"E Ala Na Moku Kai Liloloa"



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NORTH SHORE NEWS July 23, 2014 VOLUME 31, NUMBER 15



TEAM CAUTION - Hazardous at the Bar

known to produce some of the islands strongest powerlifters. Going back over 30 years, Waialua has made a name for itself and has showed that a little town like ours means real business. This year was no different. On Sunday, July 13, 2014, TEAM CAUTION, a group of lifters who reside on the North Shore and train at WHC entered Sonny's 10th Annual Push & Pull Championships at the Neil Blaisdell Arena. Under the coaching of Edwin Manmano, a veteran

Waialua Health Club has been powerlifter having several WABDL division. Individual results are as (World Association of Benchers and Deadlifters) World records and USPA (United States Powerlifting Association) American records; this group of lifters put their training to the test and left it all on the platform.

> Of the 124 competitors from all over the Hawaii state and the mainland, Team Caution came home with 6 World records, 5 Hawaii State records, and 7 Most Outstanding awards. The team also took 2nd place overall in the team

follows:

Bench Press:

Treylan Kobayashi: 275# @ 114 Teen Men 18-19 / World Record

Jallel Fabro: 336# @ 123 Teen Men 18-19 / World Record

William Lumayas: 413# @ 148 Teen Men 18-19 / World Record / Most Outstanding Teen Men

Gerika Kaaua-Acorda: 248# @ 220 Teen Women 18-19 / World Record / Most Outstanding Teen/Jr/Sub-Master Women Kekoa Pasion-Almeida: 473# @ 148 Jr Men 20-25 / HI State Record / Most Outstanding Jr Men

Continued on page 8

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OFF da Island in Fiji

Chris Chun and Larisa Gadach of Waialua went island hoping and ended up on the Coral Coast of Fiji. They are pictured here at their favorite restaurant "The Wicked Walu" located at the Warwick Hotel & Spa. After their meal they were able to read a copy of the NSN to remind them of the good times back on Oahu's beautiful North Shore. To learn more about our OFF da Island campaign turn to page 23.



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GATES OPEN: 11 A.M.

WAIALUA LIBRARY UPCOMING EVENTS

Writers' Group

Saturday, August 9, 2014 at 11am
Topic of the Month: "Write Something Humorous"

Used Book Sale

Saturday, August 16, 2014 from 9am — 2pm Great Finds at Great Prices

Readers' Group

Thursday, August 28, 2014 from 9:30am - 11am Pick of the Month: "Share Your Favorite Poem"

Children's Story Time Every Saturday at 10am Fun for All Ages!!



Free Waialua Bandstand Program

Sunday, August 3, 2014 4 PM - 5:30 PM

The International, Cultural and Friendship Association (ICFA)

Present an afternoon program of:

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Taiko Drumming Hula, Harmonica Line Dancing

Let's hope the rain holds off this year! Last year rain cancelled this popular program!

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2014 OPERATION: BACKPACK

Please help our homeless and disadvantaged students with a new back to school backpack, loaded with needed school supplies.

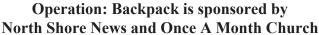
HERE'S HOW YOU CAN HELP

\$30 dollars will sponsor a NEW backpack LOADED with school supplies according to grade. Or donate a new backpack with school supplies.

This year the Operation: Backpack team will be working with the area schools to distribute the backpacks to the students in need.

Send donations to: North Shore News, 66-437 Kamehameha Hwy #210, Haleiwa, HI 96712 or drop off at the North Shore News office, Tuesday–Friday, 12 noon-4pm. If NSN is closed drop off backpack donations downstairs at the Foot Massage or Papokus Hawaiian Restaurant.

Deadline is July 28. For more information or if you need your donation picked up call Linda at 637-3138.

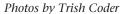












Clean Up and Beautification

Historic Haleiwa Beach Park August 16th, 8 a.m. to 11 a.m.

