

"E Ala Na Moku Kai Liloloa"

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Kahuku Medical Center
Invites You to Think Pink!

Back cover



Pono

NORTH SHORE NEWS October 9, 2019 VOLUME 36, NUMBER 19



Photo: Junior Women's Crew 2019
Bottom, left to right: Pomaika'i Kama, Chloe Boncato, Zoe Keli'i, Tiffany Ono, Kiani Watkins-Dekert. Top, left to right: Destiny (Keahi) Amina, Kalei Baptista, Brianna Wood, Tierney Apuakehau, Azlynn Gella, Rylynn Esteron, Tina Watanabe

Manu O Ke Kai Junior Women Cross the Kaiwi Channel

The Manu O Ke Kai Canoe Club Juniors, ages 16-18, made club history on Sep. 22 by lining up next to 70 other outrigger canoes on the start line of the Na Wahine O Ke Kai. They were the first juniors crew from the North Shore to compete in the 41-mile race from Moloka'i to O'ahu across the rough waters of the Kai-

wi Channel. Following months of rigorous training under Coach Tavita Ma'ea, these young women were prepared mentally and physically for the marathon journey. Light winds made for hot and grueling conditions, but the crew of 12 paddled together with strong hearts and determined minds to successfully complete the cross-

ing in 8 hours and 50 minutes and place 4th in their division. Congratulations to these amazing girls who represent the future of outrigger canoe paddling!

Congratulations also to the Open Women's crew, coached by Robert Pactol, that finished 15th in their division. The women's long distance crews would like to send a big mahalo to their generous local sponsors: North Shore Soap Factory, Team Real Estate, and Dr. John Corboy of Hawaiian Eye Center.

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OFF da Island in Montana

Retired North Shore Lifeguard, Jerry Miller and his wife Raini, of Mililani took an anniversary trip to the wilds of Montana, outside Glacier National Park. They spent their days horseback riding and fishing, filling their tummies with trout!





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Dinner by Ke Nui Kitchen & Moon Walk

Friday October 11, 5pm at the Proud Peacock

50% OFF moon walk admission with all dinner reservations! Experience the moonlit Valley at night ... Full details/pricing, menu, and online reservations at waimeavalley.net

Harvest Moon Dance Fundraiser

Friday October 11, 7pm at the Pikake Pavilion

All proceeds benefit programs to preserve and perpetuate Waimea Valley's cultural and natural resources! ··· Full details and tickets available online at waimeavallev.net





Arbor Day Giveaway & Seed Exchange

Saturday November 2, 9am - 12pm

We're celebrating Arbor Day with FREE giveaways of trees, shrubs, and native plants; plus, a special seed exchange in partnership with Hawai'i SEED and Slow Food O'ahu

Makahiki Festival & Heiva Tu'aro i Vaihi

Saturday November 9, 9am - 3:30pm

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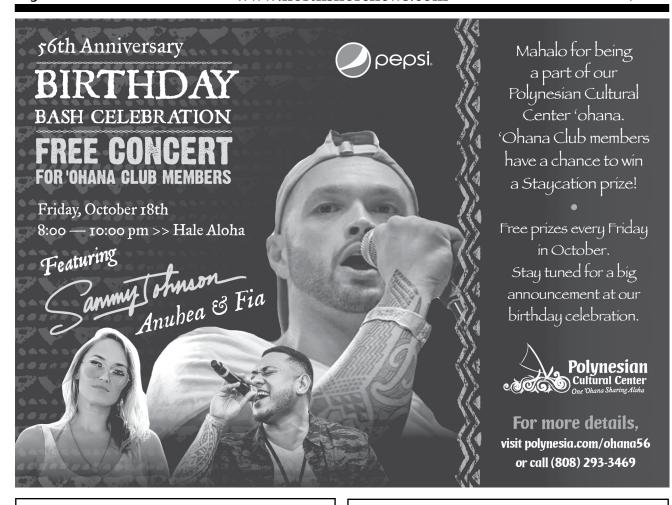
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Saturday, October 26, 2019 10:00 a.m. - 2:00 p.m.

