"E Ala Na Moku Kai Liloloa"



Time to Fish!

Annual North Shore Hanapa'a Jackpot Fishing Tourney kicks off Friday, June 24 & 25. See official tournament insert.



NORTH SHORE NEWS

June 15, 2011 VOLUME 28, NUMBER 12

33rd Annual Hui O He'e Nalu **Independance Day Paddle Race**



Monday, July 4 • 11 a.m.

The 4 mile course is a favorite amongst the novice competitor for their first race challenge or the veterans for a quick sprint. With numerous age divisions as young as 13 years and younger to the veteran 60+ age group, will allow eveyone and age group information can be

the opportunity to test their abilities regardless of paddling experience. There will be a staggered start with Paddleboarders starting first at 11:00 a.m. SUP's start at 11:15 a.m.

Registration forms, race course

found at www.dahuipaddlerace. com Pre-registrants will receive a limited-edition Da Hui bag and other goodies! Last day for pre-registration is Wednesday, June 29, 2011. Beach entrants will be accepted. Beach registration will begin at 8 a.m. at Sunset Beach on Race Day. No late fee for beach registration.

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OFF da Island at Plymouth Rock

Not too long ago Maryanne Long from Koolau'loa enjoyed a two-month visit with her mother on Cape Cod, Massachusetts. She is pictured here holding a recent copy of the NSN over the genuine Plymouth Rock in Plymouth, Mass., where the first pilgrims set foot on North America in 1620 to begin their new life at Plimoth Plantation. Two months was a long time away from home in Hawaii and Maryanne was wise to pack a few copies of the NSN to remind her of the good times back on Oahu's beautiful North Shore. To learn more about our OFF da Island photo campaign turn to page 23.



Haleiwa's First & Only

Aromatherapy Shop & Essential Oil Haven

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The Black Pearl Source.

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In the Sunset Room with Live Entertainment by Ellsworth Simeona Seatings at 9am, 9:30am, 11:30 and 12pm

hot selections

Poached Eggs with Kalua Pork Hash Penne Pasta with Proscuiutto, Garlic, & Basil Sauce Grilled Sausage Links Whole Roasted Herb Chicken Fresh Seared Island Fish

sides, salads, & display highlights

Spinich & Arugala with Warm Bacon Vinaigrette
Vine Ripened Red & Yellow Tomato Salad
Long Rice & Grilled Chicken Salad
Fresh Fruit & Berry Platter

seafood

Tako & Ahi Poke Peel & Eat Shrimp Assorted Sushi

action stations

Eggs & Omelet Station Prime Rib Station Seared Shrimp Skewers with Fried Rice Station

SOUD

Hauula Tomato Bisque

dessert highlights

Ice Cream Sundae with Deep Dish Apple Pie Station Waialua Chocolate Mousse Cake

\$42 Adults and \$21 Children ages 4-11

15% service charge and 4.712 tax will be added to the final bill. Reservations must be guaranteed and tickets are non-refundable.

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Some Restrictions Apply. See Restaurant for Details. hen Ordering Regular Priced Items. Good Anytime. One Coupon Per Person. Can Not Be Combined with Other Discounts. Expires 08/31/2011.

Editor's Choice

California vs. Texas vs. Coyote

(Author unknown)

CALIFORNIA:

The Governor of California is jogging with his dog along a nature trail.

A coyote jumps out and attacks the Governor's dog, then bites the Governor.

- 1. The Governor starts to intervene, but reflects upon the movie "Bambi" and then realizes he should stop because the coyote is only doing what is natural.
- 2. He calls Animal Control. Animal Control captures the coyote and bills the State \$200 testing it for diseases and \$500 for relocating it.
- 3. He calls a veterinarian. The vet collects the dead dog and bills the State \$200 testing it for diseases.
- 4. The Governor goes to hospital and spends \$3,500 getting checked for diseases from the coyote and on getting his bite wound bandaged.
- 5. The running trail gets shut down for 6 months while Fish & Game conducts a \$100,000 survey to make sure the area is now free of dangerous animals.
- 6. The Governor spends \$50,000 in state funds implementing a "coyote awareness program" for residents of the area.
- 7. The State Legislature spends \$2 million to study how to better treat rabies and how to permanently eradicate the disease throughout the world.
- 8. The Governor's security agent is fired for not stopping the attack. The State spends \$150,000 to hire and train a new agent with additional special training re: the nature of coyotes.
- 9. PETA protests the coyote's relocation and files a \$5 million suit against the State.

TEXAS:

The Governor of Texas is jogging with his dog along a nature trail. A Coyote jumps out and attacks his dog.

- 1. The Governor shoots the coyote with his State-issued pistol and keeps jogging. The Governor has spent \$0.50 on a .45 ACP hollow point cartridge.
- 2. The Buzzards eat the dead coyote.

And that, my friends, is why California is broke and Texas is not.

Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke the life from your dream. Water them with optimism and solutions and you will cultivate success. Always be on the lookout for ways to turn a problem into an opportunity for success. Always be on the lookout for ways to nurture your dream.

