



“E Ala Na Moku Kai Liloloa”

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NORTH SHORE NEWS October 28, 2015 VOLUME 32, NUMBER 22



Ala Moana 3 Photo: Jesse Valentine

Canoe Clubs Welcome Support for Haleiwa Canoe Halau

By Blake McElheny

Community organizations are requesting Mayor Caldwell’s Administration to authorize the expenditure of the \$500,000 that is already included in the current City Budget (Project Number 2018049) for a design/build contract for the City and County of Honolulu Haleiwa Canoe Halau project. The Canoe Halau is slated to be built in the existing hard-packed, gravel parking area of the 3.4 acre Haleiwa Beach Park

Mauka (HBPM or “Haleiwa Regional Park” near the entrance to Loko Ea Fishpond on the Kahuku-side of the former Jamesons) that has been utilized for parking and canoe/canoe-trailer storage for decades.

The Haleiwa Canoe Halau Project (“Project”) is a long-standing initiative of the two North Shore canoe clubs, Manu O Ke Kai Canoe Club and Haleiwa Outrigger Canoe Club. The Project will be a model City and

County of Honolulu canoe storage facility similar to those at Maunaloa Bay, Ala Moana Beach Park, and Keehi Lagoon. These North Shore canoe clubs serve the communities from Mililani to Laie and therefore the Project enjoys strong support from the City Council, City Council Chairperson Ernie Martin, and a variety of community organizations. Collectively, these two canoe clubs

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Continued from page 1

serve over 350 participants and families as well as students from Kahuku High School, Waialua High School, Leileihua High School, and Mililani High School.

Despite the North Shore canoe club's long-standing service to the families of the Windward side, regrettably there are no City and County of Honolulu Canoe Halau all the way along the coastline from Kailua to Makaha. City and County of Honolulu Canoe Halau provide an important service to the canoe clubs and the public by providing a secured storage area for invaluable koa racing canoes and high value fiberglass racing canoes as well as by providing a safe place for paddlers and canoe clubs to gather. The proposed site at HBPM is well-suited as a living reminder to residents of the ocean-going cultural traditions of this coastline as HBPM is regularly utilized by Malama Loko Ea Foundation participants as well as by Kamehameha Schools students.

According to the recently completed City and County of Honolulu "Feasibility Study for Canoe Halau at Haleiwa Regional Park" ("Study"), the Project will include a 70 foot by 70 foot, open-air design standard that will house six-man canoes, one-man canoes, and includes a storage room to secure ancillary paddling equipment. The Project will also include safety features such as improving the existing hard-packed, gravel parking area at HBPM to better accommodate trailer turn-around and designated parking areas.

Paddlers in this community have been communicating with the City and County for 20 years about a City and County of Honolulu Canoe Halau in Haleiwa and almost had one built in approximately 2003. Some of the current supporters of the Canoe Halau at Haleiwa Beach Park Mauka include: Manu O Ke Kai Canoe Club; Haleiwa Outrigger Canoe Club; Hui O Hee Nalu; North Shore Community Land Trust; Patagonia Haleiwa; North Shore Lifeguard Association; Kamehameha Schools; and the Malama Loko Ea Foundation. Leadership from other organizations such as the Polynesian Voyaging Society, the North Shore Outdoor Circle, and Na Ohana O Na Hui Waa have also expressed support for the Canoe Halau Project.

The canoe clubs and the supporting community organizations are working with the Administration

and the City Council to document how other similarly located City and County of Honolulu Canoe Halau have addressed comparable types of planning, design, and engineering issues (at locations such as Makaha, Kailua, and Keehi Lagoon that share the same flood hazard designations, etc...) that are identified in the City's "Feasibility Study for Canoe Halau at Haleiwa Regional Park." In this regard, with the completion of the Study (as well as the Environmental Assessment and Cultural Inventory documentation produced for the proposed skate park at this site in the past) there is now more information and guidance available for the Canoe Halau Project that can serve to assist the community in completing the effort in a manner that respects and honors its location.

The Haleiwa Canoe Halau Project now needs your direct involvement and support. Together with the continued support of the City Council, paddlers island-wide, and the broad coalition of community organizations, building support from the Mayor will bring the 20-year community dream to reality.

You can email your support for the Haleiwa Canoe Halau Project and a request for the funding to be released to the Mayor and the Parks Department at mayor@honolulu.gov and mnekota@honolulu.gov (or you can call the Mayor at 768-4141). Please also send a thank you email to Chair Ernie Martin at emartin@honolulu.gov for his continued leadership in obtaining City funding for this important initiative for the benefit of the public.

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Bank of Hawaii's Haleiwa Branch Undergoes Renovation

Branch to reopen on Dec. 1

Bank of Hawaii has announced that its Haleiwa Branch, at 66-165 Kamehameha Hwy., is temporarily closed for renovation. It will reopen on Tuesday, Dec. 1.

