



“E Ala Na Moku Kai Liloloa”

Department of Parks
& Recreation
City & County of Honolulu
Rules & Regulations
Governing Use of City Beach
Parks & Shore Water Events

See pages 5 & 6



NORTH SHORE NEWS February 19, 2014 VOLUME 31, NUMBER 3

**Kalahe`e
Ridge Forest
Restoration,
Waimea Valley**

*By Laurent Pool,
Conservation Land Specialist*

Looking into Waimea Valley from the highway, there are three prominent ridges that form the valley. Looking mauka, the center ridge is called Kalahe`e Ridge. For several years, Waimea Valley’s staff and volunteers have been working to reforest this ridge with native plants. Several groups have contributed their time and sweat planting koa and a`ali`i trees on the ridge. Now, it’s your turn to experience this amazing forest. We are taking groups into the mountains about twice a month to plant native trees. For groups under 6 participants, we can take you up to the site in our ATV, larger groups will hike in and out (approx.40 minute) from the site.

In the last 3 years we have worked with several Eagle Scout Troops to install rain catchment systems on the ridge, enabling us to plant so many more trees as well as keeping us from having to carry water up the mountain! Thanks

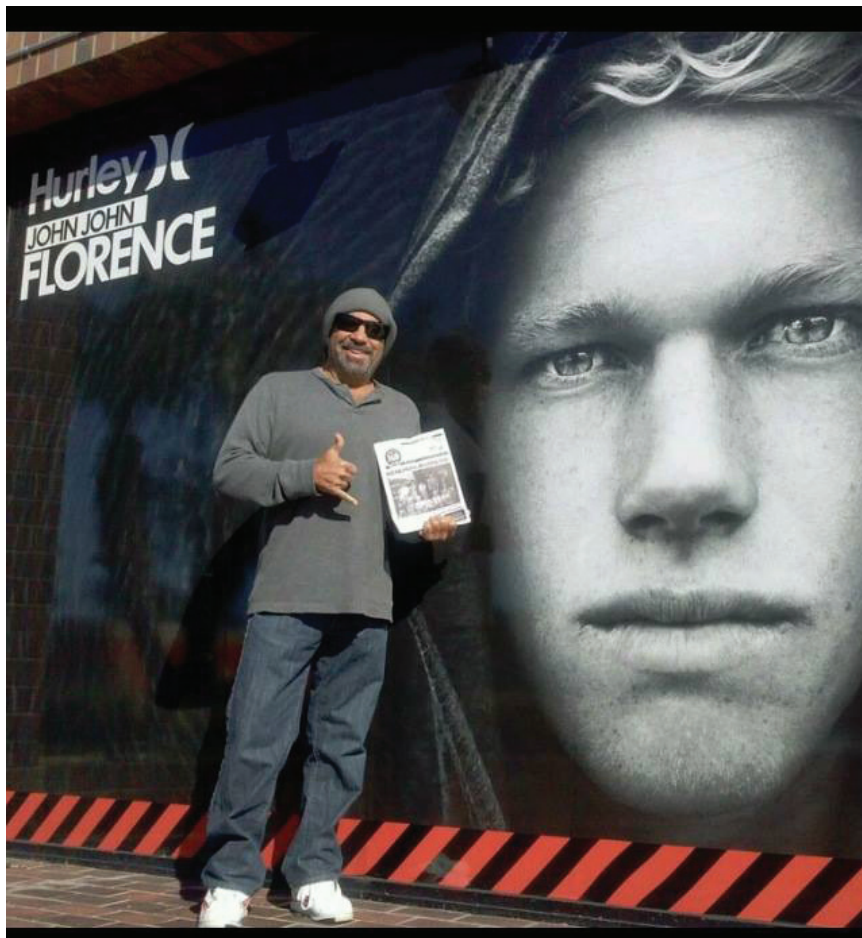
Continued on page 3



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OFF da Island in Corona Del Mar California

Sunset Beach resident Scott Samuels is pictured at the Hurley Store (with Triple Crown Champ John John Florence) in Corona Del Mar, California. After a day of shopping, Scott can be found reading the North Shore News to remind him of the good times back on Oahu's beautiful North Shore. For more information on the OFF da Island campaign turn to page 23.

Send us your "Letter to the Editor" on any topic in the NSN publication, or any community concern. Letters 200 words or less preferred. Include first & last name & contact phone number. NShoreNews@aol.com

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Paul & Nita

Kalahe'e Ridge continued from page 1

Eagle Scouts! Many school groups have also come to help us plant native trees and collect seeds. With the amazing help of the community we planted over 6000 native plants last year.

In 2014, Waimea Valley will be conducting more forest restoration projects with the help of a grant received by the City and County of Honolulu. Our staff will be implementing a more intense educational component along with the planting of trees. The work is important but the message of why we are taking care of our environment is vital. If you wish to learn more about the environment while helping to restore North Shore forests, please contact Laurent Pool at lpool@waimeavalley.net to be added to the monthly email list for volunteer days.

A Big Mahalo to all of those who have helped and those who will in the future.



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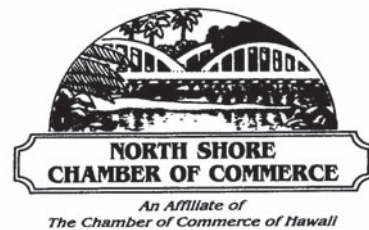
SAVE THE DATE!

