



"E Ala Na Moku Kai Liloloa"

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Photo: Choon James

NORTH SHORE NEWS October 23, 2019 VOLUME 36, NUMBER 20



The student leaders of the Special Olympics Academy, along with Representative Lauren Matsumoto and Senator Gil Riviere are proud of Waialua Elementary's recognition as a National Unified Champion School. Photo: Carrie Fitzsimmons, Library Assistant at Waialua

Waialua Elementary is Recognized as a National Unified Champion School

Waialua Elementary School is proud to announce that they have the honor of being the first Elementary School in the State of Hawaii to become a National Unified Champion School.

Special Olympics Unified Champion Schools addresses many challenges faced by students. These schools create communities where all students (with and without disabilities) feel welcome and are

routinely included in all school activities.

Becoming a Champion School was no easy task. Waialua Elementary had to meet 10 rigorous standards of excellence which include playing at least two Unified sports a year, creating inclusive environments across the entire school, and having sustainable practices of acceptance.

Congratulations Waialua Elementary School!

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OFF da Island in Provo, Utah

Dr. Jason Hughes (far left) team physician for Kahuku High and Intermediate athletics, JC Chang (center) member of Kahuku football staff and Hale Kaonohi (left), celebrate a great Kahuku football win over Timpview in Provo, Utah. Go Kahuku Red Raiders!

Hawaiian Blend

Sunday, Nov. 3, 2019
4 p.m.

Waialua Bandstand

Bring your mats and lawn chairs
and enjoy the show!

www.waialuabandstand.com

Letter to the Editor CORRECTION

Aloha,

The article titled "Pets As Emotional Support Companions" has a factual error. In writing about service animals such as seeing-eye dogs, the author mentioned that assistance dogs are licensed. This is incorrect. There is no licensing or certification for service animals required by state, local or federal law. The animal has to perform a needed task for its owner, and it has to behave properly in public. It does not need licensing, or even to wear a vest or anything else identifying it as a service animal. Any online sites that offer service animal certification or licensing are frauds.

These websites have more information. <https://american-disabilityrights.org/adr/service-dogs>, https://www.ada.gov/service_animals_2010.htm, https://www.ada.gov/regs2010/service_animal_qa.html

Sincerely, Allison Wallis, Hale'iwa

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Arbor Day at the Valley

Arbor Day Giveaway & Seed Exchange

Saturday November 2, 8am - 12pm

We're celebrating Arbor Day with **FREE** giveaways of trees, shrubs, and native plants; plus, a special seed exchange in partnership with Hawai'i SEED and Slow Food O'ahu



MAKAHIKI FESTIVAL

Makahiki Festival & Heiva Tu'aro i Vaihi

Saturday November 9, 9am - 3:30pm

Traditional Polynesian sports competition, demonstrations, hula performances, and more ... \$5 kama'aina and military admission all day long! Full schedule at waimeavalley.net



Lā 'Ohana Family Days

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Holiday & Special Event Venues

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North Shore Outdoor Circle Beautification Awards

by Vera S. Williams
President NSOC

"There is nothing that makes its way more directly to the soul than beauty," said author Joseph Addison.

From the cave paintings in Lascaux, to Chinese celadon pottery, to the architecture of the Sydney Opera house; beauty has always been important to humans. We wanted tools and buildings and modes of transport that were practical and reliable, but we also made them beautiful. Beauty in nature is probably our greatest joy as a species. We revel in a waterfall, or a turquoise beach, or an emerald forest, or a ruby red desert. Color and symmetry, and surprising shapes delight us when we're happy, and comfort us when we're sad. Beauty in our environments is even said to boost the immune system.

"Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts." Rachel Carson.

Our souls need beauty.

The Outdoor Circle was started to preserve the beauty of our Hawaiian Islands. The North Shore Outdoor Circle, the local branch, works to continue that tradition by supporting thoughtful and forward-looking design and landscaping standards that value trees and native plants, and by preserving green space, community gathering areas, walking spaces, and scenic vistas. We are working to advance a general sense of culture and place. In other words, we support design done right.

NSOC landscaped and continues to help maintain Weed Circle so that it is a pleasant gateway to the town of Haleiwa. We spearheaded and oversee maintenance of the Ke Ala Pupukea Bike Path which runs from Shark's Cove to Backyards. We continue to fight to open up view planes all across the North Shore. For example, we are working with City and County and other agencies to open up the view plane at Waimea Bay, so that visitors to the North Shore can experience this breathtaking vista.

Finally the NSOC takes the opportunity to acknowledge people in the community who do their part.

Every year, we recognize those members of our community, both private citizens, and businesses, who bring joy to our lives by making their landscapes more beautiful. NSOC Beautification Committee members, Dawn Peerson, and Mary Lou Lee, go around the entire North Shore, visiting all the small and large neighborhoods, looking for those exteriors which surprise and delight. At the biannual General Membership Meeting this past September, they recognized these people by presenting them with the coveted NSOC Beautification Award.

Here are this year's recipients.

