



"E Ala Na Moku Kai Liloloa"

Are You Ready?
North Shore Disaster
Preparedness Fair

See page 3



NORTH SHORE NEWS March 5, 2014 VOLUME 31, NUMBER 5

Surf n Sea Pipeline Womens Pro March 11-21, 2014



Surf N Sea Pipeline Women's Pro

Pipeline Women's Pro Artist: Colleen Wilcox

Colleen Wilcox created a wonderful image of a women surfer that shows power and grace under the water. The image is called "Beneath the Wave" and exemplifies her love for surfing. She creates acrylic on canvas paintings, as well as designs

for surfboards and accessories. Her swirling, fluid style is filled with vibrant colors and stylized images of tropical flowers, waves, marine life, and island scenery. She is inspired by her beautiful natural surroundings and enjoys surfing and

spending time near the ocean. Her deep love for Hawaii and the island lifestyle is reflected continuously throughout her work. Find her at www.colleenwilcoxart.com.

See pages 12, 13, 14

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Pro & Pipe Pro Jr.**



Off da Island in London, England UK

Jacob Blanco (left) and Kenika Lorenzo (right) of Waialua are pictured here at the University of Roehampton in London where they studied abroad for the 2013 Fall semester September to December. When Jacob and Kenika are not hitting the books, they can be spotted reading the North Shore News to remind them of the good times on Oahu's beautiful North Shore. For more information on the Off da Island campaign turn to page 23.

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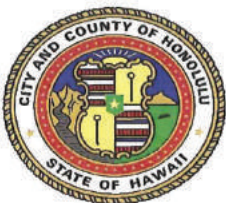
North Shore Disaster Preparedness Fair

BRING THE FAMILY
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9 a.m.- 1:00 p.m.
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❖ Free Admission

- ❖ **Free Keiki I.D.**
- ❖ **Free Movie “The Impossible”:** The true story of a family’s survival of the Southeast Asia tsunami
- ❖ **Presentations & Demonstrations including HAM Radio operations**
- ❖ **15 Agencies: Civil Defense, Red Cross, Hawaiian Humane Society, HECO, NOAA, etc.**
- ❖ **Update of North Shore Disaster Plan**
- ❖ **Explore a Fire Truck**



North Shore Disaster Preparedness Steering Committee
c/o North Shore Chamber of Commerce
66-434 B Kamehameha Hwy., Haleiwa, HI 96712
Phone: 808-637-4558 Website: www.nsdasterplan.org

Vote For Hale'iwa

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K.L. Bajo

"Haleiwa, Hawaii Renowned surfing beaches - Waimea Bay, Ehukai - Banzai Pipeline, and Sunset Beach - Art galleries galore, and colorful plantation-style architecture make this North Shore town unforgettable." (Coastal Living magazine March 2014)

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Haleiwa is in the running to be voted America's, "Happiest Seaside Town." Coastal Living magazine has a online voting site. There are nine other special seaside towns in the running for title. To vote and for more information visit online at coastalliving.com/happytowns2014. Vote, until March 31st, 2014. Aloha & Vote for Haleiwa.

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For supporting the art program at Sunset Beach Elementary School.
We are so grateful.
Mahalo,
The Friends of Sunset Beach




MAHALO!


from the
North Shore Food Bank

The North Shore Food Bank distributed 6500 plus food bags in 2013! Thank you for all your support and donations, you are appreciated. The North Shore Food Bank distributes food bags every Wednesday at the Hale'iwa gym from 9 a.m.-12 p.m. Donations of non-perishable canned foods can be dropped off at the North Shore News office (above the Hale'iwa Post Office). If you would like to contribute financially checks can be made out to:
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Council Chair
Ernie Martin
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The Grass is Greener at the Waialua Bandstand

The Waialua Bandstand, centrally located next to the historic Waialua Plantation Sugar Mill, is a community treasure. When the sugar mill was in operation, the area served as a central meeting location for community members to share their stories and discuss issues of importance ranging from tsunami warnings to situations at the mill. It is fitting that the area now serves as a gathering place where community members as well as visitors have come together for the last ten years to enjoy quality local artists who perform there once a month. Free entertainment at the Waialua Bandstand has included the Royal Hawaiian Band, U.S. Air Force Band of the Pacific, U.S. Marine Forces Pacific Band, U.S. Navy Pacific Fleet Band, cultural groups such as the Okame Daiko Taiko Drummers and local hula

halau.

After learning of the concerns of the hula dancers regarding thorny weeds that had grown in the area making it difficult to dance barefoot on the tiers fronting the Waialua Bandstand, Council Chair Martin initiated the community movement to address the issue by removing the weeds and replacing it with grass sod. Seeking a community benefits project for the North Shore area, the First Wind Company funded the project in full which provided for the cost to remove the weeds and prep the area as well as the grass sod. The grass sod was provided by Southern Turf Hawaii and the preparation of the site was done by Royal Palm Landscaping. The Friends of Waialua Bandstand accepted the monetary donation which was then donated to the City's Department of Parks and Recreation for the improvements. Volunteers from First Wind, Friends of Waialua Bandstand, Council Chair Martin's office and community volunteers came together on Saturday, February 22nd to place the grass sod on the tiers and conduct general maintenance for the area surrounding the bandstand. Work was completed in record time and the tiers are now thorn free and ready for the upcoming performances.



Pictured here are the volunteers that assisted in this importance community project.

Front Row: Diane Button, Twila Richvalsky and Kendra Martyn of the Friends of Waialua Bandstand and Erica Adamczyk of First wind. Middle Row: Waialua resident Julie Overdoff, Reed Matsuura of Council Chair Martin's office, Council Chair Ernest Martin, Crystal Kua of First Wind, Michael Sakata of Council Chair Martin's office, Doug Osborn of First Wind.