The North Shore Chamber of Commerce's 6th Annual Business Expo will take place on Friday, May 2nd at Waimea Valley on the North Shore. This year's theme is: "The North Shore Experience: Learn, Grow, Prosper." This event will bring together businesses and nonprofits from Kaena to Kualoa that make up the unique North Shore experience including agriculture, dining, retail, art, manufacturing, ocean sports and recreation, and visitor attractions in the beautiful setting of Waimea Valley. It will focus on what's special about the region as well as provide opportunities for growing your business. Businesses and others that are part of this North Shore Experience as well as those that serve the North Shore region are invited to participate in this event.

Kicking off the event will be keynote speaker Peter Apo, Office of Hawaiian Affairs trustee and cultural tourism consultant, who will talk about the special challenges of being a destination community while maintaining the community's unique identity. He will talk about the roles of the place, guest, and host in creating the North Shore Experience. More information will be forthcoming about this year's speakers, panelists, workshops and a very special pau hana networking event.

The Chamber is currently seeking sponsors to support the event. Sponsorship offers a wonderful opportunity to assist in the professional development

of more than 150 Expo attendees, network with over 30 exhibitors, and get your name, service or product out to the North Shore community. For more information on sponsorship, go to www.GoNorthShore.org or call the Chamber at (808) 637-4558. Deadline is Friday, February 28.



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**DEPARTMENT OF PARKS AND RECREATION
CITY AND COUNTY OF HONOLULU**

PUBLIC HEARING NOTICE

**For the Amended Rules and Regulations Governing
Use of City Beach Parks and Other Beach Properties Under The
Control of the Department of Parks and Recreation
To Provide Access to Conduct Shore Water Events
And to Adopt Proposed City and County of Honolulu
Administrative Rules, Title 19, Chapter 4, Shore Water Events**

Notice is hereby given of proposed amended rules and public hearing by the Department of Parks and Recreation, City and County of Honolulu, to consider the Amended Rules and Regulations Governing Use of City Beach Parks and Other Beach Properties Under The Control of the Department of Parks and Recreation To Provide Access to Conduct Shore Water Events ("current rules") and the adoption of Proposed City and County of Honolulu Administrative Rules, Title 19, Chapter 4, governing shore water events ("proposed rules").

The Department of Parks and Recreation proposes to amend the current rules regulating shore water events. The proposed amended rules add new definitions and clarify existing definitions of activities subject to the rules, establish new permit application procedures, application requirements, application deadlines, and permit deposits, establish new regulations governing surf events held on the north shore, calendaring of north shore surf events, establish new criteria for resolving scheduling conflicts, new requirements governing indemnification and violation of the rules.

The proposed new rules are summarized as follows:

- §19-4-3: Definitions have been added and existing definitions have been amended.
- §19-4-4: Requires persons desiring to use a park to hold a shore water event to obtain a permit.
- §19-4-5: Establishes new permit application procedures and criteria for denying a permit.
- §19-4-6: Establishes minimum requirements for ocean safety staffing, sanitation, number of restrooms, insurance, deposits, security, and financial reporting.
- §19-4-7: Establishes grounds for permit revocation.
- §19-4-8: Establishes regulations governing shore water events including commercial announcements, fund-raising activities, use of equipment and placement of personal property at the park.
- §19-4-9: Establishes specific regulations governing surf events held on the North Shore, including limitation on the number of events, location of

Continued from page 5

events, scheduling of events, length of events, and deadlines for submitting of permit applications for North Shore surfing events.

§19-4-10: Establishes the conflict resolution process, criteria and point system to be used in resolving scheduling conflicts.

§19-4-11: Imposes an indemnification requirement upon permittees.

§19-4-12: Adds a violation provision subjecting violators to penalties set forth in Revised Ordinances of Honolulu Chapter 10 and the prohibition on applying for a permit for one calendar year.

§19-4-13: Adds a severability provision.

A public hearing will be held on March 12, 2014, in the Mission Memorial Meeting Room, 550 South King Street, Honolulu, 96813, starting at 3:00 p.m. and ending at 5:00 p.m.

All interested persons are urged to attend the public hearing and present data, views, or arguments in the time limit provided, for consideration by the Department of Parks and Recreation. Persons unable to attend or wishing to present additional comments may mail written testimony to the Department of Parks and Recreation, Executive Services Division, 1000 Uluohia Street, Suite 309, Kapolei, Hawaii 96707, no later than March 19, 2014.

Interested persons may review the current rules to be amended starting today and ending five days prior to the day of the public hearing during the hours of 7:45 a.m. to 4:30 p.m. at the Department of Parks and Recreation, 1000 Uluohia Street, Suite 309, Kapolei, Hawaii 96707.

A copy of the rules to be repealed and proposed rules will be mailed to any person who submits a written request to the above address and pays the required fee of \$13.61 for the cost of duplicating the documents and postage. A complete set of the current rules to be repealed and proposed rules is also available, free of charge, on the City's internet web site: <http://www.Honolulu.gov/parks/>.

Individuals interested in attending the public hearing who have special needs or require special assistance may contact the Department of Parks and Recreation at 768-3006 or by writing to the above address, at least five (5) business days before the scheduled public hearing.