The refurbished branch will feature a more modern, efficient design, and include Bank of Hawaii's new "easy deposit" ATM, in which customers may deposit cash and checks directly into the machine without envelopes or deposit slips. All services and products will remain the same when the branch reopens on Dec. 1.

The current night depository and ATM at Haleiwa Branch will continue to be available for customers. Throughout the renovation period, customers' accounts, loans and safe deposit boxes will remain at the branch. ATMs are also available at Long's drugstore and McDonald's in the Haleiwa neighborhood. Customers can also continue to do their banking via online, mobile device and by phone.



DEPARTMENT OF PARKS & RECREATION 2ND ANNUAL TURKEY TROT

Mr. Robert Roibal and the rest of the Waialua Complex invite families to participate in the 2nd annual Turkey Trot event at Waialua District Park on Tuesday, November 10, 2015. Registration takes place at 5:30pm with the event to follow. This event is open to children 5 years old, teens, adults and senior citizens. Come join us for a fun night of obstacle course challenge! Contact Robert Roibal at 637-9721 for more information.

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NSN Oahu's Homeless

Although efforts to clear the Kakaako homeless encampment is nearly complete, public health and safety concerns regarding Oahu's homeless population persist. Each of Oahu's nine council districts is dealing with pockets of people trying to find shelter, many who are obviously in need of special services beyond a simple roof over their heads. Tent cities are thriving on the banks of Lake Wilson, on the islands in Keehi Lagoon, and in the scrubland near the Waianae Boat Harbor. Homeless people need help all over Oahu, many in seldom seen areas far away from our urban core. While short term relocations are necessary, it does no lasting good to simply move the homeless from one neighborhood to another.

A poll conducted in July by the Honolulu Star Advertiser and Hawaii News Now revealed that 62 percent of Oahu residents would support a temporary shelter in their neighborhood. However, each community needs to ensure that their concerns are addressed before government takes action. The Council is working with the state and city administration to identify a safe zone in each council district where the homeless can find shelter and social service providers can create a one-stop shop for assistance. Each area would include a hygiene center that includes laundry facilities, restrooms, and showers. Seattle and San Francisco have embraced hygiene centers that appear to be working well and can be used as a model for Honolulu.

Community leaders and state lawmakers are meeting to identify parcels of land and buildings that could serve as safe zones, future sites for shelters or work force housing developments. It would be to the advantage of the business community in each council district to support these efforts as many of the problems created by the presence of homeless people in an area have had an adverse impact on local businesses such as theft and vandalism. To date, the majority of the private sector is absent from the homeless discussion.

Our priority should be getting families with children off the streets, the elderly that are too often too frail to adequately fend for themselves, and finally the drug addicts and mentally ill who are chronically homeless. Families deserve to be our top priority as parents can become overwhelmed with the challenge of providing for their children. Growing up in homeless encampments, children are not likely to escape the cycle of poverty and, without

an education, are more likely to engage in criminal activity to survive.

Safe zones are meant to be transitional areas where those that need assistance can obtain it and eventually move into permanent housing or one of Oahu's 53 homeless shelters. The Council is also reviewing the sit-lie ordinances and looking for ways to make them applicable island wide. We need to be compassionate but firm. No one, regardless of their circumstances, has the right to claim ownership of our public places or threaten others for challenging that claim. Oahu's public spaces should be safely enjoyed by all residents and visitors.



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Kahuku HI, Angela Pirrone of Kama'aina Bookkeeping Services, LLC recently announced major restructuring of her business to include a QuickBooks® Training Division.

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for
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**Thursday, November 5, 2015
6 p.m.-8 p.m.**

Waialua High & Intermediate School Cafeteria

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North Shore Watershed Management Plan
For more info: nswmp@group70int.com*



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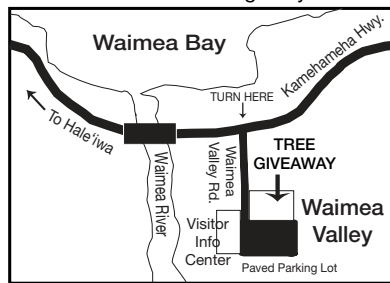
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Letters to the Editor

Dear Editor,

Surfing, fishing, teaching our children about the ocean and the environment, spear-fishing, gathering limu and opihi, star-gazing, learning about cultural sites, going swimming, hanging out at the beach, and checking the surf with friends are all activities that are an important part of our lifestyles and culture on the North Shore of Oahu. The 3-acre City and County owned public parking area at Laniakea Support Park serves as a key staging and gathering area for these cultural practices and is integral to their implementation.

