



**"E Ala Na Moku Kai Liloloa"**

In This Issue:

**Oahu Country News  
Senator Gil Riviere**  
Page 7

**Makahiki, A Time for Feasting**  
Page 12

**Operation: Toy Box**  
Page 13



*Thanksgiving Day Celebration*

NORTH SHORE NEWS December 5, 2018 VOLUME 35, NUMBER 24



*Carissa Moore Photo: banzaibetty.com*

**A Flawless Win for Carissa Moore in Maui**

The last event for the Women’s World Tour, the Beachwaver Maui Pro, was what surfers call, insane! Tube after tube fired into beautiful Honolua Bay and Hawaii’s three time World Champ, Carissa Moore, took full advantage of every opportunity to get barreled, eventually winning the competition. Moore finished the season and the event

with a perfect ten point ride without a tube. Yes it was insane. “It was a dream come true to get a 10. There was so much emotion at that point, I just started crying and I can’t thank the locals enough for letting us surf your beautiful wave. Nothing beats winning in the ocean in perfect surf.” Aussie surfer Stephanie Gilmore bowed out in the semi but won

her 7th World Tour Title! Kauai’s Malia Manuel shined in the event making the final with Moore. The North Shores Zoe McDougall got a wild card into the event and surfed really well making a couple heats wowing the the crowd on the cliff. It was spectacular to watch all the ladies pulling into 6-8 foot tubes!

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## OFF da Island in Oaxaca, Mexico

Hola! North Shore residents Roderick, Sanoe and Karin Martin are pictured here at the Dia De Los Muertos Festival in Oaxaca, Mexico on Halloween night. They enjoyed a month long vacation which included Belize, Puerto Escondido, Oaxaca and Costa Rica. Karin packed a copy of the North Shore News to remind them of the good times back on Oahu's beautiful North Shore.

For more information on the OFF da Island campaign turn to page 23.

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**Hale'iwa Farmers' Market  
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# Art Show by Matthew Kaopio

FRIDAY, DECEMBER 7

Doors Open 4:30-7pm

Mouth Painting • Cards  
Books • Food

Once again, Matthew Kaopio brings together fusion of vibrant hues and emotive expressions with his celebrative artwork.

Matthew is a C4 paraplegic who continues to express his love across the Hawaiian Island chain through his passion which includes a deep study of Hawaiian culture, mouth paintings and writings.

Come and celebrate to enjoy, discover and appreciate the visual treat through Matt's artwork. Mouth canvas paintings, greeting cards and books will be for sale.



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Picture a day in the not too distant future where a Category 4 hurricane makes landfall on Oahu, just days after the worst series of brush fires, brought on by a prolonged drought, raged through the Leeward Coast. The heavy rains brought by the hurricane triggers flash floods island-wide, but the damage is particularly heavy in areas where wildfires stripped the land of vegetation.

A recent publication by a team of scientists, led by University of Hawaii at Manoa geography professor Camilo Mora, paints disturbing images like these for some particularly vulnerable areas where combined disasters will strike simultaneously.

It might be the most chilling outlook on global climate change ever published and it was done in a manner unseen before. Scientists from different disciplines examining the effects of climate change on heat waves, wildfires, sea level rise, hurricanes, flooding, drought and shortages of clean water.

In a scientific world marked by specialization and where research is often conducted in a silo, as though nothing else matters, this multidisciplinary effort by 23 authors reviewed more than 3,000 papers on various effects of climate change.

The evidence is mounting if you simply look at what's happening right now in California, and what's happened already in Florida and the U.S. Gulf Coast. Areas that are particularly susceptible include tropical coastal areas such as the Atlantic coast of South and Central America.

Mora also made news last year with research that concluded that three-fourths of the world's inhabitants, including those living in Hawaii, will be exposed to deadly heat waves by the end of the century unless greenhouse gases are not substantially reduced.

It's a good starting point for government and community leaders responsible for addressing the impacts of natural disasters as well as devising any preventive measures that can save lives, minimize damage, and expedite recovery.

According to the research, this scenario will arrive by the Year 2100.

**Last Publication of the Year!**  
Publication Date: December 19, 2018  
Deadline Date: December 7, 2018  
Call for holiday rates 780-8037

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Winter Wonderland



# NIGHT MARKET

DECEMBER 15, 2018 | KUILIMA POINT | 6PM – 9PM

It's the perfect time to pick up something special for yourself and others this holiday season at our Winter Wonderland Night Market! Come make a night of it with a Live DJ, Food Vendors, Clothing, Jewelry, Indah Sample Sale, Art Vendors, and Bouncy Houses to entertain the kids!

