

Waialua High & Intermediate School Staff

Waialua High and Intermediate School **Welcomes New Principal**

the new principal (TA) to Waialua High and Intermediate School (WHIS) and to our North Shore community. Mrs. Alexander says she is honored and excited to join the Waialua community and looks forward to meeting the students and their families in the new school year. If you would like to discuss

Welcome Christine Alexander concerns, have ideas or experiences to share or simply want to "talk story" please feel free to stop by Waialua High School or make an appointment by calling the main office at 637-8200.

Mrs. Alexander would like to give a "shout out" to the community, "the North Shore community has shown immense support and

kindness to our WHIS. Thank you to Susan Smith from Haleiwa Mc-Donald's, Jessie Radovich from Dupont Pioneer, Cholo's Homestyle Mexican Restaurant, Spaghettini Haleiwa and Paalaa Kai Bakery for providing our faculty and staff lunches as they prepared all week to get ready for their students. What a fantastic way to start off the new school year!"

Permit No. 1479 Honolulu, Hawaii U.S. POSTAGE PAID ONAGNAIS **PRE-SORTED**

21739 IH , 6wi'916H 012 stiul , wh shamehameh 754-88

PROUDLY PUBLISHED IN Hale'iwa, Hawai'i Home of Haleiwa Joe's



OFF da Island in Yosemite Valley, California

North Shore residents Bill and Cara Ballard pictured here with daughter Daysha and Cara's brother Krishna Hemperly in beautiful Yosemite Valley. They spent the week camping, hiking and visiting family. Daysha brought along a copy of the North Shore News to remind her of the good times back on Oahu's beautiful North Shore. For more information on the OFF da Island campaign turn to page 23.







MORE UPCOMING EVENTS

HALEIWA FARMERS' MARKET

Join us every week and help support local farmers and artisans at our award-winning farmers' market!

PLANT SALE

Saturdays, 8am - 12pm

Shop the Waimea Valley nursery for plants and flowers from our world-class botanical gardens

C DINNER BUFFET/MOON WALK Saturday 8/20, 9/17, & 10/15

Dine at The Proud Peacock and experience the Valley at night! Menu, times, and prices at <u>waimeavalley.net</u>

LĀ 'OHANA FAMILY DAY 3RD Sunday Every Month

50% off kama'aina and military family admission -Plus, free kama'aina keiki admission every Wednesday!



On the North Shore Across from Waimea Bay

Open 9am - 5pm Daily • Call: (808) 638-7766

WAIMEAVALLEY.NET

WHERE HAWAII COMES ALIVE

COME

THE CHI

SA

Y FO

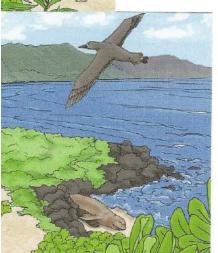


1st Friday of every month!

COME ON DOWN to the Hukilau Marketplace for great deals and family fun. We're a unique gathering place filled with wholesome entertainment, island shopping, and dining experiences reminiscent of historic Laie town. Visit HukilauMarketplace.com/events. A new North Shore shopping to diving experience.

FREE parking. FREE wi-fi. Closed Sundays. (808) 293-3142





Help us keep Ka'ena clean and safe. Follow Park Rules to protect the rich resources of Ka'ena . Use your old grocery bags and collect trash on your way out of the park. Every little bit helps!

JOIN US! www.friendsofkaena.org

Have Questions? Email us at info@friendsofkaena.org



Polynesian



What You Should Know About Hepatitis A

Hepatitis A, a highly contagious liver infection, has been making news headlines of late. The latest case involved Tamashiro Market in Kalihi-Palama, where a food service worker was diagnosed. The business temporarily closed its doors to protect the health of its customers and staff. As of early August, the State Department of Health (DOH) has documented a total of 135 cases of Hepatitis A statewide—the worst outbreak in nearly two decades. Of the amount, 126 cases were on Oahu, five on the Big Island, one on Maui, two on Kauai and one out of state. Nearly 30 percent of the cases have required hospitalization, with a few needing intensive care.