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Fire Station 18 Kailua - parking lot Hawaii State Capitol - Beretania Street drive-thru Kahala Mali - inside mali, near Kilauea Avenue entrance Waialua Community Assn. Gym - parking lot Kapolei Police Station - parking lot Pearl City Police Station - parking lot Pearl Harbor Navy Exchange (NEX) - main lobby Town Center of Milliani - Meheula Parkway side of mall Windward Mali - inside mali, near food court High Station OF HAWAII: Ka Waena Lapa'au Medical Complex - upper parking lot thawaii Police Department Kona Police Station - parking lot Kaual Police Department - parking lot For more information please visit www.deagov or call (808) 541-1930.		
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For more information please visit www.dea.gov	MAUI:	
please visit www.dea.gov	Maui Police Department - parking lot	55 Mahalani Street, Wailuku, HI







North Shore Food Bank- Jon Bierly (UPS Operations Manager) & his UPS team joined North Shore Food Bank director Linda Seyler (not pictured) and the NSFB volunteers for a great day of community service. Photo: LS/NSN

NORTH SHORE COUNTRY MARKET SERVING THE COMMUNITY

This holiday season, we are continuing our 25th Anniversary
Celebration with a Hallowe'en kick-off event on Saturday, October
26 at Sunset Beach Elementary School. There will be Recycle
Art/Mask Making; a costume contest and parade; and a
Spooktacular Haunted Cave. Many local merchants are
donating awesome prizes and gift bags.

Other special Saturdays on the calendar this year will include surf-themed events and a co-operative bike trail clean-up. For Thanksgiving week we will have a Gratitude Graffiti interactive installation for kids of all ages.

Please stop by the Market for more details and information on any Saturday between 8 a.m. and 2 p.m. at the school across from Banzai Pipeine. Mahalo!



www.northshorecountrymarket.ngo





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Senator Gil Riviere

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Can We Save Ag Land?

A new working group has been formed to review subdivision and condominium laws relating to agricultural lands. As we all know, there is constant temptation by developers around the North Shore to carve up large agricultural parcels into smaller units, and then sell them to buyers who may have no intention of farming the land. Accordingly, much of our ag land devolves into gentlemen estates, or fake farms.

I regularly speak with constituents from around the district about these concerns and I remain in constant contact with the regulatory agencies. Unfortunately, the regulatory system is not up to the challenge for some situations and enforcement is always difficult.

In recent years, I have introduced various pieces of legislation to give more enforcement tools to the county planning departments and the State Land Use Commission. In nearly every case, the measures pass out of the Senate, only to die in the House or in Conference Committee.

SB381, introduced by Senator Dela Cruz, directs the Office of Planning, Land Use Commission, Real Estate Commission, and Honolulu Department of Planning and Permitting to study land subdivision and condominium property regime laws related to agricultural land and report findings and recommendations to the Legislature. It also requires the counties to adopt supplemental rules on condominium property regimes, including those that involve agricultural lands.

Over the last two years, I have worked more closely with Senator Del Cruz, who is also frustrated with the loopholes that plague enforcement of agricultural land policies. SB381, which became Act 178 this year, creates an interagency and stakeholder working group to address this vexing issue.

At the first meeting, nearly every example brought up for discussion is in our district. After years of working on these challenges, I helped inform the members of the intricacies related to each scenario. I called on the members to commit to solving the problem, rather than focus on why every proposed solution cannot work. We will continue with monthly meetings and optimism for a broad consensus.

Regarding agricultural lands, many owners are frustrated after buying a unit in a condominium property regime (CPR) and learning they cannot legally build a dwelling. There is a big difference between CPR units and subdivided lots. If a 100-acre parcel is legally subdivided into 50 2-acres lots, then all 50 lots can be permitted a dwelling or two. On Oahu, the creation of a CPR does not increase housing density or alter zoning. In other words, if there are 50 2-acre CPR units on a 100-acre parcel, only two dwellings might be permitted across the entire 100 acres; i.e., 48 units will not be allowed a dwelling. Buyers should also understand that it is against the law to sell land with a promise for a specific CPR unit or subdivided lot that does not yet legally exist.

Please do not hesitate to call or write if you have any opinions, questions or solutions that might help me better represent you. My phone number is 586-7330 and email address is SenRiviere@capitol. hawaii.gov. Follow us on FaceBook or online at SenatorRiviere.com. Please visit us in Room 202 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.

Waialua Grad and Culinary Arts Student to Compete for Team USA Title

William Barerra, WHS Class of 2017, will compete alongside Chef de Cuisine, Jeffery Hayashi on November 11, at the Culinary Institute of America's Copia campus in Napa, California.