As the State of Hawaii Department of Transportation (DOT) is in the process of planning the Kamehameha Highway realignment and examining whether other alternatives such as the proposed "Wriggle Road" (moving the parking to the makai side) will be feasible, the DOT is also in the process of applying for a SMA (Special Management Area) permit to potentially reinstall some form of the barriers at Laniakea or otherwise improve the existing situation. Depending on the approach they select the DOT will either: a) allow continued modest access while improving safety and transportation or b) permanently prohibit access to this important, historic gathering and staging area.

As part of the permitting process, the DOT is required to undertake a CIA (Cultural Impact Assessment) survey. According to their subcontractor Cultural Surveys Hawaii (CSH) "The purpose of the CIA is to gather information about the project area and its surroundings through research and interviews with individuals that are knowledgeable about this area in order to assess potential impacts to the cultural resources, cultural practices, and beliefs identified as a result of the planned project."

The City-owned public parking area is the only legal alternative for the hundreds of surfers, fishermen and other beach-goers who use this coastal area each week as there are no other officially designated places to legally park to access this area and its resources. All other currently allowed parking in the vicinity is "ad hoc" and "opportunistic" on the shoulder of Kamehameha Highway, very close to the busy roadway.

The public's ability to use this public parking area is critical to beach, ocean, and cultural access in this area and any elimination or reduction of access and parking will have a significant detrimental effect on the cultural and recreational activities which have been enjoyed by residents, families, and visitors at Laniakea for many decades.

Therefore, Cultural Surveys Hawaii is seeking your assistance and guidance gathering certain types of information:

a. General history and present and past land use of

the project area.

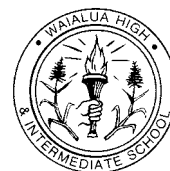
b. Knowledge of traditional cultural and gathering practices in the project area, both past and ongoing.

c. Referrals of kupuna and kama'aina who might be willing to share their cultural knowledge of the project area and the surrounding 'ili.

Please contact the researcher Nicole Ishihara as soon as possible to share your knowledge and your experiences concerning the project area. You can contact Nicole at nishihara@culturalsurveys.com or (808) 262-9972. If you prefer, you can send your comments to CSH, PO Box 1114, Kailua, HI 96734.

Sincerely,

Kamaki Worthington, Hale'iwa



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Talking Story

with

Tom Jacobs

A New Face in Town

Ed Korybski Takes Over As North Shore Chamber of Commerce Executive Director.

A couple of issues ago we interviewed Antya Miller, long-time and outgoing executive director of the North Shore Chamber of Commerce. It seemed time to do a piece on her successor in the job.

We found Ed Korybski in “the house that Antya built,” the iconic 1920s Telephone Exchange Building that Antya and the Chamber had moved to the Haleiwa Gym’s grounds and completely refurbished and remodeled. Ed was dressed in “North Shore Executive Chic,” a knit polo shirt and Bermuda’s over running shoes. He looked fit and youthful. We got right to a North Shore News (NSN) interview:

NSN. Tell us a little about yourself, Ed.

Korybski. I was born in Patterson, New Jersey and graduated from Rutgers University with a degree in Economics. A couple of years at General Motors convinced me that I was not cut out for the corporate life. So I joined the Peace Corps and spent two years in the Ukraine in the mid-90s. After that I moved to the Washington, D. C. area and worked for a couple of years for an economic development non-profit outfit. Then I completed an MBA. After that I worked for another small business nonprofit for a while before coming to Hawaii, where my wife grew up. I went to work in a leadership position for the Honolulu Culture and Arts District, another nonprofit organization that worked to improve the economic and cultural status in the Hotel Street and Nu’uanu – the Chinatown - area of Honolulu. When that area project accomplished many of its goals the organization seemed redundant and the nonprofit declined.

NSN. So you worked yourself out of a job.

Korybski. (Laughs). You could say so. Anyway, this position came up. I applied for it and was fortunate enough to be selected.

NSN. What attracted you to the North Shore Chamber? Certainly it wasn’t the money.

Korybski. (Another laugh) No. My wife has a great job managing the Waikiki Community Center. I saw this position as a chance to make a difference.

NSN. Make a difference. How?

Korybski. I think that the North Shore Chamber of Commerce should have three goals. The first is to connect people and build “community.” Examples are the annual Christmas parade and party, networking gatherings, and beach cleanups. The

second is to create a “sense of place.” Examples are historic structure renovations, like this building, the Waiialua Court House, and the Anahulu Stream Bridge. You ... we ... have a project to recognize historic buildings with an historic plaque. We did just that on twenty-five buildings in Chinatown. Haleiwa is a special place. The North Shore is a special place. The local folks feel it. Everyone should feel it. The third goal is to insure economic vitality while preserving our rural character. To stay true to our roots.

NSN. Do you see any specific near or long-term goals?

Korybski. Sure. Walkways along Kamehameha Highway in Haleiwa is a long-term project that is finally getting some city money. The Laniakea bypass is a long-term project that unfortunately promises to remain long-term. Preservation and increase of our agricultural land is ongoing. I think that the clean-up of Lake Wilson so that its water can be used for wholesale irrigation is key to ag. I want to encourage what I call “inter-modal transportation ... bicycles, local bussing, and other ways to ease the crush of car traffic out here. Lots of others.