TONI P. ROBINSON, Director
Department of Parks and Recreation



State Representative
Richard Lee Fale
Serving You in District 47

Wind Turbines Consequence of Statewide Plan

In the Governor's State of the State address earlier this year, Governor Neil Abercrombie stated that he plans to purchase nearly 20,000 acres of land in the central and north shore areas of Oahu with the intent of putting more wind turbines up. If the Governor were paying closer attention, he would understand that there needs to be greater communication with the affected communities and to make a greater effort to involve and address the concerns that arise from the presence of dozens of wind turbines in a community practically overnight.

Our goals of clean and renewable energy should not be a license for state policy makers to dramatically and materially change the nature and landscape of a community without the consultation and input of the community that will be directly impacted and affected by those policies. As a member of the House Energy and Environmental Committee, I have participated in discussions about our state's renewable energy future and tried to best voice our community's opinions and concerns about the best ways to achieve this.

Two projects are already in our community and the companies that run those operations have come to the community to talk about their project, though often controversial and heated at times. Those efforts from the wind operations should be coupled with state officials coming to discuss the larger statewide energy plan and informing the impacted communities on how those policies will affect their communities. We as a community, as frustrated as we may be, must also be willing to listen and communicate to those who come to our community. Our office hosted a very contentious meeting and invited the state energy office but were unable to give them enough time to lay out the major policies that led our state to wanting to put up these windmills in our area because of community frustration. The community outcry over the last wind project that was placed in our community and this recent contentious meeting should give cause for policy makers reason to reassess how they approach the next project.

I believe the Governor should communicate with Central and North Shore residents about his energy plans, consult with these communities and incorporate their input into any future plans or considerations in regard to the placement of wind turbines in Central and North Shore, Oahu.

You can read the Governor's 2014 State of the State Address here: <http://governor.hawaii.gov/blog/2014-state-of-the-state-address/>

As always, feel free to contact my office if you have any questions, or concerns. You may contact us 586-6380, or you may email me at repfale@capitol.hawaii.gov.

CORRECTION:
Sunset Beach Community Association Meeting
Wednesday, March 19, 7pm-9pm
Sunset Beach Rec. Center

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In Hawaii, we call it Malassada Day but in other countries, the day is known as Pancake Day!

Malassadas were traditionally made right before Lent to make use of all the lard and sugar. They were traditionally eaten on Fat Tuesday which is the day before Ash Wednesday.

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**Representative
Lauren
Matsumoto
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The 2014 Legislative Session is in full swing, and I am excited for the triumphs and challenges that lay ahead. Through Neighborhood Board meetings, Town Halls, and going door-to-door, the topics of concern that were constantly raised throughout the community were the high cost of living, education, health and wellness, and the need for more local food production.

One of the issues brought to my attention in regards to education is the high cost of college tuition. The cost of higher education has been rapidly increasing over the years and there is a definite need to decrease these expenses and shorten the time to receive degrees. One of the ways to solve this issue is through college-credit equivalency programs. A program like this will allow University of Hawai'i students the opportunity to submit a portfolio of prior work and/or life experiences to be evaluated for consideration of college credit (HB 2206). Prior learning assessments will help students both decrease cost and time spent.

We all know that our state faces many health challenges and creating solutions to promote healthier lifestyles is important. Hawai'i has one of the highest diabetes rates in the country. Increased data collection will help to analyze and combat this disease. Developing a departmental plan of action to reduce the incidence of diabetes in the state and report to the Legislature biannually on the effectiveness of this plan will give our legislators a better understanding of the prevalence of diabetes, and a better path to decreasing this epidemic (HB 2433).

Another question that is constantly raised is how do we aid and solve our homeless situation? This is an issue that requires attention and an effective action plan for the future. An approach to helping the homeless situation is to get more mental health professionals out in the field sooner. The National American Psychology Association's standards grant psychology students pursuing a PhD the opportunity to apply for licensure without completing the one year post doctorate training requirement. By bringing Hawai'i state requirements up to the national standard we will enable mental health professionals the ability to use their skills and knowledge to help our community expeditiously upon graduation (HB 2207). In collaboration with the licensure requirement is the importance of continuing education for psychologists in order to stay up to date on new practices (HB 2208).

Designing and implementing alternatives for

agricultural growth opportunities are of the utmost importance to our rural communities and entire state as a whole. Achieving sustainability for our local farmers and educating our youth is paramount to increased food production in Hawai'i. A few ways to increase agriculture in our state is through developing a School Farm Pilot Program (HB 2646), develop a Farm-to-Table initiative (HB 2644), sustain family farming practices through approved agricultural dwellings (HB 2466), and allowing farmers to build structures on their land in order to sell their products right off the farm (HB 2467). These initiatives will help to provide innovative opportunities for farmers, schools, and communities in order to develop strong agricultural practices and self-sustainability.

As always, it is my honor and pleasure to serve you and the entire state of Hawai'i as a contributing policy maker. Please feel free to contact my office if you have any questions at (808) 586-9490 or Rep-Matsumoto@Capitol.Hawaii.gov. Also, please take the time to check out RepMatsumoto.com to sign-up for updates on issues you care about. Mahalo!