If the two win they will become Team USA training in Napa for the 2021 Bocuse d'Or in Lyon, France.





Representative Lauren Matsumoto Serving You in District 45

Aloha Friends and Neighbors!

One of my favorite things about being a State House Representative is investing in the next generation through activities such as internships. Over the past several years I've had dozens of interns from our local high schools, universities, as well as other countries like Armenia, China, and Turkey. I value learning from young leaders and enjoy teaching what I know about public service, leadership, and the legislative process.

As a co-convener for the Hawaii State Women's Legislative Caucus, I have been working for the last few years with my colleagues at creating a formalized internship program. I'm excited to announce that after much hard work, the Women's Legislative Caucus is officially launching an internship pilot program for the 2020 session! The WLC has been working with Place-Based After-School Literacy Support and the Department of Education to craft curriculum and a learning plan for prospective interns.

The WLC High School Legislative Intern Program is a unique opportunity for female junior and senior Department of Education students to have hands-on learning within the legislative process. Interns will be matched with a host office and their staff to learn how to conduct research, track and analyze legislation, and write bill briefs. Student interns can also be eligible to apply for a community service credit.

Students will work at least four hours a week with their host legislator at the Capitol, in the legislator's district, or virtually. They'll also work with the other program interns to discuss policy, American principles of democracy, and leadership skills directly from legislators and other community experts. Some of the themes that the young women will focus on during this program include:

How do we understand key concepts of gender, power, authority, democracy, the common good and individual rights? What are the most important public policy issues facing women in your community? What do young women need to understand and know how to do to take political action?

I'm very excited to launch this program alongside other members of the Women's Legislative Caucus! If you'd like to apply or find out more information about the program, please email my office at RepMatsumoto@capitol.hawaii.gov or give me a call at (808) 586-9490. As always, please feel free to contact me if you have any questions or concerns about happenings in our community.



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Pets As Emotional Support Companions

Naty Camit Hopewell Koʻolauloa Community Health Center

For many years, we in the health field, have been aware of the value of pets in supporting people in their everyday lives. Pets are brought in to children's hospitals to cheer up children suffering from serious illnesses. Many of our homeless population have dogs as their sole companion and to provide emotional support. People with mental health issues, such as depression and anxiety, have pets to provide therapeutic relief. People with depression find solace in pets who don't make demands from them emotionally.

There is a difference between dogs who have been trained and licensed to provide physical assistance to their masters, such as people who are blind, and pets who provide emotional support for their owners. Licensed dogs are allowed to accompany their masters in all venues—public transport, restaurants, business offices, etc. Not so for emotional support animals. However, there are two laws addressing emotional support animals.

The Fair Housing Act requires that landlords

provide reasonable accommodations for pets unless it is a very large animal (such as a horse) or causes undue financial burden. The Air Carrier Access Act (ACAA) allows pets to fly with their owners, if they have a letter from a licensed therapist or their medical provider justifying why they need their pets to accompany them while traveling. Traveling can be very stressful for some people and having their pets by their side can alleviate a great deal of their anxieties.



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Dear Editor,

"How are you doing son?" "Alright Dad, just sun bathing in this beautiful weather." "I have a question for you Dad which I would like your point of view on." "What is it son?" "You know that by pass by Haleiwa where the grass is growing in the middle of the road, are they waiting for it to grow a bit higher and then mow it or are they planning to create a lawn and trees down the middle of the road?" "I think that would be really nice maybe even flowers since we sit so often in traffic." "Yes, son that would be nice."

Sincerely, Neil Campbell Purple House

Dear Editor,

The pet we loved...A Dog's Plea...

Treat me kindly, my beloved friend, for no heart in all the world is more grateful for the kindness than the loving heart of me.

Do not break my spirit with a stick, for though I should lick your hand between blows, your patience and understanding will more quickly teach me the things you would have me learn.

Speak to me often, for your voice is the world's sweetest music, as you must know by the fierce wagging of my tail when your footsteps falls upon my waiting ear.

Please take me inside when it is cold and wet, for I am a domesticated animal, no longer accustomed to the bitter elements. I ask no greater glory than the privilege of sitting at your feet beside the hearth.

Keep my pan filled with water, for I cannot tell you when I suffer thirst.

Feed me clean food that I may stay well, to romp and play and do your bidding, to walk by your side and stand ready, willing and able to protect you with my life, should your life be in danger.