NSN. An ambitious list.

Korybski. (A third laugh). Talk is cheap. Only time will tell how well we do.





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SAVE THE DATE!

The North Shore Chamber of Commerce will hold its annual Christmas Party, Award and Auction at Turtle Bay Resort this year on Wednesday, December 2nd.

This wonderful holiday event celebrates the people who have made lasting contributions to our North Shore community through the North Shore Kama'aina of the Year award. This year the award will go to Joe Green of Surf N Sea for his support of many community charitable organizations including Haleiwa Main Street/North Shore Chamber and for preserving the iconic Surf N Sea Building and business which is celebrating its 50th anniversary.

**North Shore Chamber of Commerce's annual Christmas Party and Auction
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Wednesday, December 2, 2015 at 6:00pm: no-host cocktails, awesome auction, and tribute to the North Shore Kama'aina of the Year
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For more information, call the North Shore Chamber of Commerce at 637-4558 or go to www.GoNorthShore.org



Photo of a corn earworm at our Kunia farm.

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Olakino Maika'i

(Good Health)

by Naty Camit Hopewell

Depression

Depression affects 1 out of 5 people. It is a serious problem because it affects a person's effectiveness at work and his/her personal life. What is depression? It is a biochemical imbalance in the brain that affects a person physically, mentally and emotionally. Physical symptoms can include headaches, stomachaches, backaches, poor or too much sleep and fatigue. Mental symptoms can include poor memory, decreased concentration, difficulty focusing and making decisions. Emotional symptoms can include feelings of sadness/depression, feeling overwhelmed, crying, irritability, loss of feelings of pleasure and anger. The combination of symptoms leads to social isolation because it is too difficult to interact with others under these circumstances.

What triggers the imbalance? Usually, a combination of factors contributes to depression.: family history of depression (including alcohol/drug abuse) and a situation such as a death in the family, divorce and loss of job. Occasionally, there is no specific trigger. Depression can creep up on people; consequently, it is not recognized until the symptoms intensify and can no longer be ignored.

The good news is that medications have improved since the late 1980s and people are successfully treated with a combination of medications, counseling and other modalities such as exercise and a healthy diet. The most frequently used medications are the SSRIs or Selective Serotonin Reuptake Inhibitors. Sometimes, a person has to try more than one until the right effect with the least side effects is found. Remember that the process to recovery is slow, averaging about 9 to 12 months. Exercise, which helps stimulate the production of chemical neurotransmitters, is an essential part of treatment and serves as "maintenance" even after medications and counseling are discontinued.

Shannon Ayonon, LMT

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North Shore Sports Therapy massage is a hidden gem located at 66-935 Kaukonahua Road, Suite 203 right next to Paalaa Kai Bakery in Waiialua. The owner, Michele Czar started her career in the 1984 USA Olympics and still serves on the USA Olympic Sports Medicine Society. She has since worked with many world champion athletes such as Triple Crown of Surfing, Australia's Rip Curl World Surfing Team, Outrigger Canoe Club, USA Olympic gold medal athletes and still continues to work for various Olympic events. Michele also worked as the massage therapy coordinator for many sports teams and schools, including the Pro Bowl, The Special Olympics, Team Hawaii Triathlon Team, and has been the Director and Instructor for Massage Therapy at Remington College, not to mention the exercise coordinator for many hotels throughout Hawaii. She has more than 20 years under her belt working in the fitness industry. Michele specializes in Sports Therapy Massage as well as Swedish, deep tissue, pre and post natal, neuromuscular dynamics, and acupressure massage. North Shore Therapy Massage has a passion to assist individuals in improving their health and well being. Starting in December Michele will also be providing licensed nutritional consultations. Michele's daughter, Zahava also works in the building and is considered

Michele's protege, or as Michele likes to say "the new and improved version." Zahava started her career as a chiropractic assistant in L.A. and has since followed in her mother's footsteps. She also does sports therapy massage and specializes in different types of bodies ranging from fine tuned athletic bodies to battered bodies. Zahava is very passionate about her work and gets a rush when she sees the tangible results.

They are currently running a surf season special rate for fifty five dollars for an hour massage until the end of the year.