Drinks, Snacks, Music & Education Tents, Gloves, Trash Bags, Pickers provided. **First 100 adult volunteers to sign up @ AdoptABeachHawaii.org, will receive @ Noon: Lunch, Refreshments and T-shirts at Proud Peacock Restaurant-Waimea Valley.

Sponsors: Keep America Beautiful/Budweiser, Save The Sea Turtles International, AYSO, Friends of Haleiwa Beach Park, North Shore Chamber of Commerce, Green Tea Hawaii, Green World Farms, McDonalds, Waimea Valley, & more.



Council Chair **Ernie Martin**Serving You in District 2

Aloha,

My name is Vance Farrant and I was fortunate to be raised on the beautiful North Shore. I am in the Class of 2017 at Kamehameha Schools Kapalama. This summer I had the opportunity to intern in the office of Council Chair Ernie Martin and have developed a community project as a part of my internship. As a lifelong resident of the North Shore I am excited to work with community groups and individuals to make a positive impact on our community.

My chosen project is to work with the community to restore and improve the Ke Ala Pupukea Bike Path, a treasure in our beloved North Shore that runs from Three Tables to Oopuola Street. Visitors and locals alike use this path daily. The Ke Ala Pupukea Bike Path is now almost 20 years old and is in need of maintenance. That is why I am developing a plan for revitalization of the bike path and would greatly appreciate input and support from community members like YOU!

I have met with community members who have concerns about the current condition of the bike path and have recently traveled the length of the path to identify areas of concern myself. If you have concerns about specific areas of the Ke Ala Pupukea Bike Path please email your concerns to malamakealapupukeabikepath@gmail.com. Please include the location and a description of your concern in the email. I will be compiling these concerns and present them in one organized document to Chris Sayers, the Bicycle Coordinator for the City and County of Honolulu.

There will be an informational meeting about the Ke Ala Pupukea Bike Path Revitalization Plan on Tuesday, July 29th from 6:00 – 7:30 p.m. at the Sun-

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set Beach Recreation Center. This meeting provides an opportunity for members of the community and community groups to come together to discuss how we can work together to improve the condition of the bike path. Please take the time to attend the meeting for more specific information on the plan which includes opportunities for community members and groups to adopt sections of the bike path to assist in the restoration and maintenance of the path. Please invite your friends and neighbors to attend as we all work together to care for Ke Ala Pupukea Bike Path.

Please join me in my quest to do more than just restore the Ke Ala Pupukea Bike Path. Let's work together to make it better than it ever was before!

Mahalo,

Vance Farrant

Intern in the Office of Council Chair Ernie Martin

Ke Ala Pupukea Bike Path Revitalization Plan

Meeting Tuesday, July 29, 6:00 p.m.-7:30 p.m. Sunset Beach Recreation Center



Located at 66-945 Kaukonahua Road, right next to Paalaa Kai Mini Mart. Please visit our website at www.pkbsweets.com for more information!

First Wind and Rainbow School Team for Fence Improvement

Rainbow School provides the communities in the Koʻolauloa and North Shore areas with quality education for preschool students. This non-profit is licensed by the State of Hawaii and also has the distinction of being the first nationally accredited preschool in the state of Hawaii. Steve Al-bert, Board Chair of Rainbow Schools, has been overseeing the program since its beginning in 1972. Recently, he has been focused on rebuilding the Kahuku playground. A priority has been to fix the falling fence that secures the playground area. On July 12th, staff from First Wind's Kahuku Wind Project volunteered to rebuild and restore a fence section that was in poor condition. First Wind recognizes that Rainbow School offers an important benefit to families and is pleased to provide the service of many hands coming together to complete a task. Mahalo to Rainbow School's Cindy Barley, Executive Director, and program staff for enriching our keiki's lives and to Steve and First Wind volunteers for a job well done! (Pictured left to right: Steve Albert, Nick Clements, Crystal Kua, Faviana Wells, Dan and Sophie Wells, Carolyn Unser and Marshall Hartle)





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State Representative Richard Lee Fale

Serving You in District 47

Seven Days of Survival

While large-scale disaster planning and preparation is a primary responsibility of our local government, everyone needs to do their part to ensure that their family and loved ones are safe, are free from harm, and are prepared to survive on their own for at least 7 days here in our islands in the event of a large-scale disaster.