Howard Green for Haleiwa Center
Haleiwa

Eric Wagenman and Vivian Teixeira
Waialua

Oswaldo and Janet Marie Brighenti
Waialua

Doug Osborn and Erica Adamczyk
Waialua

Brett and Diane Thomas
Haleiwa

Congratulations to you all, and thank you for helping to keep the North shore - CLEAN, GREEN, and BEAUTIFUL.

Consider joining us on one of our committees and you too can be a part of this small but mighty organization.



North Shore Marketplace (Howard Green). Photo: NSOC



**Councilmember
Heidi
Tsuneyoshi**
Serving You in District 2

Aloha,

The beauty and community of the North Shore has made it one of the top visitor destinations for many years. The desire to experience all the North Shore has to offer has resulted in heavy traffic from all over the island, descending on to a small, rural community. With an influx of businesses and tours concentrating on North Shore beaches, I felt it was time to take another look at how we can find a balance which would allow visitors to enjoy all that the North Shore has to offer while maintaining the sense of community that residents strive to regain. Bill 2 (2018) takes what has been implemented in Waimanalo and Kailua and applies those restrictions on North Shore beaches. It is a great start and I intend to build on that to develop legislation that is tailored to the North Shore. As we all know, this community is very unique, with needs that are vastly different from anywhere else on the island.

My intention is to meet with both residents and businesses to find common ground and develop a policy that everyone can support. I have felt the effects of commercial activities dominating much of our already crowded beach parks. I also believe there is a place for businesses that also operate as stewards of the land and water, educating visitors on appropriate practices at parks and beaches. My primary goal is to ensure our beaches are available for everyone to enjoy, residents and visitors alike. I believe that there is a place we can work toward, where we can craft policy that everyone can get behind and we can move forward together.



Elvin Milo Leong, 55, of Haleiwa
October 21, 1963- June 30, 2019

Elvin loved his family and friends unconditionally, he could always be counted on. First one to come help, last one to leave, always there to lend a helping hand.

His love had no expectations or limits...he simply was the type of man who put others before himself...He is forever loved and will be forever missed...

Survived by father James "Kimo" Leong Sr., mother (deceased) Gertrude Mildred Leong, brother James "Kimo" Leong, Jr. (Deborah), and sister Lenelle M. Leong (Eugene Dicion), nephews, nieces, and a grand niece.

Memorial Services will be held on Saturday, November 2, 2019 at Liliuokalani Protestant Church in Haleiwa at 9 a.m., services to start at 10:30 a.m.

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Artwork, Crafts & Food**

SATURDAYS: from 8:00 am - 2:00 pm
Across from famous "Banzai Pipeline"
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Sunset Beach Elementary School
www.northshorecountrymarket.ngo





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Kahuku Community Peaceful Protest Against AES Wind Project

Kahuku residents and their supporters have been protesting against the addition of another 8 industrial turbines for over 10 years. Kahuku already has 12 turbines. The 8 turbines will be 568 ft. making them the tallest in the U.S. Residents are protesting against multiplier impacts, including the proximity of these turbines that will be as close as 750 ft. to about 1750 ft. from public schools and 1648 ft. from residential homes. The World Health

Organization's minimum guideline is 5280 ft. away from children, elderly and chronically ill. Photos: Choon James



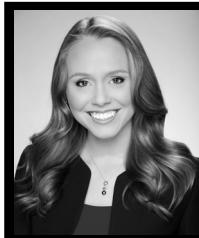
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**Representative
Lauren
Matsumoto**
Serving You in District 45

Aloha Friends and Neighbors!

As a State Representative and now as a mother, I love getting into the community to participate in family events. One of my all-time favorite community family events is Waialua's annual Halloween Trunk or Treat. Happening this year on Saturday, October 26th at 5:00 p.m. at Waialua Elementary School, it's a great opportunity for families to experience a safe and fun trick or treating experience. Last year I loved participating with my family as characters from the Disney Incredibles movie, and I can't wait to share the Matsumoto family theme for this year's Trunk or Treat. I hope to see you and your family there!

And as the year is beginning to draw to a close, it's that time again when legislators are getting ready for the upcoming session.

Each year, I conduct a Legislative Issues Survey to ask my community about what they think about important issues that will come before the state legislature. I want to hear your feedback about what's important to you, what Legislation you think we should consider, and what priorities you have concerning the many issues that appear before the legislature each year.

I always strive to represent my constituents' concerns and interests and truly value your input and suggestions on issues before the House. In a representative government such as ours, it is essential that I know what you are thinking in order to do my job.

Hearing from you will help me best represent your interests and priorities this legislative session. Some of my survey questions include:

If you could introduce one bill to address a pressing issue this next legislative session, what would it be?

What is the most important issue for Our Community (District 45) that needs to be addressed?

What are the infrastructure improvements you feel are needed in our community?

What do you feel the number one area that should be addressed in the 2020 session for the entire State?

If you live in District 45 you will be receiving the survey in the mail sometime during the next month. If you don't receive your survey please don't hesitate to reach out to my office and we will be sure to get you one.

I look forward to hearing from you about your priorities for making our community a better place. Please encourage your friends and family to complete the survey!