> Lao Tzu Ancient Chinese Philosopher







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Olakino Maika'i

(Good Health) by Naty Camit Hopewell

Cholesterol: The Good & the Bad

Cholesterol is found in a variety of foods and your liver produces cholesterol. Different parts of your body, such as the brain, skin and organs contain cholesterol. There is also good and bad cholesterol. You usually get four numbers in a cholesterol check: total cholesterol--should be less than 200: HDL (high density lipoprotein) the good—more than 40, the higher the better; LDL (low density lipoprotein) the bad—less than 100; and triglycerides, the ugly—less than 150.

What factors affect your cholesterol? One factor is your diet. The solid fat in meat and chicken skin are saturated fats which make your LDL higher. Oils, like canola, olive and macadamia nut, are considered mono-unsaturated and actually help break down bad cholesterol. Foods like beans and lentils also help in lowering "bad." The extra food you eat is converted into fat in your body. In general, people who eat a diet of high fiber, small amounts of saturated fats and moderate amounts of food, have healthy cholesterol

Other factors include lack of exercise, obesity, your genes, certain diseases, and some drugs. Exercise breaks down the "bad/ugly" and increases the "good." Genes-if most of your family have "high cholesterol" (despite a good diet and exercise), your liver will probably have a tendency to produce more cholesterol than needed. Uncontrolled diabetes, low thyroid, too much alcohol, smoking, body-building steroids and some high blood pressure medications can also cause high triglycerides.

North Shore Christian community stunned by identity of shooting suspect in random rampage

By Ron Valenciana

Many on Oahu's North Shore awoke Friday, June 3, 2011 to shocking news reports that a well-known young man had been arrested after allegedly going on a random shooting rampage. When the rampage was over a 54 year-old Palolo woman was dead and two others were seriously injured.

The alleged suspect grew up in Hale'iwa and attended area schools. Toby Stangel, 28, of Wahiawa, was arrested not long after the random rampage began. He appeared in court on Monday, June 6 and is now facing a 20 felony count indictment including murder, attempted murder and firearms charges. He is being held on \$5 million bail and facing second-degree murder charges in the death of 54-year-old mother of 10, Tammy Nguyen of Palolo. He was also charged with seven counts of attempted murder and various firearm violations. Stangel had no previous felonies.

Wounded during Friday's shootings were 24-year-old Amie Lou Asuncion of Kalihi and 38-year-old Samson Naupoto of Salt Lake, who are recovering in hospitals. Five others were shot at but weren't injured including two police officers.

Toby Stangel's father is well-known and the senior minister of the North Shore Christian Fellowship in Hale'iwa for more than 20 years. Pastor Mike Stangel and his wife Karen were in California on the day of the alleged shootings. Soon after the incident Pastor Stangel shared these words through a church spokesperson; "We are broken and sick with grief. Our hearts and prayers go out to the innocent families who have been affected by this tragic act. We wish we had an explanation, but there simply is none. Those who know us, know we have always loved our son with an unconditional love. We thank all of you who have sent us your love, prayers & support. We are looking to the Lord Jesus for guidance, strength & comfort."

Members of the North Shore Christian Fellowship and friends have been hard-pressed to understand what led Toby to commit the alleged crimes he has been charged with. Several prayer meetings were quicly organized following the tragic news helping many to find some solace but few answers. The Sunday church service two days later on June 5 was turned into an emotional prayer meeting focusing on the victims' families as well as the Stangel family.

Police say the shooting spree appeared to be random, with none of the victims knowing the suspect.

It began at 12:43 a.m. Friday, June 3, when Stangel got out of his car, walked up to vehicles stopped in an intersection in Kaimuki and opened fire, according to police. Nguyen was shot in her van with her 16-year-old daughter sitting beside her. She died later that morning.

Toby Stangel is accused of opening fire again about 10 minutes later on the H-1 freeway near the Houghtailing and Likelike Highway exits, shooting Kalihi resident Amie Lou Asuncion, 24, twice in the shoulder after ramming her vehicle. Salt Lake resident Samson Naupoto, 28, was shot when he stopped to help her.

Police say a short while later the gunman fired at two police officers that were conducting a traffic stop but no one was hurt. Toby was arrested without incident.

A memorial fund has been established to help pay for funeral expenses for the late Tammy Nguyen. Her family is asking for help through donations to a memorial fund, a family spokesman said. Donations may be made to the "Tammy Nguyen Memorial Fund" at any Bank of Hawaii branch; or by mail to the Bank of Hawaii, Tammy Nguyen Memorial Fund, 2233 Ahe Street 32-B, Honolulu 96816.

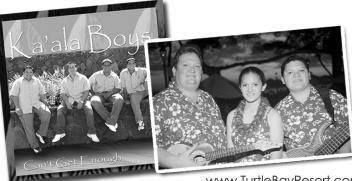
Hau'oli Lā Noa ia 'Oe!

Happy 4th of July!



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Time travelers at Dillingham Airfield

in Mokuleia, William Noyes III helped organized a Retired Hawaiian Airlines Pilots gathering featuring flights given aboard a brand newly restored Ballanca Pathfinder airplane...the first ever flown by Hawaiian and recently discovered, one of only two planes of this make left.