**We will be accepting unwrapped gifts for infants to teens on behalf of Operation: Toy Box**

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**Senator  
Gil Riviere**  
**Serving Oahu's North and  
Windward Shores**

**Oahu Country News**

Have you seen Oahu Country News, my monthly cable TV program? Each month, or nearly every month, we invite folks into the studio to have a conversation about the good work they are performing around our district with their organizations and businesses. Senate District 23 stretches from Kaneohe to Kahuku to Kaena and Kunia Camp, so there are plenty of great people and projects to highlight.

Over the years, we have featured leaders in land preservation, environmental stewardship, homeless services, Hawaiian cultural resources, affordable workforce housing, junior lifeguards, healthy living and more.

Oahu Country News with Senator Gil Riviere is broadcast on Olelo Channel 49 on the first Sunday of each month at 9 p.m. and on Tuesday mornings at 8 a.m. It is also available on-demand on our website, SenatorRiviere.com, under the News and Media tab. Here is a list and brief description of our most recent programs

E29 – Kathleen Pahinui. Kathleen is the chair of the North Shore Neighborhood Board and has served on many community associations and non-profit organizations.

E28 – Hawaii Center for Advanced Transportation Technology. Stan Osserman works in alternative energy development and is go to person in Hawaii for hydrogen fuel cell technology.

E27 – North Shore Chamber of Commerce. Roxanna Jimenez discusses the chamber's projects, community events and historical preservation efforts.

E26 – Malama Loko Ea Foundation. Rae Decoito leads the foundation's efforts to restore health and the vitality of this important fish pond in Haleiwa.

E25 – Camp Erdman. Ron Okimoto offers the history, activities and plans for this unique YMCA located near the end of the road in Kaena.

E24 – Kayla Economou. Kayla shares her experiences working at the Capitol in 2018, her thoughts on the brain drain, and why she wanted to come home to work in local government.

E23 – Kaena Point Management. Jaime Reduenzel, outreach coordinator at Kaena Point State Park, coordinates efforts to improve the health of this remote coastal area as its popularity soars.

E22 – TerViva. William Kusch manages a North Shore farm that grows pongamia, a high yielding oilseed crop that may prove to be a valuable biofuel crop.

E21 – Kanehunamoku Voyaging Academy. Bonnie Kahapea-Tanner teaches seamanship and traditional Hawaiian navigation with a double hulled canoe in Kaneohe Bay.

E20 – ALEA Bridge. Phil Acosta and his family are committed to helping address our homeless crisis in Wahiawa and the North Shore.

E10 – WAI Project. John Reppun and Barry Usegawa talk about the Waihee Ahupuaa Initiative, a planning process to protect Waihee Valley and its natural resources.

Please check out one or more of these programs and let us know what you think.

My phone number is 586-7330. My email address is SenRiviere@capitol.hawaii.gov. Follow us on FaceBook or online at SenatorRiviere.com. Please visit us in Room 217 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.

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**Representative  
Lauren  
Matsumoto**  
Serving You in District 45

As we gear up for the legislative session in January, I want to hear your thoughts! My office will be sending out a 2019 Legislative Info Survey seeking your input on issues that matter the most to you and the communities I represent. If you live in District 45, you will be receiving a survey. If you don't receive a survey, please contact my office at (808) 586-9490, and we'll be able to assist you.

As you may know from previous issues of the North Shore News, Glenn Lee is the 2018 North Shore Kama'aina of the Year! I've had the honor and pleasure of congratulating Glenn and the Waialua Robotics Team at the Capitol during the last legislative session. Teachers like Glenn make Waialua and Hawaii such a special place, where students are able to apply their classroom skills and earn national recognition with the help of their teachers and support from the school and community. The North Shore Chamber of Commerce will be honoring Glenn at this year's Chamber's Annual Christmas Party at Waimea Valley on Wednesday, December 12 at 6 p.m. For more information about the event, please call the Chamber at (808) 637-4558. Congratulations again to Glenn!

Regarding teachers, the Hawaii State Department of Education is calling upon dedicated members of our armed forces to serve in our classrooms! There are critical teaching and administrative vacancies that need to be filled. Troops to Teachers assists eligible service members and veterans with the transition into a second career as teachers in K-12 education. For more information, please contact Terence Holmes via email at Terence\_Holmes@notes.k12.hi.us or call him at (808) 441-8361.