Back Row: Cliff Laboy of Council Chair Martin's office, David Richvalsky of the Friends of Waialua Bandstand, Heidi Tsuneyoshi of Council Chair Martin's office, Brandon Mitsuda with Honolulu City Council, Adam Young and Nicholas Clements of First Wind, John Cutting and Nate Nathanson of Friends of Waialua Bandstand and Andrew Goo of Southern Turf Hawaii.



City Council Chair Ernie Martin
& Councilmember Carol Fukunaga
invite you to the dedication of
a Memorial to Bill and Peggy Paty



On August 17th, 2011 the City Council passed a resolution to rename a portion of Kaiaka Beach Park in honor of Bill and Peggy Paty as a well-deserved recognition of their perseverance and their vision to save the area as a public treasure. A community effort raised the funds for an impressive wood carving by a local artist to be dedicated on the site as a lasting memorial to the couple.

The Bill and Peggy Paty Kaiaka Bay Beach Park is more than a tribute to the Patys; it is also a sincere *mahalo* from the entire community to two people who have given so much of themselves to their beloved North Shore.

Saturday, March 8, 2014

10:00 a.m.

Bill and Peggy Paty Kaiaka Bay Beach Park

66-449 Haleiwa Road

Haleiwa, Hawaii



State Representative
Richard Lee Fale
Serving You in District 47

Aloha,

In this column, I want to talk about the Preschool Open Doors program that provides subsidized child-care for qualifying families, free tax help for qualifying families and the Hawaii Religious Freedom Restoration Act (HB 1624).

APPLICATION PERIOD FOR PRESCHOOL OPEN DOORS

The Department of Human Services (DHS) will be accepting applications for its Preschool Open Doors (POD) program between March 1 and April 30, 2014. Applications received during this period will be considered for preschool participation between July 1, 2014 and June 30, 2015. Applications can be downloaded from the PATCH website www.patch-Hawaii.org or you can call 791-2130.

POD is a DHS child care subsidy program that provides statewide services to eligible low and moderate-income families sending their children to a licensed preschool, prior to kindergarten entry.

FREE TAX HELP

The Family and Individual Self-Sufficiency Program (FISSP), which began as a pilot program at Aloha United Way in 2005, became a part of the Hawai'i Alliance for Community-Based Economic Development (HACBED) in July of 2009.

If you would like to prepare your own returns and you made LESS than \$58,000 in 2012, the following site will allow you to prepare and e-file BOTH your federal and state returns. For more information go to: <http://www.hawaiiataxhelp.org/>

RELIGIOUS FREEDOM IN HAWAII

The House of Representatives is referred to as "The People's House." In February, the people spoke up loud in support of religious freedom in the State of Hawaii. My office, along with many other members of the House of Representatives received about 2,500 email messages, in support of HB 1624. Such a strong public outcry is a rare event.

HB 1624 is called the, "Hawaii Religious Freedom Restoration Act." The intent of this bill is to "Protect religious freedom and liberty by ensuring that no clergy or other officer of any religious organization will be required to solemnize any marriage."

Because HB 1624 was not scheduled to be heard in the Judiciary Committee, the House of Representatives called the bill out of committee onto the floor of the House to debate the measure.

The ability to recall the bill to the floor allows the opportunity for democracy to be what it is supposed to be. In many ways, the outcry for HB 1624 to be heard is a reflection of the wounds that remain from

the 2013 special session.

In a bipartisan effort, I along with 17 other members, voted in favor of recalling the bill. Unfortunately, as soon as the vote was taken to recall HB 1624 to the floor for debate, the Majority Leader, Scott Saiki, made a motion which killed the bill. We made a simple request to give the bill a hearing. It is very unfortunate that the leadership in the house decided to shut down any discussion on HB 1624. The bill can be reintroduced again next year.

As always, feel free to contact my office if you have any questions, or concerns. You may contact us 586-6380, or you may email me at repfale@capitol.hawaii.gov.

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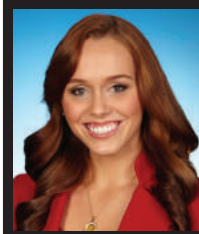


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**Representative
Lauren
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Fall Prevention

Aloha!

In the House Health Committee this year there have been a lot of bills relating to Kupuna initiatives. One of the bills that is being heard is House Bill (HB) 2053 relating to fall prevention. I wanted to take the time to share with you some of the important information in regard to increasing your home's accessibility and safety to reduce the risk of falling. We often associate falling with the elderly, however about half of all falls happen within the home among people of all ages, causing both fatal and non-fatal injuries.

I'm compelled to share insight regarding this subject because I believe it is imperative for all to know. Fall injuries and fatalities that occur within any family unit affect the entire family and its dynamics. Providing you with information on preventive measures may help you to decrease your chances of falling.

The Mayo Clinic recommends these helpful tips to prevent falling in the home:

- Immediately remove items that obstruct your walking path (books, shoes, clothing, electrical and phone cords, newspapers, etc.)
- Remove small rugs or install double-sided tape on the back to prevent their movement
- Use non-slip mats in the bathtub and on shower floors
- Reduce lighting glare by using lamp shades and/or frosted bulbs
- Increase lighting in dark areas
- Check stairway handrails and steps for needed repairs and/or installation
- Be aware of any medication side effects, including over-the-counter cold and flu remedies, that may cause drowsiness or disorientation
- Check your vision regularly (update eyeglasses, screen for glaucoma and cataracts)
- Install assistive devices as needed (grab-bars in bathrooms, wearable alert alarm system, etc.)
- Keep a close eye on your pets

Please consider implementing some, if not all, of these suggestions in your household to make your home safer. Precautionary measures will help protect you and your family from accidents resulting from falling, and ensure added security.