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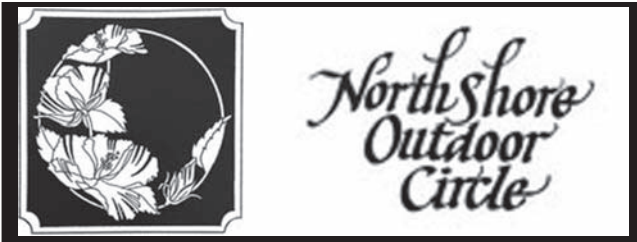
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Signage Laws in Hawaii

Hawaii Sign Laws are intended to promote safety, reduce visual clutter, enhance view planes, and reveal the natural beauty of our environment, while providing fair and equal advertising to businesses.

For most residents living on the North Shore, we are lucky to have a naturally beautiful environment available to us. This is our chosen lifestyle and as a community, it is in our best interest to protect the beauty of the North Shore. When we leave our homes, we see signs everywhere and it is such a common occurrence that we are almost oblivious of how many signs are out there calling for our attention—safety signs, store signs, car signs, gas price signs. But do you know that Hawaii State Law regulates allowable signs relating to the size, shape and placement? Sign rules vary by county and by island, and for Hale'iwa Town there is even a Special Design District. Permits are usually required for business signs and these permits must be renewed every 6 months.

- Examples of Prohibited Signs:**
- Flashing, moving or wind-driven signs,
 - Portable signs, such as A-frame signs,
 - Signs on Utility poles or trees,
 - Off-site signs advertising activities or events,
 - Signs that block sidewalks or impede traffic,
 - Neon signs, Billboard signs.

To view a copy of Ordinance 21 Sign Regulation, please go to: www1.honolulu.gov/council/ocs/roh/rohchapter21art79.pdf

What happens when a sign is not in compliance? A notice is given and must be remedied within 5 working days. Failure to comply results in a fine of up to \$500 per day for every day of violation.

Please review the Sign Regulation Ordinance before reporting any sign violation and do not remove a sign yourself. The Complaint line at the Department of Planning and Permitting is (808) 523-6341. For more information about getting a Permit, contact the Department of Planning and Permitting (808) 523-4505.

North Shore Neighborhood Board Meeting
Tuesday, February 25, 7pm - 9pm
Haleiwa Elementary School Cafeteria



Free Family Movie Night at Waialua Community Association



Toy Story 1

Fun for the whole family!
Friday, February 21 at 7 p.m.
FREE ADMISSION
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For more information, call 637-4606
www.WaialuaCommunityAssociation.org

Which sign is legal?



(a)

Sidewalk A Frame



(b)

Real Estate Sign

To learn more about signs , go to:
www1.honolulu.gov/council/ocs/roh/rohchapter21art79.pdf

Answers: a) NO b) YES

Hawaii Food Security Depends on Farmers Controlling Crop Pests

By Jeff Scott, Ph.D.

Food security is an important issue for Hawaii. Today, we import 90% of our food. Of the food that is locally grown, 65% of it is grown by only 1% of the farms, which number about 75. The rest of the 7,400 farms in Hawaii only produce 35% of Hawaii-grown food. All of these farmers are important. Although farming methods are not all the same, these farmers share the common goal of making a living by feeding all of us.

My interest in agriculture began by growing a large organic garden in the 1970's, hauling truckloads of manure, composting and companion planting. I decided to make a career of agriculture and earned a B.S. in horticulture at Texas A&M University, then a M.S. in vegetable crops, and Ph.D. in genetics at the University of California, Davis. Breeding tomatoes and peppers has been the focus for most of my career. I also directed field research to collect data for EPA registration of new pesticides that are safer for people and safer for the environment. I am presently a vegetable breeder with a small company on the North Shore, making new hybrid vegetables that grow better in Hawaii.

Some armchair farmers today criticize what they call 'industrial' agriculture that includes use of chemical fertilizers and pesticides. The reality is that pre-mechanized agriculture was painfully hard work, and produced much less food per acre than today. Over the past 100 years, ever smaller numbers of farmers have produced more and more food for everyone else. Crop productivity has increased from mechanization, improved fertilizers, improved genetics and improved crop protection from pests, including weeds, insects, diseases and rodents. The tropical environment of Hawaii is ideal for year-round multiplication of insects, diseases, weeds and rodents. Food security for Hawaii depends on controlling those pests.

All farmers, including organic growers, must protect crops and animals from pests. Sometimes, an insect like the coffee berry borer, presently in Kona, multiplies and causes major economic damage for farmers. Because of extensive domestic and international trade, approximately 15 to 30 new pests are accidentally introduced into Hawaii each year. Farms are businesses and must make a profit to stay in business and provide jobs. Pest control methods used in Hawaii must be economically viable. Using extensive hand labor would increase food costs and make Hawaii-grown food uncompetitive with imports.

All chemicals and biological agents that control pests are designated as pesticides, which include herbicides (weeds), insecticides (insects), rodenticides (rodents), fungicides (fungi), bactericides (bacteria), nematocides (nematodes, which are parasitic worms), and algaecides (algae). Agricultural pesticides include

products used by organic farmers and products used by traditional farmers. The companies that invent new pest control products know that they must be safe for the environment and safe for humans. Old pesticides are frequently replaced by newer products that are safer. Pesticides are highly regulated by the federal Environmental Protection Agency and the Hawaii Department of Agriculture. Potential new products are rigorously tested for toxicity on test animals and for potential effects on the environment. Field tests are done to determine its safety on food crops before it is approved by the EPA for marketing. Tests are conducted according to rigorous federal Good Laboratory Practices, which also specify that falsifying data is a felony. Scientists who conduct these tests are deeply committed to ethics and integrity. Few people who work in other professions understand the depth of that commitment to truth and honesty.

