



"E Ala Na Moku Kai Liloloa"

Kahuku wife/mom is new Mrs. America

Mrs. Hawaii 2011 has just been crowned Mrs. America!

See story on page 6



NORTH SHORE NEWS February 8, 2012 VOLUME 29, NUMBER 3



(Front L-R) Brother Sage Chee-President of the BOD, Jere Henderson, Maria Pacheco, Benjamin Pettus - Executive Director; Back Row Barron Strother, and Irene Carpenter.

Blessing for a new beginning in Kahuku

On Friday January 20, 2012, Koolauloa Community Health and Wellness Center, Inc. celebrated the Blessing and purchase of their new property that is located in Kahuku.

In attendance sharing this

special event were community members along with Jere Henderson from Continental Pacific (previous landowner), Representative Gil Riviere, Dr. David Sakamoto - Deputy of Health and Resources from the governor's office, Mark

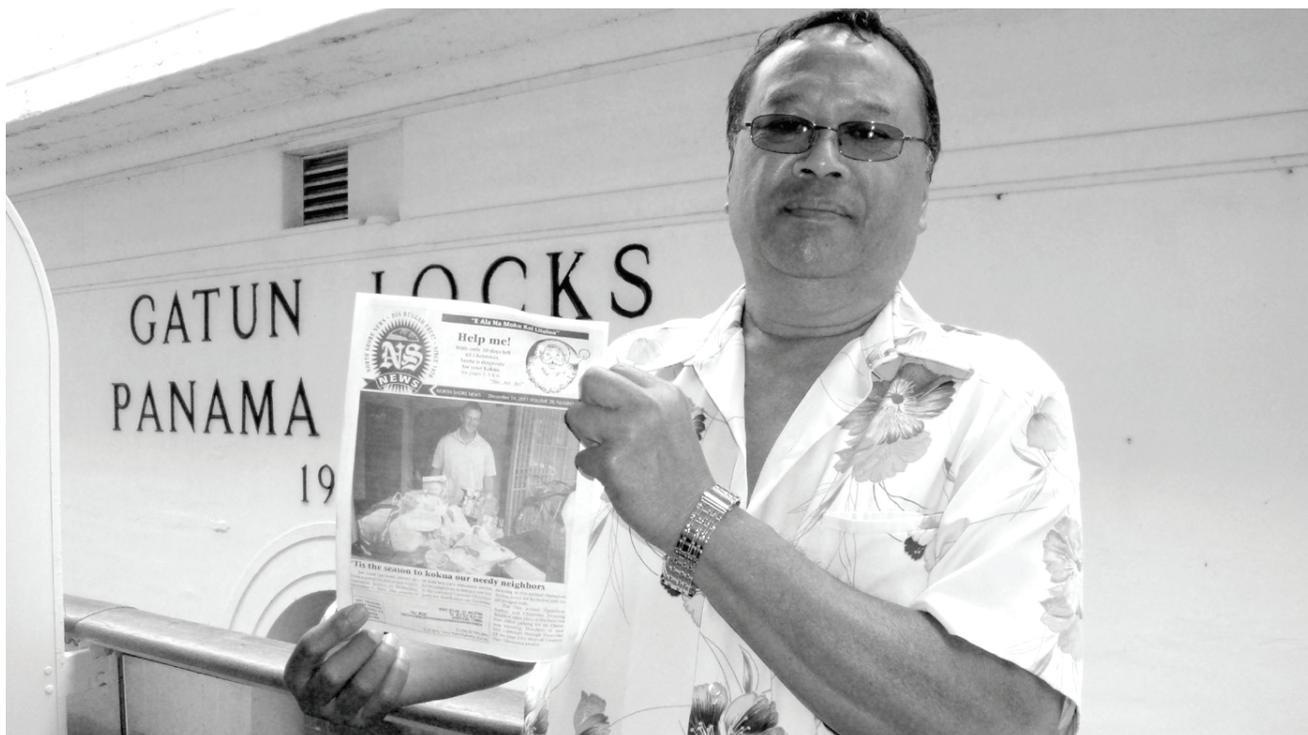
Riggs- Deputy of Emergency services from the mayor's office.

Koolauloa Community Health and Wellness Center would like to thank the Koolauloa/North Shore Community for your continued support.

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OFF da Island at the Panama Canal

Herbert and Mary Chun of Hale'iwa had a fantastic time cruising through the Panama Canal and visiting Aruba to celebrate Herb's first year of retirement. Herbert is pictured here on the ship passing through Gatun Locks in the Panama Canal. He conveniently packed a recent copy of the NSN to pass the time and remind them both of the good times back on Oahu's beautiful North Shore. To learn more about our OFF da Island photo campaign turn to page 22.



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Photos by Val Loh

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- FEB 9** Tubed Thursdays ftg. DJ Baumer & DJ Twilight
Doors open at 8p - Party rages until 2a. \$10 cover after 10p.
- FEB10** 80's Party/ \$200 prize Dance Contest! Dress to impress decked out in the 80s!
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Show starts at 6:30pm. \$10 | Kama'aina \$8 | Keiki (16 and under) \$5
- FEB13** Hawaiian Music Mondays/ Kahiau Performs. Show starts at 7p | No Cover
- FEB14** Kanikapila Tuesdays/Show starts at 7p No Cover
Drink Specials: Coors Lite \$4.75 & Absolut Cocktails \$6.00
- FEB15** *Talk Story Series ftg. professional photographer Brian Biemann

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Editor's Choice

Liberal or Conservative?

(Author Unknown)

I recently asked my friend's little girl what she wanted to be when she grows up. She said she wanted to be Prime Minister some day. Both of her parents, Liberals, were standing there, so I asked her, "If you were Prime Minister, what would be the first thing you would do?"

She replied, "I'd give food and houses to all the homeless people." Her parents beamed with pride.

"Wow...what a worthy goal." I told her. "But you don't have to wait until you're Prime Minister to do that. You can come over to my house and mow the lawn, pull weeds, and sweep my driveway, and I'll pay you \$50. Then I'll take you over to the grocery store where the homeless guy hangs out, and you can give him the \$50 to use toward food and a new house."

She thought that over for a few seconds, then she looked me straight in the eye and asked, "Why doesn't the homeless guy come over and do the work, and you can just pay him the \$50?"

I said, "Welcome to the Conservative Party."

Her parents still aren't speaking to me.

Prime Advice

The current plight of the Costa Concordia recalls a comment made by Prime Minister Winston Churchill.