It is an honor and a privilege to serve you, and the entire State of Hawaii, as your State Representative. Please contact me with your questions, concerns, or

ideas at (808) 586-9490 or at RepMatsumoto@Capitol.Hawaii.gov. I invite you visit RepMatsumoto.com to sign up for information on issues that are important to you. Working together, we can make a positive difference for our community and our future!

**Sunset Beach Community
Association Meeting
Wednesday, March 19, 7pm-9pm
Sunset Beach Rec. Center**

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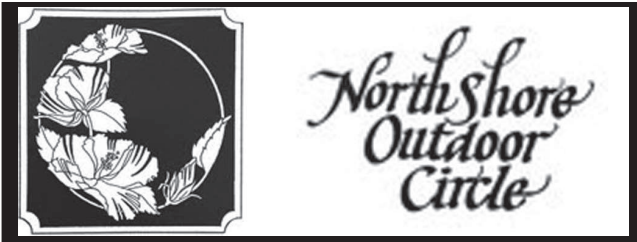
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"See, Click, Fix" -

How to Check if a Sign is Legal

"See, Click, Fix" is a free, new smartphone app that allows the user to easily report problems to the appropriate county agency - whether it's a signage issue, a broken street lamp or even a pothole.

Writing a formal letter or email regarding a "fix it" issue is enough to deter the most vigilant amongst us. Fortunately, we now have a convenient and efficient tool to communicate these issues, which routes them to the proper county agency.

Introducing "See, Click, Fix" - a free application that is available for most smartphones and desktop computers. Your report can include images, the specific location (via GPS mapping) and a detailed description of the problem. Reports can then be tracked on the SeeClickFix website to see if and when the reported problems are resolved.

The North Shore community residents and Outdoor Circle members are encouraged to install this app on their smartphones and start reporting illegal signs, dumping, water-wasting, trees in need, and any other matter that needs the county's attention. Be sure to mention that you are supporting the goals of the North Shore Outdoor Circle in your reports.

Mark your calendar:

Garden (ing) Party on Saturday, March 29th - 7 a.m. - 11 a.m. at Weed Circle. Mingle with fellow members as we Beautify Weed Circle. Wear shoes, bring gloves, loppers, hand pruners, and sunscreen. Light refreshments. More information will be available on our Facebook page: TOCNorthShore. LIKE us so you can view before and after pictures.

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Which sign is legal?

(a)

(b)

Sidewalk A Frame Real Estate Sign

To learn more about signs , go to:
www1.honolulu.gov/council/ocs/roh/rohchapter21art79.pdf

Answers: a) NO b) YES

Which sign is legal?

(a)

(b)

Gas Station Sign Signs on utility poles

There's an app for that!
"SeeClickFix"

Answers: a) YES b) NO

Olakino Maika'i

(Good Health)

by Naty Camit Hopewell

Strep Throat

Strep throat is one of the causes of sore throat. The most common cause of sore throats is a virus, such as the common cold. Symptoms that distinguish strep throat from viral sore throats are the following: 1) it hurts to swallow; 2) fever and frequent chills; 3) body aches; 4) sudden onset patterns; 5) swollen, tender glands in the neck; 6) a red throat, sometimes with white patches; and 7) general feeling of being sick. However, very young children sometimes present with only a fever and a stomachache.

What causes strep throat? It is caused by bacteria, Group A streptococcus. This bacteria can also cause scarlet fever which has the same symptoms as strep throat., but presents with a red rash that first appears on the neck and chest, then spreads to the rest of the body. It is described as "sandpaper" in feel and can last more than a week. As the rash fades, peeling can occur on the hands and feet.

Strep throat is most common in children 5-15 years old. However, it also occurs in adults. It is spread by person-to-person contact with fluids from the nose or saliva. Consequently, it is not unusual to have it spread in a household.

How are strep throat and scarlet fever diagnosed? In addition to the symptoms, two lab tests can be done. A rapid strep test can be done in the office and completed in less than 10 minutes. Although this is a reliable test, it is not as accurate as a throat culture. Both tests involve swabbing the back of the throat. The disadvantage of the throat culture is that it can take up to 2-3 days for the result to be obtained.

The treatment for strep is Penicillin or Amoxicillin for 10 days. Treating strep in children is imperative because untreated strep can lead to Rheumatic Heart Disease which can affect the child for life. Before the existence of antibiotics, "Rheumatic Fever" was not uncommon. Adults seem to be able to clear the bacteria and are less likely to suffer from this complication.



Kunia Orchid Show Press Release 2014

Spring is nearly here and that means it's time for the 60th Annual Kunia Orchid Show at the Leilehua High School's Paul Kobayashi Gymnasium on March 21st, 22nd and 23rd. The Kunia Orchid Show is not just one of the best flower shows on the island. It is an event that has something to offer for the entire family.

The Kunia Orchid Show will feature 22 plant vendors selling a great selection of orchid plants including the popular Honohono orchid, long lasting phalaenopsis orchids and assorted succulents at great prices.

The Department of Agriculture will have an educational booth featuring many invasive species including the enormous Coconut Rhinoceros Beetle recently found in Hawaii, the vocal Coqui Frog and those pesky Fire Ants. Learn from the experts how to protect our 'aina from invasive species. Representatives from the Department of Agriculture will be available on Friday with samples of live specimens.

For orchid enthusiasts, displays on the floor of the Gym include 5 orchid clubs showcasing their very best blooming specimens for all to enjoy. Other orchid themed displays include the Miniature Orchid Table Top Display, and Maile's Hawaiian Orchids featuring orchid species.

Other types of plants featured will be Cactus and Succulents, Anthuriums, Bonsai specimens from Honolulu Rainbow Bonsai and Miniature Ti Leaves surrounding the President's Circle honoring past Presidents of Kunia Orchid Society.