General use pesticides are available to anyone, and are analogous to over-the-counter pharmaceuticals. Restricted use pesticides require that an applicator pass a State of Hawaii licensing exam in order to buy and to use. Restricted use pesticides are analogous to prescription medications that require specialized training to ensure that they are used safely. Every pesticide has an MSDS (Material Safety Data Sheet) that specifies important chemical, toxicity, flammability and other emergency information. Products must also be registered and approved for use by individual states.

Pesticide labels define what crops or animals may be treated, by what method, and how often. Labels specify protective clothing (PPE) required for applicators, the minimum duration between application and re-entering the treated area without PPE, and the minimum duration between application and harvest. All of the instructions on the label are based on scientific data. These detailed instructions protect applicators, other farm workers, neighbors and consumers from exposure.

Each pesticide label has the force of law. That means any violation of the label is breaking the law. Farmers and pesticide applicators take this very seriously. These laws apply equally to everyone: organic farmers, traditional farmers, landscapers, pest control companies, golf courses, government employees and the general public. Specific pesticide products for use by certified organic growers are designated by OMRI (Organic Materials Research Institute) and registered with the EPA and each state for approval. Traditional growers may use OMRI-designated products and additional products registered and approved by the federal EPA and Hawaii Department of Agriculture. Some people believe that pesticides used by organic

Continued on page 11

Hawaii Food Security continued from page 10

farmers are less toxic than ones used by traditional farmers. That is not true. Many synthetic pesticides have very low toxicity, and some OMRI pesticides have higher toxicity. Toxicity is expressed as the LD50, which is usually a measure of the oral dosage amount that kills 50% of a group of rats (or mice) and is expressed as milligrams of the pesticide per kilogram of animal body weight. Some products may also have an LD50 for skin absorption and for inhalation if the pesticide is a gas. The smaller the LD50 number, the less it takes to kill the rats, and the more toxic it also is to humans. Toxicity of other chemicals such as table salt, aspirin and caffeine are measured the same way. Some irresponsible web sites falsely claim that our food contains many pesticides. The EPA has set limits for extremely tiny amounts allowed in food, and those limits have a large margin of safety for our health built in and backed by scientific data. The regulatory system does an outstanding job of protecting the health of consumers.

Our modern world is complex and we face hazards to our health and safety in many diverse ways. Driving to Honolulu poses a safety risk, smoking marijuana or tobacco are health risks, consuming nitrite and nitrate preservatives in lunchmeat is a potential risk, high blood cholesterol is a risk, and the list goes on. We can never eliminate every possible risk from our lives, but we can make smart and prudent choices. Pesticide contamination in food is one of the smallest potential risks that we face each day. The food supply in the United States is safer today than it has ever been. Growing more food in Hawaii to achieve food security depends on controlling the many pests that damage our crops and animals.



**North Shore
Country Market**

Saturdays, 8am – 2pm
Sunset Beach Elementary School

Haleiwa Farmers Market
Thursdays, 3pm – 7pm
Waimea Valley

**Kahuku Hospital—Health
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Farmers Market**
2nd & 4th Saturdays of the month,
8am – 12noon
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Queen’s Open Market
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Dole Plantation Family Fun Day Set for March 1

Regular event features entertainment, reduced attraction admissions and community groups galore

WHAT:

Dole Plantation invites the public to attend its annual Family Fun Day on March 1 from 10 a.m. to 2 p.m. The free event features live musical performances, hula, arts and crafts, keiki games, prize giveaways and more.

The Family Fun Day is the one time of the year when Central-area community groups and schools are invited in to Dole Plantation as part of the "pineapple experience". Area public schools and community groups will help run keiki games, food booths and other activities at a nominal fee as fundraisers for their programs.

The March 1 event is also the only day of the year when all members of the public – kama’aina, military and visitors – benefit from buy-one-get-one-free admissions to the World’s Largest Maze and Plantation Garden Tour. Dole Plantation also offers reduced admission to the newly enhanced Pineapple Express Train Tour: \$6 for an adult and \$4.75 for a child.

Kama’aina also receive a 15 percent discount off of most retail merchandise in the Dole Plantation store.

WHEN:

Saturday, March 1 from 10 a.m. to 2 p.m.

WHERE:

Dole Plantation, 64-1550 Kamehameha Highway, Wahiawa

FOR MORE INFO:

Contact 220.4981 or visit DolePlantation.com.