And as always, please don't hesitate to contact my office if you have any questions or concerns about happenings in our community. You can reach me at (808) 586-9490 or at repmatsumoto@capitol.hawaii.gov.

National TAKE-BACK Initiative (NTBI)

Turn in your unused or expired medication for safe, anonymous disposal.



NEW OR USED NEEDLES AND SYRINGES WILL NOT BE ACCEPTED.

**Saturday, October 26, 2019
10:00 a.m. - 2:00 p.m.**

OAHU:

- Fire Station 18 Kailua - parking lot 211 Kuulei Road, Kailua HI
- Hawaii State Capitol - Beretania Street drive-thru 415 S. Beretania Street, Honolulu, HI
- Kahala Mall - inside mall, near Kilauea Avenue entrance 4211 Waiialae Avenue, Honolulu, HI
- Waialua Community Assn. Gym - parking lot **NEW LOCATION** 66-434 Kamehameha Hwy., Haleiwa, HI
- Kapolei Police Station - parking lot 1100 Kamokila Blvd., Kapolei, HI
- Pearl City Police Station - parking lot 1100 Waimano Home Rd., Pearl City, HI
- Pearl Harbor Navy Exchange (NEX) - main lobby 4725 Bougainville Drive, Honolulu, HI
- Town Center of Mililani - Meheula Parkway side of mall 95-1249 Meheula Parkway, Mililani, HI
- Windward Mall - inside mall, near food court 46-056 Kamehameha Hwy., Kaneohe, HI

BIG ISLAND OF HAWAII:

- Ka Waena Lapa'au Medical Complex - upper parking lot at the corner of Pōnahawai Street and Komohana Street 670 Pōnahawai Street, Hilo, HI
- Hawaii Police Department Kona Police Station - parking lot 74 -0611 Hale Makai Place, Kailua-Kona, HI

KAUAI:

- Kauai Police Department - parking lot 3990 Kaana Street, Lihue, HI

MAUI:

- Maui Police Department - parking lot 55 Mahalani Street, Wailuku, HI



For more information please visit www.dea.gov or call (808) 541-1930.

EVERYONE WELCOME



**HALEIWA JODO MISSION -
BUDDHIST TEMPLE**
66-279A Haleiwa Road
(808) 637-4382

Facebook:
Haleiwa Jodo Mission - Buddhist Temple

Buddhism 101 Series

November - Dharma & Sangha Basics

Sunday, November 3

- 9:45 a.m. - Introduction to Temple
- 10 a.m. - Monthly Service with Guest Speaker
Rev. John Hara of Wailuku Jodo Mission

Sunday, November 10

8:00 a.m. Kokua Day (volunteer church clean up)

Sunday School (with kids' activities)

Please call for date & time

November 17 & 24

8:00 a.m. - Sutra Chanting (meditation practice)

Saccoccio & Lopez
Attorneys at Law
By Marianita Lopez

Wills and Living Wills

Whether young or old, healthy or not, wealthy or not, you should consider leaving instructions to your family and/or friends regarding who will inherit your property upon your death.

Your property is all the property you own at your death. That property is your estate. Your estate can be real property such as a house, a condo, vacant land, or personal property, such as bank accounts, retirement accounts, automobiles, collectibles.

You may leave your property to whomever you choose. One way is a written Will. A Will is essentially your written instructions as to who will receive your property upon your death and in what amount. The Will also leaves instructions as to how your truces, expenses and debts are to be paid. If you have a minor child and there is no other parent to care for the child, you may also "nominate", that is name, an individual to care for your child. The court will give priority to your nomination but it is not bound by it, as the court may find that someone else is better able and suited to care for your minor child.

You will also name a person to be your Personal Representative, called an executor in some states. The Personal Representative will make sure the instructions in your Will are followed. Your Personal Representative will submit a petition to court to have the court declare the Will valid; that proceeding is called a probate proceeding. Once the court declares the Will valid, the Personal Representative can then pay your debts, truces and distribute the estate to the persons named in the Will. There are many other steps the Personal Representative must take, such as notice to the heirs and interested persons before the court can declare the Will valid. It may take a year and a half or more to complete the process. However, estates under \$100,000 can be administered following different procedures without a full-on court proceeding, which makes the process quicker.

Living Will

Do not confuse a Will with a Living Will. A Will takes effect upon your death. A Living Will takes effect while you are alive. We now call a Living Will a "Declaration of Health Care".

If you have a medical condition where you are unable to communicate, a properly executed Declaration of Health Care informs your loved ones and your medical provider as to your decisions for continuing, withholding or withdrawing any medical procedure

or intervention. Your declaration may also state whether you want fluids, nourishment or medication administered that will only serve to prolong your dying process.

Even if you have no property to leave a loved one, a Declaration of Health Care is a wonderful gift to your family should they need to speak for you when you cannot speak for yourself.

Disclaimer: The information in this article is provided for general informational purposes only No information contained in this article should be construed as legal advice from Saccoccio & Lopez or the individual author, nor is it intended to be a substitute for legal counsel on any subject matter.

