



"E Ala Na Moku Kai Liloloa"

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Photo: Courtesy of Menehune Surf Contest

NORTH SHORE NEWS September 30, 2015 VOLUME 32, NUMBER 20



Photo: Courtesy of Menehune Surf Contest

39th Annual North Shore Menehune Surfing Championships

The 39th Annual North Shore Menehune Surfing Championships will be held on October 17, 18, 24, 25, 2015 at Hale'iwa Ali'i Beach Park. This contest is for keiki 3-12 years old. Keiki can sign up for Divisions in Longboard and Shortboard.

They can also participate in an Expression Session in SUP and Parent/Child Tandem Teams. The

highlight of the contest is the Kokua Division for keiki 3-6. This division is non competitive, parents are allowed to assist in the water and every keiki receives a trophy. Keiki can bring a gently used book and swap it out for another in the 3rd Annual Menehune Book Exchange. This is our way of promoting literacy in our young surfers. We also have an art contest themed "Why

I Love The Menehune." Entries are due Oct. 1st by mail or they can be hand delivered to Surf N Sea in Hale'iwa. For more information or if you would like to contribute to this event contact Contest Director Ivy @ ivykaui@live.com. Mahalo Nui to all our 2015 Menehune sponsors! We are grateful for your support!

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Kahuku residents Don and Myrna Ramos celebrated their 30 year wedding anniversary in Myrna's hometown of Malilipot, Albay in the Philippines. They are pictured here with the Natural Animal of the Philippines the carabao (water buffalo). The carabao is still a very important draught animal on the rice fields. Myrna brought along a copy of the North Shore News to remind her of the good times back on Oahu's beautiful North Shore. For more information on the OFF da Island campaign turn to page 23.

For more information call 808-637-8386

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ACCESSORY DWELLING UNITS CAN HELP HOUSING CRISIS ON OAHU

Bill 20, popularly known as the ADU bill, was adopted unanimously by all nine members of the Honolulu City Council in early September. Signed into law as Ordinance 15-41 by the Mayor on September 14th, the Land Use Ordinance (LUO), Chapter 21, Revised Ordinances of Honolulu 1990, as amended, now allows accessory dwelling units (ADUs) as a permitted use in all residential zoning districts. More detailed information is available from the Department of Planning and Permitting (DPP) but here are some of the highlights of this new initiative.

An ADU is an accessory or second dwelling unit, including its own kitchen, bedroom, and bathroom facilities, attached or detached from the primary dwelling unit on the zoning lot. ADUs are intended to be "accessory" to the main house, and are typically much smaller and sited to the rear or side of the house. With the shortage of affordable housing on Oahu, especially rental housing, ADUs can help by allowing existing homeowners to build a second unit on their property.

The maximum size of an ADU on a lot of 3,500 to 4,999 square feet is 400 square feet and on lots 5,000 square feet or more, an ADU of 800 square feet is allowed. Only one additional dwelling unit is permitted. ADUs are not permitted on lots that already have more than one dwelling unit, including more than one single-family dwelling, a two-family dwelling, accessory authorized ohana dwelling or guest house. Properties with multi-family dwellings which are part of a planned development housing, cluster, or group living facility are also not eligible. One off-street parking space per ADU must be provided in addition to the off-street parking for the primary dwelling unit, except for ADUs located within a half mile of a rail station.

The property owners, or persons who are related by blood, marriage, or adoption to the property owners, or a designated authorized representative, must occupy the primary dwelling unit or the accessory dwelling unit so long as the other unit is being rented or otherwise occupied. The accessory dwelling unit may only be used for long-term rental or otherwise occupied for periods of at least six months. ADUs are not allowed to be sold separately and cannot be used as a bed and breakfast home (B&B) or transient vacation unit (TVU). If an ADU is advertised as a B&B or TVU, the existence of any advertisement will be evidence that the owner direct-

ed the advertisement of the unit as a B&B or TVU.

To assure the adequacy of the existing infrastructure, prospective applicants will need to receive confirmation from all appropriate agencies affirming the capacity of needed infrastructure. No building permits for ADUs will be issued unless there is adequate infrastructure to support it. In addition, all development standards and requirements of the zoning district must be met. If you would like more information on ADUs, you can visit DPP's website at <http://www.honoluluapp.org>.

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North Shore Chamber of Commerce News

North Shore Chamber Welcomes New Executive Director

The North Shore Chamber of Commerce Board of Directors is pleased to announce the hiring of their new Executive Director, Ed Korybski. Over the next few months, former ED, Antya Miller, will be consulting to the Chamber and assisting Ed with the transition into his new role. Kalani Fronda, NSCC Board President, stated, "Ed brings a wealth of knowledge and experience to the Chamber and we look forward to helping him build on the great work that Antya has done over the past 17 years."

Mr. Korybski was selected after an extensive search and hiring process which started at the beginning of the year by setting up an Executive Transition committee of the Board. Recruitment was through multiple websites such as Indeed.com, posting the position with Historic Hawaii Foundation and the U.H. Historic Preservation program, printing the full job description in the North Shore News twice (thank you, North Shore News), and personal contacts of community members by directors of the Board.

There were nearly 60 applicants, with four from Hawaii and two from the North Shore. The applications were reviewed and top applicants were selected according to specific criteria. Four applicants were interviewed, two in person and two via video-conferencing to the mainland. The candidates were then ranked again by specific criteria and Mr. Korybski was selected by the committee. We are very grateful to Kathleen Pahinui who led this effort.