Additional displays include Sogetsu Ikebana showcasing creative and interesting flower arrangements and a handcrafted Japanese Miniature Village designed by recognized Japanese Master Designer Albert Nishigawa.

A Plant Doctor will also be available to answer your questions about orchid culture as well as a Representative from Pacific Agriculture who will be located in the Kunia Kountry Store.

Enjoy 'ono food booths whose proceeds will

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benefit the clubs and athletic departments of Leilehua High School's students and farm fresh vegetables grown by The Future Farmers of America.



Don't forget to stop by The Kunia Kountry Store offering many different kinds of plants such as pikake, gardenia, and puakenikeni. Gardening supplies such as wooden baskets, hanging wires, plants tags and clips will also be for sale in addition to homemade baked goods, jellies and much more.

One lucky person will be the 2014th Visitor and will receive a basket full of beautiful blooming orchids. There will also be hourly door prizes as well as "Enjoy" products given to everyone as they exit the show while products last.

Spend the day in cool Wahiawa with the family at the Kunia Orchid Show at Leilehua Gymnatorium on March 21, 22 and 23. Show hours are 9-5 on Friday or Saturday and 9-4 on Sunday. Plant sales will end at 3:00 pm on Sunday. There's plenty of free parking. See you there!



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Need a light switch replaced? Are your breakers tripping? Or maybe you're tired of sending all that money to Hawaiian Electric every month, and would like to generate your own clean solar electricity? Direct Electric Company is your North Shore electrical expert, offering a full range of residential and commercial services at very competitive prices. Direct Electric Company takes pride in quality craftsmanship, and uses high quality, locally supplied materials that will stand the test of time.

While they do work statewide, owners Roderick Martin and Asher Robinson live right here in Waiialua, and are committed to our local community. Both are Journeyman Electricians, and each has obtained a PV Designer/Installer Certification from the Solar Living Institute. Between them, they have over 35 years of experience; they have completed over 650 solar photovoltaic systems, as well as countless other electrical jobs. Their philosophy is simple - "Do what you say you're going to do. Integrity matters most." As Roderick says, "We want people to be so happy with our work that they will recommend us to their friends and family!"

Both Roderick and Asher have a strong interest in helping others in need. Roderick volunteers with Access Surf to help disabled children ride waves and brighten their lives. Asher has served as a volunteer coach for local sports teams. Both are known for going the extra mile to do a superior job. Direct Electric Company also offers senior discounts, to help our kupuna be safe and secure in their homes.

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Anastasia in the Tube

Photo: Daniel Russo

Meet up with **Anastasia Ashley** and you realize that this surfing wahine has many levels of stardom that she worked hard at getting. She is rare in a sport that has a long way to go in their efforts of supporting female surfers as athletes not objects. It is definitely changing and fast and she is one of the Women doing the work. Anastasia knows it takes lots of effort and has said she knew she made it "when she paid all the bills from surfing." Being able to concentrate on the sport itself has given her the respect she deserves.

She does not do many tour events but Pipeline is different for her. "I like Pipeline because it's one of the most beautiful waves to watch from the water as well as it has so much power," she explains. "I always grew up surfing there on small days as a child so I know the wave quite well," she said. "Also one of my good friends growing up was Jamie O'Brien so that doesn't hurt either."

Pipeline Master Jamie O'Brien and gang give her advice and support and watching the wave from the house right in front of the break is a plus. She has been very successful at the famous break in competitions, the best record so far. She made the final 4 times out of 6 events getting a 3rd in 2009 and 3rd in 2012 last year she placed 2nd and she was Champion in 2010. How does she do it? She explains, "I think how you win it is to know how to watch the conditions and the swell direction that day because it can change very fast, you need to be on it." That describes her in many realms she works at.

With the help of Airwalk and Bikini Ready Lifestyle Ashley finds herself as an Athlete spokesperson, a regular with ESPN, followed by the Huffington Post and TMZ is sure to find a reason to have her in the mix. Her social media numbers are giant and she recently flowed into being a presenter at the The

Cartoon Networks Awards event. She is no stranger to red carpets and has a knack for speaking on camera. Yes she is one of the most recognizable surfers in the world. She also is part of the 50th Anniversary of the Sports Illustrated bathing suit issue. That is big-time! And yes she is the one famous for the "twerking dance warm up" video that was an internet sensation.

Ashley is also riding some giant waves and is a part of the XXL awards line-up. Growing up in Hawaii gave her the confidence to charge big waves. She moved back to California at 14 but doing the NSSA contests gave her the sense of drive and focus it takes for her lifestyle now. She said she was not one of the girls that got big support so she had to work really hard to do well. "I've been doing this for my whole life and doing the media thing. I think it's hard for any female now whether you're an athlete or in any type of show business you are always going to have to struggle with maintaining your creditably especially if they push your looks." Anastasia balances the media well and has the looks and fitness that comes with surfing but she works-out hard and works at it harder. "I've worked extremely hard in my job and have been able to be relevant for the last 15 years both in media and in my surfing," she said. "I have my schedule on the wall of my bedroom." When asked about her hobbies she says she loves music and goes to a lot of music festivals. "Surfing taught me dedication... to be able to get up at 6 a.m. and be happy about it and to know that we all share the great ocean and we are all the same."

There are so many women that have great individual stories and all are winners no matter what. Anastasia Ashley will be one to watch at the Surf n Sea Pipeline Womens Pro, bet on it!

Surf N Sea Pipeline Women's Pro The Quiksilver Bodysurfing Experience The North Shore Surf Shop Pro Jr.