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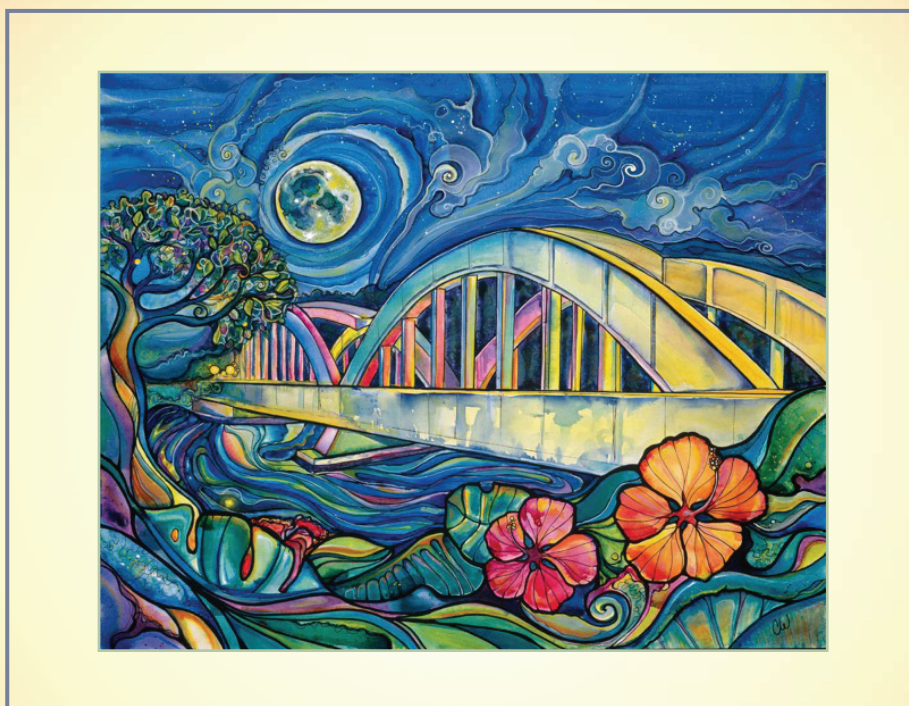
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5th Annual "Celebrating the Arts" Live and Silent Auction

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Our featured artist will be Colleen Wilcox.
Please come out and support the arts and
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There will be lots of art to bid on,
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This is an adults' only event.
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Stand Up Surfing World Tour Winners

Sophia Poppler Bartlow 3rd, Candice Appleby 2nd, Aline Adisaka, 4th Nicole Pacelli Winner. Photo: Banzai Productions.



BANZAI NORTH SHORE WIRELESS

The Stand Up Surfing World Tour visited the North Shore for the star of their World Tour. The tour has grown especially the Women's competitors and they put on a great show at the Turtle Bay Hotel Bay spot. Conditions were tough with tons of white water to negotiate through at times, just watching makes you tired! The Women took it in stride and those who conserved a bit of energy made it to the final. "I just wanted to go out play it safe and be patient because to make it to the final you had to surf four rounds, just had to conserve energy," said Candice Appleby. Appleby took second place and is recovering from hand surgery but still made the final. Appleby has been in the sport since the beginnings and is an accomplished racer as well and has her own board models with a couple new Surf Techs coming out soon. There will be a new 12'6" foot racing model and two 11 footers for keike to charge on. As well she will have 2 surf sups coming out with her name on them, quite an accomplishment! She was riding an 8'0" in the competition and it was one of the bigger boards there. The Women are balancing smaller boards for turning with enough stability to stand on, quite the balancing act.

Another stand out was Sophia Tiare Bartlow in only her second SUP competition took the third place honors. Her wave selection and pure go get um attitude carried her through big turns and all that white water. She is sure to make an impact on the rest of the tour. Winning this year and two years in a row was Brazilian Nicole Pacelli. Pacelli rode the smaller more rideable waves and scored enough to take it.

- Nicole Pacelli BRA 1st
- Candice Appelby USA 2nd
- Sophia Tiare Poppler Bartlow USA/HAW 3rd
- Aline Adiska BRA 4th
- Caroline Angibauld FRA =5rd
- FIONA WYLDE (USA) =5
- Izzy Gomez USA =7th
- Vanina Walsh HAW =7th

Congratulations to artist Kim Taylor Reece he is celebrating 35 years of doing beautiful artistic images. He is best known for his iconic hula images, Kim also works with dancers and athletes of all genres. His newest sculpture "Moe Kahakai" which means "Dreams of the Beach" reminisces of summers past and summers yet to come. The kickoff to the milestone is a party at Gordon Biersch-Aloha Tower.

Getting the party started with entertainers Johnna Padeken, Johnny Helm, Dr. Trey, Robi Kahakalau, Jeff Rasmussen, Lehua Kalima, Kapena. The public is invited to the event March 23, Sunday, 5-8 p.m. The Women surfer sculpture was a project in the making for awhile but came about at last years Pipeline Women's Pro and will represent the event this year!

The Pipeline Women's pro is celebrating its' 25th year this season. The event started in 1989 technically and with bodyboarding. It will be smaller this season with only short boarding scheduled as an ASP one star contest, March 11-21, 2014. Watch for the women bodyboarders in their IBA event this month.



Kai Lenny expressing himself.




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The Waialua Bullpups Pop Warner Football Association has a newly elected Board for the 2014 and 2015 Seasons. We are very excited to get the 2014 Waialua Bullpups Pop Warner Season underway. We are entering this season needing kids ages 5-13. We are hoping to build 4 teams this season.

Waialua is looking forward to building the Pop Warner program back to the prominence it once held on the island of Oahu. The Pop Warner program will be entering it's 57th year of promoting teamwork, self-discipline, good sportsmanship, and friendship to positively impact the community. Waialua is one of the oldest Pop Warner Organizations on the island of Oahu. Please feel free to us at president@wailuabullpups.org or call me at (480) 250-0049. Our website is www.wailuabullpups.org or feel free to like and follow us on Facebook at Waialua Bullpups - Pop Warner Football. Thank you in advance for your consideration and support of the Waialua Bullpups Pop Warner.