And my friend, when I am very old, and I no longer enjoy good health, hearing and sight, do not make heroic efforts to keep me going. I am not having any fun. Please see that my trusting life is taken gently. I shall leave this earth knowing with the last breath I draw that my fate was always safest in your hands.

Author Unknown

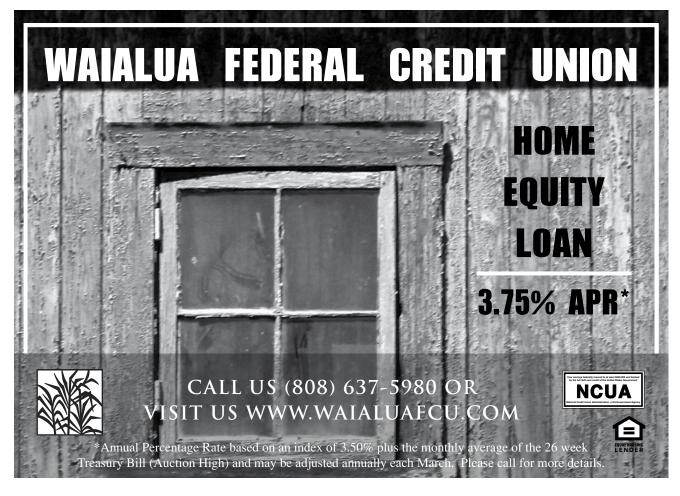
The pet we loved will remain with us forever, and cherished memories will abide within our hearts reminding us that the love we shared together is eternal.





Win a \$50 Gift Certificate

Come to the North Shore Chamber of Commerce office at 66-434B Kamehameha Hwy (next to Waialua Gym) and guess how many pieces of candy are inside this Jack O' Lantern. The closet estimate wins a \$50 gift certificate at Jerry's Pizza.





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Malama Loko Ea Foundation's 10 Year Celebration **A Huge Success**

Founded by friends Benson Lee and James Estores, Mālama Loko Ea Foundation (MLEF) continues to restore Loko Ea fishpond while sharing Hawaiian culture, promoting land stewardship or mālama 'āina, advancing STEM through fishpond education, and fostering community building. MLEF strongly believes in mālama 'āina and is the first Hawaiian fishpond to own a dredge which will deepen the pond for optimal fish growth. In the past decade of serving community, MLEF has touched well over 38,000 guest learners and volunteers!

To commemorate their first 10 years, Mālama Loko Ea Foundation held Sake & a Sunset on Saturday, September 28, 2019. MLEF sends a mahalo nui loa to the following community businesses, partners, and individuals. Their generosity allows MLEF to continue.

Kamehameha Schools Nakupuna Foundation **Enterprise Holdings** Turtle Bay Foundation

McDonalds Hale'iwa

Kahala Hotel & Resort Pam Omidyar Foundation Hawaiian Steam, Inc.

Akahi Solutions Paradise Landscaping Paradise Party Rentals

Mari's Gardens North Shore News

Enviroservices & Training

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Ted's Bakery

Uncle Bo's Haleiwa Island Vintage Coffee

Fresh Catch Flyin' Ahi

Counter Culture Organic

Farms

Jen's Catering Lori McKeown Photography

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Shaka Teas

Honolulu Cookie

Company Cookie Corner Anahola Granola Nancy's Sweet Treats Eco Wash Hawaii North Shore Woods Island Reclaimed Wood Royal Hawaiian Shopping

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Manoa Chocolates

Persuasion Kalei Gamiao

Mānele

Dael Lunasco Paul Gemeno Boy Amper Dan Kalili

Ku'umeaaloha Gomes Gil & Liz Riviere Wai'ale'ale Kapali

David Adler Ron Nichols Tim Tybuszewski Leah Koonce Tisha Louis

Kawela Farrant & Pia

John Kaui Gavin & Mike Robin, Kiana, Keoni Jay & Aimee Bines Korilynn Kapaona Desiree Somera Corinne Cambonga

Ted Lunasco

To learn more about Mālama Loko Ea Foundation, please visit lokoea.org.



Loko Ea Board- Kalani Fronda, Rowena Estores, Doreen Rabago, Rae DeCoito (Executive Director), Benson Lee & James Estores Photo: Lori McKeown Photography













BANZAI NORTH SHORE WIRELESS

CESSPOOL CRUD-CALL GECKO PLUMBING-GET THE TAX CREDIT TILL 2020

What is a cesspool? A hole in the ground where untreated human waste is deposited. Hawaii has a lot of them and the North Shore is on the map for one of the worst areas for "dirty water runoff". That means don't go into the ocean!