Additionally, Computer Science Education Week is happening from December 3rd through 9th! Code.org is celebrating by teaching students how to create characters to have a dance party! Visit Code.org/dance for a lesson in coding. Code.org also has courses for Grades K-5, Grades 6-12, and beyond K-12. All of the courses are available at no cost! Students can visit Code.org to learn how to create their own game, app, or computer drawing. Other courses include learning JavaScript, CSS, HTML, and more. Visit studio.code.org/courses to view all of the learning opportunities Code.org has for you and children.

As always, please feel free to contact me if you have questions or concerns about any happenings in our community. Call me at (808) 586-9490, email RepMatsumoto@Capitol.Hawaii.Gov, or visit RepMatsumoto.com.

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**Christmas at the Hukilau Marketplace**

**Dec. 7, 8, 14, 15, 17-22**  
(Closed on Sundays)  
**6:00-8:00pm**

**Polynesian CULTURAL CENTER** Celebrating Fifty-Five Years

**Bring your 'ohana for a festive celebration. For details and a full list of performers including Josh Tatofi, visit [polynesia.com/christmas](http://polynesia.com/christmas).**

- **Free Winter Wonderland (Snow Days on Dec. 15 & 21, 3-6pm)**
- **Live music & entertainment**
- **Free Selfies with Santa**
- **Free train rides for keiki**
- **Holiday treats for the family**
- **Free scavenger hunt with prizes**

**Hukilau Marketplace**

## Hypertension

*Dr Jude Sells, MD*

*Chief Medical Officer*

*Ko'olauloa Community Health Center*

Sometimes referred to as the “silent killer”, hypertension is nothing to take lightly. Hypertension is better known as high blood pressure and has a high prevalence in the United States and in the world. In fact, according to the Centers for Disease and Prevention Control, 1 in every 3 adults has hypertension. Because of this, hypertension is the most common reason for medical office visits and use of prescription medicines.

According to the American College of Cardiology/ American Heart Association (ACC/AHA) normal blood pressure should be less than 120 mmHg systolic (top number) and less than 80 mmHg diastolic (bottom number). Hypertension is actually defined in 2 stages. Stage 1 is systolic pressure of 130-139 mmHg or diastolic pressure of 80-89 mmHg. Stage 2 is systolic pressure equal to or greater than 140 mmHg or diastolic pressure equal to or greater than 90 mmHg.

Hypertension is referred to as the “silent killer” because most times there are no symptoms or warning signs but long term complications can be lethal. Hypertension is associated with a significant increased risk for heart or kidney problems. These problems include diseases like heart failure, stroke, heart attacks, and chronic kidney disease. So although hypertension may not be the disease that causes death, it is associated with the most common causes of death in the United States.

The direct cause of hypertension is unclear but there are a number of risk factors that are strongly associated with hypertension. Risk factors such as being overweight, having a high salt diet, excessive alcohol consumption, and physical inactivity. Other factors that can contribute are age and family history.

Treatment includes lifestyle changes and sometimes medications if lifestyle changes alone are not enough. Treatment should first be targeted at weight loss, dietary changes, regular physical exercise, and limiting alcohol. We recommend at least 40 minutes of moderate-intensity exercise at least 4 times per week. We also recommend a diet that is high in vegetables, fruits, low fat dairy products, whole grains, poultry, fish, nuts, and low in sweets, soda, juice, and red meat.

Screenings for blood pressures can be done at health fairs and many grocery stores that have blood pressure machines. If your blood pressure is equal to or greater than 130/80, please follow up with your doctor. Together, controlling hypertension in the Ko'olauloa area will benefit the health of our great community.