After his retirement he was cruising the Mediterranean on an Italian cruise liner and some Italian journalists asked why an ex British Prime Minister should choose an Italian ship.

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Olakino Maika'i

(Good Health)

by Naty Camit Hopewell

Get Your Flu Shot !

Influenza, commonly called the flu, is often confused with the common cold. Influenza is a more severe disease caused by different viruses. The symptoms are usually dramatic: chills, high fever, sore throat, generalized muscle pain, severe headache, weakness and an overall feeling of being sick. Influenza spreads around the world in seasonal epidemics. Deaths can range from 250,000 to 500,000 each year. Between 1979 and 2001, an average of about 41,000 died each year in the U.S.

Because the influenza virus can kill, people are advised to get flu shots every year, especially those who are "high risk," such as children, the elderly and people with chronic diseases (asthma, diabetes, heart disease, emphysema) or, the immunosuppressed (people with cancer or AIDS).

How does the flu shot work? Every year, researchers decide which strains of influenza virus are most lethal. The manufacturers of vaccines then include the three worst strains in the flu shot. The most common vaccine contains inactivated antigen, not a live virus. This year's vaccine includes H1N1. The "antigen" injected into your system stimulates your body to produce "antibodies" which then fight off the influenza virus should you be exposed to someone who has it. The flu shot is not 100%; you can still get the flu, but you won't get as sick.

Besides the flu shot, how can you protect yourself? Wash your hands a lot or use alcohol-based hand rubs, avoid contact with sick people, stay home when you're sick, get enough sleep and maintain a healthy diet.



Mrs. Hawaii is newly crowned Mrs. America 2011

The newly crowned Mrs. America is Lara Leimana Fonoimoana, Hawaii's Mrs. Hawaii 2011 who assumed the crown from former Mrs. America, April Lufriu, who was just crowned Mrs. World 2011 on December 15, 2011. Lara, a 30 year old Kahuku resident is married to Vance Fonoimoana. They have two children Athena 3 years and Titus 1 year. Lara is a dancer for the Polynesian Cultural Center HA Show, part time realtor and model for Wilhelmina Hawaii. For the last eight months, she has been working diligently with various non-profit charities and organizations throughout the state promoting her platform on educating communities on health and wellness and focusing on the nationwide issue of Childhood Obesity. As a mother of two young children, she has made it her life mission to set good examples of eating healthy and staying active and passing those values on to other adults and children in the State of Hawaii. As Mrs. America, she hopes to have the opportunity to take her platform across country and get people back in shape and eating right.

St. Michael Church welcomes back its former pastor

The Catholic community of St. Michael Catholic Church in Waialua and Saints Peter and Paul Church near Waimea Bay were elated when the announcement was made that Father Christopher Keahi, their former pastor, would be returning to his former parishes on February 1, 2012.

Father Keahi served five years as St. Michael's pastor and then in 2005 was elected the President of the Sacred Hearts Congregation in Hawaii. He served for two terms and then helped to facilitate the merger of Hawaii with that of the East Coast creating the United States Province of the Sacred Hearts Congregation. One of the highlights of Keahi's tenure was the canonization of Hawaii's Father Damien to the rank of sainthood in the Catholic Church in Rome.

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HUMPBACK WHALE MONTH

The month of February is typically the peak of Hawai'i's humpback whale season, so to celebrate, the sanctuary has declared it Humpback Whale Month. We've put together this list of fun trivia questions on biology, behaviors and threats to humpback whales.

Humpback whales return to Hawaiian waters to mate, calve, and nurse their young. The month of February is typically the peak of the humpback whale season in Hawai'i. To celebrate, the Hawaiian Islands Humpback Whale National Marine Sanctuary would like to share these trivia and facts on the official state marine mammal of Hawai'i.

For more information on Humpback Whale Month, whale watches, whale counts, and other activities statewide please visit hawaiihumpbackwhale.noaa.gov

TRIVIA

1. How many whales are in Hawai'i each year?

Answer: The conservative population estimate for the central North Pacific stock of humpback whales that come to Hawaiian waters to mate, breed and raise their young is more than 12,000. However, not all individuals return each season to Hawai'i. Moreover, the varying lengths of each individual's stay complicate estimations of how many are found in Hawaiian waters during a given period.

2. Where in the world can we find humpback whales?

Answer: Humpback whales are found in most of the world's oceans. Most of them follow a regular migration route, spending their summers in temperate and polar waters for feeding and spending their winters in tropical waters for mating and calving. The one exception is in the Arabian Sea where a year-round, non-migratory population lives.

3. Researchers are able to identify individual whales. We as humans are identified by our fingerprints. How would one identify different humpback whales?

Answer: Each humpback whale has a unique pattern on its fluke (tail). The underside of the tail fluke can be from all white to all black and is unique to each humpback. In addition to the pattern, the serrated edge of the fluke is also unique to each whale. Through careful study, the fluke pattern can be used to identify individual whales.

4. Humpback whales do not have teeth. In order to feed, what do they use?

Answer: They have baleen plates instead of teeth. A baleen whale has a series of 270-400 fringed overlapping plates that hang from each side of the upper jaw. These plates consist of fingernail like material that frays out into fine hairs on the ends. When the whale feeds, it takes in large volumes of water that passes through the baleen plates and strains its food from the water.

5. How big is the average humpback whale?

Answer: Adult male humpback whales measure 38-42 feet in length and females are slightly larger, measuring 40-45 feet. For comparison, an average school bus is about 45 feet long.

6. The mouth of the humpback whale is about 1/3 the size of the body. How big is the tongue?

Answer: Humpback whales have a tongue that is about the size of Volkswagen bug! Interestingly, the opening at the back of the throat is about the size of a grapefruit, which means that a humpback whale would still have a hard time swallowing a large fish

7. Approximately how much do humpback whales eat a day during the feeding season?

Answer: It is estimated they eat an average of about 1 to 1.5 tons of krill and small fish per day during the summer months in the cold, nutrient rich waters of Alaska.

8. Who are the humpback whales' predators?

Answer: Killer whales are the main predators of humpback whales, although sharks have been

Continued on page 15

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March 7	North Shore Restaurant Directory	February 24
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June 13	Hanapa'a Fishing Tournament Program	June 1
July 25	Home Improvement Directory	July 13
November 7	Triple Crown of Surfing Program Magazine	October 1
December 12	Christmas Edition	November 29

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A Message From State Representative Gil Riviere

Aloha North Shore.