There are numerous links that can help guide you as you personally prepare for the next disaster. Here are just a few!

Prepare, Plan, Stay Informed-Be Ready! http://www.ready.gov/. This website is one of the most comprehensive sites out there. Some of the preparedness tools you will find here include:

- How to initiate a disaster plan for your family
- How to build a disaster preparedness kit
- How to get involved and support community preparedness
- Emergency preparedness publications
- Links to Ready.Gov via social media
- How to plan for and protect your business
- Educational fun and games for teaching children

State of Washington –Plan in a Year link http://www.emd.wa.gov/preparedness/documents/2011_PIY_Booklet.pdf This "Prepare in a Year" booklet shows you how one hour of disaster preparedness activity each month will better prepare you for a disaster when it strikes. Their 12 month breakdown includes:

- An action plan
- An "Out-of-Area" contact
- Water
- A 72 Hour Kit (For Hawaii we recommend a 7-day kit)
- Storing copies of important documents
- Preparing for extended events
- Under the bed supply storage
- Utility safety
- Drop, cover, and hold
- Fire safety
- Sheltering in place
- Home hazard hunt

Our communities are especially susceptible during natural disasters because we are largely coastal, we experience severe flooding conditions beyond the scope of hurricane season and we have limited access in and out of our communities.

We are grateful to have community leaders who have gone through special training to get these entire

communities prepared! Mahalo to leaders in Ka'a'awa, Hau'ula, La'ie and Hale'iwa who have already done some heavy lifting to help get the conversations started about being prepared within our community. I hope you and your families will take some time this summer before everyone goes back to school to set up your family emergency preparedness plan and extending the conversation to your neighbors and community members as well. If we all work together to get ourselves and our families ready for at least seven days of survival, we can be that much more ready and able to help others should a disaster hit.





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Representative Lauren Matsumoto Serving You in District 45

Laden in red, white and blue, people typically spend their Independence Day relaxing at barbecues, gazing at fireworks and laughing with loved ones. I chose to spend my July 4th this year participating in one of the most well-known Independence Day events in the islands: The 36th Annual Hui O He'e Nalu Paddleboard and Stand Up Paddle Race. While the race is a big hit throughout the community every year attracting hundreds of paddlers, this year was particularly successful with over 650 competitors! It is the largest paddleboard race in the world! After paddling along the North Shore, Mo Frietas crossed the finish line first, and behind him was a close battle between North Shore local Andrew Logreco and reigning Molokai champ Travis Grant. I was also very proud of my father, Michael Cheape, and my brother, Matthew Cheape, who both placed 3rd in their age division. While the quickest time for the women went to Penelope Strickland, I had a great time participating in this exciting event with my husband, family, and the people of my community. The Fourth is full of fun activities and celebrating the day with family is important, however it's even more important to take time to reflect on what Independence Day signifies. It marks the day that the Continental Congress adopted the Declaration of Independence in 1776 in Philadelphia, Pennsylvania. One of the most powerful excerpts of this founding document is, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain inalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." While I certainly can identify with the implications of this paragraph on the roles of legislators, it's important that we all identify with this as American citizens. The Declaration of Independence expressed the ideals that serve as the foundation of America, including freedom, liberty and equality. While we tend to take for granted these privileges in day-to-day life, Independence Day is the perfect occasion to recognize and be grateful for these aspects.