It is the same plane that Lindburg originally ordered but told by the Italian manufacturers he would have to wait 2 years to get it. So Lucky Lindbergh came back to America and had his plane built in the US and flew it to France for his world famous trans-Atlantic flight. A Ballanca made the second transup?

Pamela Noyes, Williams' wife, decided there was

On Saturday, May 14 at the Dillingham Airfield a need for herself and friends to dress up like stewardesses of that era and serve the guests pineapple juice, as had been done in the beginning of Hawaiian Airlines passenger travel. She created the matching uniforms and hats, an artistic version based on those pictured in historic photos from the 1920s, 30s and

> The retired pilots admired the good looking flight attendants dressed up from time past. The gorgeous and talented retired stewardesses even made up an original song and sang and danced a hula honoring the day's effort titled "Na Mea Ballanca o Waialua".

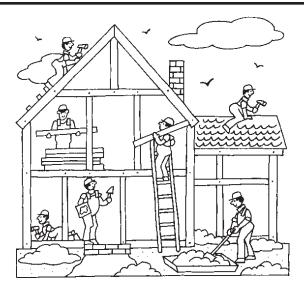
The participants in the photo are, from left to Alantic flight...but whoever remembers the runner right Alli Muse, Margo Goodwill, Susan Hunt, Pamela Noyes, and William Noyes III in the pilot seat window.

MAHALO to FRIENDS OF HAWAII CHARITIES

On May 18, 2011, The Friends of Hawaii Charities donated \$2500 to the Once A Month Church North Shore Food Pantry.

Over a hundred beneficiaries and community leaders gathered at the East/West Center to celebrate the success of the 2011 Sony Open PGA TOUR golf tournament, which enabled event charity host, Friends of Hawaii Charities, Inc., to distribute \$1,000,000 in charitable grants to over 160 Hawaii not-for-profit organizations.





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PUBLICATION DATE: June 29, 2011 DEADLINE: June 16, 2011

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Include first & last name
& contact phone number.

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Free Family Movie Night at Waialua Community
Association



Gnomeo and Juliet

Fun for the whole family!

Friday, June 17 at 7 p.m.

FREE ADMISSION

Drinks & Popcorn for sale



For more information, call 637-4606 www.WaialuaCommunityAssociation.org



Direct From Donovan

State Senator **Donovan Dela Cruz**

Of the measures that I was able to have passed, I consider one of the most significant to be SB 1555, signed by the Governor, and now Act 55. However, there are a number of people who do not understand the implications or significance of this act.

I introduced this measure because I believed that the State of Hawaii needs to be competitive in the global economic marketplace. With the federal government cutting back on its funding to local governments, we cannot rely solely on federal funds for economic stimulus. And we found out how a catastrophic occurrence in other parts of the world can affect us economically by the reduction of visitors to the island. So, although the state relies on tourism to support our economy, we cannot put all our eggs in one basket, so to speak.

The Department of Land and Natural Resources (DLNR) has jurisdiction over 1.3 million acres of land in the state. Act 55 allows the conversion of unproductive public lands into a diverse growth industry rather than let these lands remain in ineffective use. This Act establishes the Public Lands Corporation,

which will be the development arm of DLNR. Applicable public lands will be placed under the corporation's jurisdiction and the corporation will serve as a public land development program that will identify the lands suitable for development or redevelopment, initiate marketing analyses to determine the best revenue-generating use for the land, enter into publicprivate partnerships to (re)develop the land, and provide leadership for the development, financing, and improvement of the selected use. It will also allow rehabilitation of supporting infrastructure.

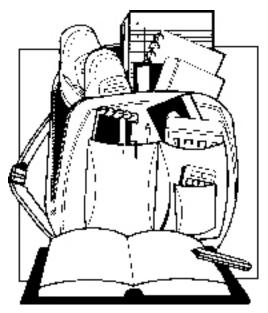
The Public Lands Corporation will consist of the directors of DLNR, Department of Business, Economic Development and Tourism, Budget and Finance, Hawaii Community Development Authority, and an executive director, planner, and project -development specialist. This corporation will attempt to make optimal use of public lands for the economic benefit of the people of Hawaii through aggressive diversified mixed-use enterprises. This may also encourage businesses to establish here. The revenues generated may be used to help sustain DLNR without its dependence on general funds and allow it to maintain essential levels of operation at a time when the state faces a budget deficit of \$1.3 billion resulting in cutbacks in departments.

The State, as one of the largest land owners with great real estate potential, will have an opportunity to generate revenues off these lands to help reduce the budget deficit and help to stimulate the economy.



Energy Detective winner
7-year-old Lily Richards of Hale'iwa is the second winner of Hawaiian Electric's Energy Detective Guide energy pledge drawing. For promising to conserve energy and help protect the environment, Lily was recently awarded an Energy Conservation Kit complete with energy information and supplies. Lily is entering the second grade at Sunset Beach Elementary School, which took first place in Hawaiian Electric's 2009-2010 Home Energy Challenge.

OPERATION: BACKPACK '11



'11 Goal: 350 Backpacks!