The Laniakea Traffic Task Force finally held its first meeting on January 25th. This task force was created by the Department of Transportation to help facilitate the study of traffic alternatives for the ever-increasing and ever-frustrating traffic congestion on Kamehameha Highway.

The meeting, held at Sunset Beach Elementary School, was attended by most of the 17 task force members and dozens of concerned residents. The composition of the task force is meant to represent various segments of the population such as area residents, community organizations, emergency responders, pedestrian and bicycle advocates, tour groups, environmental groups and others.

The task force is structured to be very deliberative and is scheduled to hold eight meetings over the next two years. Be that as it may, nobody in the room was willing to wait years and years for a long term solution. The planners heard loud and clear that some mitigation measure must be found as

soon as possible. Along with other task force members, I pressed to schedule the next meeting within weeks rather than the two months they mentioned.

Some of the considerations for any future plan involve congestion relief, pedestrian and bicycle safety, highway reliability during high surf events, coastal erosion, parking, and beach access. The task force members called on the DOT for an expedited short term solution for congestion relief while working towards the long range vision.

The 2012 Legislative Session is now in full swing. A total of 1219 new bills were introduced this year, which brings the total to 2884 bright ideas introduced to the House of Representatives in the 26th Legislature of 2011-2012. While many new pieces of legislation are indeed bright ideas, many others are less brilliant and of the thousands of bills introduced, thankfully, only about 10 percent typically survive the process and get implemented into law.

My priorities this session are supporting agricultural initiatives, including farm to school programs, speaking out for fiscal responsibility in state budgeting, opposing laws that erode environmental protections and resisting measures that create new government boondoggles like a state bank or an inter-island power cable.

I introduced a couple of bills to fix the impaired mortgage foreclosure process and one to limit free parking by electric vehicles in government parking lots. I also co-introduced various other measures that could help stimulate new job hires. The speed at which bills move, change and die is very rapid. Please see our website GilRiviere.info for the latest updates.

Our door is always open to you and we are interested in knowing your opinion on any of the hundreds of bills under consideration. Feel free to visit room 319 at the State Capitol, call us at 586-6380, visit our website at GilRiviere.Info, or email us at RepRiviere@Capitol.Hawaii.Gov.

If someone thinks that peace and love are just a cliché that must have been left behind in the 60s, that's a problem. Peace and love are eternal.
John Lennon, 1940-1980, English Musician and Songwriter

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Sunset Beach Elementary School's 3rd annual Celebrating the Arts Fundraiser

Sunset Beach Elementary School's annual art auction fundraiser "Celebrating the Arts" will be held at 6pm on February 24, 2012 at Waimea Valley's Pikake Pavilion.

Our featured artist is Clark Takashima and our featured musician will be John Cruz.

There will be art from over 150 artists from oil paintings to wood working to ceramics for our silent



Featured artist Clark Takashima.



Featured musician John Cruz.

and live auctions. There will also be artwork from our Sunset Beach Elem. students in our silent auction.

Also offered is a pasta bar featuring a chicken alfredo and veggie marinara with caesar salad, fresh fruit salad and dessert.

Tickets are \$20 at the door and available pre-sale at Sunset Beach Elem. School office. Parking is \$3. This is an adult's only event. Please park responsibly.

About Celebrating the Arts

Founded in 2010 by parents of Sunset Beach Elem. School as a way to raise funds to bring the arts back to the classroom on a regular basis. Since 2010 they have raised enough funds to put art supplies in every classroom and hire a part time art teacher. For the art auction we have donations from over 150 artists and have been blessed to have Jake Shimabakuru, Paula Fuga, Jack Johnson, Jon Cruz, and many others as our musical guest for the evenings entertainment. Held at the beautiful Waimea Valley Pikake Pavilion on Oahu's North Shore. For more info please contact Cathy Shanley at 808-271-1831

BRRRR

It's been cold lately!

Perhaps you have an extra blanket or two, used or new to donate to our homeless neighbors. Drop off blankets at the North Shore News office.

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Mr. James Sakai Honored at Honolulu Hale

It is not often that the City Council has the opportunity to honor an individual whose public service career spans more than half a century. It was my great honor to do just that on January 25th at the first full Council meeting of 2012 when I presented an Honorary Certificate to Mr. James Sakai, longtime Wahiawa resident. James was born in Honolulu. A Kalihi boy in his early years, he moved with his family to Hilo on the Big Island of Hawaii and later to Kona where he graduated from Konawaena High School. An exceptional student, James was given a scholarship to further his education. But before he could finish his degree, James was drafted into the United States Army and served in Korea and Japan. After his discharge, he completed his education at the University of Hawaii at Manoa. He then began a long and distinguished career of public service that began in 1951 and continued for a total of 58 years. He retired in 2009 and returned from Washington D.C. to reside in Wahiawa with his wife Florence Sakai.

Mr. Sakai's service to the City and County of Ho-

nolulu and the State of Hawaii is legendary. In 1969 he was nominated for a position on then newly elected Mayor Frank Fasi's cabinet. During his final interview with Mayor Fasi, he confessed that he had not voted for him but felt that he had to be honest, even

if it meant not being selected for the job. Mayor Fasi later contacted him and offered him the job stating, "I like an honest man!" Mr. Sakai remained with Mayor Fasi throughout his 12 years as Mayor, serving as his Budget and Finance Director.

When Mayor Fasi lost his Mayoral race in 1980, Mr. Sakai was offered a job by then United States Congressman Daniel Akaka. He accepted the job on the condition that he could remain with Mayor Fasi until his term expired. Representative Akaka agreed and Mr. Sakai left for Washington D.C. after fulfilling his commitment to Mayor Fasi, an example of his loyalty and dedication to the officials he served. Mr. Sakai remained with Congressman Akaka through his successful run for the U.S. Senate. He became a trusted confidant and vital part of Senator Akaka's office where he worked for 28 years. As the Senator's Administrative Assistant, he worked closely with constituents in Hawaii and colleagues in Washington. He also offered his hospitality and support to students from Hawaii who traveled far from home to participate in the Senate Page program. During his many years of service, he was a true reflection of Senator Akaka's philosophy of demonstrating the Spirit of Aloha through deed and behavior in the nation's capital.