WAIALUA POP WARNER FOOTBALL & CHEER

COMMUNITY BOOSTER FORM

We would like to thank you for considering league membership with Waiialua Bullpups Football & Cheer Association. Waiialua Bullpups Football & Cheer Association, a non-profit tax exempt 501(c)(3) organization, is making plans for our 2014 season. Our program offers the Keiki in our community more than just a sport, but teaches valuable life skills to our community's youth, such as self-discipline, teamwork, friendship and good sportsmanship. We also encourage achievement scholastically through our Pop Warner Little Scholars Program, whose philosophy is: Academics and Athletics go hand-in-hand.

By helping the Waiialua, Haleiwa and surrounding areas by increasing your visibility, you will in turn instill a life long connection within our Keiki. You will have a positive impact in the lives of our Keiki. We rely on the support of local community like yourself to cover equipment, uniforms, insurance, officiating fees, end of season banquet, travel, and other costs incurred throughout the current season.

Waiialua Bullpups Football & Cheer Association is entering our 57th year of Pop Warner. We need our local community, friends, and neighbors to join us in making this opportunity available to our Keiki, whom are the future peers that will carry on our legacy.

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A Man's Journey to Help Kill Cancer

Spencer Hayter, a brother with a mission, turns to alternative funding sources to bring cancer services to the communities surrounding Moshi, Tanzania and will climb to the summit of Mount Kilimanjaro to honor his sister and others who have faced cancer head on.

In March, Spencer Hayter will climb Mount Kilimanjaro, the tallest mountain on the African continent with a select group of largely amateur mountaineers in a fundraising endeavor to bring cancer services to the surrounding community of Moshi, Tanzania. Today, cancer is the leading cause of death in Africa, killing more people than HIV/AIDS, Malaria, and Tuberculosis combined. This is a subject near and dear to Spencer's heart, as two years ago his sister, Lisa was diagnosed with an early stage of breast cancer. At the time, the prognosis was good, but a diagnosis of cervical cancer and a host of other challenges ultimately took her life last July. So Spencer is a brother on an mission to honor his sister and make a difference.

"I want to raise awareness of the terrible struggle that is everywhere in the world, says Spencer. "Cancer is treatable, and often curable if caught early on and treated properly. And while it was a losing battle for Lisa, my Mom, and so many others, it doesn't always

have to be that way. Most, if not all of us, know someone who has faced this struggle, and this is our chance to honor them. We can try to save the lives of mothers and fathers who have families to take care of. We can help give life to those young children who suffer needlessly only because they were born in a country that does not have the proper medical facilities to provide them with the treatment and attention needed to overcome this disease." More of Spencer's story can be found in this video: <http://www.youtube.com/watch?v=qWITN8rb8UE>

To get this journey off the ground, Spencer Hayter turned to alternative funding sources and has launched a crowdfunding campaign to raise \$8000 for Radiating Hope, a non-profit 501(c)3 dedicated to advance cancer care in developing countries. To honor not only his sister, but others who have faced struggles of cancer head on, Spencer's team will carry prayer flags as they climb Mt. Kilimanjaro. High at the summit, they will fly these flags, inscribed with the names of individuals who have in some way been afflicted by cancer. More information about his initiative can be found here: <http://www.crowdrise.com/HelpKiliCancer/fundraiser/spencerhayter> and here: <https://www.facebook.com/cancerhayters>

Waialua Library Authors Night - March 6

The Friends of Waialua Library's annual Authors Night promises to offer a panel of authors and their books which will intrigue, educate and perhaps even amaze you!

Date: Thursday, March 6, 2014

Time: 6:30 p.m.

**Place: Waialua Library,
67-068 Kealahou Street, Waialua**

Here's what is in store for your enjoyment:

Judge Sam King, A Memoir by Samuel P. King, with Jerry Burris and Ken Kobayashi—When Judge Samuel P. King died in 2010 at the age of 94, Gov. Neil Abercrombie called him "the heart and soul of Hawai'i." Journalists Jerry Burris and Ken Kobayashi co-authored this memoir with King, compiling a volume which belongs on the bookshelf of every citizen of Hawaii.

Song of Planet Earth by Leighton Chong—This novel starts out as a travelogue, quickly becomes a mysterious adventure story, and finally stands out as a serious statement on nuclear proliferation and the horror of war. This book takes a hard look at scientific and historical facts through a story that is both entertaining and hopeful.

Kohola, King of the Whales written by Vincent Daubenspeck and illustrated by Don Robinson—This children's story is noteworthy because it is about a personal experience the author had right off our

own Mokuleia Beach. The story of Kohola offers a timeless lesson for young and old alike.

Hawaiian Herbal Medicine by June Gutmanis who passed away in 1998—This best-selling book collects the wisdom and knowledge of the most respected herbal practitioners (past and present) in Hawai'i. Waimea Williams, a student of Hawaiian culture and language (and author of last year's novel, "Aloha, Mozart") will present this book.

Authors Night is free and will include pupu and door prizes.

Please call the library as soon as possible if ADA accommodations are needed for this program—637-8286.