North Shore Sports Massage

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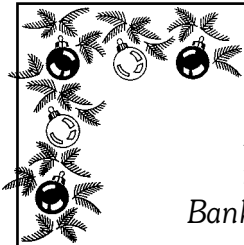
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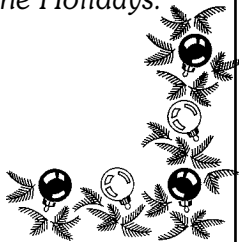
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322 SURFERS & 32 COUNTRIES COMPETE FOR GOLD

The International Surfing Association held their Junior Championships in California this month. Team Hawaii surfed well and took the bronze medal home. Team U.S.A. won the gold with France in 2nd and silver, copper went to Australia, Japan was fifth. Italy's Leonardo Fioravanti and France's Tessa Thyssen were the big winners in the 18 and under division. Defending champion in 16 & under Mahina Maeda made the tough 18 final and took a fourth. There is a lot of interest lately in Tia Blanco who took a second and the silver in the 18 division. Blanco lived here in Hawaii before going to the West Coast to pursue her surfing career. Hawaii's big winner was Summer Macedo. Macedo won the 16 and under girls division for team Hawaii. She was born and raised in Lahaina, Maui and it seems is under the radar of World Title hopefuls. But this young lady has the talent. A big congrats to her. She could be one of the first to compete in the Olympics in Tokyo in 2020. Italy was 27th overall when points were totaled up. There were 32 countries and 322 competitors and tons of coaches and organizers making this event one of the best in the world!

TOKYO OLYMPICS COMMITTEE 2020 RECOMMENDS NATURAL WAVES

The International Olympic Committee in Japan has made a statement that if surfing is included in the Tokyo Olympics in 2020 that Surfing take place on "natural ocean waves". The ISA President, Fernando Aguerre, followed up with a statement, "We are delighted that Surfing will take place on natural waves if it is admitted. We hope to bring the unique style and culture of Surfing to the games and create an amazing 'beach party' atmosphere providing unforgettable memories for athletes, spectators, broadcasters and fans around the world."

PROTECT OUR REEFS, USE ORGANIC SUN BLOCK

According to scientists our ocean water around the islands is the hottest on record and causing bleaching of our living coral. The Department of Land and Natural Resources (DLNR) and the National Ocean and Atmospheric Administration (NOAA) have issued alerts regarding the record ocean temperatures in state waters and the subsequent coral bleaching. They are monitoring the reefs and are asking for the public's help in locating living coral that is bleaching. The "Eyes of the Reef" reporting web site has been established. Here is the web site to go to, <http://eorhawaii.org>. Also recent reports have stated that sun block in the ocean is also a problem as the chemicals effect our living coral reefs. They recommend organic sun block!

PEACOCK RUN A LONG 50K & 100K

Elite runners recently ran the Peacock race in and near the Mokuleia Forest Reserve. This is 50 and 100 kilometers of tough trails and jeep road. The race was grueling this year hampered by rain, mud, heat & humidity. It is also a beautiful run with sweeping views of the North Shore. The 100k race was won by Alex Nunn of Honolulu with a time of 11:51:59 and a women, Sylvia Ravaglia, came in second at 15:08:11, she is from Kamuela. A big congrats to local runner Nathan Burgoyne. He braved the 100k run and came in a respectable tenth place with a time of 18:33:06!

ESSENTIAL OILS FOR OCEAN ATHLETES

Heidi Burgoyne is known on the North Shore for being one of the top SUP racers and lately for her knowledge of essential oils. She has been studying essential natural oils and there benefits for some time and recommends these to her athletic customers. Try "deep blue". This blend of oils helps relax muscles which gives

more mobility and decreases the chance of injury and is also great for recovery. Lemongrass oxygenates the blood and is a strong anti-inflammatory aid for joints and ligaments. Roman chamomile oil broadens your visual awareness to keep you present in the moment. Sold! Learn more at essentialoilsforathletes.com.

PIZZA BOBS WILL BE SUPPORTING TANDEM IN HAWAII

The SeaHawaii Tandem Surfing World Championship is coming up fast and another great company has signed on to support the event. Pizza Bobs is on board to welcome teams from all over the world compete for the international title at Makaha Beach in December. This event is in conjunction with Bradah Mel's Watermen Championship and will be the first two week-ends. The SeaHawaii Tandem is an invitational but entries are open for long boarding, sup surfing and sup-squash surfing.

Want to sponsor email me and or do you have some info, a scoop, press releases? Send them to banzaib@hawaii.rr.com. Aloha!



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African Plants at Waimea's Botanical Collection

By David Orr, Botanical Collections Specialist, Waimea Valley on O`ahu's North Shore

There are several large fig trees and baobabs along the road to the waterfall, but much of Waimea Valley's collection of African plants is in the lowest part of the north valley. This garden survives without irrigation and was planted around the old ATV training course, which has been out of use for over 20 years. We maintain some valuable hardwood trees in this rarely visited area: *Acacia melanoxylon*, African blackwood, the best wood for musical instruments (like Eric Clapton's guitar which he has to declare at international borders because of its valuable wood). There's also the African breadfruit, *Treculia africana* and other fruit trees. Some were donated by a missionary from Zaire who was publishing a book about little-known Zaire fruits when he visited in the 90's. The amber tree, *Trachylobium verrucosum* is responsible for the vast deposits of copal, fossilized amber found in East Africa.