Looking around the Council Chambers, it was easy to see the positive impression he had made on his fellow employees. The room was filled with individuals who came in support of Mr. Sakai including past and present representatives from Senator Akaka's office as well as a representative from Senator Inouye's office. Also in attendance was the "Budget Gang," individuals he worked with at the Honolulu City Council while serving as the Director of Budget and Finance. Numerous representatives from the City and the State were also in attendance.

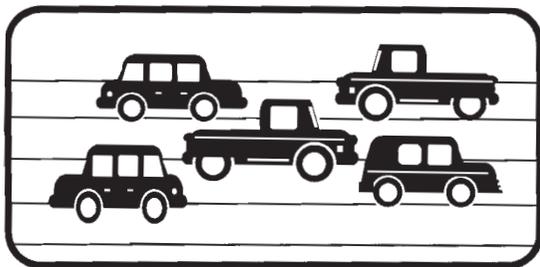
Mr. Sakai's wife and their two daughters were also there to support him as well as extended family members. At the end of the presentation Mr. Sakai resembled a high school graduate with leis up to his chin. It was a memorable occasion for all in attendance and a much deserved recognition for Mr. Sakai, an exceptional public servant. I extend my best wishes to James for a much deserved retirement with his wife Florence and their family.



James Sakai

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District 46 North Shore Republicans report

by Boyd Ready, District Chair

Republicans in Hawaii changed their rules last year. No longer will delegates from each district meet at the State Convention in May and then elect delegates for the National Republican Convention. Instead, this year for the first time, any North Shore voter (Mokuleia to Laie, Naniloa Loop) can come to the WCA gym on Tuesday, March 13, 2012, and Laie voters (S. of Naniloa Loop to Kahaluu) at Laie Elementary School the same night, and cast a ballot for his or her favorite Republican candidate for the national GOP presidential nomination.

Hawaii has 17 delegates, almost as many as South Carolina's 23, and it is not winner-take-all, so each candidate can win some Hawaii delegates, in proportion to their statewide vote. So far Ron Paul, Mitt Romney, and Newt Gingrich have qualified for the Hawaii ballot.

As the local Party-run primary election, from 6 p.m. to 8 p.m. on that Tuesday, March 13, at the WCA, and at Laie Elementary, volunteers from the North Shore will staff tables allowing any North Shore resident of voting age to step up, show ID, register to vote, sign a Republican Party card, and step in to vote directly for their favorite national Republican candidate.

Do you support Ron Paul, Mitt Romney, Newt Gingrich? You can vote directly for them here in Hale'iwa on March 13. There is no fee to join the Party and vote, and unregistered voters can register immediately and vote in this election. Independents and customary Democrats can join without any inquiry or constraint and remain at liberty to drop or change Party affiliations later. Hawaii State law ensures a secret ballot.

Excited by this new opportunity for voters to vote for national Republican candidates, volunteers to staff the polls have been trained by Andrew Walden, of Hawaii Free Press, the statewide Hawaii primary coordinator for the Hawaii Republican Party. He personally trained them at the February 7th combined Districts 46 & 47 North Shore Republican Party caucus in Laie.

Voters at Hale'iwa will also get the chance to personally meet North Shore's own Hawaii House Representative, Gil Riviere, and at both Hale'iwa and Laie, representatives of the presidential campaigns. As in a State-run election, 'electioneering' is banned near the polls, but once you're 50+ feet away, well.... you can discuss politics if you want. Volunteers are trained to make the process as quick and easy as possible, so those who just want to stop in, vote, and go home, will be able to do that, too. The WCA has plenty of parking and it is easy to drive in and out.

With the prospect of a Republican Senator and Congressman from Hawaii, a real possibility of the United States' Senate and House becoming Republican controlled, the strong contenders for the Republican presidential nomination will be seeking delegates from Hawaii and spending campaign money in Hawaii due to this new popular Party-primary election.

North Shore's Republican elected precinct chairs Lynne Hansen, Bob Schieve, Marcia Murphy, District Chairs Boyd Ready and Erin Fale, and local district volunteers, look forward to seeing interested voters on March 13, 6 to 8 p.m., at the WCA, across from the post office, in Hale'iwa, or the Laie Elementary Cafeteria.

Coach Needed



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Keiki practice will start Monday, April 2 at 3:30pm

For more info call 753-7974
email: northshorecanoecub@gmail.com

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"Bring your Mana"





Direct From Donovan State Senator Donovan Dela Cruz

This island has witnessed another tragic fatality involving a Honolulu police officer, Officer Garret Davis, stationed at the Wahiawa station, who was killed when he stopped to help a motorist in a stalled car on the H-1 Freeway. This was the second time in four months that a police officer was killed in the line of duty on our roadways.

Hawaii is the only state in the nation that does not have a "move over" law that requires motorists to move over a lane when emergency responders are stopped on the side of the road. I am introducing Senate Bill 2663 which requires approaching motorists to slow down and make a lane change to an adjacent lane away from the stopped emergency vehicle. If the bill becomes law, a driver would face a misdemeanor if convicted, but if the violation results in a fatality, the driver could face up to a charge

of negligent homicide in the first degree.

We need to enact laws that further protect and ensure the safety of our emergency responders. Unfortunately, some people out there are not responsible drivers which necessitate laws such as this to be enacted. People need to stop speeding and pay more attention to what is happening on the roads.

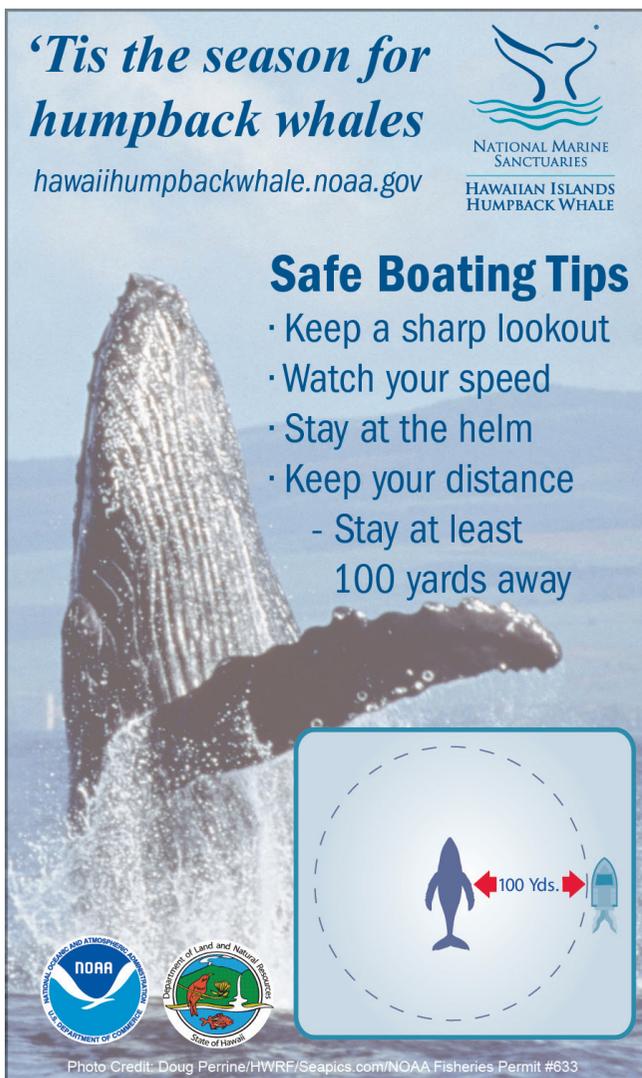
Too often we also see emergency vehicles trying to pass while vehicles continue on their way without pulling over. This results in a dangerous situation. Everyone needs to obey traffic laws because the life you save may be your own or that of your loved ones.