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Jack O'Lantern Guestimate Game is at the Chamber. Come by and guess how many pieces of candy are inside. Closest guess wins a \$50 gift certificate to Jerry's Pizza! Kids and big kids are welcome to enter.

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FALL

FESTIVAL

THURSDAY
OCTOBER 31

HALEIWA ELEMENTARY SCHOOL

*Free Food Games Candy
 Trunk or Treat & Country Store*
 6:30 - 8:30PM



NORTH SHORE CHAMBER OF COMMERCE
**VOLUNTEERS
 WANTED**

GET INVOLVED • STAY CONNECTED • SUPPORT YOUR COMMUNITY

NAME: _____ I'M INTERESTED IN VOLUNTEERING FOR:
(PLEASE CHECK ANY/ALL THAT APPLY)

DAYTIME PHONE: _____ VISITOR CENTER

EVENING PHONE: _____ ADMINISTRATIVE HELP

EMAIL: _____ PUBLIC RELATIONS

DAYS/TIMES AVAILABLE: _____ WEB SITE

HOURS PER WEEK AVAILABLE: _____ HISTORICAL TOUR GUIDE

_____ MEMBERSHIP MEETINGS

_____ BUSINESS EXPO

_____ CHRISTMAS PARADE

_____ CHRISTMAS PARTY

_____ OTHER: _____

TO VOLUNTEER, COMPLETE AND RETURN THIS FORM TO THE
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VANS TRIPLE CROWN OF SURFING

NORTH SHORE, HAWAII' I / 2019

THE HAWAIIAN PRO
Haleiwa, Aiea NOV. 13th - NOV. 24th



VANS WORLD CUP OF SURFING
Sunset Beach NOV. 25th - DEC. 7th



BILLABONG PIPE MASTERS
Banzai Pipeline DEC. 8th - DEC. 20th

JOIN THE VANS TRIPLE CROWN OF SURFING IN BEING A SUSTAINABLE STEWARD THIS SEASON!



The Vans Triple Crown of Surfing thanks the North Shore community for helping host the 37th Annual Hawaii surfing series and invites you to be part of their sustainability program. With the help of Vans, the WSL, Sustainable Coastlines Hawaii, the North Shore Community Land Trust, the City & County of Honolulu and various community partners, the Vans Triple Crown supports:

- waste diversion from landfills and H-Power
- composting
- recycling
- creative upcycling
- clean energy
- carbon emission offsets
- organic local catering
- healthy reefs
- sustainable hydration
- coastline preservation

Here are a few ways you can become a sustainable steward alongside the Vans Triple Crown this season:

- Join the annual Surfrider Beach Clean Up on November 9 from 9:30am to noon at the James Campbell National Wildlife Refuge in Kahuku. Sign up at facebook.com/surfrideroahu.
- Don't leave home without your Hydro Flask – keep your water cold and your coffee hot!
- Invest in reusable utensils and keep them on-hand for take-out food.
- Help protect Hawaii's reefs and ocean ecosystems by using reef-safe sunscreen or sun protective clothing.
- Grow a garden, start a compost pile.
- Explore alternative transportation around the North Shore – skate, bike, walk or carpool! Or visit Turtle Bay Resort's North Shore Transport for shuttle options to/from Vans Triple Crown venues.
- Support local, organic produce options like Waihuena Farm across from world-famous Pipeline. Visit the farmstand on Mondays from 12pm – 6pm or for garden volunteer Wednesdays, from 9am – noon.
- Support Ocean Friendly Restaurants – find one near you at surfrider.org.
- Join North Shore Community Land Trust for monthly community volunteer days to help protect and enhance natural landscapes around the North Shore. Visit facebook.com/northshorecommunitylandtrust for event and sign up details.



2019 HAWAII SURF CALENDAR OF EVENTS

October 1 - November 27

Jaws Big Wave World Championships at Pe'ahi Maui

October 26

Stoke-O-Rama
8am – 3pm, Makaha Beach
vans.com/surf.html#anthem/pass-the-stoke

October 26

Vans Pro Kick-Off Ceremony & Athlete Welcome Dinner
Lawn by Roy's, Turtle Bay Resort

October 28 - November 10

Vans Pro presented by HIC
Sunset Beach
VansTripleCrownOfSurfing.com

November 1

World Premiere of 'Breaking Boundaries' + Talk Story
Presented by Vans and Positive Vibe Warriors
7pm, SURFER the Bar, Turtle Bay Resort, all ages

November 9

Surfrider Foundation Beach CleanUp
9:30am - noon, James Campbell National Wildlife Refuge, Kahuku
facebook.com/surfrideroahu

November 13 - 24

Hawaiian Pro
Haleiwa Ali'i Beach Park
VansTripleCrownOfSurfing.com

November 16

17th Annual John Kelly Awards
6pm - 10pm, Waimea Valley
johnkellyawards.com

November 25 - December 7

Vans World Cup of Surfing
Sunset Beach
VansTripleCrownOfSurfing.com

November 25 - December 6

Hawaii Pro
Honolua Bay, Maui
WorldSurfLeague.com

November 28

Thanksgiving | no competition

December 3

Vans Skate Jam
2pm, Banzai Skate Park, North Shore

December 4

North Shore Chamber of Commerce Christmas Party
6pm, Waimea Valley
gonorthshore.org