If you have any questions about anything that happens either in our community or at the Capitol, please contact me by email at RepMatsumoto@Capitol.Hawaii.gov, by telephone at (808) 586-9490, or by stopping in at the Capitol in Room 303. I always look forward to seeing and hearing from you!

Continued from page 1



Edwin Manmano & Donna Acorda

Adam Foster: 562# @ 220 Jr Men 20-25 / HI State Record Nicholas Montibon: 490# @ 220 Class 1 Men / Most Outstanding Class 1

Deadlift:

Ciara Balidoy: 341# @ 132 Teen Women 18-19 / HI State Record Ashley Carillo: 380# @ 132 Jr Women 20-25 / HI State Record / Most Outstanding Teen/Jr/Sub-Master Women

Jacob Valmoja: 518# @ 132 Jr Men 20-25 / HI State Record / Most Outstanding Jr Men

Rance Balidoy: 573# @ 198 Jr Men 20-25

Jacob Barit: 501# @ 242 Jr Men 20-25

James Valmoja: 457# @ 132 Master Men 47-53 / World Record Edwin Manmano: 717# @ 165 Open Men / World Record / Most Outstanding Open Men

Also entering from WHC was Dale Yoshizu, retired teacher from Waialua Elementary School. Dale entered the 123 weight class Master Men 54-60 bench division. He ended the day with a 187# bench press, giving him the 1st place award.

So what's next for this group of lifters? A little well-deserved RnR, then it's back to training. A couple of them will be competing at the USPA Team Metro Push & Pull competition on August 24, while a group of them will be headed to Las Vegas in November for the WABDL Worlds Championships, to compete on the platform with other lifters from all over the world.

Team Caution would like to thank all those who have supported them through their training process. They would especially like to thank Jerry and Jerry's Pizzamill and the Woolley Brother Screen Printing for sponsoring the team and for the awesome t-shirts. MAHALO FOR THE SUPPORT!

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Olakino Maika'i

(Good Health) by Naty Camit Hopewell

Sun and Skin Cancer

It's summertime and people are out soaking in the sun. This is exhilarating but can become a contributor to skin cancer, which is the most common cancer in the U.S. The more common skin cancers are basal cell and squamous cell carcinoma.

80% of all skin cancers is basal cell carcinoma (BCC). BCC is slow growing and frequently seen in fair-skinned people with a history of sun exposure. It usually occurs in sun-exposed area, such as the face, ears and chest; 70% of which occur on the face. The lesion often bleeds and patients complain that it never heals. The diagnosis is made by byopsying the lesion. Treatment is removal of the entire lesion. If BCC occurs in cosmetically sensitive areas, such as the nose or eyelid, "Mohs" surgery is done, where a layer of tissue is removed and checked under the microscope for cancer cells. This is done repeatedly until the tissue is clear of cancer. After occurrence of BCC, there is up to a 44% risk of developing another BCC within the next 3 years. Once the cancer is removed, signs of recurrence include breakdown of a previously healed scar, development of crusting or enlargement of a scar, formation of a lesion within the scar and ulceration of the scar.

Squamous cell carcinoma (SCC) accounts for 16% of all skin cancers. SCCs grow faster than BCCs and can become large and cause bleeding and ulceration. SCC usually develops in sun-exposed areas, such as the head and neck. Although the most common cause of SCC is UV exposure from the sun, it can also result from immunosuppression following organ transplant or HIV. SCC in certain locations, such as the scalp, nose, eyelid, are associated with higher rates of spreading. Treatment is removal through a variety of methods.

The most effective approach to skin cancer is protection from UV rays. Avoid peak sunlight (10 a.m. – 2 p.m.). Wear protective clothing. Apply sunscreen with SPF 30 or higher 20 minutes before sun exposure. Then, reapply every 2 hours; more often if you've been in the water or sweating.