I am hopeful that the bill will pass the Legislature this session. Any support we can get on the bill will help ensure its passage.



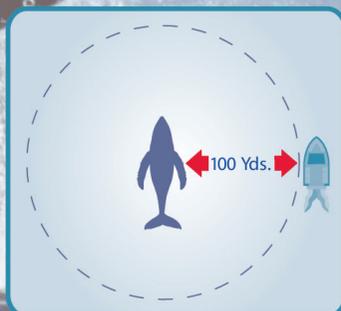
WE...a hui for health is coming to the Hale'iwa Farmer's Market on February 19th from 9 a.m.-1 p.m. WE is a group of healthcare advocacy groups dedicated to providing individuals with realistic, actionable, FREE, health screenings and information to enable them to take control of their health situation. Sponsored by `Ohana Health Plan, WE will offer free retinal screening, free lung function testing, free blood pressure and glucose testing, screening for Hepatitis C and much, much more. For further information please feel free to contact Anne Chipchase at 282.3899.

'Tis the season for humpback whales
hawaiihumpbackwhale.noaa.gov



Safe Boating Tips

- Keep a sharp lookout
- Watch your speed
- Stay at the helm
- Keep your distance
 - Stay at least 100 yards away



NOAA
 NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION
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Photo Credit: Doug Perrine/HWRF/Seapics.com/NOAA Fisheries Permit #633

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Humpback Whale continued from page 8

known to attack young, sick or dead whales.

9. What are some human activities that can harm humpback whales?

Answer: Humpback whales face various anthropogenic threats, including the potential of getting hit by boats and entanglement in fishing nets and gear or other marine debris. There is also research on how noise in the water affects humpback whales.

10. By regulation, humpback whales cannot be approached closer than ____yards.

Answer: All ocean users, including swimmers, snorkelers, divers, kayakers, jet skiers, boaters, windsurfers, or surfers should not approach a humpback whale closer than 100 yards (90 meters). Do not chase, closely approach, surround, swim with, or attempt to touch humpback whales. To report an approach violation or other incidences of humpback whale disturbance, please call the NOAA Office of Law Enforcement's 24-hour hotline at 1-800-853-1964.

11. The scientific name of the humpback whale is *Megaptera noveangliae*. What does the genus name (first word) mean?

Answer: "Megaptera" means "giant wings" which refers to their large front flippers, called pectoral or pec fins. These fins are about 1/3 the length of the body or about 15 feet long in an adult humpback whale.

12. Where does the name "humpback" whale come from?

Answer: They are named humpbacks because of the distinct "hump" that appears when the whale arches its back when it dives.

13. A group of cows is called a herd, a group of humpback whales is called a_____.

Answer: A group of humpback whales is called a group, and seems highly dependent on the sex of the whale. Female associations on the breeding grounds seem to be rare, but finding a mother/ calf pair is common. The proportion of these pairs with a male escort is consistently over 85 percent. Adult female whales may followed by groups of males (anywhere from two to over twenty).

Church Movie Night featuring "COURAGEOUS"

Four men, One calling: To serve and protect.

As law enforcement officers, they face danger every day. Yet when tragedy strikes close to home, these fathers are left wrestling with their hopes, their fears, and their faith. From this struggle will come a decision that changes all of their lives.

The story of COURAGEOUS is one of the most important messages about the family ever seen on film. Inspired by God after a season of prayer and written by the pastors of Sherwood Pictures, the movie making ministry of Sherwood Baptist Church in Albany, Georgia.

COURAGEOUS was created with the motivation to call men to rise up to the Biblical standards of manhood, to serve their wives and children, and to be pillars of integrity in the community.

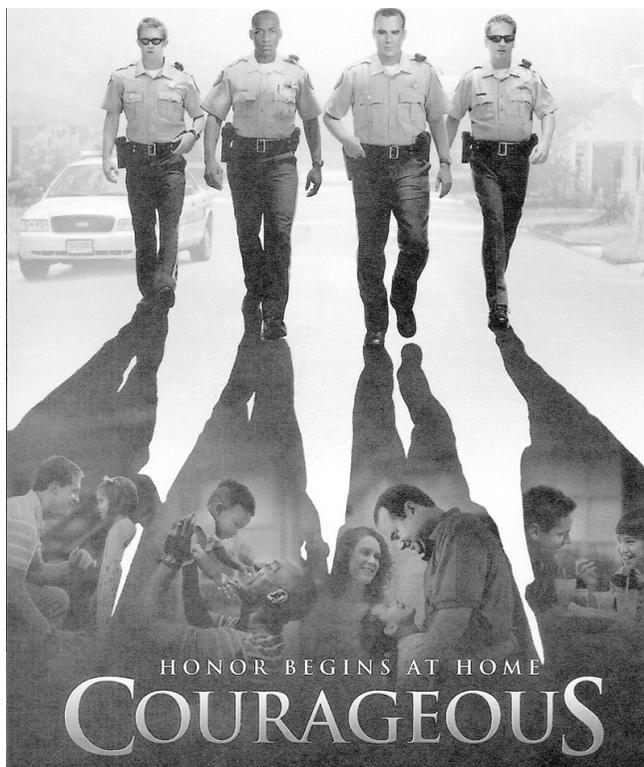
This movie event is open to our neighboring churches as well as the North Shore community as a community outreach.