**Ko'olauloa Health Center**  
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*"Giving Aloha All Year Long"*  
**Grand Marshal: Linda Seyler**

**HALE'IWA CHRISTMAS PARADE**  
**FRIDAY, DECEMBER 14<sup>th</sup>, 6PM**

Parade starts at Weed Circle 6:00pm and travels through Haleiwa Town ending at Hale'iwa Beach Park at approximately 7:00 PM.  
*Road will be closed for approximately one hour.*

**FESTIVITIES**

- Visit Santa from 4:00 to 5:30 and immediately following parade until 8:30 pm under the Monkey pod tree at the North Shore Market Place. Photos with Santa will be available for a donation of \$5.
- Eat before or after the parade in Haleiwa's great restaurants!
- Shops will have sidewalk sales, in-store specials, demonstrations and other festivities.
- Come early – Park by 5:00 in town's shopping centers or at Historic Haleiwa Gym. **Weed Circle closes at 5:30pm. Kamehameha Hwy. closes from 6 to 7:00pm!**

*Mele Kalikimaka*



66-434 B Kamehameha Hwy.  
Hale'iwa, HI 96712  
(808) 637-4558  
[www.GoNorthShore.org](http://www.GoNorthShore.org)



Photo: Clark Little

# ANNUAL BLOWOUT



## NOVEMBER 9 - JANUARY 31

**EVERYTHING** for the ocean is here and it's ALL ON SALE during our Annual Blowout Sale! With Christmas coming up fast, our Annual Blowout Sale is your chance to knock a few names off your shopping list and save at the same time.

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## Makahiki, A Time for Feasting

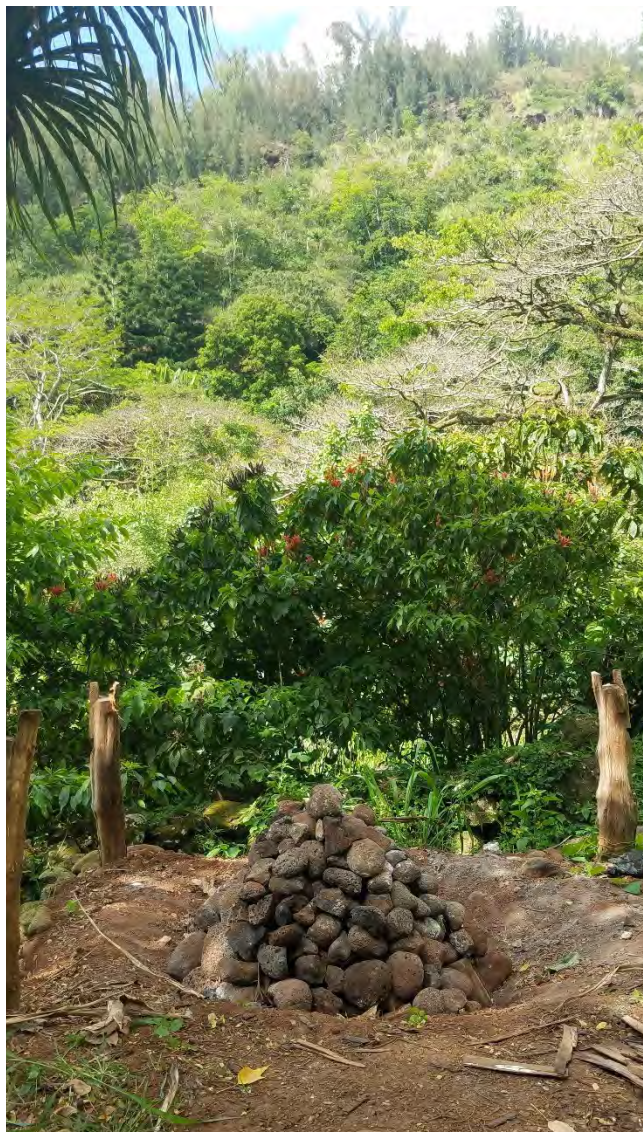
By: Dominic Souza, Conservation Technician, Botanical Dept., Waimea Valley

As Makali'i (the constellation Pleiades) rises at sunset, we are reminded that the beginning of the Hawaiian New Year, Makahiki, has arrived. As the "Holiday Season" is celebrated throughout the country, Makahiki, beginning mid-November and ending in late January or February, also marks a time of gathering and celebration for many in Hawai'i. Preparing large amounts of food for the feasts to host 'ohana and friends often means ka hana imu!

Imu, or underground ovens, have persisted as a customary cooking practice for centuries. Here in Hawai'i, as people are getting their holiday feast ready, the smoky evidence of their use fills the air. Here in Waimea Valley we practice this age old tradition during the holidays and for special occasions. Members of our staff plan out the process and gather the needed material for the imu from here in the valley. We have an imu in our kauhale (traditional Hawaiian living site) where we prepare and cook our holiday meals

for staff who wish to participate. Keeping this ancient tradition alive here in Waimea is such a special part of this valley. By perpetuating our native Hawaiian culture and traditions we strengthen our connection to the land and to each other. While preparing the imu, we are happy to share with guests and locals alike who may stop and ask questions or share their mana'o (thoughts) on what it means to them to see this tradition continue through the generations.