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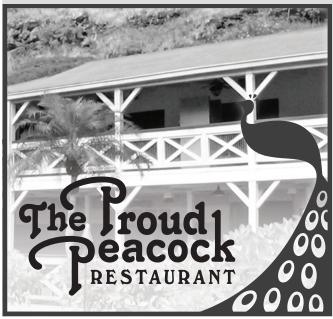
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Editor's Choice

Growing Good Corn

Author Unknown

There once was a farmer who grew award-winning corn. Each year he entered his corn in the state fair where it won a blue ribbon.

One year a newspaper reporter interviewed him and learned something interesting about how he grew it. The reporter discovered that the farmer shared his seed corn with his neighbors.

"How can you afford to share your best seed corn with your neighbors when they are entering corn in competition with yours each year?" the reporter asked.

"Why sir," said the farmer, "didn't you know? The wind picks up pollen from the ripening corn and swirls it from field to field. If my neighbors grow inferior corn, cross-pollination will steadily degrade the quality of the corn. If I am to grow good corn, I must help my neighbors grow good corn."

He is very much aware of the connectedness of life. His corn cannot improve unless his neighbor's corn also improves.

So it is with our lives. Those who choose to live in peace must help their neighbors to live in peace. Those who choose to live well must help others to live well, for the value of a life is measured by the lives it touches. And those who choose to be happy must help others to find happiness, for the welfare of each is bound up with the welfare of all.

The lesson for each of us is this: if we are to grow good corn, we must help our neighbors grow good corn.

It is possible to give away and become richer! It is also possible to hold on too tightly and lose everything. Yes, the liberal man shall be rich! By watering others, he waters himself.

—From the Bible, Proverbs 11:24-25

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Friday, August 1, 2014
Wahiawa General Hospital - Bloodmobile
7:30 am - 2:00 pm
Monday, August 25, 2014
Waialua Intermediate and High School - Library
7:30 am - 2:00 pm

Please note: Drives are subject to change. Call 848-4770 or visit www.BBH.org to schedule an appointment or check on drive information.

Sign up to save lives today. The requirements to be a blood donor are simple:

- Be in good health
- Be 18 years of age or older (17 with signed Blood Bank of Hawaii consent form)
- Weigh 110 pounds or more
- Bring a valid photo ID with date of birth

Hawaiian Electric continues support of STEM education

To date in 2014, Hawaiian Electric has contributed more than \$88,000 in support of science, technology, engineering, and mathematics (STEM) education programs that benefit Hawaii educators and students while inspiring a next generation workforce capable of competing in the science and technological industries.

Recent contributions include:

- Hawaii Space Grant Consortium, for the Lacy Veach Day of Discovery in October. Since 2002, Hawaiian Electric has sponsored this annual event which honors NASA Astronaut Charles Lacy Veach while bringing together organizations, businesses and individuals to share their STEM research and activities with educators, students and the general public.
- Hawaii FIRST® LEGO® League, for the state championship on Oahu in December. Since 2006, Hawaiian Electric has partnered with FLL to hold these team robotic challenges which promote science and technology to upper elementary and middle school students while developing student interest to pursue STEM studies and careers. About 80 volunteers from the company also assist onsite at the state tournament each year.
- University of Hawaii Foundation, for the Hawaii State VEX Championship in December. Hawaiian Electric has been the title sponsor of this scholastic robotics tournament since its inaugural championship event in 2013. In addition to enabling middle and high school participants to learn STEM concepts, VEX robotics builds valuable team work, problem solving, communication and time management life skills.



Makua Rothman wins the first event in the ASP Big Wave World Tour









BANZAI NORTH SHORE WIRELESS

New daddy Makua Rothman won the first event in the ASP Big Wave World Tour. Rothman was a Hawaiian wild card in the Billabong Pico Alto Peru contest and pulled off an incredible over the ledge ride that will never be forgotten. "I thought I was going over the falls, to tell you the truth," Rothman told the ASP. "But I figured, 'Why not try to hang on?' I took a page out of (fellow Hawaiian Shane) Dorian's book." He won 12,000 points and \$12,000 in prize money. The waves were big and getting bigger through out the day. Rothman was able to score high point rides all the way through and avoiding any injury and while still wearing his hospital bracelet. South Africa's Grant "Twiggy" Baker suffered a broken ankle and was one of the many that had to employ their inflatable safety vests. There is a series of five events scheduled on the big wave tour, this was the first to go off. Surfers wait for the first three from April to August and another two from October to February.