Mr. Korybski received his BA in Economics and a Master in Business Administration. He served in the Peace Corps and in various economic development positions after that. He married Caroline Hayashi of Manoa, where they currently reside. Since 2004 he has served as the Executive Director with the Honolulu Culture and Arts District Association and The Arts District Merchants Association and as a consultant with The Arts at Marks Garage. Please stop by and say hi to Ed, and welcome him to our community!

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Technology Changes Everything

Earlier this month, I attended a national convention and legislative seminar on wireless and broadband technology in Las Vegas. Industry leaders shared the latest innovations in mobile communications and policy recommendations regarding everything from personal health tracking, to indoor GPS-like systems, to regulating drones.

Nearly two-thirds of cellular devices are smart phones and this ratio carries across all income levels. People in lower economic levels are more likely to use their smart phones for all computer activity, including applying for jobs. Every job created in this new technology economy creates an additional six jobs. There seems to be no end in sight for app creation.

The amount of data flying through wireless is astounding. High number UHF television frequencies are being converted to wireless to support this crushing demand and it is no wonder cellular carriers encourage users to connect through wifi whenever possible. Five-G transmission speeds were demonstrated. The faster the data come, the faster we want them. It is clear that rapid advances in wireless technology is changing everything and that the workplace for our youth will be much different from our past.

I am hosting a series of Town Hall meetings around the district. Top officials from the State Departments of Agriculture and Health, and members of Surfrider, are joining me to discuss government oversight and regulation of pesticides, and clean water issues relating to cesspools and storm water runoff.

The Waialua and Hauula Elementary School Town Hall meetings will begin at 6:30 p.m. on September 29 and October 1, respectively. If you could not attend, or would like to go back and review the content of these meetings, we will be posting a video recording and related information on our new website, SenatorRiviere.com

Best wishes to Antya Miller as she retires from the North Shore Chamber of Commerce after 17 years as Director. Under Antya's leadership, the Chamber has grown into a vibrant business association and organizes fun annual events. I took my three year old son to the first Haleiwa Christmas Parade in 2002. That little boy is now taller than me and the parade has blossomed, too.

One year, Antya invited me and my family to carry the opening parade banner. That was the year

the rain poured especially hard and lightning lit up the night. Some of the parade participants went home and never started; but off we went. My umbrella seemed like a great idea until the sudden claps of thunder and lightning made me flinch. We got absolutely soaked, as did everyone else in the parade and the surprisingly large number of spectators who enjoyed that memorable community celebration.

My phone number is 586-7330. My email address is SenRiviere@capitol.hawaii.gov. If you still use a fax, you can transmit to 586-7334. Our new website is SenatorRiviere.com. Please visit us in Room 217 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.



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What Is Energy Justice?

By: Blake McElheny

The newly formed Energy Justice Working Group (EJWG) from the University of Hawaii (UH) Law School gathered community feedback from over 50 residents at the Patagonia Haleiwa Store on Saturday, September 19 on a variety of issues related to renewable energy (event sponsored by HanaPohaku LLC). Residents provided strong views on the proposed merger between Hawaiian Electric Industries (HEI) and Florida-based NextEra Energy (NextEra) and also reflected on the impacts the growing utilization of renewable energy is having on the North Shore. Patagonia was the perfect community gathering place as they have recently joined forces with local solar finance company, Kinaole Capital Partners LLC (<http://kinaolecapital.com>), to create a new \$27 million fund to help residents and businesses in Hawaii obtain rooftop solar photovoltaic systems.

The energetic crowd at the gathering and the growing presence of rooftop photovoltaic systems on North Shore homes and businesses is evidence of increasing community interest in a clean and just renewable energy future for this region. In a series of public meetings scheduled on the North Shore the Energy Justice Working Group is providing a general overview of both energy justice and the proposed NextEra/HEI merger. As part of community process the EJWG forms small listening groups so residents can share and discuss their thoughts, opinions, and ideas.

In addition to being the source of all of Oahu's current wind energy production (as well as future utility-scale photovoltaic energy production and proposed off-shore wind energy production), the North Shore was chosen by UH Law School as a template for community-led renewable energy planning for the island of Oahu because of interest expressed by residents for public discussions on renewable energy options, alternatives, and opportunities for community control over energy production and distribution.

Associate Professor Shalanda Baker, Director of the new Energy Justice Program at the UH William S. Richardson School of Law, sees the community meetings as an opportunity to begin a statewide conversation about energy justice. "Energy justice is universal access to affordable, renewable energy," Baker said. "Energy justice is also the implementation of clean energy solutions rooted in democratic, stakeholder-driven processes that equitably allocate the costs and benefits of energy development."

As part of the discussions, the community sessions are offering information on a variety of alternate approaches to energy delivery that are currently under consideration by stakeholder groups across the State. These include: municipal power (owned by local government), energy cooperatives (non-profit tax-exempt organizations like the Kauai Island Utility Cooperative), and off-grid energy generation and storage.

The information gathered by the EJWG will provide the basis for a comprehensive policy report that will discuss the range of community responses, reactions,

and questions about the proposed merger as well as energy delivery within the state. The final report will include policy recommendations for regulators weighing the public benefit aspects of the merger.

The Energy Justice Working Group (EJWG) - which is comprised of Professor Baker and five UH Law students, Sean Aronson, Claire Colegrove, Arielle Kramer, James Strange, and Timothy Vandever - is part of the new Energy Justice Program launching this year within the Environmental Law Program (ELP) at the University of Hawaii William S. Richardson School of Law (<http://manoa.hawaii.edu/energylaw/>).