We have a growing list of 300+ homeless & disadvantaged students that need your help to get a new back to school BACKPACK, loaded with needed school supplies.

HERE'S HOW YOU CAN HELP!

Call the North Shore News office at 637-3138, and tell us how many keiki your family, your business, your church or your organization wants to sponsor. Last year we gave out 300+backpacks to needy keiki.

DEADLINE TO SPONSOR IS (Please help!) **JULY 22**

TWENTY-FIVE DOLLARS WILL DO IT!

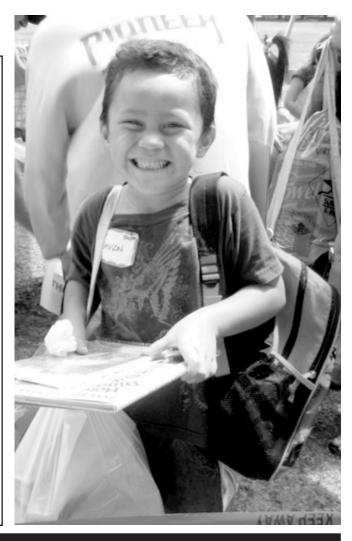
\$25 dollars will sponsor a NEW backpack LOADED with these school supplies

Composition books, elmer's glue, #2 pencils, erasers, sharpies, highlighters, colored pencils, crayola markers, scissors, ruler, school cases, crayons, watercolors, 3 ring binders, 3 subject folders, scotch tape, index cards, pens, glue sticks, plus other age/grade specific items.

Call 637-3138

to sponsor a

North Shore keiki
or send your donation
to the address below.





A Message From State Representative Gil Riviere

What's the plan?

Homelessness is increasing on the North Shore, as anyone can plainly see. Governor Abercrombie recently announced an action plan to address the crisis, but his plan is geared for Honolulu. So what is happening to address the homeless problem on the North Shore?

Ho`ala Housing and Resource Center, located in the Post Office building, provides counseling and support on Mondays, Wednesdays and Fridays from 9 a.m. to 3 p.m. Affordable Housing and Homeless Alliance (AHHA), is at the Waialua Community Association on Wednesdays to support personalized plans for permanent housing. The Waikiki Community Health Center is available for a multitude of outreach services and Pastor Ron Valenciana runs a food bank on Wednesdays out of the North Shore News office.

The North Shore Neighborhood Board Homeless Committee has been working on various projects to help different segments of the homeless population. Committee Chair Kathleen Pahinui will be presenting one such plan at the next Neighborhood Board meeting at 7 p.m. on June 28th.

There are many worthy organizations and many good people working to help the homeless. There remain, however, many individuals who lack the drive to get out their predicament. Of the able-bodied in the homeless community, we have to ask, "What is your plan?" We have to be willing to help and we have to expect the homeless to act on their plan.

Living in the bushes is not a plan. Smoking drugs all night is not a plan. Sitting in the park all day is not a plan. Expecting rents to become substantially lower is not a plan. Doing the same thing repeatedly and expecting different results is not a plan.

WANTED

CRAFTERS, ARTISTS, NON-PROFITS, and FOOD VENDORS



Saturday Sept. 10th, 2011



@ Waialua Community Association (Historic Haleiwa Gym (across Haleiwa Post Office)





Contact Nicole @ WCA for more information (808) 637-4606 or wca96712@hawaii.rr.com Homelessness is not going to disappear overnight, but that does not mean we can give up. There are countless causes and there is no silver bullet, but rather, solutions will be as various as the problems. It is unreasonable to expect homelessness to be solved simply by instructing the police to shoo people away, but it is appropriate to call 911 to report illegal activity, especially in threatening situations.

Being homeless is a short term crisis for many people, but it can be debilitating for others, especially when homelessness is prolonged. We have to be compassionate and helpful, but not irresponsible with assistance. Our efforts should be directed at helping the homeless improve their situation through their hard work. Effort and personal responsibility are required.

To report illegal activity, call 911. If you need help or want to find help for someone else, please check with the groups previously mentioned, call my office at 586-6380, or send an email to RepRiviere@capitol.hawaii.gov.

If you need help paying your home energy bill. . . we can help!

LIHEAP

Low-Income Home Energy Assistance Program

Offering Gas/Electric Bill Payment Assistance of Energy Crisis Intervention

APPLY AT:

Waialua Community Association–Club Room Thursday June 23, 2011 • 9 am - 12 pm

To apply, you will need these documents:

- 1. <u>PHOTO I.D.</u> (for applicant only) Driver's Li cense, State I.D., or Passport
- 2. CURRENT ORIGINAL GAS OR ELECTRIC BILL
- Most current, original bill from Hawaiian Electric Company/HECO or The Gas Company/Gas Co.
- 3. PROOF OF RESIDENCE A document, other than the gas/electric bill, showing that you live at the address listed on the bill. Ex: phone or doctor's bill
- 4. PROOF OF AGE (for household members 60+ and children 0-5 yrs) Seniors (60+) and children (0-5 yrs) must show proof of afe, for additional benefits. Photo I.D. or birth certificate are acceptable.
- 5. PROOF OF INCOME (for all household members 18 yrs and older) Bring all that apply: All Pay Stubs since January 2010; Self Employed General Taxes; Social Security Award Letter (2010); Supplementary Security Income Letter; Welfare Determination Award Letter; Unemployment Determination Letter, etc.
- **6.** PROOF OF ASSETS (for all household members 18 yrs and older) Bring all that apply: Current bank statements for Savings, Checking, Credit Union, stocks and bonds, cash on hand, etc.