Invite your friends and family to share a night of laughter, tears and excitement that will empower families to say "I WILL!"

Mark your calendars:

Sunday, February 19, 2012, 6:30 p.m.

Waiialua United Church of Christ Social Hall and open lawn area. 200 seats will be available in the social hall on a first come basis. An outdoor movie screen will also be set up on the open lawn. Bring



your mats, blankets, etc and enjoy the movie under the stars

FREE Admission. Concession will be available with food and drinks for purchase.

For more information please call 637-6688

Waialua – The Saga of the North Shore

Chapter 3- Ahi

By Kalewa

Late one summer, about 1200 years ago, a large group of excursionists in a flotilla of mid-sized canoes was rounding the island counter-clockwise. They had left their settlement at Mokapu Peninsula, in Kaneohe, some weeks earlier and had been on a holoholo mission, stopping wherever they pleased and staying as long as it suited them. They had no chiefs, but were more or less lead by twin brothers named Akahi and Alua. Akahi was the number one fisherman of the group. Alua enjoyed exploring the beaches and valleys they stopped at along the way.

"Ahi! `Ahi!" Akahi yelled as the fishing line went taut and the unseen fish took the bone and pearl-shell lure straight down. Any hands that tried to grab the braided line would be burned and even after it was wrapped around a post. The line burned a groove in the gunwale with friction before Akahi got the monster stopped and on his way to the surface. He knew not to bring the big fish aboard too soon, as the body heat of the fight would cause the meat to actually cook in the animal as soon as it died. It was better to bring it near the canoe, then let it tire off and cool down before landing the prize.

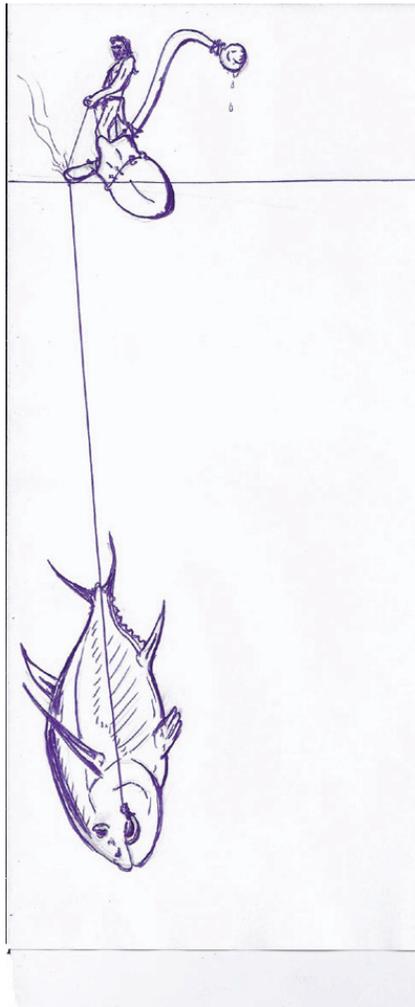
Late in the afternoon, the flotilla entered Waimea Bay and beached their canoes. Two large flightless birds were quickly clubbed and some ducks floating in the still water behind the dunes were netted. The fish were already being eaten raw, but the birds would be much better cooked. Porous rocks were gathered and placed atop a rather large pile of dried wood that had come down the stream-bed. Alua produced a set of `iliahi, sandalwood, sticks. One was shaped like a toy canoe, the other a thumb-thick rod with abraded and burnt ends. A scrap of burnt tapa, bits of a dried bird's nest and some shavings were set in the trough of the canoe-shaped piece. A moments brisk rubbing produced heat, smoke, embers, then fire! The drift-wood was set ablaze and the porous rocks were soon getting hot. None of the excursionists thought about it, but this was the first time the North Shore had experienced fire, ahi, since Tantalus erupted on the other side of the island many thousands of years

earlier.

The youths assigned to watch the fire became side-tracked by the surf and went to play in the waves while the strong trade winds blew the flames into a patch dry waste from plants that had been killed off by the infestation of rats that had overrun the island for the previous few years. An hour later, the fire had spread as far to leeward as the beach party could see. That evening, after they had eaten, Akahi and some others paddled out to sea to watch the flames as they spread westward. By morning the flames were climbing Mount Ka`ala.

Back on the beach, the conversation naturally centered on the conflagration. "Ahi-nui, yea?" "That one was way bigger than any of the others, `E?" "Oh, just think, all the canoes we coulda made from those trees." "Man, all those big birds musta just got smoked." "Little ones too." "Yea, but least we burned off a bunch of them rats."

Alua was silent for most of the morning. He took one of the canoes down to where the next stream entered the ocean then walked to a long pond behind the low beach dune. Contemplating the scorched scene for some time, he eventually stated: "Now we can grow some taro"



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Save North Shore Neighborhoods

VACATION RENTALS and B&Bs CONTRIBUTE TO O'AHU'S PRESSING HOMELESSNESS PROBLEM

By Kathleen Pahinui

O'ahu is an isolated rental housing market. Those requiring rental housing have nowhere else to go. The market is already tight and homelessness is a pervasive problem – largely fueled by the high cost of rental housing.

IN THE TOP - OUT THE BOTTOM

Proponents of vacation rentals and B&Bs tell us that these high-end houses are not within reach of the poor or homeless anyway, so this will not impact them...they are wrong – the poor will be directly and the most impacted:

- One more high-priced house leaves the rental market to become a B&B or TVR.
- That occupant takes their high income to a slightly lower cost house and displaces someone from that rental
- That displaced someone moves into a slightly lower cost house and displaces someone else yet again.
- This continues until we reach the lowest rental price rung where someone ends up with no house.

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**PROJECT GRADUATION
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Sunday, March 25 3 P.M. – 8 P.M.

The Waialua High School Class of 2012 Parent Boosters is hosting an evening of fun, food, entertainment, dancing, and door prizes at Rumours Nightclub. The fundraiser is to benefit their graduating seniors with a Project Graduation that will rate as the "celebration of a lifetime!"

Tickets are \$15.00 or \$20.00 at the door

Call Sharlynn Ash @ 808-927-0837 or
email at: waialuajs2012@hotmail.com

Please support the Waialua High School Parent Boosters raise funds for Project Graduation 2012

Pre-sale tickets now available:

- Kalua Pig / Kulolo \$7.00
- Rice Pudding \$5.00

Pick-up on Saturday, March 10th
@ Waialua High School.