The mission of the EJWG is to create theories and systems of energy justice for local, regional, and global application—and to prepare leaders to implement them through hands-on courses focused on energy resources, sustainable energy, and energy policy design.

"With a goal of meeting 100% of its energy needs with renewable energy sources by the year 2045, the state is at an energy crossroads," said Baker. "Through the merger listening sessions the EJWG seeks to stimulate dialogue around a variety of themes and issues. The sessions mark the beginning of a deeper conversation concerning the energy transition, energy justice, and energy democracy in Hawaii and for the North Shore specifically."

In December of 2014, Florida-based NextEra Energy (NextEra), one of the largest energy providers in the nation, and Hawaiian Electric Industries (HEI), Hawaii's century-old monopoly utility, entered into a merger agreement concerning the purchase of the Hawaiian electric companies - Hawaiian Electric Company, Inc., Maui Electric Company, Limited, and Hawaii Electric Light Company, Inc. - by NextEra.

NextEra and HEI are now seeking approval from regulators regarding the proposed merger. To gain approval, the state's Public Utilities Commission (PUC) must determine whether the proposed merger is in the public interest. They are expected to reach a decision by June 2016.

North Shore residents will have further opportunities to engage in these discussions and to join the movement for a clean and just energy future. On Tuesday, October 27, 2015, at 6:00 p.m. at McKinley High School Cafeteria (1039 South King Street Honolulu, Hawaii) the PUC will be holding its only Public Listening Session on Oahu. You can also contact the PUC by calling 586-2800, by visiting <http://cca.hawaii.gov/dca> or by "Liking" the Hawaii Division of Consumer Advocacy on FaceBook.

In addition, the community will have the opportunity to get more deeply involved in energy and food systems planning for the North Shore at the Third Annual North Shore Food Summit ("Community Food, Community Energy") October 23 and 24 at Waimea Valley and Turtle Bay Resort. The EJWG will provide some of its preliminary findings at the Summit and will serve as a resource for participants seeking to build community leadership in food and energy issues. More information is available on the Summit at www.northshoreland.org

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PREPARING OUR STUDENTS

I recently participated in the Haleiwa elementary Tsunami evacuation drill and it was a success! Older students helped younger ones to keep pace, while staff sprayed brief mists of water to help students be cool as we focused to reach higher ground in a specific amount of time. Principal Wetzel was one of the crossing guards and every staff member wore a bright vest. The Honolulu Police Department was also present to help with crossing the active roadways and Kamehameha Schools provided access to part of their property for the exercise. Just as Haleiwa Elementary practiced their evacuation route, I invite everyone along our fabled coastline to be vigilant and prepared for a disaster such as a Tsunami or Hurricane.



Speaking of our schools, I am grateful for and recognize all the good that our educational professionals do to prepare our students with life skills. Tsunami drills aside, one initiative that I find common in our schools are technology use. Our schools are receiving technology, but simply receiving the "tech" like tablets and laptops does not end the educational challenge. There are new skills to teach like how to type - and our educational professionals like Principal Wetzel and her Staff at Haleiwa elementary are offering helpful programs to teach typing skills in sessions that start about 45 minutes before school on certain school days. Many other Principals and other educational professionals make great sacrifices to educate and prepare our students.

Additionally, I am working actively with the State Department of Education to help improve our public school facilities. The quality of our facilities

need to match the quality of the education being provided to our students. And with many more initiatives coming to our schools, it only makes sense that our facilities be able to foster the proper learning environment for such rigors borne by our students and teachers.

HALEIWA BOAT HARBOR

Concerns about the lack of construction taking place at Haleiwa Boat Harbor to replace the damaged docks have been received at my office. We contacted the Oahu District Manager of the Boating Division at the Department of Land and Natural Resources (DLNR) and we were informed that the contract to replace the docks is to be done by December of this year. There have been some delays with the project due to waiting on shipment of materials and also assembling of the docks. Additionally, the project contractor had some concerns about bringing in the new docks during a very active hurricane season. But the DLNR has assured us that they will stay on the contractor to ensure that they meet the December deadline. I know that this has caused an inconvenience for harbor users, and I'll continue to check in with the DLNR for status updates. I'll keep you posted as I receive further information.

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Olakino Maika'i

(Good Health)

by Naty Camit Hopewell

Obesity and Medications

In 2013, the American Medical Association classified obesity a disease. It is not only a disease, but it also contributes to other chronic diseases, such as diabetes, high blood pressure, heart disease and high cholesterol. Together, all these diseases account for more than 75% of healthcare costs in the United States.

How is obesity determined? Many of us use the body mass index (BMI) to gauge obesity. BMI takes into account height and weight. One with a BMI between 18 and 25 is considered healthy; a BMI of 35 is considered obese and 40, morbidly obese. In recent years, many people have opted for gastric bypass as a way to deal with excessive weight. Even with this option, people have had to continue exercising regularly and eating correctly to maintain weight loss. People who lapsed eventually regained the weight lost.