Hurricane Season is here: Be prepared

cane season. Although the National Weather Service following items. These items are good year round for Central Pacific Hurricane Center has forecast a below any emergency that may affect Oahu. Essential items normal hurricane season, residents must still remain to include in your emergency preparedness kit are: aware and prepared. North Shore residents have often weathered dangerously high winter surf and strong drinking and sanitation. winds but a hurricane warning is something to take very seriously. The City's Department of Emergency cooking to consume. Local foods such as Spam, Management urges residents to prepare for the pos- corned beef and Vienna Sausages are handy. sibility of a hurricane by taking some simple precausystem devastated the island of Kauai," said Melvin teries for both. Kaku, director for the department of Emergency Management. "Although the full force of Iniki impacted light and extra batteries. Kauai, Oahu was not spared. We suffered flooded • homes from rain and storm surge, island-wide power medications and glasses. outages, blown off roofs and tens-of-thousands of dollars of damage to public and private infrastructure. We must be aware of the hazards hurricanes and tropical storms present and be prepared at all container. times during hurricane season." Take the time today to discuss hurricane preparedness with family friends should have a disaster plan, an out-of-state emerand co-workers. The FEMA website www.READY.gov gency contact and be prepared by learning all you contains disaster preparedness and planning docu- can about the disasters that could affect us here in ments as well as lists for essential emergency items Hawaii. These simple suggestions could help see you in English as well as other languages. All residents and your family safely through the storm. should consider developing an emergency prepared-

By Councilman Ernie Martin June 1st marks the official beginning of hurriness kit containing a five to seven day supply of the

- Water A gallon of water per person per day for
- Food Non-perishable food that does not require
- Radio Battery-powered or hand crank radio and tions. "In 1992 Hurricane Iniki a Category 4 storm a NOAA Weather Radio with tone alert and extra bat-
 - Light Flashlight and/or a portable fluorescent
 - Medical Supplies First Aid Kit, prescription
 - Pet Supplies Pet food, pet carrier and extra water for your pet.
 - Important Documents Stored in a watertight

In addition to emergency supplies everyone



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Every Sunday at 9 a.m. in the beautiful oceanside wedding pavilion.

Hosted by Pastor Ron Valenciana

- Non-denominational 45 min. service
- Traditional & Contemporary music
 - 15 minute sermon
 - · Free gift to all first-time visitors
- All are welcome! Free validated parking

For more information call Pastor Ron at 342-3969.

*When church is pau, enjoy dining at the Palm Terrace, Hang Ten Pool Bar, or Lei Leis.



Together we can move some mountains

By Annie Gerstenberger

I was born 42 years ago in Sumatra – Indonesia. I moved to the North Shore about 18 years ago married to Greg Gerstenberger. We have 2 wonderful kids Wina and Reese. It is wonderful to live in a country where the freedom of speech and the freedom to express what we believe, is allowed. Ever since I moved to this beautiful North Shore, I have always wanted to be part of the community involved in various ways. I take every opportunity to get to know others.

I remember as a little girl I saw a program on television about poverty and starvation; children who died of AIDS or other illness. I also remember reading a quote by Gandhi; "No matter how significant what you do may seem, it is important that you do it." As a child I was raised to believe that, and to this day I do my best to live it.

When I was 11, I was babysitting my neighbor's kids and I saved what I earned. My parents were involved in a local charity so I donated a little with what I earned from babysitting to that charity. At that time I knew that I had found something that mattered to me, and it changed my whole mind-set.

Here's something that matters to me right now: every 15 seconds, a child dies because of a lack of clean water and sanitation. It only takes so little to change to make a difference in their lives.

I've recently taken a few trips to Malawi – Africa and one trip to the Philippines. Each time I go, I always learn something new. Yes... we have read about extreme poverty and possible solutions, but it's really powerful when you get to meet the people and shake their hands, hug them and listen to their stories.

There's so much need, it's hard to decide where to give, but I always pray to my God and Savior to guide my heart and show me where and how to share His blessings. I follow my godly feelings. I have faith in Him. Jesus Christ said; "I tell you the truth, if you can

say to this mountain 'Move from here to there' and it will move. Nothing will be impossible for you. (Matthew 17:20b)

For me by providing access to clean water could prevent many deadly diseases. I can't think any more important value to instill in our children than the desire to help others. I fell strongly about setting an example for them. Real problems can be solved by the next generation if we instill in them the right values now.

I am not a politician and I don't want to tell anybody how to live.
But I must say that all these years later, I still think Gandhi had the right idea; No matter how small the contribution we make may seem, at their village's newly dug water well.

I was born 42 years ago in Sumatra – Indonesia. I it's crucial that we all do our part. God will make all yed to the North Shore about 18 years ago married things possible.

