaiianelectric.com/AUW](http://www.hawaiianelectric.com/AUW) cookbook or call 543-4606 to place an order. You can also pick up a copy at Mililani High School Craft Fair Dec 14, 9am-2pm

FREE Wooden Pallets  
Good Condition  
See Bernie at the Waialua Community Association  
office 9am-2pm  
637-4606

5G Awareness, Free Talk  
Debra Greene, PhD  
Belladonna Botanicals  
TH, Nov 21, 6:30pm  
808-874-6441  
[KeepYourPower.org](http://KeepYourPower.org)

**LOST**  
**Lost Parrot "Dino"**  
missing on Sunday, Nov. 3 behind Waialua High School. If anyone spots him please contact Diana 808-277-8410.

**Parkinson's Group Meeting**  
Group meets at the Waialua United Church of Christ on the 1st Saturday of every month. Friends & Family Welcome  
Next meeting Dec. 7 @10am  
[northshoreparkinsons@gmail.com](mailto:northshoreparkinsons@gmail.com)

**North Shore Country Market**  
Welcome New Vendors  
Only \$15 Space Fee  
Info online  
[NorthShoreCountryMarket.NGO](http://NorthShoreCountryMarket.NGO)

**North Shore Christian Fellowship**  
Ohana Produce Distribution  
Friday, Nov. 22 10am  
Waialua Community Association

**Vegan Skin Care & Nutrition**  
Looking for health minded people for our team that is expanding on Oahu.  
Work part time from home with potential to earn a corporate income within a year.  
Call Kathy (808) 223-5392

**BUSINESS SERVICES CENTER**  
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**Across from the Haleiwa Post Office**  
**637-4558 • [gonorthshore.org](http://gonorthshore.org)**  
**#gonorthshore**

**North Shore Serenity  
AL-ANON**  
6:30 - 7:30pm Wednesdays  
St. Michaels Church  
Cottage in back of Church

Would you like to get the North Shore News via email in color! Just send us a message at: NSNHaleiwa@gmail.com and you get the NSN online every two weeks!

**Waialua Farmers Market**  
Saturdays, 8:30am - 1pm  
Historic Waialua Sugar Mill

# Thankful to Serve our Community!



*H*appy Thanksgiving from the team at Kahuku Medical Center!  
 Mahalo for the opportunity to care for you and your ohaha.

- 24 hour Emergency Services
- Private Patient Rooms
- Acute, Swing Bed
- Inpatient & Outpatient Services
- Imaging, including diagnostic imaging, CT scanning, echocardiograms, screening mammography and ultrasound
- Laboratory
- Rehab, including physical therapy, occupational therapy and speech therapy
- Inpatient Pharmacy
- Primary Care Clinic, including internal medicine, family medicine, geriatric care and pediatrics



**Kahuku**  
**MEDICAL CENTER**

*Friends and Family Taking Care of Friends and Family*

www.kmc-hi.org | 808-293-9221