Another option is medication. Only one drug, Orlistat, was approved in 1999 for chronic use in weight loss. Phentermine and diethylpropion are only indicated for short term use—3 months. In the last 3 years, 4 additional medications have been approved for treatment of obesity: Lorcaserin, Phentermine/Topiramate, Bupropion/Naltrexone, and Liraglutide. These medications all decrease appetite, unlike Orlistat, which prevents fat absorption. At 1-2 years, the weight loss achieved with these medications ranges from 3.1 to 6.6%. For a person of 250 lb., 6.6% translates to 16.5 lbs. It is also known that without exercise and dietary changes, it is difficult to achieve and maintain this weight loss. Moreover, there are potential side effects. For Orlistat, the most common side effect is increased gas; for Lorcaserin, headache, dizziness, fatigue; for Phentermine/Topiramate, numbness, dizziness, constipation, dry mouth; for Bupropion/Naltrexone, nausea and vomiting; for Liraglutide, gastrointestinal upset—vomiting, diarrhea.

Medications can be an aid in losing weight. Ultimately, however, losing and maintaining weight loss requires lifestyle changes which include the way you think about food, changes in how and what you eat and becoming more physically active. There are no shortcuts.

Talking Story with Tom Jacobs

Common Hawaiian Household Pets

The "Pet" edition of the North Shore News has already been published, but I thought I'd devote my article to a discussion of common Hawaiian household pets anyway.

... starting with that most common pet, the gecko. Most Hawaiian households have geckos, whether they want them or not. In contrast to the Geico Gecko, who walks upright, talks, and sells insurance, our local version is shy, appearing only at night when we're asleep, and is quiet except for a charming chirp once in a while. True, geckos poop in the shower, which some people find off-putting. But all pets have some drawback.

Another common Hawaiian pet is the feral, or wild, cat. We have one that slinks around our yard at night. My wife, who had a cat jump at her as a child, resulting in a fall down a staircase and a broken arm, is understandably put off by cats. She has named our feral cat "Freakin'", as in, "That freakin' cat is on the roof again."

But we keep Freakin' around because he/she/it eats rats. Rats are another pet species. We have 35 coco-palms, so we have lots of rats. Rats make poor pets.

You should consider keeping termites as pets in Hawaii. They are quiet and keep to themselves. The trouble with termites is that they always seem to multiply, and they like to eat houses. Therefore tenting and Sentricon.

We also have roosters, or rather our neighbors have roosters. Roosters serve admirably as alarm clocks, whether you need an alarm clock or not.

Finally, centipedes. It's hard to find anything endearing about centipedes. We've decided to cross them off of our list of desirable household pets.

You may ask ... and it's a good question ... why we don't include in our home more conventional pets like dogs, household cats, bunny rabbits, or even horses. That's because with the crowd of feral cats, geckos, rats, termites, roosters, and centipedes around we don't seem to have room for a dog. Besides, our neighbors seem to have enough (barking) dogs for the neighborhood, just like they have enough (crowing) roosters for the neighborhood.

Maybe just a gecko ...



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Meet Your Farmer: Jeanne Vana, North Shore Farms

By North Shore Chamber of Commerce Agricultural Committee

Jeanne's story of farming on the North Shore is fascinating. She's a horticulturalist, and her farm has served as a demonstration farm for the Hawaii industry shift from large scale plantation operations such as pineapple and sugar, to more diversified, small farms. Her Big Wave Tomato business started in 1997 and consists of raising hundreds of varieties, with a peak season that coincides with the Big Wave Surf Season. Jeanne was able to expand her business in 2003 when her tomatoes became so popular at the KCC Farmer's Market; people would come there just for her tomatoes! Her tomatoes became taste winners at competitions and market-blind taste tests to the point that she expanded again in 2013 and 2014. After many years of hard work, her dreams are finally coming together with Japanese investors taking the business and seed crops from her Waialua Farmers Co-op Farm. These are grown out in Japan, and used as toppings for her Farm to Table Hawaii Pesto Grilled Pizza & Fried Green Tomatoes. This opportunity arose when Japanese dignitaries from Ernie Martin's Sister City were here for the 70th anniversary at Pearl Harbor and raved about her local product. We caught up with Jeanne to learn more about her success story as a North Shore Farmer.

Q: When did you start farming?

A: In 1982 I was hired by Dole as a management trainee, right out of college. In 1996 I helped with the closing of Waialua Sugar and assisted in the commercial development of diversified agriculture in Waialua.

Q: What are the biggest changes you have encountered during your years of farming?

A: The first thing that comes to mind is the rapid growth and competition of farmers' markets. One-

hundred percent of my income comes from the sale of my vegetables, which require 10 acres for farming and the farm sustains two full-time jobs. I never imagined that I would need to learn foreign languages in order to grow and market my product. This has become a reality of operating in a global economy.

Q: How have advances in technology such as, machinery, genetics, or chemicals, affected your farm or competition with your farm?

Over the last few years I have gone to natural pesticides (vs. synthetic pesticides) and I only use these when necessary. The only high tech equipment I have on my farm is my Smartphone.

Q: What are the best parts of farming for you?

A: The independence.

Q: What are the biggest challenges you face as a farmer?

A: Government regulations. For example, the Food Safety Modernization Act. This will require a lot of crop trace-back paperwork and extra time which is something that I, as a single owner-operator of a small business, do not have.

Q: Are there any unique challenges to farming on the North Shore?