Event Information:

• Womens Trophies by Kim Taylor Reece

Mahalo and Congratulations to Kim Taylor Reece. He is celebrating 35 years of making beautiful images. Reece made a gorgeous trophy sculpture for this years contest. While best known for his iconic hula images, Kim also works with dancers and athletes of all genres. His newest sculpture Moe Kahakai which means Dreams of the Beach, reminisces of summers past and summers yet to come. The contest organizers are calling her "Golden". The sculpture was an idea in the making but with a little push from the Women surfers the project got finished! It is a great representation of Women surfers and hopefully there are more to come! Check out his gallery at 53-866 Kamehameha Highway!

• **Official Drinks: Aloha Friday Water & Kona Brewing Co.** Aloha Friday is a functional beverage that helps you stay healthy and hydrated any day of the week. Look for their new flavors! The most popular beers in the islands are made by Kona Brewing Company. Kona Brewing Company is committed to producing, marketing and serving the finest handcrafted beers and tastiest cuisine with its exceptional team of motivated individuals who are passionate about quality. This is a company that strives to give back to our local communities and always supports sporting events!

• **Official Surfboard Company: Surf Tech Hawaii** has donated a Surfboard to the Surf n Sea Pipeline Womens Pro. Surf Tech is a hybrid of surf and technology with ongoing efforts to revolutionize the industry and continue to support community events!

Combined Events in Waiting Period, March 11-21, 2014

• **The Quiksilver Bodysurfing Experience** is a 48 man draw of surfers using nothing but their bodies to ride the surf. There will be a mix of lifeguards and international athletes. In Hawaiian it is called he'e umauma (sliding with the chest). It has been quite a while since the bodysurfers have had an event at Pipeline and it will be interesting to see who will be the victor!

• **The North Shore Surf Shop Pro Jr.** presented by Woodward Group is in the mix also. The North Shore Surf Shop Pro Junior will be a one star mens event and should be one of the most exciting in the world. The Pipe Pro Jr. promises to deliver as much exciting junior pro surfing competition action as it did during in 2013 with pro juniors as young as 12 years old dropping into solid 8 to 10 foot pipe on opening day! It was the North Shore's Kalani David that took the title last year and he will be defending again. Watch



the Pipe Pro Jr. Live from the beach at Pipe, on the Live webcast at www.asphawaii.org or on the cablecast and replays on Time-Warner Oceanic 250/1250 in HD! The whole event is a colaberation of many people working together to make sure everyone gets a chance to compete at Pipeline. Congratulations to the whole crew and especially to Faith Wenzl for her continued hard work organizing events for our North Shore Community.

• Hawaii Film Premier

There will be a special showing of the film "3 Killas y Un Kiwi" This is the first video of its kind. It is an introduction of Latin American female surfing to the world. Surfing world champion Sofia Mulanovich from Peru, Simone Zea from Venezuela, and Ornella Pellizzari from Argentina lead an army of shredders that carve their way through waves and life. Even though Sofia Mulanovich paved the way for Latin American girls, it is still a tough road to follow. Since most of the talent goes unnoticed the producers decided it was time to share their skills with the rest of the world. The movie will be shown in conjunction with the Surf N Sea Pipeline Womens Pro. The location will be announced on www.facebook.com/WomensProPipeline?ref=hl as will all updated news.



NORTH SHORE SURF SHOP




PIPE PRO JR




PRESENTED BY
WOODWARD GROUP

March 11th to March 22nd 2014



Live Webcast at asphawaii.org
Live Cablecast on Oceanic Time-Warner Surf Channel 250/1250 HD



Kalani David

Photo: Banzai Productions



BANZAI NORTH SHORE WIRELESS

It is bodyboarding season on the North Shore. Pipeline blessed The annual IBA Hawaii Tour event with some great surf for four days of competition. The APB (Association of Professional Bodyboarders) Pipe Challenge included a drop knee event, a Jr Pro., Womens and prone mens all in one. Pipeline is a fickle place, sand moves all over the beach, the direction of the swell changes the break and the wind can always be a factor there as it is very exposed to the north. Having four rideable days is fortunate. The womens division saw solid 6 foot waves with a slightly northeast wind that made for challenging conditions. The ladies pulled off some late drops and lots of barrels to impress the crowd. The best tube rider won the event, Australian Lilly Pollard scored big and finally won one at the Pipe. In second was a German ripper who lives in the Canary Islands. Alexandra Rinder just 15 spoke in a gruff voice to explain her day. "It has always been my dream to surf in a final at Pipe, I lost in the trials last year. To come here and surf against three time world champ Isabela Sousa was hard for the first one and when I eliminated her it was like whew one down." Rinder caught some big set waves and handled the sections and the heaving sand bar backwash. The future looks bright for Women's bodyboarding with strong tall girls like she is competing. Congrats. Pollard was perfect in the tubes to take the title. Every heat she scored at least one clean barrel ride. In the final her first wave had the beach screaming! "I was screaming too when I came out of that barrel, it feels really good to win one here at Pipeline I've always just made it to the semi final. Any girl could win this, they are all so good so I was really lucky to take this one." Third place went to Brazilian Jessica Becker who has been on the tour for a long time and 4th Emma Cobb from Australia. Cobb just could not find a wave that did not close out on her, the frustrations of competition. The highest placing Hawaiian Melanie Bartels from Makaha. Bartels did the shortboard World Tour for years and now is winning in other divisions including longboarding events. A full house athlete, Hawaiian style!

Semi local North Shore surfer Dave Hubbard won the drop knee division. In the Jr. Mens it was Tanner McDaniel taking the win and the prone went to Ben Player, AUS.

The Hawaiian Women short board surfers on tour have won the first two 6 star contests, Carissa Moore, Honolulu, won the Hurley Open in Australia and Malia Manuel, Kauai the Hunter Ports comp. Big news is rookie Aleesa Quizon was second in both events, an awesome start to her contest season. The mens winners were Andriano DeSouza, Brazil and Matt Banting, AUS, won the Burton Toyota Pro where the Koala bears play. Go Hawaii.