Please find out what you can do to make a difference. Take a few minutes to educate yourself on an issue you didn't know about before then tell somebody else. Please find a local charity near you and find out how they use the money donated. Every dollar counts. Charitable foundations would rather have a million people donated \$1.00/each than have a handful of people donate big checks, because that means millions of us are getting involved. If you give \$5.00 and talk



A Malawi woman eagerly pumps a newly installed water well. Now instead of walking miles for fresh water she walks a few yards thanks to Annie and her supporters. Outside the well wall is a sign that reads: "JESUS CHRIST SAYS: WHOEVER DRINKS OF THIS WATER WILL THIRST AGAIN... BUT WHOEVER DRINKS THE WATER THAT I GIVE HIM WILL NEVER THIRST AGAIN."



Annie Gerstenberger, second from the left, with three happy Malawi women arriving at their village's newly dug water well.

to your neighbor about giving \$5.00, that's a big deal. If that conversation goes on across the country, we'll really start moving some mountains (Matthew 17:20).

We are here for such a short time, when your grandkids study history, don't you want them to be proud that you're part of this solution? Surely God will bless you even more.

With God's provision this year (my 4th years) I will be going to Malawi-Africa to provide and build a clean water infrastructure in another village. I thank the Once A Month Church, friends and family for supporting this mission. If anyone wants to know more about this, please call (808) 393-1513 or Pastor Ron Valenciana (Once A Month Church) (808) 342-3969.



Annie Gerstenberger lives in Sunset Beach. She owns a catering business and her husband Greg manages the Ke Iki Bungalows.



Annie speaks with a local contractor near a Malawi village before drilling a new well. The cost (approx. \$10,000 US) is covered completely by Annie and her supporters.

The Salvation Army Family Store - Wahiawa store only

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For more information contact: Fred Deisser at 808-522-8425 Located at 322 Sumner St., Honolulu 96797 Across from K-Mart in town



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• Canned vegetables Hale'iwa Post Office.

637-3138

Prefer to contribute financially? Check can be made out to: Once A Month Church P.O. Box 117, Hale'iwa, HI 96712

TOP 5 MOST NEEDED ITEMS

- - Contributions
- & fruits
- Canned beans

No donation is too small.

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Surf Newz by Ace Cool

Howzit North Shore! Long time no see you guys around?! Well not everybody! If you were out in the water within earshot of me all winter, what can I say? Sorry, eh! I screamed for joy, stoked as a perpetual grommet as swell after wrapping swell of primarily "freight train rights" broke outside and to the east of the point at the "Turtle Beach" at Laniakea. I call the spot "HoldDowns". The webcams call it "Hultins". In truth, the 3 notorious Holton brothers once lived there and ruled it. The waves are kind of fickle out there and I am a real wave hog. So if I did not see you until long after dark generally or not at all until the winter was almost over particularly, hope you didn't miss me much. I am back! In the North Shore News that is. I saw a lot of you out in the surf almost everyday. At least the turtles always maintain that 'West of Waimea Bay' casual aplomb of Aloha. They know that they are all rock stars with their own fan club. The "Honu" at our world-famous "Turtle BayWatch Beach" have their own bodyguards, friends and secret admirers. Hooray for the "turtle guardians" of Malama Na Honu. They make a difference every day. Even when no get turtles! I mostly direct traffic and fill in when needed with the turtles and tourists. Did you want me to call a turtle for you? It sounds like a friendly conch shell yodel being played through the throat and septum. This 'sonar chant' is like a combination of the sounds of a Hawaiian nose flute and an Australian aboriginal didgeridoo! The "Honus" think it rocks!

What a great winter of surf it was to just go surfing! Staying out after dark and waiting for the "bomb". That one perfect last wave coming to take me home as the purple and pink sunset fades to bright stars and moonlight. Leave the surfboard in the back of the truck, the waves will still be good in the morning. I close Malama Market or even Foodland sometimes with wet hair and still in my wetsuit with sand on my feet!

Laniakea and other infamous spots catch those good North and even North-East swells as they come wrapping in and around from the windward side of Oahu. Sizzling rights blaze through places like Lanis and other lesser known outer reefs and semi-secret spots. The waves are so "down the line" on these North Swells that sometimes you just have to break the speed limit. Walk on the water. The best waves even break your surfboard in half without breaking your heart because they're so worth it! Lucky we surf Hawaii!

In the world of less laid back day to day highly competitive pro surfing out on the 2011 ASP World

Tour Circuit Kelly Slater took an early lead by beating all others at the year's 1st WCT/ASP event. He won the \$425,000 Quiksilver Pro in Queensland on the Gold Coast of Australia between February 26 and March 9 starting at #1 on the Men's ASP/WCT rankings. Australian Joel Parkinson won the \$425,000 Rip Curl Pro presented by Ford Ranger at Bells Beach between March 19-30. Brazilian Adriano De Souza won the \$500,000 Billabong Rio Pro at Rio De Janeiro, Brazil between April 11 -22. Kelly Slater sits at #3 going into the 4th event, the \$425,000 Billabong Pro at Jeffreys Bay in South Africa from July 14-24. Then the Billabong Pro Teahupoo, French Polynesia at Taiarapu in Tahiti August 20-31 is on. Then the newest and richest event in ASPsurftourdom. The \$1,000,000 Quiksilver New York Pro at Long Island from September 4-15. The 2011 ASP/WCT has a final showdown for the men at Pipeline, Hawaii December 8-20.