Following are the results.

- 1. Makua Rothman (Hawaii) 27.33 \$12,000
- 2. Anthony Tashnick (Santa Cruz) 22.00 \$8,000
- 3. Shawn Dollar (Santa Cruz) 20.26 \$5,000
- 4. Gabriel Villaran (Peru) 16.80
- 5. Grant Baker (South Africa) 16.00
- 6. Greg Long (San Clemente) 7.00

North Shore surfer Honolua Blomfield is NSSA National Champion. Kids from all over the U.S.A. in the National Scholastic Surfing Association competed in Huntington Beach for the prestigious titles. Blomfield won the explorer Womens Longboard event competing against girls of all ages and killed it in the final 15.33 to Jazmine Dean's, Florida, 10.70 score. Blomfield competes in both shortboard and longboard competitions and is great at both, she made the final in her age group in shortboarding, a 4th place. Congrats to the North Shore surfer!

EXPLORER WOMENS LONGBOARD (all ages)

- 1. Honolua Blomfield-Haleiwa, HI 15.33
- 2. Jazmine Dean-St. Augustine, FL 10.70
- 3. Kelta O'Rourke-Kilauea, HI 9.13
- 4. Ocean Tsutsui-Haleiwa, HI 8.43
- 5. Georgia Cook-Franklin, TN 7.57
- 6. Frankie Seeley-Malibu, CA 6.24

Also at Nationals Sunset Beach hometown surfers Raios Hayes won the Aloha award and Zoe McDougall received the Carissa Moore Rookie of the Year award.

The National Scholastic Surfing Association (NSSA) is a nonprofit organization whose mission is to encourage and assist its members in their interest

to learn and develop the fundamentals and skills of surfing competition while competing in structured and quality events. The NSSA promotes the qualities of discipline and competitive excellence while supporting the merits of academic achievement to young surfers. The NSSA strives to provide a fun surfing experience for all of its members. In Hawaii it is put together by another North Shore resident Bobby Parker.



Honolua Blomfield





Ron Artis II

Is traveling to Seattle this August to "Make some Music". Ron and his Brother Thunderstorm have been performing Non-Stop around the island this last year, and now it's growing over the ocean. But before they set their sails, Ron has 2 more Concerts planned in Honolulu, for fundraising and for the love of music.

- August 1 Hawaiian Brians 7 p.m.
- August 3 Mililani Town Center 4 p.m.

for more information about the tour, and upcoming concerts visit: ronartisii.com
Also anyone looking to support the tour can also donate here:
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Dear Editor,

I am Andrea Anixt, a nearly 40 year resident of Ka'a'awa, Member of Disaster Preparedness Resiliency in Place Planning Team with Red Cross, and OahuMPO Citizens Advisory Committee member for Ka'a'awa, plus on the Board of Directors of the Ka'a'awa Community Association.

Kamehameha Highway's North Shore Corridor from Hale'iwa to Kahalu'u is in the tsunami inundation zone for too many of its 35 miles... New studies are coming out this summer or fall that are showing even greater inundation and changing evacuation planning.

There is only the one through road for that 35 miles. It has only two lanes; is outdated for current traffic; development plans propose doubling the traffic; tourist traffic is expected to be 7.5 million by 9 years from now annually on Oahu, more than half come to this little road; it has only 2' eroding shoulders in places and large boulders try to keep it from being undermined by the ocean; many 2 lane narrow bridges; and is closed frequently by accidents, flooding, etc., and gridlock among other things, especially through KoolauLoa's Ka'a'awa.