Be watching for the bodysurfers to take on Pipeline coming up March 11-21. The Quiksilver Bodysurfing Experience is limited to 48 athletes. Bodysurfers probably have one of the most intimate relationships with the sea doing one of the hardest things of all, sliding down the face of a wave on your chest. In Hawaiian it is called he'e umauma (sliding with the chest). There will be many of our lifeguards in the mix with some international surfers coming over for the comp. The event is combined with the the Pipeline Womens Pro and Pro Jr. Mens waiting period, a full three days in a ten day waiting period. Quite a mix giving everyone a chance to compete at Pipeline. Good stuff!

The North Shore Surf Shop Pro Junior saw some giant surf last season. Kalani David will be defending his title and we will be rooting for the North Shore local. David was actually born in Costa Rica but has grown up here. He is also a good skateboarder and is trying to stay tuned in to both sports like many other North Shore kids. Can't wait till our Banzai Skate Park is finished. More on that next time! Any news email us banzaib@hawaii.rr.com



Dave Hubbard (red Jersey) kicks off the season with a win in Drop Knee at the Association of Professional Bodyboards/IBA Hawaii first tour event!



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Central O'ahu Youth Services Association, Inc. (C.O.Y.S.A.) Acknowledges Its Volunteers, Latest Modifications & Updates

COYSA is a non-profit established since 1980 and founded by the late Edward Tonaki. We provide services to youth in crisis and to youth who are in the foster care system. Mr. Tonaki also started "High Core School" in Wahiawa, of which we closely collaborate to service youth.

COYSA appreciates all of our "Volunteers" through the years by saying Mahalo nui loa! We want to showcase recent volunteers. First, Ms. Jennifer Johnson, on a weekly basis for two years (2011-2013) provided Art Time to our youth. Art Time captivates our youth to explore and express their artistic abilities; it builds self esteem, creates a therapeutic milieu to verbalize their thoughts and future goal setting. Ms. Johnson is a local artist, her interpersonal character enhanced COYSA's program activities (COYSA names her as "2013 Volunteer of the Year"). Next, Mr. Jock Sutherland provided his expertise, skills and recommended cost effective means to repair vs. roof replacement on one our cottages; also he picked up, delivered supplies and instructed another volunteer to assist with repair. Further, Rich (Skill) Johnson, Mark Benson and Derek McMillan provide maintenance services at nominal rates.

COYSA also known as "Haleiwa Shelter" has been undergoing transition since early 2013. The Board of Directors envision new fusion of energy and leadership. Executive Director Ms. Ana Jimenez McMillan was hired in 2013. She brings to C.O.Y.S.A. experience in non-profit management, program development, and fundraising/grant writing.

The strength of COYSA are its Residential Staff, senior staff share similar cultural backgrounds and/or raised in Hawaii; extensive years of servicing our youth; education includes human services, criminal justice, special education and business; also other individual skills and talents that make our youth feel at home and motivates them. Newer staff including House Lead/ Office Manager (clinical therapist/ former business owner) further enhance program and possess unique experiences of: nursing administration, psychology, program coordinator, domestic violence and residential care of youth.

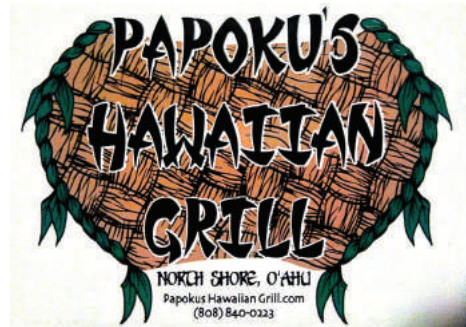
In, 2013, COYSA held its Inaugural "Walk & Roll & Shop Fundraiser" (Dec. 2013). It was a success based upon small profit achieved to provide funds for our youth and program activities. We wish to say "Thank You" to the many local businesses (see website) that provided silent auction items. Also, last year staff voted "Martha Hatchie" as 1st annual Employee of the Year. Recently, she took the initiative to make positive signage messages at both youth residences; she is the most senior staff with 23+ years of service. COYSA awarded in 2013 small grants from Kitchen



Gardeners and Friends of Hawaii Charities.

As of Jan. 2014 E. Dir. submitted two State Grant-Aid proposals one for Capital Improvements to renovate office (original shelter) it is deteriorating. Staff moved quickly this month (4 days) to another building on-site. And to provide repairs to both youth residences. Second one is for Operations to evaluate programming services, strategic partnerships building, and public relations plan.

If you want to be involve with Central Oahu Youth Services Association, Inc. and/or need more information please contact us. Check out our newly developing website for further details and contact information at website: www.coysaweebly.com, office: 808-637-9344 or fax 808-637-3050. Mahalo!



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The History of The North Shore Country Market

The North Shore Country Market was formed in March of 1994 in the front yard of Pupukea residents Bill and Karen Howes. At that time, Bill was part of a community group called The Save Sunset Beach coalition. This group was focused on stopping a slated massive development in Sunset Beach called Lihi Lani by the Obayashi corporation on the land which is adjacent to Sunset Beach Elementary School and extends up the bluff to the ridge adjacent to Pupukea. This land is now permanently preserved as Pupukea Paumalu with the help of The North Shore Community Land Trust, the City and County of Honolulu, the State of Hawaii and many other community groups.

In early discussions, (1992-1993) The Save Sunset Beach Coalition was thinking of ways to bring the community together as a proactive way to counter the development and provide employment opportunities for community residents, something the developer of Lihi Lani claimed to aspire to. As part of this discussion, Bill had an idea to form a farmers market for Sunset Beach based on the simple fact that there were many fruit trees in Pupukea which were typically underutilized, and some small farms existed in neighboring Kahuku and Waialua. Bill had also just completed the Permaculture Design course on Hawaii Island and was eager to implement Permaculture ethics within the community. The three Permaculture ethics are: Care of the earth, Care of people and sharing the surplus. Bill also began to design his families' property using Permaculture design methods and principles and began to hold classes and workshops in his yard about Permaculture and organic growing practices.