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- Watch your speed
- Stay at the helm
- Keep your distance

- Stay at least 100 yards away





Photo Credit: Doug Penne/HWRF/seapics.com/NOAA Fisheries Permit #633

North Shore News



2014 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
March 5	#5	February 20
March 19	#6	March 6
April 2	#7	March 20
April 16	#8	April 3
April 30	#9	April 17
May 14	#10	May 1
May 28	#11	May 15
June 11	#12	May 29
June 25	#13	June 12
July 9	#14	June 26
July 23	#15	July 10
August 6	#16	July 24
August 20	#17	August 7
September 3	#18	August 21
September 17	#19	September 4
October 1	#20	September 18
October 15	#21	October 2
October 29	#22	October 16
November 12	#23	October 30
November 26	#24	November 13
December 10	#25	November 27

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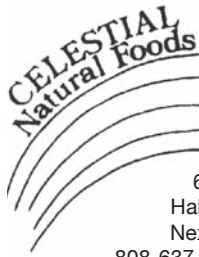


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Trish Coder Photos

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The OAMC is scheduled to meet on the last Sunday of every month (except May & December).

"There will always be poor people in the land. Therefore I command you to be open handed toward your brother and toward the poor and needy in your land." (Deuteronomy 15:11)



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 Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Try send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, telephone number and photo location to: NShoreNews@aol.com.

New Hope Haleiwa
 "Anchored to God's word, led by his spirit" @Haleiwa
 Elementary School
 9:00am Service
 621-9363

PILATES with Linda Yadao
 Private Equipment Classes only
 over 35 years of experience
 call
808 637 1230
 lindayadao@gmail.com

Food Prep Asst, P/T for commercial kitchen twice a week.
 Training provided experience helpful, reliability important. Students ok. Entails cleaning, chopping, cooking, packaging vegetables for market delivery & cleaning kitchen. Could grow to full time position. Send letter of interest & details of experience, education, reliability to ATTN: Human Resources, 711 Kapiolani Blvd. Ste 1430, Hon. 96813. Work loc: Waimea Valley for Non-profit Org.-Compensation \$10/hr or salary w/experience.

SATURDAY FEB. 22nd
 One day only ~ 9am to 4pm
 Books, Car seats, Chairs, Clothes, Curtains, Exercise Equipment, Home Accessories, Kitchen (dishes, mugs), Linens, Music (CD's, vinyl albums), purses...and more. All clean and in good or great condition.
 58-025 Maika Place (opposite Comsat Rd.)
 Sunset Beach

Voice of God Ministries
 Jesus Loves You
 If you need Prayer
 Call 808-373-0294


Marianne Abrigo, Properties
 Specializing in - North Shore Real Estate
 Ask for our list of available properties and/or a free market analysis.
Marianne M. Abrigo
 "Realtor since 1974"
 Office 637-3511
 Fax 637-0777
 Email mabrigo222@aol.com

MISCELLANEOUS

Hale'iwa Art Walk
 Last Saturday of each month
 5:00pm - 9:00pm

Complaints About Public Trees
971-7151

FREE ADS
 Garage & Yard Sales, Reunions, Lost & Found.
 Email ad to:
 NShoreNews@aol.com

For Advertising Rates
 Call 637-3138
 or go to
 www.northshorenews.com

North Shore Neighborhood Board Meeting
 Tue., Feb. 25
 7pm - 9pm
 Haleiwa Elementary School Cafeteria

Save the Sea Turtles Int'l and Adopt a Beach and Highway Hawaii
BEACH CLEAN UP
Last Saturday of every month
 10 a.m. • 61-529 Kamehameha Hwy., Haleiwa, HI 96712
 For more information 808-637-2211
 Check out our website at:
 http://adoptabeachhawaii.com



Malama Market Haleiwa:
Open Daily 7 a.m.–9 p.m.
(808) 637-4520

Malama Market Makakilo:
Open Daily 6 a.m.–10 p.m.
(808) 672-9955

Valid Dates:
2/19/14–2/25/14

Deals of the Week!

Navel Orange

99¢ LB.

Fresh Ground Beef
80% Lean, Jumbo Pack,
5 lbs. or More

\$3.79 LB.

Cook Internally to 160°F

LARGE SIZE

Maruchan Instant Lunch
Selected Varieties,
12/2.25 oz.,
Case Sale Only!

\$5.99

Coca-Cola
Selected Varieties,
12/12 oz.

\$4.34 EA.
When You Buy 3 or More!

Hawaiian Hula Dressing
Selected Varieties,
8 oz.

\$3.99

Frito-Lay Cheetos, Fritos, or Funyuns Chips
Selected Varieties,
6.5–10.25 oz.

2/\$5

Dean's Country Fresh Ice Cream
Selected Varieties,
56 oz.

2/\$5

Yoplait Yogurt Cup
Selected Varieties,
4–6 oz.

5/\$3

Sliced Loaf Cake
Assorted Varieties,
16 oz.

\$5.79 EA.

15 Piece Fried Chicken Thighs
Original, Korean, or Furikake

\$15.99 EA.
15 PCS.

Bud, Bud Light, Miller, or Coors
30 Pk. Cans

\$24.99

Thursday

Grilled Steak Lunch

7–8 oz. Steak, Rice, Tossed Salad, Drink

\$7.99



Hawaii Beverage Fee Hawaii Beverage Fee of 1.5¢ per can or bottle will be added to purchase price at checkout. An additional Hawaii Deposit Fee of 5¢ will be charged for all specially marked beverage containers.

Limit five units (mix/match) per purchase, unless otherwise specified. We reserve the right to limit quantities. No sales to dealers. Prices plus applicable state tax. Hawaii EBT cards welcomed.