It's becoming more of a problem as the ocean rises and sucks out drainage from underground. There is over 52 million gallons of cesspool water seeping into the ground every day in Hawaii and over 90% of our drinking water comes from underground water wells. Easy to see the problem. Now is the time for everyone to upgrade because there is a tax credit available until December 31, 2020! Yes it is expensive for a home owner but it just must be done! Act 120 provides a temporary income tax credit for the cost of upgrading. Are you pumping pumping pumping? Pump no more, get it done asap and try to get that credit. Here is the link, http://health.hawaii.gov/ wastewater/home/taxcredit/. Our own Gecko Plumbing has been doing a lot of them so give them a call asap, they are experts at handling your poop! 637-3240 It's time to help protect our beautiful area!!! This is not an advertisement, it is a necessity!!! Love, shine, glow!

NORTH SHORE ENVIRONMENATL HEROS

On October 5, the Surfrider Foundation will host its 5th annual West Coast One Ocean benefit to support the protection of our ocean, waves and beaches at the eco-friendly farm, The Ecology Center, in San Juan Capistrano, California. Celebrating 'Women Making Waves,' this year's high-profile event will honor environmental activist Kim Johnson, founder of the Kokua Hawai'i Foundation and the Johnson Ohana Foundation. "Our annual One Ocean event brings together leaders from the fashion, surf, business and music industries to protect clean water and healthy beaches," said Surfrider's CEO, Dr. Chad Nelsen. "For this year's West Coast event, we're excited to celebrate coastal defender, Kim Johnson, whose dedication to environmental initiatives and plastic pollution solutions have impacted millions of people worldwide."

"I first heard about the Surfrider Foundation in college, went to a few events, and then really connected with the organization when my husband, Jack, started playing live," said Kim Johnson. "We invited Surfrider to table at all the shows, which was the beginning of our longstanding relationship. When we launched our All At Once campaign in 2008, we brought a Surfrider Rise Above Plastics representative on the road with us to engage fans on the topics of plastic waste reduction and healthy oceans. Our Kokua Hawai'i Foundation and the Johnson Ohana Foundation have also worked closely with Surfrider Hawai'i and San Diego chapters to

help support and expand the Ocean Friendly Restaurants program nationwide." Applause for Kim Johnson and her Ohana for all the hard work!

MALAMA PUPUKEA WAIMEA, HEROS

Malama Pupukea Waimea is a volunteer-based non profit formed in 2005 as part of the State's Makai Watch Program. They watch over and educate people about the Pupukea Marine Life Conservation district that is from three tables to Waimea Bay. My company, Banzai Enterprises and the Red Bull Queen of the Bay are teaming up to help with their projects and you can too. Volunteers are needed to take care of the fish, sea turtles, coral reefs and other marine life. Look for them at Three tables at their tent on weekends and look them up on line at http://pupukeawaimea.org . Here are some things you should remember!

Pono Practices

While these are not law, they ask that everyone follow these practices that help ensure the health of the reef ecosystem.

- Step in sandy areas, not on the living coral.
- Pick up trash from the water and the beach.
- Don't feed the fish.
- Keep a safe distance from all marine life.
- Take only pictures—leave all shells and coral.
- Use waterproof and reef safe sunscreen.
- Use the public restrooms.
- Help to keep Hawai'i beautiful by sharing this information with your friends.