I was at a meeting of communities involved in disaster preparedness planning a few months ago. This was held in Ka'a'awa, but we discussed all areas represented at the meeting. One of the issues was that many of our schools and fire stations were built in the inundation zone and as irresponsible as that seems in 'Planning', it is proposed to do even more of same right now!

Even the Deputy Director of Department of Emergency Management felt it was a bad idea to put a new fire station proposed for Hau'ula on Kamehameha Highway by the shopping center because it is just feet from the current inundation zone.

Based on my experience of Iwa and Iniki in Ka'a'awa, all new public safety buildings should have to be built as far from the coastline as possible, especially fire stations and schools. Laie is adding to its population rapidly and building a hotel and thousands of square feet of commercial space. It does not even have a fire station for nearly 7,000 people. From 2000 to 2010 Census Laie population grew 34%. Again, inadequate Planning seems evident in its lack of a fire station already.

People have been advised that we will not see Red Cross or emergency services for at least 7 days in Ka'a'awa, IF the road is there...I have seen the coast road on Kauai by Poipu after Iniki; it was a black, broken ribbon tossed inland many feet. We fear that

our only road to anywhere will meet this same fate with good reason. We were without electric power for about a week both times. People will die at about 100 hours with no water. Resident and tourist population increase has made it much more unsafe in the last 23 years since a hurricane hit Hawai'i, even as obliquely as Oahu got it, we had a lot of damage and people lacking supplies. My solar panels were never seen again, my roof had an 18' by 15' hole, my neighbor had 3 trees fall on his house, etc.

Many older schools are involved and will not be able to be emergency shelters for hurricanes or tsunamis. This is a planned disaster more than disaster planning I am finding out.

Andrea Anixt



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Return this form with payment to: North Shore News 66-437 Kam. Hwy. #210 Haleiwa, HI 96712 Gillian Yamagata, athletic director at Kahuku High and Intermediate, has demonstrated the highest level of knowledge and expertise in interscholastic athletic administration, earning the national distinction of Certified Athletic Administrator.

The National Interscholastic Athletic Administrators Association made the announcement July 14, placing Yamagata in an elite group to reach this level of professionalism. In 50 states, there are only 5,575 CAAs total.

Yamagata's commitment to promoting the professional ethics, practices and standards of athletic administration, and benefitting the Kahuku school-community with her leadership helped her achieve CAA status.

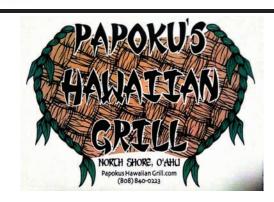
"This comes with excitement and relief," Yamagata said after the months-long process.

Certification is granted after an intense evaluation of a candidate's experience, professional contributions and educational background followed by a rigorous daylong written exam.

"This certification represents Gillian's professionalism and dedication to her career as an athletic director and to our athletes," said KHIS Principal Pauline Masaniai.

"I am proud of those who take the initiative to grow in their field, and strive to build effective and efficient programs," said NIAAA Director Sheri Stice. "I am confident that they are committed to your students and education."





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July 1, 2014 REGISTRATION DEADLINE

August 15, 2014





To apply or for more information, visit www.pauahi.org

Coming this summer: Mahi'ai Match-Up 2015 **Agricultural Business Plan Contest**

Kamehameha Schools and Ke Ali'i Pauahi Foundation(Pauahi Foundation) - the nonprofit foundation of Kamehameha Schools – are teaming up once again to promote and celebrate Hawaii's agricultural industry through their second Mahi'ai Match-Up agricultural business plan contest.

Mahi'ai Match-Up 2015 is being hosted ultimately to 1) help Kamehameha Schools find farmers to increase food production for the local market, and 2) grow awareness for the Pauahi Foundation's efforts in providing agricultural grants and post-high scholarships.