Fortunately, some of our best African plants can be seen at the edge of the employee parking lot. After some cola nut and coffee trees, there's a shiny-leaved, spring-flowering shrub/tree in the Brazil Nut family. *Napoleonaea imperialis* makes a small, but beautifully complicated flower commonly called "Napoleon's Hat". It was discovered and named by French soldiers in 1804 in honor of their emperor. The small red and white flowers have a yeasty scent. The top of the flower is shaped like a bowl with two circular ridges, and the bottom half resembles the skirt of a jellyfish as it almost hides the branch from which it grows.

About 60 ft. away, two giant trees across from the Administration building will be in bloom for the next month. Their colorful flowers resemble Christmas tree ornaments with three extended wings, and they only appear for about a month after the long leathery leaves drop off. The African Nutmeg tree

is not related to the nutmeg of commerce, but the seeds in the volley-ball sized fruit have the same chemistry, and they can be used as a substitute. This tree, *Monodora myristica*, is in the same family as the soursop.

The 'Ele haha stream which drains water from the north valley, flows behind those two African nutmeg trees on its way to the estuary. Only about 50 ft. downstream, a giant Ackee tree is growing behind the stream. This tree, in the same family as lychee and longan, produces a fruit which is poisonous if eaten before or after it's perfectly ripe – the "fugu" of the fruit world. *Blighia sapida* was named for Captain Bligh of the Mutiny of the Bounty, who first brought fruit of this African tree from Jamaica to the Royal Botanic Gardens at Kew in England. The yellow fruit starts to blush red as it splits open, revealing the edible (at times) aril resembling scrambled eggs which cling to the black, shiny seeds (Most of the fruit are too high to reach on our only tree in the Valley).

Also on the far side of the stream are several small Velvet Seed or Mgambo trees from East Africa which are now making their inedible fruit. As they dry, the reddish pods split open presenting fuzzy grey seeds along the edge. You will recognize these from haku lei or dried plant arrangements. The species name of the Latin binomial, *Majidea zanzebarica*, is a corruption of Zanzibar, the East African island in its native range.

The flowers of the vining *Strophanthus preussii* plant have long red streamers growing from the tips of each of its five petals. The sap of this plant in the plumeria family is used for poison arrows. Two of these vines have been planted to grow on a blue-flowered legume tree on the right before the first bridge.



Red Rhythm Nation Raises Its Voice

Story By: Jorene Barut.

The new teacher struck a chord. In less than one year, students flocked to her classes to the tune of a 49 percent increase in enrollment, more than doubling the number of classes from four to nine and hiring another teacher to handle the growing interest.

What made nearly one-fourth of Kahuku High and Intermediate's total student body register in droves? Jacosa Limutau-Ainuu's choir program, which offers everything from Bruno Mars-style choreography to hip-hop, jazz, classical and rock music to performances and competitions.

Some 340 students attend at least one of three courses offered in nine separately held classes: high school choir, intermediate choir and vocal motion. Newest choir teacher Amy Gold instructs four classes.

The power of a great leader, who can hit all the right notes and motivate a tough audience, is evident in the spiked numbers of happy participants, teachers and classes in choir director Ainuu's program. She came to KHIS from California last school year, bringing more than 10 years' experience in directing high-profile musical productions, performing and teaching.

A Kahuku native, Ainuu has taught private voice and piano lessons, and music at the elementary, middle, high school and college levels. She's managed large theatrical productions and soloed at hotspots including House of Blues Los Angeles. Along the way, she earned director-category awards and placed in annual jazz festival competitions in Monterey and Santa Cruz, Calif., and Reno. She also coordinated a Gladys Knight tour.

"My first year at Kahuku was challenging with about 50 students per class," Ainuu said. This year, the classes average about 40 students.

The vocal motion class is also the name of the school's competition-level group. "These students perform the most difficult material," said Ainuu, who obtained a music-education degree from Boston University. "They're expected to be program leaders, help behind the scenes, choreograph, hold after-school rehearsals, and travel to festivals and competitions."

Last year, Vocal Motion performed at the Lokahi Festival in Honolulu. This school year, Ainuu plans to enter it in California's Anaheim Heritage Festival and Columbia College Jazz Festival. Recent performances include a September 11 tribute, and shows at schools and football games.

Whether onstage or in class, students practice what their choir teachers preach. Intermediate choir class teaches students the basics of music reading, vocal technique, music history, focused listening, choreography and staging. High school choir covers the same areas at a higher level. In one class, Ainuu informally introduced more challenging techniques and repertoire, normally reserved for advanced choir classes.

One of Ainuu's goals is to formally add an advanced high school choir class as a training ground for the competition-performance group, Vocal Motion. She'd also like to add another Vocal Motion-type group.