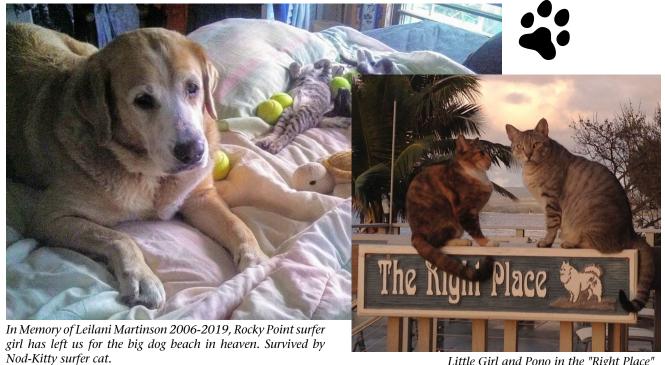
MARK YOUR CALENDAR

Surfrider Foundation's Oahu Chapter would like to invite you to join them for the 17th Annual John Kelly Awards Celebration at beautiful Waimea Valley on November 16th, 2019. The annual fundraiser and awards ceremony honors leaders in environmental protection and pays tribute to the memory of legendary community organizer and activist, John Kelly of Save Our Surf. The awards ceremony recognizes a local surfer, company, nonprofit, and lifetime achievement winners who embody the spirit, mana, and dedication of Mr. John Kelly. Join in the fun! It's a night filled with festive music, delicious food, lively libations, live art and entertainment, premier silent auction, and the company of our amazing community. Your support will ensure that Surfrider Foundation's O'ahu Chapter continues its mission of working to protect our world's oceans, beaches, and waves. This years winners are

Lifetime Achievement: Ruth Gates Hawai'i Based Company: Local I'a Surfer/Waterperson: Carissa Moore

Community Wavemaker: Sierra Club Hawai'i https://oahu.surfrider.org for more information

NS PETS



Little Girl and Pono in the "Right Place"



Nate Dogg most handsome burger date on the NS

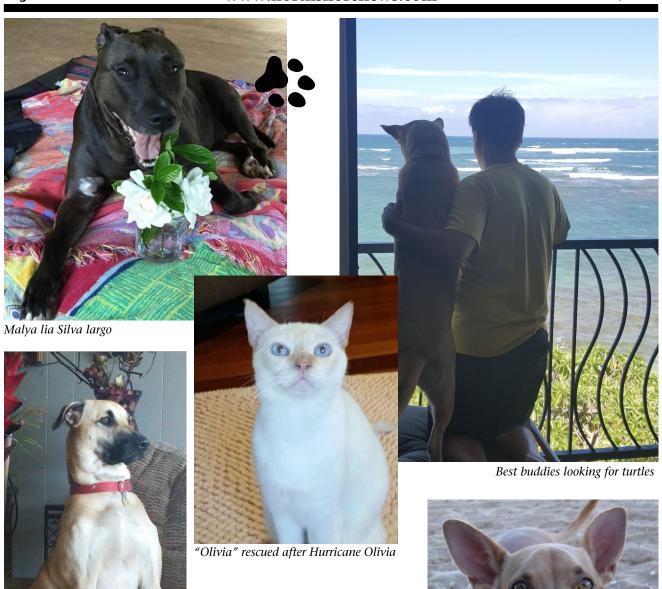


Nani and Lele are great friends and love playing together in Haleiwa

Kittens fixed by Poi Dogs & Popoki The Big Fix- Friday, October 25 at Waialua Community Asso. Poidogsandpopoki.org



Hau'oli La Ha'nau - her favorite pastime finding sticks





Nala beach lover



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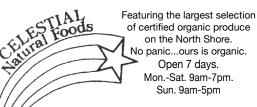


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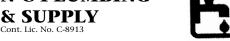


North Shore Food Bank Feeds Our Pets in Need Visit the North Shore Food Bank Wednesday, October 16, WCA @nsfoodbank



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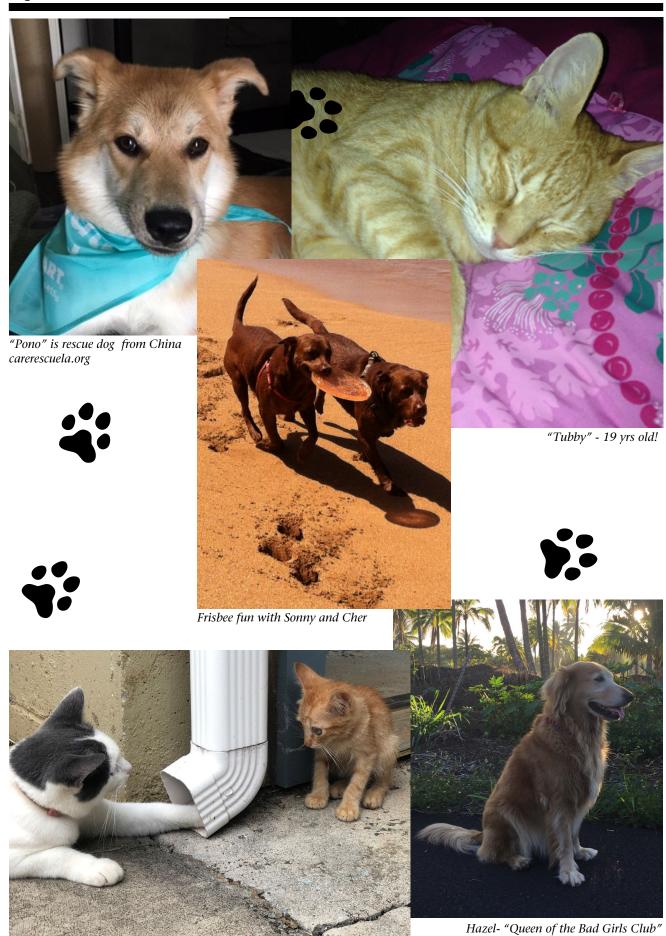