"This is truly an effort to celebrate and promote agriculture in Hawai'i. We strongly believe that by building excitement and a strong support network around agriculture and agriculture education we will see multiple benefits for our community and for our state," said Keawe Liu, executive director of Ke Ali'i Pauahi Foundation.

Translated as farmer match-up, the eight-month contest was started in 2013 to support Hawaii's agricultural industry. After months of working with applicants - which includes providing contestants with training in business plan preparation and presentation skills – Kamehameha Schools and the Pauahi Foundation announced three winners at the contest's culminating event, the Mahi'ai Match-Up Gala, held on February 22, 2014.

Last year's first place winner, a North Shore operation called Holoholo General Store, received \$25,000 in business seed monies from the Pauahi Foundation and five years of waived rent from Kamehameha Schools to expand its business in Hale'iwa.

"With this opportunity that's been provided to us by Kamehameha and the Pauahi Foundation, it really allows us to be innovative in thinking of other things that we can do instead of being so set back by the initial investment in just getting going on a farm," said Holoholo General Store co-owner, Jill Nordby, via interview.

Farmers with innovative ideas and interested in farming and food production for Hawai'i are encouraged to apply for Mahi'ai Match-Up 2015 on July 1, 2014. The deadline to apply is August 1, 2014.

For more information, please visit www.pauahi. org/mahiaimatchup.



Aloha Harvest Receives \$75,000 Grant from First Hawaiian Foundation

Aloha Harvest, a non-profit organization that rescues donated, perishable food from food donors and distributes the food to Oahu's needy, recently received a grant of \$75,000 from the First Hawaiian Foundation over two years. The grant monies, at \$37,500 per year beginning June 2014, will be used for general operating needs.

"We are very thankful to the First Hawaiian Foundation for its generous support of Aloha Harvest for the next two years," said Aloha Harvest Executive Director Ku'ulei Williams. "This grant will go towards supporting our ongoing operations."

Mahalo Aloha Harvest

Every week drivers for Aloha Harvest Hiram and Kiki (pictured on left) make a trip around the island rescuing food to feed Hawai's hungry! The North Shore Food Bank would like to say Mahalo to Hiram and Kiki for their weekly deliveries. Mahalo to the First Hawaiian Foundation who recently made financial contribution to Aloha Harvest







with a caption to NShoreNews@aol.com Deadline July 24 Ipo shines aloha... lpo is a 9 year old feral rescue cat.

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North Shore News



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EDITION	DEADLINE DATE
#16	July 24
#17	August 7
#18	August 21
#19	September 4
#20	September 18
#21	October 2
#22	October 16
#23	October 30
#24	November 13
#25	November 27
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Publication Date Edition DeadlineDate

August 6 Pets & NS Animals July 24

Send in your pets picture to be featured in the NSN

September 3 Labor Day-Campaigning Candidates August 21



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Next Issue - Aug. 6, 2014 Deadline Date-July 24, 2014

Correction:

6/25/14 Liliuokalani Protestant Church story -The Emerson's ship name called "Averick" instead of "Avery".

HOW TO CONTACT THE NORTH SHORE NEWS

Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

MAIL: 66-437 Kamehameha Hwy., Suite 210, Hale'iwa, HI 96712 E-MAIL: NShoreNews@aol.com PHONE: (808) 637-3138

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Miscellaneous

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Haleiwa Art Walk

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Liliuokalani 38th Annual Benefit Luau on August 2, 2014 1:00 pm - 4:00 pm Enjoy authentic Hawaiian foods

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Liliuokalani Church Easter Cantata Taped

by Oleo on Channel 55 shown on the following dates: Monday, July 30 @ 8:30 pm Tuesday, August 1 @ 9:30 am Wed., August 2 @ 12:30 pm

Liliuokalani Protestant Church 38th Annual Benefit Luau

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