Call Marie Sabo at 306-3889 or
email: waialua2012@hotmail.com



New Rescheduled Date!

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500 meter swim * 12mi bike * 3mi run

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Saturday, March 3, 2012 • 6:30 am start • Haleiwa Beach Park, Oahu

COURSE

SWIM: A safe, fast 500 meters course inside of Puaena Point.
BIKE: 3 loops of Haleiwa town following Kam Hwy, and the by-pass road, 12 miles total. Safe, fast, with two small hills.
RUN: A 3 mile out & back. Approx 1.4 mile is a BEACH RUN in soft sand near Police Beach. Be prepared . Safe & Fun!
 [Run course is pending approval and may be altered]

ENTRY FEE/DEADLINE

INDIVIDUAL: \$85, **Teams:**\$120. Includes LONG SLEEVE t-shirt. Entry is non-refundable. Entries must be postmarked by February 22, 2012. No t-shirt guarantees after this date. On-line registration ends midnight, February 24, 2012.

LATE FEE

ADD \$15 after deadline. Day of race entry: \$100, teams: \$135. We reserve the right to refuse entry to anyone for any reason.

MAIL to:

Haleiwa Triathlon, Attn: Linda Moran
 94-463 Alapine St.- Waipahu, HI 96797-4515
 Make checks payable to: North Shore Triathlon
 Info: 372-8885 or email: northshoretriathlon@gmail.com

hawaiiswim.com

DIVISIONS/AWARDS

INDIVIDUAL: Elite, all standard 5 year age groups. male & female. Awards to top 3 in each division.
RELAY TEAMS: Men, women & mixed. Awards to members of the top three teams in each division.
BEACH CRUISER: First male and female overall

RACE NUMBER & PACKET PICK UP

BIKEFACTORY Honolulu: Wed., Apr. 29: 4pm - 6pm
 BIKEFACTORY Waipio: Thurs., Mar. 1: 4pm - 6pm
 (94-1388 Moaniani St, Waipahu 96797 Phone: 678-1800)

RACE SITE: Friday, Mar. 2: 4pm - 6pm
 \$5 FEE for day of race packet pick up

CHECK IN & RACE MARKING

Saturday, March 3, 5am to 6:15am

Mahalo to our sponsors!



online entry at www.Active.com

FIRST NAME		LAST NAME		SEX	AGE	DATE OF BIRTH		T-SHIRT SIZE	
STREET ADDRESS		CITY		STATE	ZIP	PHONE			
RELAY TEAM FIRST NAME		LAST NAME		SEX	AGE	DATE OF BIRTH		T-SHIRT SIZE	
RELAY TEAM FIRST NAME		LAST NAME		SEX	AGE	DATE OF BIRTH		T-SHIRT SIZE	
EMAIL ADDRESS				<input type="checkbox"/> BEACH CRUISER DIVISION		RELAY (check one)		<input type="checkbox"/> FEMALE <input type="checkbox"/> MALE <input type="checkbox"/> MIXED	

Waiver & Release Statement: I AGREE to comply with the rules, regulations, and event instructions of the Haleiwa Triathlon. I know that competing in a triathlon may be hazardous, I am aware of and assume all risks with participating in this event. In consideration of this application being accepted, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against race officials, volunteers, sponsors, Estate of Bernice Pauahi Bishop, BIKEFACTORY, North Shore Triathlon, the City & County of Honolulu and the State of Hawaii resulting from my involvement in this event. I will additionally permit the free use of my name, photograph and interviews in association with this event. I broadcast, telecast, advertisements, films, videotapes of any reproduction thereof.

INDIVIDUAL ENTRY (by 2/22/12)	\$85
TEAM ENTRY (by 2/22/12)	\$120
LATE ENTRY (after 2/22/12)	ADD \$15
DAY OF RACE ENTRY	\$100 / \$135 TEAM)
TOTAL ENCLOSED	
Make check payable to: North Shore Triathlon	\$

I have read and understand the waiver above. Signature(s)	Parent's signature if entrant is under the age of 18	Date
---	--	------

“To Walk with God is Perfect Peace”



Helen Amion Viernes 1933 - 2012

Helen Viernes, age 78, born in Pahala, passed away January 19th 2012 at her home in Sunset Beach, Hale'iwa. She was born on March 6, 1933 and is survived by daughters: Helene Rosado, Althea Johnson aka "Sissy", Andrea Viernes, Yvette Viernes, Nadine Walker aka "Nanka". Sons: Nate Viernes aka "Binky", Paxton Viernes aka "Packy". Fifteen grandchildren and four great grandchildren. Sister: Suelidad Amion Meria. Brothers: Pete Galban, Larry Galban, Mel Amion, Jimmy Amion, Albert Amion

Memorial service held on Friday, February 10, 2012, Waialua United Church of Christ, 67-174 Farrington Hwy. Visitation 3:00 p.m., Service 4:00 p.m. Flowers welcome.

Special screening "Sex and Money" showing in Hale'iwa

A FREE showing of this amazing documentary that accurately highlights the issue of domestic minor sex trafficking will be shown February 25, 2012 @ 6:30 p.m. Historic Hale'iwa Gym/Waialua Community Assoc. (Ages 15 and over)

Think slavery was abolished after the Civil War? Nothing can be farther from the truth. It is more prevalent in this day in age. Its called "human trafficking". Our islands are not exempt from this issue. Sex trafficking of minor children is a fast growing crime in America and yes, Oahu.

Why does this matter to you? We have a responsibility to protect our Keiki from this growing abuse. Slavery knows no bounds. All of our children are targets for this crime. It could be any one of our daughters, nieces, granddaughters, students, friends or ohana. As concerned community members, teachers, medical personnel, business owners, we need to take a stand as a North Shore Community against this issue. Please come and learn more about this growing crime and the need for aftercare services for girls rescued out of this bondage.

Take A Stand Against Exploitation of Children — Be Aware! For more information please contact Jessica at jessica@justiceprojecthawaii.org

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North Shore Community Awareness
Help Protect our North Shore Keiki!

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Enjoy Special Music from
 Local artist Tyler Nakamura

AGES 15 AND OVER ONLY

A movie exposing the World wide epidemic of the Sex Industry and Human trafficking!
When: Saturday February 25, 2012 @ 6:30pm
Where: Historic Haleiwa Gym
 66-434 Kamehameha Hwy Haleiwa HI 96712 , (across from Pizza Hut)
 For more Information contact jessica@justiceprojecthawaii.org

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 Gmd Fl. Professional/retail Space 466sq'/\$1,382.75/month Xcel Bldg. Haleiwa 779-7779

HELP WANTED
BUSSERS/SERVERS
 Pizza Bob's in Haleiwa is looking for BUSSERS/SERVERS. Experience preferred. Apply in person at 66-145 Kam. Hwy.