In addition to Tamashiro Market, employees at other food establishments have tested positive but DOH officials have made it clear that none of the business establishments was the source of the outbreak. Yet the negative publicity at food establishments and grocery stores has resulted in significant lost revenue for these businesses. It is imperative for the health and safety of the public as well as any future adverse economic consequences that we resolve this current health crisis. Representatives from the U.S. Centers for Disease Control (CDC) are in town now to assist with the investigation and to assist with determining the source of the outbreak, which they suspect is a widely consumed food product being brought in to Hawaii.

So what should you do to better protect you and your family? First and foremost, I encourage you to educate yourself as much as possible about the disease and its effects. Symptoms of Hepatitis A infection include fever, fatigue, loss of appetite, abdominal discomfort, dark urine, diarrhea, and yellow skin and eyes. The disease varies in clinical severity from a mild illness lasting 1-2 weeks to a severely disabling disease lasting several months. Unlike some other forms of viral hepatitis, Hepatitis A does not cause long-term chronic damage and is rarely fatal.

Hepatitis A is usually spread when a person ingests fecal matter—even in microscopic amounts from contact with objects, food, or drinks contaminated by the feces, or stool, of an infected person. The best protection against the disease is vaccination. More people are opting to get vaccinated despite spotty insurance coverage and cost which can range from \$62 to \$125 per dose. If you feel that a Hepatitis A vaccination is for you, please talk first with your healthcare provider. HMSA, the state's largest health insurance provider, will cover the vaccine for members when prescribed by a physician. For a statewide list of vaccinating pharmacies, go online to: http:// health.hawaii.gov/docd/files/2013/07/IMM_Adult_ Resource_List.pdf or call the Aloha United Way information and referral line at 2-1-1.

While vaccination provides the best protection, health officials also recommend frequent hand washing with soap after using the bathroom or changing a diaper, and before preparing food to help prevent the spread of Hepatitis A. Appropriately cooking foods can also help prevent infection. If you are exhibiting symptoms of Hepatitis A, you should stay home and contact your healthcare provider immediately.



LIVE BLUES at Waialua Library

Friends of Waialua Library presents Rick "Haleiwa Slim" Smith singing the blues Wednesday, August 24, 5:00 to 6:00 PM Light refreshments at 4:30 PM

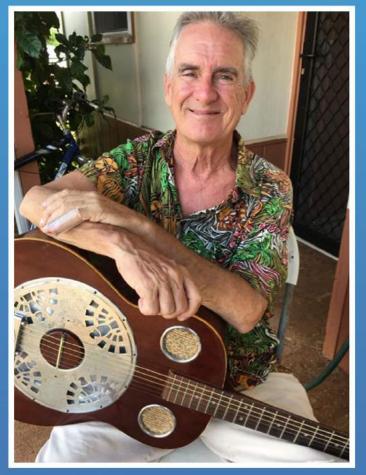
Slide guitar master and vocalist Rick Smith will lead a blues journey from the Delta to Chicago tracing the history of the blues through song and story.

Originally from Charleston, SC, Smith has been immersed in every aspect of the blues culture since he was 12 years old. Not only has he sung solo and with blues bands over the years, but he was also a recording engineer for several studios including the legendary Record Planet in Los Angeles. He relocated to Hawaii in 1978 to help Al Harrington develop a recording studio in Waikiki.

These days Smith plays with his band "Trailer Park Romeo's" at various venues including the Mokuleia Hawaii Polo Club, 'Surfer, The Bar' at Turtle Bay Resort, and the annual Hilton Hawaiian Village BBQ & Blues Fest. He also collaborates with Joe Green's band "Jo 'Collard' Green and the Pot Lickers."

This Waialua Library event is #4 in their series "Diverse Voices", a program dedicated to showcasing the varied interests and talents of North Shore residents.

If a sign language interpreter or other special accomodations are needed, please call the Waialua Library at 637-8286 at least two weeks prior to the scheduled event.





Senator Gil Riviere

Serving Oahu's North and Windward Shores

Affordable Agricultural Housing

Twenty years after the closing of the last sugar plantation and a decade after the end of Del Monte's pineapple plantation on Oahu, Kunia Village is being revitalized to ensure affordable housing for agricultural workers.

The hundred-year-old pineapple camp was recently blessed and rededicated to long term rental housing for persons working in the agricultural industry with household incomes not greater than 60 percent of the area median income. Presently, the annual income limit for a family of four is \$60,300, and housing expenses will be limited to 30 percent of income.