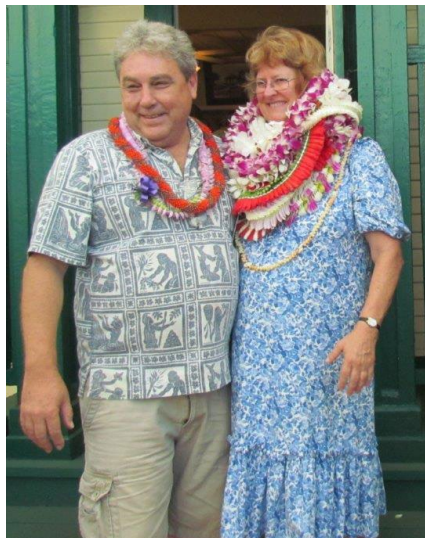
A: I think there is a strong disconnect (on the part of the general public) about how difficult it is to produce food that gets food on the table. With our busy lifestyles, people have drifted away from the process of growing and preparing their own food and meals.

Q: How do you see your role in the community?

A: "Farmer, Helping Farmers, Help Themselves" is my motto and has been my goal since I first started farming in Hawaii. My responsibility, as a 2000 Hawaii Agriculture Leadership Foundation Alumni & Hawaii Farm Bureau County Board Member, is representing farmers. Legislators want to see strong, collaborative, farmer relationships in pursuing funding from the State. They want to see us working together to help our Ag industry grow.

Note: The Chamber's Ag Committee meets once a month. It is comprised of member farmers, but guests are welcome to learn what issues farmers deal with. In an effort to educate the public about some of these issues, the Committee will write periodic articles for the North Shore News. For more information, contact the Chamber at 637-4558 or info@GoNorthShore.org

Antya's Retirement Party



Boyd & Antya Miller.



Ed Korybski, Kalani Fronda & Antya Miller.



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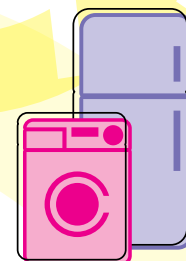


LOCATION: Sunset Beach Elementary School

DATE: Saturday, Oct. 24, 2015 **TIME:** 8:00 a.m.

ITEMS ACCEPTED:

- All types of SCRAP METAL including bicycles and appliances
- Computers, printers, scanners, monitors
- Printer cartridges and toner
- Laptop, game systems, fax machines, cameras
- All types of Batteries
- TVs
- Reusable clothing & household items (Goodwill)
- Used cooking oil
- Paper, Corrugated Cardboard
- HI-5 Glass Bottles & Jars, Aluminum Cans, Plastics (#1 & #2)



PARTICIPATING RECYCLERS:

- ACCESS Information Management
- Goodwill Industries of Hawaii, Inc.
- Interstate Batteries
- InTrade
- Pacific Biodiesel Inc.
- Penske
- Refrigerant Recycling, Inc.
- RRR Recycling Services Hawaii
- Schnitzer Steel
- T & N Computer Recycling Services



The 3R's Recycling Program is a program of the Kōkua Hawai'i Foundation



P.O. Box 866, Hale'iwa, HI 96712
www.kokuahawaiifoundation.org

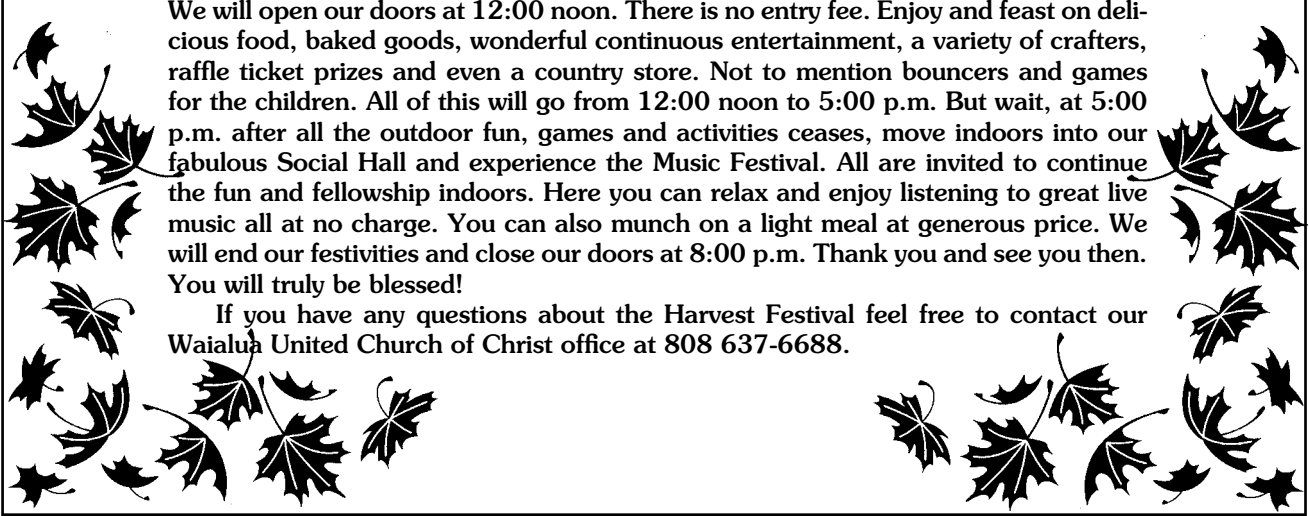
Harvest Festival

Waialua United Church of Christ is hosting a "Harvest Festival" celebration on Saturday, October 10, 2015. It will be held on our beautiful church campus next to the Waialua High School at 67-174 Farrington Highway, Waialua, HI 96791.

Harvest Festival is a celebration of Christians reaffirming the many blessings received by God. We the members of "Waialua United Church of Christ" want to revive and continue this tradition to praise and glorify God. We give thanks and give back by reaching out to our community in Waialua and neighboring communities throughout the island. Everyone is invited to join in the celebration. Experience the presence of God and be a part of his Love, Joy and Peace. Come and feel the power of God and see what God is doing at his little church in Waialua.