"With all the interest and the tremendous talent at KHIS, there's no reason we couldn't have two advanced choirs and two top-performing groups," Ainuu said. "We need scaffolding to prep kids for more advanced training. I'm trying to build in levels so that students can work through a progressive program and qualify for Vocal Motion."

Tweaking the choir program and ensuring stability with more supports resonates with students. "What I like best is that I get to express myself the way I want, which is through music," said senior Amelia Faleta, Vocal Motion choir president. This year, she's enrolled in vocal motion and high school choir classes.

Laie resident Ainuu attributes the quick success of her program to four reasons. They are: genuinely caring about her students; encouraging an environment that's clean and tidy with supportive behavior toward fellow classmates; having high expectations of herself and the students; and letting them choose the music for their classes. "Involving them in the process creates buy-in on their end, so they're open to learning," she said.

As focused and ambitious as Ainuu is, "Nothing should be more important than how a human being is doing," she stated. "I try really hard to notice and understand each student, and make them feel loved and appreciated."

"I like that we can do any style and genre, and highlight every person in the group," said vocal motion student Samuel Workman. "It's a fun dynamic when we make good music together." However, "what's most challenging is that you're working with some of the best talent in the school, which can also mean the biggest personalities, so there can be some drama and lack of focus. But if you can harness that in the right way like we have, it's awesome."



Vocal Motion Men perform in 2015. Photo by Siana Burgess.



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November 2015

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Ko'olauloa Battle of the Books Activity Night: Poster Making

Tuesday, November 17, 2015 at 6:00 pm

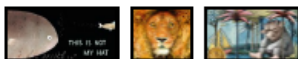
Battle of the Books Poster Contest
Grades 5th—6th: *Theme: Choose Kind!*
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Grades 3rd—4th: *Theme: Family*



Grades 1st—2nd: *Theme: Animals*



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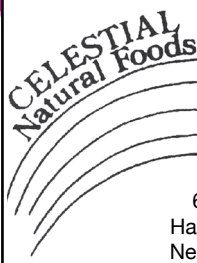


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| PUBLICATION DATE | EDITION | DEADLINE DATE |
|------------------|-------------------------|---------------|
| Nov. 11 | Triple Crown of Surfing | Oct.30 |
| Nov. 25 | Thanksgiving | Nov. 13 |
| Dec. 9 | Winter Surf | Nov. 27 |
| Dec. 23 | Christmas & New Years | Dec. 11 |

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WAIALUA PUBLIC LIBRARY UPCOMING EVENTS



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Look for the familiar faces of Halloween! 45 different pumpkin images created by the first grade classes at Waialua Elementary School are now on display. Medallions have been given to each student who participated. This colorful exhibit ends November 3...come see where their imaginations took them!

Pumpkin Tales

Join us with your keiki on **Saturday, October 31 at 10AM**. All keiki are invited to dress up like their favorite storybook character. The morning will be filled with stories of harvest and pumpkins, complete with a puppet show, a piñata named Jack, and decorating (then eating!) cupcakes.

Honolulu Brass Quintet Performance

Tuesday, November 3 at 10AM

Waialua Crafters NEW DAY & TIME

Wednesday, November 4 at 4:30PM
Come share a current craft project



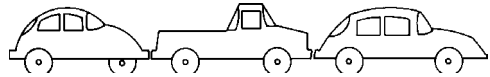
Waialua Writer's Group

Saturday, November 14 at 11AM
Pick of the Month: "Children's Story Telling"

Waialua Library Book Sale LAST OF THE YEAR

Saturday, November 21 from 9AM to 2PM
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- Naty Hopewell
- Choon James

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Luibuenos Mexican & Latin
Cuisine. Now hiring:
dishwashers, cooks, preps,
AM/PM and all front of house.
silva@luibueno.com

Housekeeper, 8 hrs per week
beachfront home
637-0808

P/T Secretary
Computer skills required
(Word & Excel)
email resume to:
holly96712@gmail.com

Immediately opening for
P/T salesclerk. Women's clothing
store in Haleiwa,
no experience necessary.
Apply at Dawn's Treasures
66-226 Kam Hwy
10am-5:30pm
636-2424

Volunteers needed
to help with house
renovations & yard
clean-up. Call 753-5588

Retail Sales Surf & Sea

Hawaii's Ocean Sports Headquarters
is always looking for hard working,
energetic people to become a part
of our sales team. Good pay, bonus,
benefits. Ocean sports experience
and/or bilingual a plus. Apply in
person daily 9am-7pm
62-595 Kam. Hwy., Haleiwa

FOR RENT

Haleiwa Town Center
Space for Lease
636-2222

Office Space
D'Ascoli Bldg (Xcel Bldg)
2nd Fl 412 sqft \$1089.
incl. GET
Call: 799-9135

Office Space \$550./month
12x12 with a sink & waiting
room, next to Paalaa Kai
Bakery 778-8443