Stephanie Whalen, Exec. Dir. of Hawaii Agricultural Resource Corporation (HARC), and David Robichaux, Pres. of HARC's subsidiary Kunia Village Title Holding, Co, had the vision and determination to press through multiple layers of red tape and obstacles to bring this project forward since receiving the property from James Campbell Co. in 2009.

Senator Mazie Hirono played an invaluable role in gaining the support of the USDA and helping work through some of the bureaucratic challenges. Kahu Kordell Kekoa offered the blessing. Also attending were Councilman Ron Menor, Senator Susie Chun Oakland, me, USDA representative Chris Kanezawa, lifetime village residents; and Re. Ty Cullen, contractors, and agency representatives (not pictured).

The first phase of Kunia Village involves refurbishing 45 houses and building 37 new plantation style dwellings. In future years, Phase Two will aim to restore another 51 legacy units, while Phases Three and Four could add an additional 67 affordable units as the agricultural community grows.

The refurbished and new, affordable plantation houses should become available for occupancy between now and February. Residents must be employed in the agricultural industry, pass a criminal background check, and have a combined household income no greater than 60 percent of the area median income.

Applications are available onsite at Kunia Village, 92-1770 Kunia Rd, Kunia, HI, 96759, Monday to Friday, from 7:30 a.m. to 4:00 p.m. Catarina Sanchez is the management agent for EAH Housing. She can be reached at 808-439-6375 and Catarina. Sanchez@eahhousing.org.

THREE DAY OPENNING TO APPLY FOR SECTION 8

The waiting list for Section 8 rental assistance



will open on O'ahu for the first time in 10 years. on Tuesday, Aug. 16, 2016 and close at midnight on Aug. 18, 2016. Demand is expected to be heavy during these three days. Apply online and get information at www.hpha.hawaii.gov.

My phone number is 586-7330. My email address is SenRiviere@capitol.hawaii.gov. If you still use a fax, you can transmit to 586-7334. Follow news like this on FaceBook or online at SenatorRiviere.com. Please visit us in Room 217 at the Capitol; or let's talk closer to home, maybe the next time we pass in the street. Mahalo.





Aloha!

There are many advantages to living in Hawaii. One in particular that inspires new adventures is the exploration of rolling mountains across the island. It is often said that a healthy body means a healthy mind. I encourage you to shift your normal day routine every once in a while to enjoy the luscious tropical forests surrounding Oahu's mountains. Believe it or not, studies have shown that regular exposure to nature can actually increase productivity and focused attention. However, it is important to plan accordingly in order avoid any unwanted tragedy that would require the need for help. Therefore, here are some helpful tips for a safe yet gratifying hike.

Perhaps the most important public safety tip for hikers is to use common sense when it comes to climbing advanced level mountains. Do not overestimate your abilities. It is much safer to start light and work your way up to more moderate levels of mountains to explore. Water is a necessity regardless of how long you plan on being on top of a mountain. It is wise to over pack water then become dehydrated along the trails. It is recommended to bring two liters of water per person, and remember to be mindful of consuming untreated stream or lake water.

While hiking, it is preferred that you stay in groups with friends or family that are experiences and reliable. This ensures a safe and fun adventure. When on the trail don't forget to monitor the weather, which will help avoid the risk of getting caught in natural disasters. If faced with an emergency be sure to stay calm, stay warm, attract attention, be visible, and if lost avoid wandering further. While planning a hike be sure to let others know where you will be exploring in order to provide accountability and an extra measure safety. Check the weather conditions, wear proper clothing, remember your capabilities, and gather information on the hike.

During this session, the House of Representatives looked closely at our natural treasures and how we can help preserve them for future generations. The House took up several measures, like HB2424, that take the necessary precautions to protect the flora and the fauna of our beautiful island while still taking responsible steps towards research that will benefit our community. Measures like HCR42 also addressed the very real danger that the encroachment of invasive species pose to our natural ecosystem in the state. Learning more from our community will allow me to further protect these real treasures for generations to come. With that, make sure to check out your local hiking trails, and remember to stay hydrated, have fun, and enjoy what Mother Nature has given to us! As always if you ever have any questions or concerns please do not hesitate to contact my office through email at repmatsumoto@ capitol.hawaii.gov or phone at (808) 586-9490.