So make it a day filled with fun, fellowship and merriment for the whole family. We will open our doors at 12:00 noon. There is no entry fee. Enjoy and feast on delicious food, baked goods, wonderful continuous entertainment, a variety of crafters, raffle ticket prizes and even a country store. Not to mention bouncers and games for the children. All of this will go from 12:00 noon to 5:00 p.m. But wait, at 5:00 p.m. after all the outdoor fun, games and activities ceases, move indoors into our fabulous Social Hall and experience the Music Festival. All are invited to continue the fun and fellowship indoors. Here you can relax and enjoy listening to great live music all at no charge. You can also munch on a light meal at generous price. We will end our festivities and close our doors at 8:00 p.m. Thank you and see you then. You will truly be blessed!

If you have any questions about the Harvest Festival feel free to contact our Waialua United Church of Christ office at 808 637-6688.



Please Join Us!

HALE'IWA TOWN FARMERS' MARKET

Every SUNDAY

10:30 am-2 pm

We are located behind the
North Shore Market off Cane Haul Road.

*Thank you for your continued support
in helping our Local Farmers.
Visit www.hfbf.org for our weekly tip sheet.*





BANZAI NORTH SHORE WIRELESS

WAVE POOL SURFING CONTEST GOES WILD IN WALES!

Red Bull Unleashed goes off in Wales and a Hawaiian won the event. This was a wave pool battle in Snowdonia in North Wales. Albee Layer from Maui beat New Zealand's Bill Stairmand with an audience of 2000 practically touching them. The wave pool was pumping 2-3 foot solid consistent waves and fast radical action surfing was the call of the day. Pool surfing is back and the machines are getting better so stay tuned to a new era of surfing!

CARISSA MOORE IS WEARING THE YELLOW JERSEY AGAIN

In the battle of the women pro titans two time World Champion Carissa Moore killed it at the iconic surfspot, Trestles in California, at the Swatch Women's Pro. Carissa beat Australian Tyler Wright in a close heat and advanced on to a win over Bianca Buitendag from South Africa. Moore now is in the lead for the tour and gets the yellow jersey back indicating she is leading the tour. In other Womens surfing news the North Shore's Mahina Maeda, our current World Junior Champion, has one more event to get points for qualifying to make the World Tour. The Pichilemu Women's Pro in Chile was won by another local girl, Dax McGill last year. Maeda is third in line to qualify and unless she loses first round she should have a good chance!

SEA HAWAII APPAREL CONFIRMS TANDEM WORLD CHAMPIONSHIP

SeaHawaii Apparel has announced their title sponsorship for the Tandem World Championship in Makaha in December. The event will run in conjunction with Mel Puu's canoe, long boarding, SUP Surfing and SUP Squash contests. The tandem teams have qualified through local events and around the world and there will be 16 teams competing. The ITSA Waikiki Tandem Pro at Duke's OceanFest was a qualifier for the event. Last year the Makaha contest went off in giant surf in the ten foot range so all involved are excited for another great performance.

GETTING IN SHAPE WITH JODI K

SUP racer and fitness expert Jodi Kealoha has started her own SUP tour, lessons and fitness business so look for her classes that are right out of Haleiwa. 808 SUP Oahu with Jodi K will offer a different flair to visitors and locals alike. If you want to get in shape call Jodi K at 888-SUP-OAHU and visit her site at www.808supoahu.com. She will be doing down wind tours, SUP Cardio, SUP Race training and more.

Do you have some surf and sports news? A Press Release? Send them to banzaib@hawaii.rr.com. Now you can also follow me on ESPN Radio's Ocean Update report. A hui hou!



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The Friends of Ali'i Beach Present:



THE 39TH ANNUAL NORTHSORE MENEHUNE SURFING CHAMPIONSHIPS

OCTOBER 17th, 18th, 24th & 25th
HALE'IWA, ALI'I BEACH PARK

- *TIME: 8:00 A.M. Please Come Early
- *ENTRY FEE: \$25.00 (ENTER ONE DIVISION ONLY) All contestants receive a contest t-shirt, lunch, goodie bag & other cool prizes
- *DEADLINE: Postmarked by OCTOBER 1ST NO LATE ENTRIES!!!
Drop @ Surf and Sea Hale'iwa by: OCTOBER 5TH
Please sign-up early, space is LIMITED...we will be accepting entries on a "FIRST COME, FIRST SERVED" basis.
Slots could fill PRIOR to the deadline. Once we are FULL entries will no longer be accepted.
- *MAIL TO: Menehune Surf Contest P.O. Box 507 Hale'iwa, HI. 96712
- *MAKE CHECKS PAYABLE TO: FRIENDS OF ALI'I BEACH, INC.
- *INFORMATION: Contest Hotline: (808) 637-2544 (alii) @ 7am
Listen to Surf News Network @ 7am
- *WEBSITE: www.northshoremenehunesurfcontest.com
- *EMAIL: ivykaui@live.com
- *INSTAGRAM: MENEHUNE SURF CONTEST

----- (Detach and Mail) ----- (Please Print CLEARLY) -----

Name of Keiki: _____ Phone: _____

Address: _____ City/Zip: _____

BirthDate: _____ Age On OCTOBER 17 2015: _____

SurfBoard Sponsored: YES___ NO___ Email: _____

PARENT PRINT: _____

PARENT SIGNATURE: _____ DATE: _____

*The above signed parent or guardian and the participant release The Friends of Ali'i Beach, its officers, contest staff, event sponsors, the C&C of Honolulu and the State of Hawai'i from any and ALL liability arising from bodily injury or property damage sustained during this event. Also, the above signed, do hereby grant FRIENDS OF ALI'I BEACH, its successors, assigns and licenses, unrestricted use of my image, my name, my personality and my voice in connection with the use of photography for any and all motion picture, promotional and commercial videos, radio and television purposes, internet, posters and/or performances thereof, including without limitation, the publicity in connection therewith.