December 5

SURFER Awards
5pm, Turtle Bay Resort
surfer.com/surfer-awards

December 6

Vans Duct Tape Festival
12pm, Pua'ena Point, Haleiwa

December 6

Surf Night
6pm, Sunset Beach Elementary School

December 7

NSCLT Benefit for the Country
5pm, Stables at Turtle Bay Resort
northshoreland.org

December 8

Volcom Art Mash
5pm, Volcom House, Pipeline

December 8 - 20

Billabong Pipe Masters
Ehukai Beach Park
WorldSurfLeague.com
VansTripleCrownOfSurfing.com

December 12 - 15

BWRAG Global Safety Summit
8am, Turtle Bay Resort
bwrags.com

December 13

Haleiwa Christmas Parade
6pm, Haleiwa Town

December 14

Exhibit Honoring Surfing Opens
Bishop Museum, Honolulu
bishopmuseum.org

Arbor Day Tree Give Away at Waimea Valley

By Chad Durkin

On Saturday November 2nd at 9 a.m. Waimea Valley will be hosting the annual Arbor Day tree give away, plant sale, and a seed exchange event hosted by Hawaii Seed. Waimea Valley has taken on the added kuleana this year of growing most of the two thousand trees that will be given away at five Oahu locations on Arbor Day. Deforestation and desertification of the land has been linked to human agriculture and urbanization. With the added challenge of climate change there is an even greater need for people to plant trees to offset CO2 emissions and promote global cooling. At Waimea we like to talk about our carbon handprint, the things we can do to reduce the atmospheric CO2. The Women's Correctional Community Center in Kailua is also growing 200 plants this year with support from Smart Trees Hawaii, The Kailua Outdoor Circle, and Waimea botanical staff. The hope is to use this transitional year to pass the Arbor Day torch to a new organization.

President Roosevelt officially proclaimed Arbor Day on April 10, 1872 following J. Sterling Morton's Arbor Day success of planting one million trees in Nebraska. Arbor Day came to the Territory of Hawaii in 1905. Then Governor Carter proclaimed November 3, 1905 as Arbor Day and recommended that all public schools participate with part of the day devoted to planting trees and shrubs on school grounds. The custom of giving away seedlings for Arbor Day on Oahu began in 1993 when Hawai'i graphic designer Cindy Turner enlisted the support of the Hawaiian Electric Company, Kaulunani the Urban Forestry Program of Hawaii's Department of Land and Natural Resources, and the U.S. Department of Agriculture. Since November 1993 more than 50,000 trees and shrubs representing some 50 species have been given out for the public to plant.

The Waimea Valley free tree pick up location on Saturday November 2, 2019 will be at the parking lot located on your left as you enter the Valley across the parking booth. Listed below are the some of the plants available, first come first serve, one tree per person, no reservations or holds, 9 a.m. start, no early birds please. The Waimea Valley seed exchange event also happens on Arbor Day, November 2, 2019. Visit the events page at Waimeavalley.net for more information. For other tree pick up locations please visit: arbordayhawaii.org

A'ali'i-Dodonaea viscosa: A small that grows tree 6 to 10 feet in height. The seed capsules that everyone loves for lei making vary in color from cream to green, pink all the way to deep maroon. Indigenous to Waimea and a keystone shrub species in our native reforestation efforts.

Kou-Cordia subcordata: This tree, popular for creating shade, was thought to be a Polynesian introduction until archeological remnants confirmed

it was indigenous to Oahu.

Milo-Thespesia populnea: This is an excellent tree for coastal properties that constantly battle with wind and salt spray. Known as a canoe plant, the wood was used by the early Hawaiians for poi calabash.

And if you want to plant some trees in Waimea 'Make a Difference Day' at Waimea Valley is on Saturday, October 26th 2019. Join Miss Hawaii 2019, Nikki Holbrook, for a day of volunteer activities along with community organization information booths. Tools and trees will be provided but please bring your gloves. Other recommendations are closed toed shoes, mosquito spray, sunblock, hat, rain jacket, water and a lunch. All ages are welcome, event time is from 8:30 a.m. to 2 p.m. Make your reservation with the volunteer coordinator by calling 808-638-5855 or email volunteers@waimeavalley.net to make a difference.



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BANZAI NORTH SHORE WIRELESS

TYPHOON HAGIBIS STORMED INTO JAPAN DEVASTATING THE COUNTRY

It was Super Typhoon Hagibis with sustained winds of 140 plus, a category 5. Hagibis means velocity and swiftness in Filipino and the storm acted just like its name. Surf swell poured into Japan starting about October 5th and developed into surf that has not been seen for 20 years. Some eyes were on the Olympic venue, Shidashita, and it was pumping. Of course big wave surfers went for the challenge in many spots while the storm caused havoc all around Japan and killing many residents. It was a devastating storm and we send our regards to our friends in Japan.