If you or someone you know will be in Waimea during the holidays and you smell the distinctive aroma of a fire burning, it will most likely be the staff firing up the imu to prepare a time honored family recipe with the bounty the valley has given. We look forward to making memories that we will cherish far into the future. If you are curious as to what an imu is and how it is used, or how it is built and prepared, feel free to stop by and come check us out. We are happy to share and/or listen to stories of imu past.



*Imu prepped and ready to light*



*Uncle Clem collecting Hali'i (ti leaves)*



# OPERATION: TOY BOX

LET'S STIR UP THE CHRISTMAS SPIRIT!

Santa needs your help to provide toys for our keiki & teens this coming Christmas. A big MAHALO to those of you who have supported our Operation: Toy Box event for the past 27 years. This year we will celebrate Operation: Toy Box on Saturday December 22, 2018 at Hale'iwa Beach Park. A delicious breakfast meal is provided and Santa will give gifts to the keiki and teens. Toys and monetary donations are welcomed. Your support is greatly appreciated.

Toys can be dropped off at the North Shore News,  
North Shore Chamber of Commerce & Waimea Valley

Checks can be made out to:

North Shore News  
66-437 Kamehameha Hwy #210  
Hale'iwa, HI 96712

For information call (808) 780-8037  
Sponsored by North Shore News & Once a Month Church

DEPARTMENT OF PARKS AND RECREATION  
WAIALUA DISTRICT PARK

# Santa's Corner



Free Family Event

Friday, December 7, 2018

6:00 p – 8:00 p

Come and take a free picture  
with Santa from 6:30 p – 7:30 p

Free craft make and take activities  
Volunteers are needed.

For more information, please call 637-9721



Mahalo to Heidi, Tyce & Cruz Nobmann for delivering canned goods to the North Shore Food Bank. The canned goods were collected from the Thanksgiving Day Turkey Trot.

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## WSL JAWS BIG WAVE EVENT

The WSL Jaws big wave event was insane, to the third level of insane. The Women went first and put on quite a show but few waves were completed from the peak. The North Shore's Emi Erickson dialed into a couple makable waves but it was Keala Kennelly proving her bravado and taking the win. The first heat of the men went out and the ocean let loose even more. Giant 30 foot (50-60 faces) waves hooked in and insane drops were attempted and few made, it was virtually unridable by that time and was postponed until the next day. In the morning Jaws was still giant and the men rode some of the biggest paddle in waves ever in an event. It was Billy Kempers day! He won it by pulling into a big tube, his third win in a row. Right behind, Maui's Kai Lenny was a force. His air drop of about 30 feet gave us goosebumps as he side slipped slightly and pulled it off. Really mega insane! Congrats to all the big wave surfers, what a couple of days.



Zoe McDougall Photo: banzaibetty.com

## MALAMA PUPUKEA WAIMEA RESTORATION DESTROYED

After so much effort to try and restore the Shark Cove area with native plants and to help with erosion Malama Pupukea lost its plants and need help to redo the cliffs there. Giant surf washed away all the plants and wash away walking paths as well. A clean-up was held but they are going to need much more help and plenty of donations. Malama Pupukea Waimea is an awesome organization please help how you can. <http://malamapupukeawaimea.org>

## RED BULL QUEEN OF THE BAY A NO GO

The Red Bull Queen of the Bay competition was a no go again this season. Thank you for all your patience through the holding period for this year's Red Bull Queen of the Bay. The waiting period ended on November 21st and of course the big swell hit 5 days later. Things could change next season, waiting period could be extended and some other changes made. Thanks for all the support from the community, the City and state and all of the crew!



Billy Kemper Jaws winner, three in a row!