CONTEST DIVISIONS: (Check ONE event only) AGE ON 10/17/2015: _____

KOKUA DIVISION: Boy___ Girl___ (For boys & girls, ages 3-6 who need help in the water or on the beach. Non-competitive, everyone receives a trophy)

SHORTBOARD DIVISION: (No Boards longer than 6'6")

Boys/Girls 4-6 ___ (NO assistance)

Boys 7-8 _____

Girls 7-9 _____

Boys 9-10 _____

Girls 10-12 _____

Boys 11-12 _____

LONGBOARD DIVISION: (boards MUST be at least 3' over surfers head, NO GUNS)

Girls 7-9 _____

Girls 10-12 _____

Boys 7-9 _____

Boys 10-12 _____

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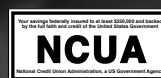
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Blood Bank of Hawaii

The weather may change but the need for blood is 365/24/7. Quarterly blood donation ensures that our shelves will have what patients need, when they need it. Depending on the situation, needs change daily. Ask how to maximize your donation and we'll show you how you can help fill a specific need.

Listed below are the upcoming blood drives from Wahiawa to the North Shore. To schedule an appointment or check on drive information, call 848-4770 or use your computer or mobile device to visit BBH.org. Please note: drives are subject to change.

Friday, October 2, 2015

Wahiawa General Hospital - Bloodmobile

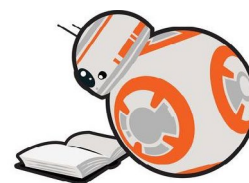
7:30 am-12:45 pm

128 Lehua Street

Sign up to save lives today. The requirements to be a blood donor are simple:

- Be in good health
- Be 18 years of age or older (17 with signed Blood Bank of Hawaii parent/legal guardian consent form)
- Weigh 110 pounds or more
- Bring a valid photo ID with date of birth

To make an appointment or for more information, call Blood Bank of Hawaii at (808) 848-4770 or visit BBH.org.



Tue. Oct 6th 6:00pm

YOU ARE INVITED TO STAR WARS READS DAY!!!

Become an initiate, craft and dress the part, choose your clan, and go through the tough and rigorous training to earn your place as a Padawan, the next step on the journey to becoming a Jedi. Jedi refreshments will be served and little prizes will be provided. Enjoy a fun evening of crafts and games @ the Kahuku Jedi Academy. Adults are welcome to participate in crafts and refreshments.



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is limited to
40 Jedi
Initiates**

**Please
Register for
training!**

**All ages
welcome!**

If a sign-language interpreter is needed please contact the library 2-weeks in advance.

For more information Please call Kahuku P/S Library at: 293-8935



RED READER FOR LIFE

56-490 Kam. Hwy. #293-8935 M, W, Th: 9 - 5 pm; Tues: 12 - 8 pm; Fri: 9 - 3 pm
Hawai'i State Public Library System www.librarieshawaii.org

OCTOBER 2015



Polynesian Voyaging Society Presents: Papa Mau

Friday, Oct. 2, 2015

Call library for more information

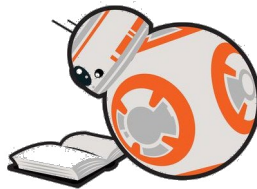
Join us for a movie viewing of Papa Mau and possible director led discussion.

Hokulea collected artifacts will be on display at the library for two weeks :

Sept 28th— October 9th

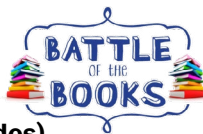
Star Wars Reads: Jedi Academy

**Tuesday, Oct. 6, 2015
at 6:00 pm**



Limited to 40 Cadets.
Call the library to enlist!
All Ages Welcome

**ASK US ABOUT:
KO'OLAULOA'S
FIRST READING
TOURNAMENT (1st-6th grades)**



Ko'olauloa Battle of the Books Activity Night

**Tuesday, Oct. 13, 2015
at 6:00 pm**

D.I.Y. Book Bags: come and meet other Battle of the Books participants. Please call to sign-up, Space is limited

ADOPT-A-BLOCK HOWL-O-WEEN

Party

**Featuring: Uncle Wayne
and the Howling Dog Band**

**Tuesday, Oct. 20, 2015
at 6:00 pm**

**A Potluck Event! Sign up @ the library
circulation desk or call: 293-8935**

Entertainment and fun activities: Keiki costume parade, Jack-o-lantern Contest, and bring your bags for some trick-o-treating around the library!