SURF CITY EL SALVADOR PADDLEBOARD CHAMPIONSHIP

The International Surfing Association announced that the 2019 ISA World StandUp Paddle and Paddleboard Championship will take place in El Salvador November 23 - December 1. This will happen at a great point break called El Sunzal. The event, the 'Surf City El Salvador' ISA World SUP and Paddleboard Championship will highlight its role in El Salvador's long-term strategy to promote its world-renowned surfing destinations. This event will mark 8 consecutive years that the ISA has run the World Championship, crowning the first World Champions in 2012 in Peru. Succeeding editions of the event were held across four continents in Peru (2013), Nicaragua (2014), Mexico (2015), Fiji (2016), Denmark (2017), and China (2018), exemplifying the universal appeal of the sport.

Record participation was reached in 2017 when 286 athletes from 42 nations descended upon the waterways of Copenhagen, Denmark, as well as the country's rugged northwest coast known as Cold Hawaii. In 2018 Team Australia continued their domination in the event, earning their sixth Team Gold Medal over the event's seven editions. Australia's Shakira Westdorp won gold and is a world renown big wave rider who is invited to the Queen of the Bay big wave surf contest. Another wahine Izzi Gomez, who is a World Champion SUP surfer, has been invited into the Big wave event. She won gold last year in the sup surfing event in China.

Under ISA leadership, SUP has gained momentum in the Olympic Movement with inclusion in several multisport events. Most recently, as part of the ISA governance of SUP, it celebrated its most significant Olympic Movement inclusion to date by joining

the Sports Program of the Lima 2019 Pan American Games.

MALAMA PUPUKEA WAIMEA BAY BEACH PARK CLEAN UP - OCTOBER 30

Come join the Red Bull Queen of the Bay Women Big wave surfers, banzaibetty.com productions and our North Shore community of environmental warriors at Waimea Bay Beach Park to make our park beautiful! The clean-up will be from 9 a.m. to 12 p.m. on October 30th. Bring your water bottles, hard toed shoes, masks and some muscle and help make the park awesome. Malama Pupukeya Waimea works with the Pupukeya Marine Life Conservation district for community education and marine life protection! Banzai Productions is working to raise funds for the organization so please help and log into the web site to help! <http://pupukeyawaimea.org/get-involved/>. Join in the clean up fun, Banzai productions will bring the pizza! Aloha

ACE COOL REMEMBERED

Alec Cooke was a North Shore hero in most eyes. A character for sure but a guy with a big heart and crazy ideas that he sometimes pulled off. He actually invented the first big wave vest, a wet suit with an oxygen tank on the back. He jumped out of a helicopter to ride the giant waves of Kaena Point and Pipeline outer reefs. He organized the first tow-in competition on the North Shore and was a staunch environmentalist when it was not so stylish. I want to remember this character for his generous gifts to Hawaii and everyone around him. You can see his board he rode from the day he was missing at Third Stone Surf Shop in Waialua. Steve who owns the surf shop tells a story about how Ace gave them the first barrel of resin to start the shop. That is typical Ace Cool. A person to remember! He was surfing at Waimea Bay on January 3, 2015 and was never seen again! A typical way for him to go! Aloha Ace Cool!

Keiki Halloween Costume Contest and Trick-or-Treating

Sunday, October 27 at Haleiwa Store Lots

There will be Trick-or-Treating at participating stores. The keiki costume registration is at 2pm for three age groups: under 3, ages 4-8, ages 9-12.

The contest begins promptly at 4pm.

Kahuku Medical Center to Host Mammography Open House for Breast Cancer Awareness Month

With October being Breast Cancer Awareness Month, Kahuku Medical Center wants to introduce the community to its new mammography service with a special open house on Tuesday, October 29.

The open house is scheduled from 3 p.m. to 6 p.m. in the hospital's imaging department on the first floor of the facility's main wing. The event will begin with a traditional Hawaiian blessing and include tours of the hospital's state-of-the-art equipment, meet-and-greets with the imaging team, entertainment, refreshments from the in-house cafe, and prize giveaways.

The event is free and open to the public; no registration is required.

For women ages 40 and older, mammograms should be part of a yearly physical routine and do not require a doctor's referral. Women who are under 40 and have a family history of breast cancer or other concerns about their risk should speak with their doctor to determine when to begin mammography screening.

"Having a mammogram is the single most effective method of early breast cancer detection, and we're proud to provide convenient and close access to this vital service to the North Shore communi-

ty," said Diane Hale, Chief Nursing Officer at Kahuku Medical Center. "We encourage women in the Ko'olauloa region to come learn more about breast cancer detection, how easy the mammography process is, and most importantly, schedule a screening."

To schedule an appointment for a mammogram, call Kahuku Medical Center (808) 380-1426. Scheduled appointments are available on Monday, Tuesday, Wednesday and Friday from 9:00 a.m. to 6:00 p.m.; walk-ins are also available before 3:30 p.m. Most medical insurance is accepted and KMC staff will also be able to assist patients who do not have insurance coverage.