Spaces for Rent
Waialua N.S. Office, shaping
rooms, light & industrial work
spaces, storage, etc.
Call Edith 778-5332

TABLES & CHAIRS 780-8037

MISCELLANEOUS

ART...IS
**Ron Artis Family LLC Arts &
Agricultural Center**
Live Art & Live Music
Weekdays 11-7
Saturdays 10-7
Music Lessons Available
By Appointment Only
Call (808) 222-7589
67-202 Kupahu St., Waialua

CAR WASH
October 31, 2015
9am-1pm at the WCA.
All proceeds go to the
North Shore FoodBank

Laie Yard Sale Fundraiser
Saturday November 7
10am - 4pm
Laie Elementary School Yard
For info call 627-2037 or
email: KeepLaieCool@gmail.com

Haleiwa Art Walk
Saturday, October 31, 2015
6:00pm - 9:00pm
Haleiwa Town

Waialua Farmers Market
Waialua Sugar Mill
Saturdays, 8am - 12pm

FUNDRAISER

Donate \$15.00 to
Team Rita's Cancer Fund &
receive a 5 oz. bottle of Ron
Frederico's organic non-GMO
pepper sauce "available at the
North Shore News."

The DLNR, Div. of Forestry &
Wildlife announces the opening
of the 2015-2016 game bird
hunting season on Sat., Nov. 7,
2015- Sun., Jan. 31, 2016. For
information call (808) 587-0166

North Shore Food Bank

Food bag distribution
Wednesdays at Haleiwa
Gym across from
Post Office
9am-12pm

OFF da ISLAND

Are you leaving Oahu on vaca-
tion or business? Do you live on a
neighbor island, the mainland or
foreign country and subscribe to
the North Shore News? Try send us
a photo of someone in front of
a sign or landmark holding a
copy of the NSN. Email your photo
along with the person or persons'
name, community of residence,
telephone number and photo loca-
tion to: NShoreNews@aol.com.

Voice of God Ministries

Jesus Loves You
For Prayer
Call 808-373-0294

KU ALOHA OLA MAU

Place of Healing & Recovery
1130 N.Nimitz Hwy #C302
Honolulu, HI 96817
(808) 538-0704
www.kualoha.org

HARBOR CHURCH NORTH SHORE

In the country for
the country
Worship Service
9:30 a.m. at the Waialua
Recreation Center
off Goodale Ave.

Next Issue - Nov. 11, 2015
Deadline Date - Oct. 30, 2015

Your Local Ace, want to Treat you to

\$10 off*

your next purchase of \$50 or more

Pioneer Ace Hardware

Hurry in! Offer ends November 15, 2015!



\$9.99

LED Bulb 2/ Pk.

60 watt equivalent. Lasts 16+ years. Reg. Retail \$15.99 3494218 Limit 5 at this price.



\$19.99

DIMMABLE Premium Quality LED Reflector Bulb 2/Pk.

65 watt equivalent. Last 22+ years. Reg. Retail \$21.99 3494226 Limit 5 at this price.



\$12.99

Contractor Trash Bags

42 gal., 20 ct. or 55gal., 15 ct. 6038574.6093082 Limit 3 at this price.



\$6.99

Ace Lawn Rake

30" Poly Lawn Rake Reg. Price \$14.99 7012057 Limit 5 at this price.



Offers are available only at Pioneer Ace Hardware. Product selection/color, sale items, prices and quantities may vary by store. Some items may require assembly. Return and "rain check" policies vary by store; please see your Ace store for details. Product selection and prices at acehardware.com vary from those in this advertisement. Prices are valid through November 15, 2015, while supplies last. See store for details and additional exclusions.

*Exclusions: Ace stores are independently owned and operated. This coupon is good only in-store at participating Pioneer Ace Hardware locations. Limit one coupon per customer. Must present this ad to receive offer. Discount applies to regular priced, in-stock merchandise only. May not be combined with other promotional offers. If a minimum purchase is required, such minimum is calculated after Rewards redemption is applied and before tax. Not valid online or for sale or clearance priced merchandise, in-store services, Ace gift cards, grills, Weber® branded products, lumber and building materials, propane or previously purchased merchandise. Additional exclusions may apply. See store for details. Coupon void if copied, transferred and where prohibited. No cash value.



Pioneer Ace Hardware 930 Kilani Ave Wahiawa, HI 967862102 (808) 622-7001

Store Hours: Mon-Sat 7-6, Sun 7:30-5:30

Pioneer Ace Hardware 66-134 Kamehameha Hwy. Haleiwa, HI 96712 (808) 622-7002

Store Hours: Mon-Sat 7-7, Sun 7:30-5:30 www.hawaiiacehardware.com

Pioneer Ace Hardware 55-510 Kamehameha Hwy. Laie, HI 96762 (808) 622-7003

Store Hours: Mon-Sat 7-7, Sun Closed

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