Bill and Karen worked together with neighbors and friends in the community to establish The North Shore Country Market. Their first son Dylan was one year old. In addition to produce, the market wanted to include arts and crafts which were made by community members as well. This combination of produce and crafts became the basis of the market. Locally made and locally grown items only were allowed at the market, promoting the local economy. Doing the market was fun! Neighbors had the chance to meet neighbors and exchange ideas and information about growing and making things and generally connect with one another, there was also a lot of barter and trade. This was the first independently run produce/ goods market on O'ahu, owned by community members.

Bill, Karen and many other community residents worked hard to organize the market.

The first couple of markets were held in their front yard. After that, the market moved to the front yard of Larry and Jan McElheny also Pupukea residents. Larry was another member of The Save Sunset Beach coalition. Notable community residents



who assisted tirelessly in this effort include Blake McEheny, Toni Sickler, Rex Dubiel, Karen Howes, Ben Hopkins, Mari and Chip Hartman, the late Todd Corbin, the late Gene Bailey, Cab Spates and many others. Local artist Ilona Hemperly designed a tee shirt for the group.

After a handful of successful markets in Pupukea. The group decided to move the market to Sunset Beach neighborhood park. This is the park directly in front of Sunset Beach Elementary school. The group had no formal structure or insurance and held the market once a month. The community seemed to enjoy the market and it started to get somewhat popular. Because of this, Bill thought that perhaps the group should apply for a permit from the City and County of Honolulu Department of Parks and Recreation to make the market more legitimate. This move was the beginning of a long and somewhat arduous partnership with the City and County of Honolulu. The group then formed a non-profit organization to formalize its structure. Its mission statement was to promote sustainable agriculture, economic, and cultural practices through education, research, and cooperation. The group decided to begin to collect member dues of \$5.00 per vendor per market to assist with advertising and promotional materials. No one was paid to do anything. Also at this time Bill began to present the market concept to The Sunset Beach community association and the North Shore Neighborhood Board. Many community discussions ensued about the market and its purpose and these public bodies agreed to support it. To view a partial documentary about the market please visit You Tube under The North Shore Country Market.

This is the first part of a three part series about the history of the North Shore Country Market. The market will hold its twentieth anniversary celebration on Saturday March 15th at Sunset Beach Elementary School from 9 a.m. to 2 p.m. Mahalo!

Windward District launches HI's 1st area-wide school-attendance video contest

by Jorene Barut

Nearly \$10,000 in cash and prizes is up for grabs in the state's first districtwide attendance-campaign video contest – started by seven school social workers. The fun competition tackles the serious issue of chronic absences through student-made videos.

Finalized this week, the contest marks Phase Two of “Be Pono, Be in School” – Hawaii's first and only districtwide attendance campaign – that kicked off last August. Four complexes – Castle, Kahuku, Kailua and Kalaheo – comprise 31 schools and 15,686 students in the Windward District's 45 miles from Waimanalo to Sunset Beach.

The social workers planned, organized, secured islandwide sponsors and judges, and designed and reproduced contest materials with less than \$500. They received help from families, friends and colleagues.

Sponsors include Matson Foundation, Hawaii Meth Project, HMSA, McDonald's of Fort Street Mall, One Stop Windows & Doors, Bishop Museum, and Safeways and Times Supermarkets.

Some celebrity judges are Mahealani Richardson, public relations director at Shriners Hospital for Children; Crystal Lee, Miss Hawaii; Sgt. 1st Class Mary Ferguson, Army public affairs office; and KITV's Paula Akana and Moanikeala Nabarro.

All district students from kindergarten through 12th grade may enter by creating half-minute videos conveying why it's pono, or right and good, to attend school daily, arrive on time and stay there.

Among the prizes are \$1,750 cash; a class day at co-sponsor Sunset Ranch on the North Shore; a custom surfboard; one round of golf; surf or dance lessons; a pizza party; entertainment passes; dining certificates; original photography; and adventures at co-sponsor Kualoa Ranch.

“We're helping many students think seriously about absences and tardiness, and their impact on their education,” said Paula Wong, campaign manager and district educational specialist. “The contest can have great impact in helping them value their education. ... Sometimes people take things for granted when they're free. ... Thank you to the sponsors and judges for supporting public education. Truly, we're educating most of the school-age population in our state.”

Absences often start during the early years in school, and years of lost classroom time and lessons, may lead to a failure to graduate, growing research shows.

The entry deadline is March 10, 2014.

Windward District students qualify for Hawaii science fair leading to international competition

by Jorene Barut

Neither rain nor flood nor slow traffic could keep nearly 200 hopeful students from boarding buses at 6 a.m. and arriving at Windward Community College to show 26 judges and 12 interviewers the stuff that future scientists are made of.

Of 168 student projects, 40 advanced last weekend to compete against all state district winners at the Hawaii State Science and Engineering Fair next month. Overall first-place winner Kayla Hooker of Kailua High automatically qualifies for the international science fair in California with a fully paid trip. Overall second- and third-place winners were James Kalima-Kiyabu of Olomana and Sarah Weible of Castle High, respectively.

The district fair was open to sixth- through 12th graders. Sixth-grade projects made up 65 percent of all entries. Every competitor had already won at the individual school level. There were 31 participating schools from the 45-mile stretch of Waimanalo to Sunset Beach.

Kahuku Intermediate's Samuel Scott took first place in the junior research division, followed by schoolmate Kira Sanders in second and Kailua Inter-

mediate's Samuel Cadotte in third.