Waialua High & Intermediate School

2019-2020 BELL SCHEDULE

November Upcoming Events:

- 11/5 Parent Workshop, "Cyber Safety"
5pm-7pm, School Library
- 11/7 Flu Clinic, 8:30am-10:30am,
School Health Room (students only)
- 11/7-11/11 Robotics Event, "2019 Pan Pacific
VEX EDR Championship, WHIS Gym
- 11/11 No School, Veterans Day
- 11/18 Blood Drive, 7:45am-1:45pm,
Gym Parking Lot
- 11/19 School Community Council Meeting,
3:45pm, School Library
- 11/27 Second Cup of Coffee, 8:15am,
School Library
- 11/28 No School, Thanksgiving Day
- 11/29 No School, School Holiday

MON	TUES * THURS * FRI	WED	ASSEMBLY
Period 1/2 (75) 8:00 - 9:15	Period 1/2 (75) 8:00 - 9:15	Period 1/2 (75) 8:00 - 9:15	Period 1/2 (75) 8:00 - 9:15
Recess (15) 9:15 - 9:30	Recess (15) 9:15 - 9:30	Recess (15) 9:15 - 9:30	Recess (15) 9:15 - 9:30
Period 3/4 (70) 9:35 - 10:45	Period 3/4 (70) 9:35 - 10:45	Period 3/4 (70) 9:35 - 10:45	Period 3/4 (70) 9:35 - 10:45
Intermediate School Lunch (30) 10:45 - 11:15	Period 5/6 (70) 10:50 - 12:00	Intermediate School Lunch (30) 10:45 - 11:15	Intermediate School Lunch (30) 10:45 - 11:15
Period 5/6 (70) 11:20 - 12:30	Intermediate School Lunch (30) 12:00 - 12:30	Period 5/6 (70) 11:20 - 12:30	Period 5/6 (70) 11:20 - 12:30
High School Period 5/6 (70) 12:35 - 1:15	Power Block (40) 12:35 - 1:15	High School Period 5/6 (70) 10:50 - 12:00	High School Period 5/6 (70) 10:50 - 12:00
Period 7/8 (70) 10:50 - 12:00	High School Lunch (30) 12:00 - 12:30	Period 7/8 (70) 12:00 - 12:30	Period 7/8 (70) 12:00 - 12:30
Lunch (30) 12:00 - 12:30	Power Block (40) 12:45 - 1:15	Period 7/8 (70) 12:35 - 1:45	Period 7/8 (70) 12:35 - 1:45
Period 7/8 (70) 12:35 - 1:45	Period 7/8 (70) 1:20 - 2:30	Teacher Time (15) 1:45 - 2:30	Assembly (40) 1:50 - 2:30
Power Block (40) 1:50 - 2:30	Teacher Time (30) 2:30 - 3:00	Staff Meeting (60) 2:00 - 3:00	Teacher Time (30) 2:30 - 3:00



Power Block Schedule

	Grade 7	Grade 8	High School
Mon	Motivational Mondays	Motivational Mondays	OP
Tues	Learning Logs	Advisory	Advisory
Thurs	DAWGS	Learning Logs	DAWGS
Fri	Advisory	DAWGS	DAWGS



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MINIATURE ART

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**Tuesday,
November 5
at 5:30 pm**

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Please come early!



CHRISTY NATHAN
Kahuku's New
Children's Librarian

HALAU 'O KO'OLAULOA RESILIENCY HUB

Fran Palama Dotty Kelly-Paddock



Tuesday, November 12 at 5:30 pm
Refreshments will be provided!



**Movie:
TOY STORY 4 (G)**
**Tuesday, November 26
at 5:30 pm**

Bring your own snacks/dinner!



KAHUKU HIGH ELA Freshman class

with Ms. Karin Hansen Del-Rey
Tuesday, November 19

at 6:00 - 7:00 pm

Refreshments will be provided!

KEIKI MUSIC

**Monday,
Nov. 4 and 18
at 10:00 am**



**Wednesdays
2:00 - 4:00 pm**



**Nov. 1, 8, 15, 22
at 10:00 am**

DIY HOLIDAY GIFTS

**SEWING WORKSHOP
KAHUKU COOL LAB
AT 5:30 PM**



**CHOOSE FROM:
Slippah Mop, Car Wash Mitt,
Tote Bag, or a Holiday pillow
REGISTER ONLINE**

LIBRARY CLOSED

**Monday, November 11
Veteran's Day**



**Thursday, November 28
Thanksgiving Day**



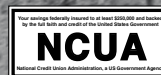
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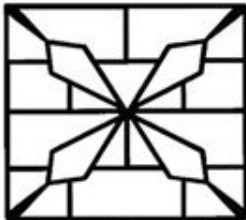
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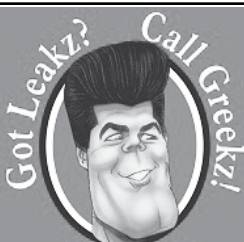
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PLEASE BRING YOUR OWN REUSABLE WATER BOTTLE AND CLOSE-TOED SHOES IF YOU WANT TO VENTURE INTO THE WILD BRUSH.