# 2018 Community Thanksgiving Celebration

Mahalo from the Waialua Community Association, North Shore News and the North Shore Food Bank to the North Shore community and friends for helping make this Thanksgiving Day a delicious event! A Big Mahalo to: Haleiwa Joe's, Hawaii Food Bank, Saint Michael School, Haleiwa Elementary School Staff, Kolohe Crafters, Frank & Leilani Perreira, Ted's Bakery, Waialua Bakery, 7-Eleven Haleiwa, Mohala Farms, Matsumoto Shave Ice, Waimea Valley, Dole Pineapple, Institute of Human Services, Why Knott Florist, Jennifer Hernando, Kumu Hula Keith Awai-Halau Kawaipu'ilani, Kumu Hula La'ai Felix-Hula

Makana e Ke Aloha, Manu O Ke Kai Canoe Club, Alea Bridge, Waialua HS Culinary, Kokomo, Kylie Matsuda-Lum, Brown Bottle, Audrey Corpuz, Nancy Yamauchi, ATK Consulting, T. Holden, Cindy Files, Katherine Lee, Dale Yoshizu, Lucky U Ent., James Fong, NS Marketplace, Haleiwa Art Gallery, Mrs. Chin, Maury Levin, Ben Robinson & Casey Silva, Sharon Colton, Mark, The Lyons, In Memory of George A'i Sr., VJ's Butcher Block, Surf n Sea, Big Wave Shrimp, Rebecca Gonzales and to the many volunteers.





## Letters to the Editor

Dear Editor:

The next time you grab a plastic straw think twice! Over 500 hundred million plastic straws are used in the United States each day! This is NOT even counting little plastic straws in juice boxes and milk boxes. Plastic takes hundreds of years to break down and it never fully decomposes. Therefore, the plastic always exists in some form, often as microbeads. All of this for just a couple sips of your drink! Did you know that by 2050 the amount of plastic is predicted to triple?! Would you want to swim or surf in a sea of plastic in 2050??

Instead of using a single-use plastic straw, you should buy your own reusable straw or cup. Consider metal straws, bamboo straws, silicone straws, or biodegradable straws. Use cups without a plastic straw. Don't get rid of straws completely because some people do need straws to drink. Using a straw from a different source would be good for our oceans. Think about it, many of us really don't need a single-use plastic straw to enjoy a drink. What is the difference between us-

ing a plastic straw and a straw made from any other material? In fact, don't sweat it. If you don't need a straw, just don't use one.

We are 3rd graders at Sunset Beach Elementary School. We are trying to make a difference in our community. We are sending letters to local businesses asking to change their policy, we are giving school presentations, educational posters and powerpoints too. If we all work together we can prevent more plastic in our oceans!

From,  
Concerned 3rd Graders at Sunset Beach Elementary School

## Editor's Choice Growing Good Corn

*Author Unknown*

There was a farmer who grew award-winning corn. Each year he entered his corn in the state fair where it won a blue ribbon.

One year the newspaper reporter interviewed him and learned something interesting about how he grew it. The reporter discovered that the farmer shared his seed corn with his neighbors.

"How can you afford to share your best seed corn with your neighbors when they are entering corn in the competition with yours each year?" the reporter asked.

"Why sir," said the farmer, "didn't you know? The wind picks up the pollen from the ripening corn and swirls it from field to field. If my neighbors grow inferior corn, cross-pollination will steadily degrade the quality of my corn. If I am to grow good corn, I must help my neighbors grow good corn."

He is very much aware of the connectedness of life. His corn cannot improve unless his neighbor's corn also improves.

So it is with our lives. Those who choose to live in peace must help their neighbor's live in peace. Those who choose to live well must help others live well, for the value of life is measured by the lives it touches. And those who choose to be happy must help others to find happiness, for the welfare of each is bound up with the welfare of all of us.

The lesson for each of us is this: if we are to grow good corn, we must help our neighbors grow good corn.

It is possible to give away and become richer! It is also possible to hold on too tightly and lose everything. Yes, the liberal man shall be rich! By watering others, he waters himself.

Proverbs 11:24-25



### KEIKI CHORUS with May Shumway Tuesday, December 11 6:00 pm Kahuku Library

Please join May Shumway's Keiki Chorus as they croon away the night singing favorite

holiday songs. You won't want to miss this special event! Please come early to get a good seat. The house will be packed!



### FARM ANIMAL FUN for the Winter Tuesday, December 18 4:00 - 6:00 pm Kahuku Library

Come learn about farm animals with this special wintertime livestock exhibit of a llama, miniature cow, sheep, goat, and rabbit. Uncle Jerome and Auntie Dawn of *Nozawa Ark* of Ka'a'awa will bring their furry friends to Kahuku Library for this experiential event.

Families can pet and take a photo with these animals, make an animal craft, and enjoy some light refreshments.