Carol Kleppin arrived to cheer her neighbor's children, Katerina Rose, a Kaaawa Elementary sixth-grader, and Yara Rose, a Kahuku High sophomore. A former computer-aided design worker, Kleppin found the fair “impressive in detail.” She admired Rose's “Compost to the Rescue” and Yara's “The Effect of Common Chemicals on Marine Bacteria *Vibrio Fischen*” displays. The latter qualified for the state fair.

While many projects took nearly two months and cost zero to about \$50 to produce, Kahuku High's Synphony Peskin's cost about \$200, She said. However, the freshman added that her father was happy to “invest” in “Solar vs. Wind” because he was interested to see the results. It appears Dad's investment in solar panels paid off. Due to the results, they plan to switch their home to solar energy.

Peskin credits Kahuku teacher Selene Michihara for encouraging her to enter her project, which received honorable mention in the senior research category and therefore, advanced. Because of the positive experience, Peskin said she plans to start working

Continued from page 18

on next year's science-fair project this summer.

"The Windward District is unique as they are able to provide participants exposure to various departments and programs at Windward Community College as part of the three-day fair," said Hawaii Academy of Science Director Sara Tamayose. The academy co-sponsors the fair with isisHawaii and the Rotary Club of Windward Oahu.

Indeed, this is the only science fair in Hawaii to produce the largest-scale college tie-in with one day devoted to each student attending three breakout sessions in college classrooms and venues. College professors presented demonstrations that included an astronaut-like experience in the college's Imaginationum dome, which offered a simulation adventure in a 360-degree outer-space environment; Kilauea's multiyear eruption; and the veterinary experience.

Fair Director Keoki Fraser serves as Mokapu Elementary's vice principal, and headed eight committees composed of 37 vice principals. They began planning eight months ago. "He runs the fair like a well-oiled machine," said the science academy's Tamayose.

Winners at the upcoming Hawaii State Science and Engineering Fair will compete at the six-day Intel International Science and Engineering Fair in Los Angeles in May.

Advancing to the State Fair

Synphany Peskin	Kahuku HS
Dana del Rey	Kahuku HS
Yara Rose	Kahuku HS

Best in Category Junior Research

Samuel Scott	Biochemistry	Kahuku Int.
Meilana Elkington	Behavioral & Social Sciences	Kahuku Int.
Ava Cassel	Chemistry	Sunset Beach
Kayla Swiderski	Environmental Sciences	Kahuku Int.
Samuel Scott	Microbiology	Kahuku Int.
Kira Sanders	Plant Sciences	Kahuku Int.

Junior Research

Samuel Scott 1 st		Kahuku Int.
Kira Sanders 2 nd		Kahuku Int.
Maxwell Coker	Honorable Mention	Sunset Beach
Olivia York	Honorable Mention	Kahuku Int.
Kayla Swiderski		Kahuku Int.
Don Eliezer Baize		Kahuku Int.
Kiana Voight		Kahuku Int.
Kaleo Cash		Kahuku Elem
Oliver Ricken	Alternate for State	Sunset Beach

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North Shore News



2014 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
March 19	#6	March 6
April 2	#7	March 20
April 16	#8	April 3
April 30	#9	April 17
May 14	#10	May 1
May 28	#11	May 15
June 11	#12	May 29
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September 17	#19	September 4
October 1	#20	September 18
October 15	#21	October 2
October 29	#22	October 16
November 12	#23	October 30
November 26	#24	November 13
December 10	#25	November 27

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North Shore News 2014 Special Editions

Publication Date	Edition	Deadline Date
April 16	Earth Day	April 3
May 14	Health & Wellness	May 1
June 11	Pets & NS Animals	May 29
July 9	Home Improvement	June 26



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Next Issue - March 19, 2014
Deadline Date-March 6, 2014

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Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

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E-MAIL: NShoreNews@aol.com

PHONE: (808) 637-3138

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Sunset Beach Community
 Association Meeting
 Wednesday, March 19
 7pm - 9pm
 Sunset Beach Rec Center

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Valid Dates:
3/5/14–3/11/14

Deals of the Week!

Strawberries
16 oz.

\$3⁴⁹
LB.



Rib Eye Steak
Bone-In, Value Pack

\$6⁹⁹
LB.

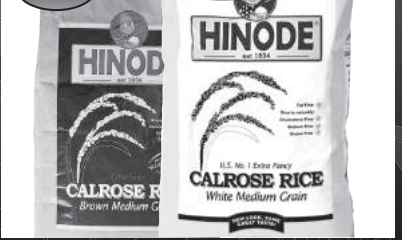


Hinode Rice

White or Brown,
20 lbs.

20 PCS.

\$10⁹⁹



Diamond Bakery Soda Crackers or Animal Cookies
Selected Varieties,
10–13 oz.

2/\$5⁵⁰



Spam Luncheon Meat
Selected Varieties,
12 oz.

\$2⁵⁹



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Selected Varieties,
6.25–10 oz.

2/\$6



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Selected Varieties,
48 oz.

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Maruchan Instant Lunch
Selected Varieties,
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\$6⁹⁹



Fresh Baked Einstein Bagels
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\$3⁹⁹
EA.
When Buy 2 or More!



15 Piece Fried Chicken Thighs
Original, Korean,
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\$15⁹⁹
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Heineken, Corona, or Redd's Apple Ale
12 Pk. Bottles

\$13⁹⁹



Thursday

Grilled Steak Lunch

7–8 oz. Steak, Rice, Tossed Salad, Drink

\$7⁹⁹



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Limit five units (mix/match) per purchase, unless otherwise specified. We reserve the right to limit quantities. No sales to dealers. Prices plus applicable state tax. Hawaii EBT cards welcomed.