IKF Waialua Dojo Waialua Elementary School

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Lulu and David, curiosity at first sight

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Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

MAIL: 66-437 Kamehameha Hwy., Suite 210, Hale'iwa, HI 96712 E-MAIL: NSNHaleiwa@gmail.com PHONE: (808) 780-8037 Office Hours: Monday – Friday 10 a.m.-2 p.m. www.northshorenews.com



Next Issue - Oct. 23, 2019 Deadline Date - Oct. 11, 2019

> NOAA Stranded, Entangled Injured Sea Turtles (808) 725-5730

OFF da ISLAND

Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, telephone number and photo location to: NSNHaleiwa@gmail.com.

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October is Pastor Appreciation Month

Miscellaneous

Vampire Season Donate Blood

Laie Shopping Center Saturday October 19, 2pm -6pm Blood Bank of Hawaii bloodbanktough.org

> FREE Wooden Pallets Good Condition See Bernie at the Waialua Community Association office 9am-2pm 637-4606

Adult Sewing Classes at the Waialua Comm. Asso. -Beginners Classes for Fall

Bag Making Sewing Classes Series Tuesday evenings 7-9pm Sept 17- Nov 5 -Intermediate/Advanced Classes Friday mornings 10am-12pm Sept 20-Oct 25

-Membership to WCA required \$10. yearly, sign-up at the WCA office 9am-2pm -Class fee \$10/day Please contact Nonette for more information: 225-9421

nonetteu@gmail.com

Step Out for Animals Hawaiian Humane Society

October 13 Victoria Ward Park- 5-8pm HawaiianHumane.org

43rd Annual North Shore Menehune Surfing Championships October 19, 20, 26 & 27 Haleiwa, Ali'i Beach Park

ANIMAL CRIME STOPPERS 955-8300

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Parkinson's Group Meeting

Group meets at the Waialua United Church of Christ on the 1st Saturday of every month. Friends & Family Welcome Next meeting Nov 2 @10am manshoj001@hawaii.rr.com

North Shore Country Market

Welcome New Vendors Only \$15 Space Fee Info online NorthShoreCountryMarket. NGO

North Shore Christian Fellowship

Ohana Produce Distribution Friday, Oct. 25 10am Waialua Community Association

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North Shore Serenity AL-ANON

6:30 - 7:30pm Wednesdays St. Michaels Church Cottage in back of Church

> Would you like to get the North Shore News via email in color! Just send us a message at: NSNHaleiwa@gmail.com and you get the NSN online every two weeks!

Waialua Farmers Market

Saturdays, 8:30am - 1pm Historic Waialua Sugar Mill

Kahuku Medical Center Invites You To Think Pink!



n honor of Breast Cancer Awareness Month and in celebration of our new mammography services, Kahuku Medical Center invites you to join us for a blessing followed by a special open house.

Learn more about our state-of-the-art equipment, meet the imaging team, enjoy refreshments from our in-house café and receive fun giveaways and prizes! The event is free and no registration is necessary.

Did you know?

- Mammography is the single most effect method of early breast cancer detection.
- Kahuku Medical Center now offers mammography services in the heart of our community.
- No doctor referral is needed for women 40 years and older to get a mammogram simply make an appointment!

For more information on our open house event, or to book an appointment, please call (808) 380-1426. Most insurance is accepted, and assistance is available to patients who do not have coverage.

For women 40 and older, mammograms should be part of a yearly physical routine and do not require a doctor's referral. Women who are under 40 and have a family history of breast cancer or other concerns should speak with their doctor to determine when to begin mammography screening.



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