Hawaii girl Carissa Moore is at #1 on the ASP/WCT women's tour with fellow Hawaii girl Coco Ho following on her heels at #6 on the ASP 2011 WCT! Australians including Sally Fitzgibbons at #2, Tyler Wright at #3 and Stephanie Gilmore at #4 show OZ girls tread. Silvana Lima of Peru rounds the ASP/WCT women's rankings at #5. The Hawaiian Boys are raging on the ASP Longboard Tour with Duane Desoto #1 and Antoine Delpero of France at #2. Rusty Keaulana is #3 and Bonga Perkins is #4. Only Joy Monahan hangs in for Hawaii on the womens ASP/Longboard Tour at #3. Newcomer Jack Freestone from OZ has the Jrs so far. Alizee Arnaud of France tops the women Pro Jrs. Aloha...Ace Cool!

Hawaiians sweep inaugural SUPCross

Vail, CO - Hawaiians won the top spots in the inaugural Stand Up Paddle Cross event at the 10th Annual Teva Mountain Games held in Colorado. Mariko Strickland of Kauai and Noa Ginella who hails from Hawaii's legendary North Shore, both paddling for SUPCross presenting sponsor C4 Waterman, won the men's and women's divisions of the hard-charging, elbows and paddles flying test of paddling skill, strategy and determination.

Both Ginella and Strickland echoed the fact that winning SUPCross tactics include a combination of speed, focusing on the line and mental toughness. In all, nearly 40 paddlers entered the inaugural SUPCross event. C4 Waterman co-founder Todd Bradley was noticeably thrilled with the turnout and crowd enthusiasm for the SUPCross event not to mention proud of his team as well as the fact that five of the eight finalists were riding C4 Waterman rigid inflatable stand up paddle boards.



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8 a.m.-9:30 a.m. Register for FREE gifts 9 a.m.-10 a.m. Sunday School for keiki 9:30 a.m.-Pre-service give-aways 10 a.m.-12 noon Church Service 10-minute sermon

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August 28

October 30

July 31

September 25

November 27

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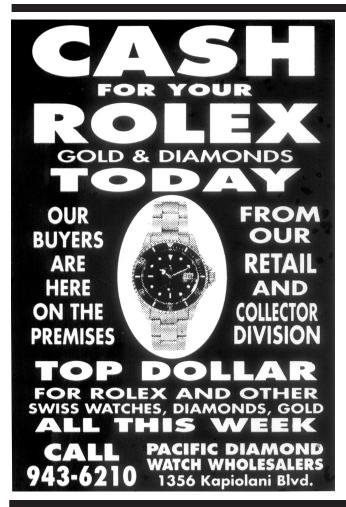




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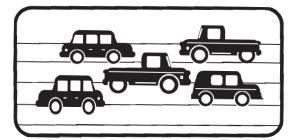
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North Shore News Home Improvement Edition June 29 deadline June 16 **Call for info 637-3138**

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Next Issue - June 29, 2011 Deadline Date-June 16, 2011

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Haleiwa Town Center Retail space for lease. 636-2222

NS Seventh Day Adventists Saturdays 9:15-12:15 67-174 Farrington Hwy. (WUCC, next to WHS) Info: 638-8209

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OFF da ISLAND

Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Try send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, telephone number and photo location to: NShoreNews@ aol.com. Or, mail to OFF da ISLAND Photo, North Shore News, P.O. Box 1117, Hale'iwa, HI 96712. We cannot return photos so please send us a copy. Photos received become the property of NSN. Preference and priority will be given to emailed photos.

Statewide Hotline for Litter 1-888-592-2522

Callers need to provide:

- 1. License plate number
- 2. Make and model of vehicle
- 3. Date and time and location
- 4. What was thrown/blown

How You Spell That?

The Once A Month Church lending library is putting out a call for new or used dictionaries, any size. Please drop off your donation at the North Shore News office, 2nd floor of the Haleiwa Post Office building.

Outreach Services

Persons with Disability Advocacy Benefits Housing HCIL 54-113 Kawaipuna St. Hauula, HI 96717 Ph. 293-9775 or 293-9777

Operation: Backpack 2011

Sponsor a North Shore keiki with a \$25 donation. New backpacks, loaded with school supplies will be distributed to K-12 grade kids and teens. For more info call: 637-3138.

Save Sea Birds Recycle Caps www.b-e-a-c-h.org

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Fresh Waialua-grown produce plants & more at the Waialua Sugar Mill

Sat. 8:30 a.m. - 2 p.m. Wed. 4:30 p.m. - 7 p.m.

Waialua High School Class of 1981

30th Year Reunion "30 Hours of Fun for the Class of 1981" Fri., 7/22/2011 – Sun., 7/24/2011 For Details:

Email: Waialuabulldogsclassof1981@ yahoo.com

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REUNIONS

The NSN is happy to publish your school or family reunion Free of charge.
Email your announcement to NShoreNews@aol.com.