COOKS/KITCHEN HELP
 Pizza Bob's in Haleiwa is looking for kitchen personnel. Experience preferred, but will consider training the right people. Apply in person at 66-145 Kam. Hwy.

The Waiialua Community Association is looking for an office manager.
 Great interpersonal skills. Strong computer skills including working with spreadsheets and simple design programs. Flexible working schedule including working evenings and weekends. Take initiative on projects and see them through to completion. A background check will be part of the interview process—please bring at least 3 references to the initial interview.
 Please call 637-4606 or 637-8545 to request an application or stop by the WCA office between 9am and 12pm Monday through Friday.

Retail Sales Surf & Sea
 Hawaii's Ocean Sports Headquarters is always looking for hard working, energetic people to become a part of our sales team. Good pay, bonus, benefits. Ocean sports experience and/or bilingual a plus. Apply in person daily 9am-7pm 62-595 Kam. Hwy., Haleiwa

MISCELLANEOUS

IGREJA EVAN. BRASILEIRA
 Domingos 10:00 am
 Quartas 7:30 pm
 Sextas-Culto de Oraçao 7:30 pm
 Voce e o nosso convidado especial
 Behind Hale'iwa Post Office 637-5566
 Pastor Luiz • 638-2212

REUNIONS
 The NSN is happy to publish your school or family reunion Free of charge.
 Email your announcement to NShoreNews@aol.com.

Ho'ola Like
 "Healers Working Together"
 Waikiki Health Center's North Shore Clinic
 Majority of Insurance Plans Accepted
 No Insurance • Sliding Fee Available
Open Tuesdays and Thursdays 8:30 am to 3:30 pm
 Walk-ins are Welcome
 Emerson Hall, Queen Liliuokalani Church 66-090 Kamehameha Highway, Haleiwa
 Call 284-5212 for an appointment.

OFF da ISLAND
 Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Try send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, telephone number and photo location to: NShoreNews@aol.com. Or, mail to OFF da ISLAND Photo, North Shore News, P.O. Box 1117, Hale'iwa, HI 96712. We cannot return photos so please send us a copy. Photos received become the property of NSN. Preference and priority will be given to emailed photos.

Keep it Country
 To report ILLEGAL VACATION RENTALS
 call 768-8159 or 768-8118
 You will remain anonymous
Illegal Vacation Rentals are ruining the North Shore
 www.savenorthshoreneighborhoods.com

Business Services Center
 Fast & convenient fax, copy, scan, computer/internet, laminate, etc.
 Across from Haleiwa post office.
 North Shore Chamber of Commerce
 637-4558 or 342-8557

What's New and Happening at Hale'iwa Elementary School
 Families are invited to LIVE, LOVE, LAUGH and LEARN at Hale'iwa Elementary School's Family Night on Wednesday, February 15. All kinds of fun activities are planned for that evening. Students are encouraged to BEE safe, BEE kind, BEE responsible and BEE a buddy not a bully, to earn GOLDEN BEE BUCKS which they may use at the fair on that night. The fun starts at 5 pm. BEE there!

Free All Are Invited Japanese Vegetarian Cooking Class
 Sunday, Feb. 26
 6pm-8pm
 61-174 Farrington Hwy. (WUCC-next to WHS)
 Featuring:
 • Dr. Tim Reisenberger Cancer/diabetes (DVD)
 • Sponsored by NS Seventh Day Adventist
 Come to listen, or share ideas on health.
 638-8209

MAHALO to Turtle Bay Resort Housekeeping & Foodland for recent donations!



Happy Valentine's Day!

MALAMA Market

MALAMA MARKET HALEIWA:
OPEN DAILY 7 AM-9 PM
808.637.4520

MALAMA MARKET MAKAKILO:
OPEN DAILY 6 AM-10 PM
808.672.9955

Valid Dates:
2/8/12-2/14/12

Fresh Strawberries
16 oz. **2/\$7**



Libby's Vienna Sausage
18/5 oz. **\$6.99**



Nissin Instant Cup Noodles
Selected Varieties,
12/2.25 oz.,
Case Sale Only **\$5.99**



Boneless, Skinless Chicken Thigh
Value Pack,
Previously Frozen **\$2.49** PER LB.



Tostitos Tortilla Chips or Frito Lay Natural Chips
Selected Varieties,
8-13 oz. **2/\$6**



Pepsi
Selected Varieties, 12/12 oz. **2/\$9**



White Shrimp, 51/60 ct.
Previously Frozen **\$5.99** PER LB.



Banquet Family Entrée
Selected Varieties, 25-32 oz. **3/\$9**



Valentines Picnic Cupcakes
12 ct. **\$7.99** EACH



Aquafina Water
24/500 ml. **2/\$9**



SGF Cooking Oil
Selected Varieties, 48 oz. **2/\$7**



8 Piece Fried Chicken
2 Thighs, 2 Breasts,
2 Drumsticks, and
2 Wings **\$8.99** EACH

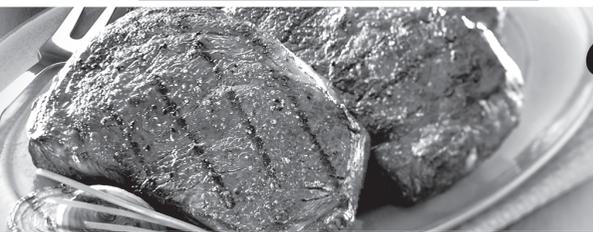


Rolling Rock
30 Pk. Cans
Heineken or Corona
18 Pk. Bottles **\$19.99**



THURSDAY

INCLUDES:
7-8 oz. Steak
Rice • Tossed Salad • Drink



Grilled Steak
LUNCH
\$6.99

Hawaii Beverage Fee of 1¢ per can or bottle will be added to purchase price at checkout. An Additional Hawaii Deposit fee of 1¢ will be charged for all specially marked beverage containers.

Limit five units (mix/match) per purchase, unless otherwise specified. We reserve the right to limit quantities. No sales to dealers. Prices plus applicable state tax. Hawaii EBT cards welcomed.