F.E.L.T.E.R's Club: Holiday Stories



**Limited Spaces; Sign-up Required.
Tuesday, Oct. 27, 2015 — at 5:30 pm**

KEIKI Storytime

**Every Thursday
at 10:00 am**



CLUB

**Every Wednesday
2:00-4:00pm**

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Oct. 14, 2015
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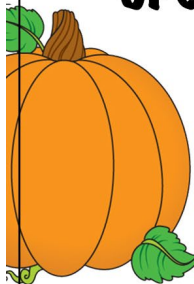
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WAIALUA PUBLIC LIBRARY UPCOMING EVENTS



Forty-Five Faces of a Pumpkin

Look for familiar faces of Halloween soon! 45 different pumpkin images created by the first grade classes at Waialua Elementary School will be on display. This colorful exhibit kicks off on **October 22 at 5PM**, with light refreshments served on the library lanai at 4:30PM. Medallions will be given to each student whose work is on display ... come see where their imaginations took them!

Waialua Crafters **NEW DAY & TIME!**

Wednesday, October 7 at 4:30PM
Bring your current craft project and share tips!

Waialua Writers' Group

Saturday, October 10 at 11AM
Topic of the Month: "A New Religion"

Waialua Used Book Sale

Saturday, October 17 from 9AM to 2PM
Great finds at great prices!

Waialua Reader's Group

Thursday, October 22 from 9:30AM to 11AM
Pick of the Month: "My Old Sweetheart" by Susanna Moore

Waialua Drawing Group **NEW DAY & TIME!**

Wednesday, October 28 at 4:30PM
Bring sketchbook, pencils/pens & an object to sketch!

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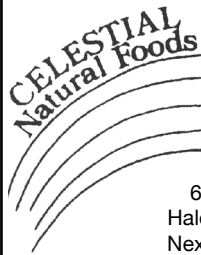
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North Shore News



2015 Schedule

PUBLICATION DATE

EDITION

DEADLINE DATE

October 14	Menehune Madness	October 2
October 28	Health & Wellness	October 16
November 11	Triple Crown of Surfing	October 30
November 25	Thanksgiving	November 13
December 9	Winter Surf	November 27
December 23	Christmas & New Years	December 11

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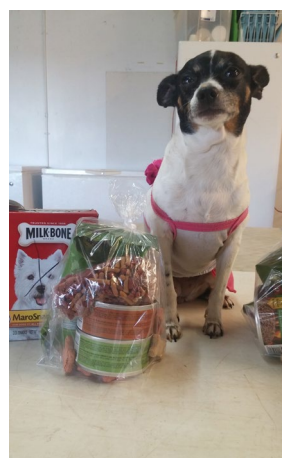
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Sunday School at 9:00 am
Worship Services at 10:00 am

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MAHALO





The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses. Extra copies may be obtained at our office.

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Choon James

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State Representative Lauren Matsumoto

State Representative Feki Pouha

Senator Gil Riviere

Malia K. Evans

Photography

Banzai Productions



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E-MAIL: NSHoreNews@aol.com

PHONE: (808) 637-3138

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Housekeeper, 8 hrs per week
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637-0808

Next Issue - Oct. 14, 2015
Deadline Date - Oct. 2, 2015

Retail Sales Surf & Sea

Hawaii's Ocean Sports Headquarters
is always looking for hard working,
energetic people to become a part
of our sales team. Good pay, bonus,
benefits. Ocean sports experience
and/or bilingual a plus. Apply in
person daily 9am-7pm
62-595 Kam. Hwy., Haleiwa

FOR RENT

Haleiwa Town Center
Space for Lease
636-2222

Office Space
D'Ascoli Bldg (Xcel Bldg)
2nd Fl 412 sqft \$1089.
incl. GET
Call: 799-9135

Office Space \$550./month
12x12 with a sink & waiting
room, next to Paalaa Kai
Bakery 778-8443

TABLES & CHAIRS
780-8037

MISCELLANEOUS

Waialua High School
Class of 1961
YARD SALE
October 10, 2015
8:00 a.m. - 2:00 p.m.
Corner of Kawailoa Dr. & Kam.
Hwy., Haleiwa
LOTS OF GOODIES

ART...IS
Ron Artis Family LLC Arts &
Agricultural Center
Live Art & Live Music
Weekdays 11-7
Saturdays 10-7
Music Lessons Available
By Appointment Only
Call (808) 222-7589
67-202 Kupahu St., Waialua

MAHALO!
Local Business
Waialua Fresh for
donating vegetables
to the Waialua High
School Culinary Class

Harbor Church North Shore In the country for the country Worship Service:

9:30 at the Waialua Recreation
Center off Goodale Ave.
"Story of the Bible"
Bible Study:
Monday nights at 6:30 p.m.
at the Waialua Kapuna Homes
meeting hall

North Shore Food Bank

Food bag distribution
Wednesdays at Haleiwa
Gym across from
Post Office
9am-12pm

OFF da ISLAND

Are you leaving Oahu on vacation
or business? Do you live on a
neighbor island, the mainland or
foreign country and subscribe to
the North Shore News? Try send
us a photo of someone in front
of a sign or landmark holding a
copy of the NSN. Email your photo
along with the person or persons'
name, community of residence,
telephone number and photo location
to: NShoreNews@aol.com.

New Hope Haleiwa

"Anchored to God's word,
led by his spirit" @Haleiwa
Elementary School
9:00am Service
621-9363

Voice of God Ministries

Jesus Loves You
For Prayer
Call 808-373-0294

KU ALOHA OLA MAU

Place of Healing & Recovery
1130 N.Nimitz Hwy #C302
Honolulu, HI 96817
(808) 538-0704
www.kualoha.org

The Big Fix Spay & Neuter

Sunday, Oct. 11, 2015
Cats & Dogs at
NS Marketplace
See Poi Dogs & Popoki
for more information

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Real Estate

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