Summer Reading Program

The Waialua Public Library's Summer Reading Program is set for Tuesday, May 31, 2011 to Saturday, July 2, 2011. Participants read, fill out a reading log and receive one prize per week during the program.

BEACH CLEAN UP

Chun's Reef – 10 a.m. 637-2211

Last Saturday of every month adoptabeachhawaii.org

Kahuku Public & School Library June 2011 Programs

Tuesday Night at the Library 6:30 June 21 Mexico: a personal point of view with Brian and Kaye Walsh June 28 Summer Reading Finale: Read to Succeed Magic Show with

Keiki Storytimes Thursdays at 10:00 am

Richard Bautista starts at 5:30

Friday matinees at 1:00 June 17 & 24 films with travel focus

The Bookmobile routes: June 27 Route 1 -

Rainbow School –Kahuku 9-10, Bright Beginnings, Hauula, 10:15-11:15, BYU-HU Family Housing 2:30-4

June 20 Route 3 –

Ponds at Punalu'u 9 – 10, QLCC 10:15 – 11:30

Adoption on the Road June 18 Schofield Barracks 10 a.m. - 2 p.m.

The Humane Society is reaching out to Oahu's communities by taking dogs, cats and rabbits on the road with "Adopt a Pet" events around the island. Come and find a new furry companion. hawaiianhumane.org

Sunset Beach Christian School Now Enrolling

Gr. Kindergarten-6th CALL 638-8274

Take Your Pet to Work Day-June 24

Pets are climbing the corporate ladder! Many enlightened businesses believe that taking your pets to work reduces stress and may bolster joy and productivity in the workplace. Join in and participate in this national celebration.

The Humane Society is offering 2-for-1 cat adoptions in June!

Bake Sale is BACK! @ Waialua Library

Saturday, June 18 is the date for our sixth annual bake sale. This popular event held in combination with the monthly book sale, has been very profitable for Waialua Library, thanks to the generosity of so many donors of baked goods, chutney, jams, jellies, pickles, and more. We will again have our "Starbooks" cooffee shop, where buyers can relax with Waialua coffee, lemonade, cookies and cupcakes while visiting with friends or enjoying a good read found at the adjacent book sale. Success, of course, depends on the participation of many supporters of the library, so if you would like to help by donating or by working at the sale, sign-up sheets will be in the library during the month of May, or you can call Petie McManus at 637-7446. Mark your calendars, spread the word, assemble your favorite recipes, and get ready for another great bake sale!

TIPS ON HURRICANE PREPAREDNESS

From the American Red Cross

· Assemble a disaster supplies kit: The kit should have supplies to last five to seven days for you and your family to include medications, nonperishable food, nonelectric can opener, bottled water, battery-powered radio, flashlight and extra batteries, bedding, extra clothes, copies of important documents, cash, first-aid kit and some household tools.

· Create an evacuation plan:

Choose two places — one within your neighborhood and another outside of your neighborhood — for your family to meet, such as a friend's home or a shelter. A list of hurricane evacuation shelters statewide is available at www.scd.hawaii.gov.

 \cdot Create a family contact list:

Make an emergency card that contains work, school and cellphone numbers for each family member. Also include an out-of-state contact in the event local phone lines are out of service or overloaded.

For more information on ways to prepare for a natural disaster, go to the American Red Cross-Hawaii State Chapter website at www.hawaiired-cross.org.

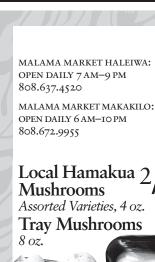
North Shore Farmers Markets

Haleiwa: 9 a.m. to 1 p.m. Sundays, at traffic signal on the old Kamehameha Hwy at the bypass road.

Waialua Sugar Mill: 8:30 a.m. to noon Saturdays

North Shore Country Market: 8 a.m. to 2 p.m. Saturdays, Sunset Beach Elementary School, 59-360 Kamehameha Hwy.

Laie: 11 a.m. to 2 p.m. June 24, July 8 and 23, Brigham-Young University-Hawaii, 55-220 Kulanui St.



choice Certified Angus Beef®

Boneless Top

Sirloin Steak



Valid Dates: 6/15/11-6/21/11

Fritos, Cheetos or Funyuns Seelcted Varieties,

7.75-10.50 oz.









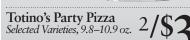








8 Piece Fried Chicken 2 Thighs, 2 Breasts, 2 Drumsticks and 2 Wings



Totinós



Sierra Nevada 12 Pk. Bottles





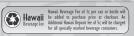


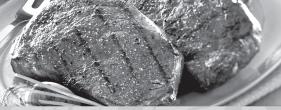


INCLUDES:

7-8 oz. Steak

Rice • Tossed Salad • Drink





Grilled Steak

Limit five units (mix/match) per purchase, unless otherwise specified. We reserve the right to limit quantities. No sales to dealers. Prices plus applicable state tax. Hawaii EBT cards welcomed.