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# North Shore News



# 2019 Schedule

<b>PUBLICATION DATE</b>	<b>EDITION</b>	<b>DEADLINE DATE</b>
January 16	#1	January 4
January 30	#2	January 18
February 13	#3	February 1
February 27	#4	February 15
March 13	#5	March 1
March 27	#6	March 15
April 10	#7	March 29
April 24	#8	April 12
May 8	#9	April 26
May 22	#10	May 10
June 5	#11	May 24
June 19	#12	June 7
July 3	#13	June 21
July 17	#14	July 5
July 31	#15	July 19
August 14	#16	August 2
August 28	#17	August 16
September 11	#18	August 30
September 25	#19	September 13
October 9	#20	September 27
October 23	#21	October 11
November 6	#22	October 25
November 20	#23	November 8
December 4	#24	November 22
December 18	#25	December 6

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 www.northshorenews.com



**Reginald "Reggie" V. Carillo**  
**September 5, 1946 - October 23, 2018**

Reginald "Reggie" V. Carillo, 72 of Waiialua passed away on October 23, 2018 in Wahiawa. He was born in Kunia Camp, HI and was in the Carpenters Union Local 745 for 50 yrs.

He is survived by his wife Ignacia V. Carillo, sons Reginald V. Carillo Jr., Froyland (Liana) Carillo, Jason (Darlynn) Carillo; daughter Regina Mae Carillo; brothers Dominador (Eloise) Carillo, Roger Carillo-Gismundo; 14 grandchildren and 6 great-grandchildren.

Visitation will be 10:00 am, Thursday, December 13, 2018 at Mililani Memorial Park's Mauka Chapel followed by funeral service at 11:00 am. Burial will be 12:30 pm, Thursday, December 13, 2018 at Mililani Memorial Park Cemetery.



*Merry Christmas from the North Shore Food Bank!*

Please help keep our shelves stocked for the holidays. Donation of non-perishable canned foods can be dropped off at the North Shore News office.

For information: 780-8037



**2nd Annual Loko Ea Fishpond Scenic Beach Route Road & Trail Race Run or Walk**

All proceeds benefit Loko Ea Fishpond's Capital Campaign Restoration project. We are a 501c3 Non-Profit Organization. More info: 637-3232

Event Co-Chairs: Doreen@lokoea.org Rowena@lokoea.org

Added:  
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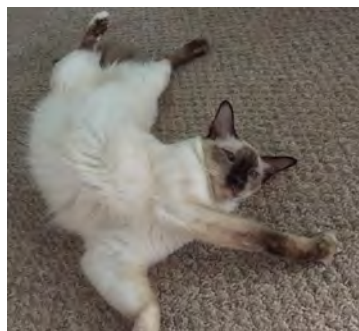
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# CLASSIFIEDS

The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses. Extra copies may be obtained at our office.

**PRESS RELEASE POLICY:** Submit press releases in person, mail or email to Editor, North Shore News, 66-437 Kam. Hwy., Suite 210, Haleiwa, HI 96712. Please type your releases and keep them shorter than 200 words unless they are of an unusual news interest. Releases should be viable news stories and are published on a **space available basis only**, with priority given to those received in our office first. You may attach photos. We are not responsible for the return of any photos. All materials are submitted at owner's risk. We reserve the right to edit and/or refuse all submissions including advertising.

**EDITORIAL POLICY:** We welcome articles and letters from our readers. Letters to the Editor are published on a space available basis only and preference is given to shortness of length, and quality of content. We prefer to run not more than one letter, per person, per 6 month period. Letters subject to edit.

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Betty Depolito

City Councilman Ernie Martin  
State Representative Lauren Matsumoto  
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**Photography**

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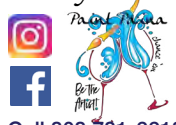
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Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

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E-MAIL: [NSNHaleiwa@gmail.com](mailto:NSNHaleiwa@gmail.com)

PHONE: (808) 637-3138

Office Hours: Monday - Friday 10 a.m.-3:30 p.m.

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# CLASSIFIED ADS

**Next Issue - Dec. 19, 2018**  
**Deadline Date - Dec. 7, 2018**

## HELP WANTED

## FOR RENT

**Parkinson's Group Meeting**  
Group meets at the Waialua United Church of Christ on the 1st Saturday of every month. Friends & Family Welcome  
Next meeting Jan 5 @10am  
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Saturday, December 8, 11am  
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Thursday, December 6, 9:30am

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Anyone interested in singing for our Lord, come Sundays at Lili'uokalani Church at 1:15, Dec 9 & 16

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