North Shore Food Bank

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and

North Shore Service Center

IHS, Alea Bridge, Catholic Charities, US Vets

Wednesday, November 6, 2019

Wednesday, November 20, 2019

Waialua Community Association

9:00am - 1:00pm

Waialua Public Library
UPCOMING EVENTS

67-068 Kealohanui St, Waialua, HI 96791

637-8286

Used Book Sale

Saturday, November 16, 8:30am-12:30pm

Last Book Sale of 2019

Writers' Group

Saturday, November 9, 11am

Topic: "Big Bang"

Readers' Group

Thursday, December 5, 9:30-11am

Eleanor Oliphant is Completely Fine

By Gail Honeyman

Recurring Events

Toddler Time - Fridays, 10am

Storytime - Saturdays, 10am

Computer Instruction (by appointment)

 **Halloween Fun At The Library**

Waialua Elementary's grade 1 students decorate the library every fall with paper pumpkins as part of their art curriculum. Stop by to enjoy their creativity and to vote for your favorite October 15-31.



MITCHELL KIYOHIRO

August 30, 1958 – October 10, 2019

Our friend Mitchell Kiyohiro passed away peacefully at Wahiawa General Hospital Hospice on October 10, 2019. Mitchell was a long time volunteer for Once A Month Church and Pastor Ron Valenciana's "right hand" man. After Ron passed Mitchell continued volunteering with Linda Seyler and the North Shore Food Bank.

Whether it was delivering food, giving someone a ride, making food bags, cooking rice or BBQing at the car wash, Mitchell was always willing and available. He will be missed.

Pastor Ron wrote this poem to Mitchell during a Once A Month Church "huli huli" chicken fundraiser at Turtle Bay.



God bless brother Mitch today
On this glorious 4th of July
Lord, don't let too much smoke
Get in his eyes

Keep him strong & breathing clear
Give him supernatural strength da kine "no fea"
Send him helpers to cook with mighty fire
Let it be done to his full desire
Watch over Mitch, Lord, both day & nite
Help him pau by fireworks time
Bless his talents & his gifts
But most of all his big heart
"of willingness"

*written by Ron Valenciana to friend Mitchell
July 4, 2012*



CLASSIFIEDS

The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses. Extra copies may be obtained at our office.

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Next Issue - Nov. 6, 2019
Deadline Date - Oct. 25, 2019

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MISCELLANEOUS

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CAR WASH
Saturday, November 9
9am at the WCA
All proceeds go to the North Shore Food Bank
We will have a drop off box for blankets and canned goods.

**Blood Bank of Hawaii
Donate Blood**
Friday, November 1
Wahiawa General Hospital
7:30am - 12 noon

Hawaiian Electric Fundraiser Cookbook to help raise funds for Aloha United Way. The cookbook is a great gift with 160 ono recipes only \$14. Order forms available at: www.hawaiianelectric.com/AUW cookbook or call 543-4606 to place an order. You can also pick up a copy at Mililani High School Craft Fair Dec 14, 9am-2pm

North Shore Chamber of Commerce is looking for volunteers!
Please call 637-4558 for more info.

FREE Wooden Pallets
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Halloween at North Shore Country Market
Saturday, October 26 at Sunset Beach Elementary.
Recycle Art/Mask Making, Costume Contest, Spooktacular Haunted Cave & gift bags.

October is Pastor Appreciation Month

Parkinson's Group Meeting
Group meets at the Waiialua United Church of Christ on the 1st Saturday of every month. Friends & Family Welcome
Next meeting Nov. 2 @10am
northshoreparkinsons@gmail.com

North Shore Country Market
Welcome New Vendors
Only \$15 Space Fee
Info online
NorthShoreCountryMarket.NGO

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Friday, Oct. 25 10am
Waiialua Community Association

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North Shore Serenity AL-ANON
6:30 - 7:30pm Wednesdays
St. Michaels Church
Cottage in back of Church

Would you like to get the North Shore News via email in color! Just send us a message at: NSNHaleiwa@gmail.com and you get the NSN online every two weeks!

Waiialua Farmers Market
Saturdays, 8:30am - 1pm
Historic Waiialua Sugar Mill

Kahuku Medical Center Invites You To Think Pink!



*I*n honor of Breast Cancer Awareness Month and in celebration of our new mammography services, Kahuku Medical Center invites you to join us for a blessing followed by a special open house.

Learn more about our state-of-the-art equipment, meet the imaging team, enjoy refreshments from our in-house café and receive fun giveaways and prizes! The event is free and no registration is necessary.

Did you know?

- Mammography is the single most effective method of early breast cancer detection.
- Kahuku Medical Center now offers mammography services in the heart of our community.
- No doctor referral is needed for women 40 years and older to get a mammogram – simply make an appointment!

For more information on our open house event, or to book an appointment, please call (808) 380-1426.

Most insurance is accepted, and assistance is available to patients who do not have coverage.

For women 40 and older, mammograms should be part of a yearly physical routine and do not require a doctor's referral. Women who are under 40 and have a family history of breast cancer or other concerns should speak with their doctor to determine when to begin mammography screening.



Kahuku MEDICAL CENTER

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