Road to Kuaokala— Peacock Flats Reopened

The Department of Land and Natural Resources (DLNR) Division of Forestry and Wildlife is notifying the public that vehicle access to Kuaokala and Peacock Flats have been restored. The closure was due to heightened security levels at military access points (i.e. Kaena Point Satellite Tracking Station).

Camping permits for Peacock Flats, Earl Pawn campgrounds A and B and the Kuaokala trail may be once again be purchased online at http://camping. ehawaii.gov/camping/welcome.html.

The public may access these campgrounds with a 4-wheel drive vehicle on the Kuaokala Trail.

Campers may also access the campgrounds, trail, forest reserves and hunting areas from the Mokuleia side of Farrington Highway by way of Kealia Trail and Mokuleia Forest reserve Access Road. Public access for these trails is for hiking and biking only.

For more updated information on the availability of access at Kaena Point Satellite Tracking Station, please call 697-4334 for the guard shack at Yokohama.





Aloha!

While summer in District 47 is made for outdoor activities and fun such as the beach, hiking, and outdoor sports, the same conditions that allow for these activities also provides the perfect environment for mosquitos to thrive. The warm, humid, and wet weather we've had this summer, creates the perfect environment for mosquitos to breed and multiply. With many areas in District 47 being lush and green this summer the increase in mosquito populations coupled with the threat of the Zika virus and Dengue Fever, make mosquitos a very real concern.

Over the past few we have mailed out flyers to our community, and I have been personally walking our communities distributing the same flyers warning of the Zika and Dengue threat. These flyers contain information on how you can do your part to help eliminate or reduce the mosquito population in your area and how to protect yourself and your families against the Zika and Dengue threat. Please look for these flyers in your mail or at your door and help keep District 47 Zika and Dengue free!

Another threat to the community members in District 47 is the outbreak of Hepatitis A. The newest information on Hep A suggests that the source of the outbreak is not a single contaminated food service worker, but a product commonly consumed on O'ahu, what the food product could be is not known. Hep A's long incubation period of 28-30 days makes it difficult to pinpoint the source and track infections.

Since August 3, 2016, 135 cases of Hep A infections have occurred in Hawaii. 29% of these patients required hospitalization and some required intensive care. All of the cases so far have been among adults ages 18-79. Children born in 2006 or later are required to have been vaccinated against Hep A to enter school.

Hep A is preventable by way of two part vaccination series, Dr. Park of the State of Hawaii Department of Health believes that anyone who wants to be vaccinated should be allowed to obtain it. The patient's out-of-pocket cost can range from \$62 to \$125 per dose. The CDC recommends 2 doses 6 months apart. Please call your doctor, physician, or local pharmacy to check on the availability of the vaccination, and locations where vaccinations can be obtained.

Finally, my office has followed up with an alleged illegal dumpsite in the Kaiaka Bay area of Haleiwa. We have followed up with the State Department of Health's Solid Waste Branch and Clean Water branch who will be conducting investigations into the matter. We have also followed up the Honolulu City and County's Department of Planning and Permitting who will be investigating potential nonconforming use issues on the land as well as possible SMA violations.

Please feel free to contact my office if you have any questions or concerns, or if you would like an electronic version of the Zika/Dengue flyer. Telephone: (808) 586-6680; E-mail: reppouha@capitol. hawaii.gov

Mahalo and have a safe and fun remainder of your summer!



THE EVERYDAY VACATION!



COME VISIT OUR SHOWROOM! 3140 KOAPAKA ST. HONOLULU, HI 96819 808-833-6046 Sundance Spas



North Shore Chamber of Commerce News

By Ed Korybski

Chamber General Membership Meeting Wednesday August 24, 8:00 a.m. (Haleiwa Joe's)

Please join us at our next General Membership Meeting (Wednesday August 24) for the latest updates and news from legislators, officials, and local leaders.

Chamber members and the public are all invited to attend; light breakfast and refreshments will be served. A nominal admission donation will directly support the Chamber's ongoing efforts as we work together to make the North Shore a better place to live, work, and play.

We'll also cover these important topics currently facing our community:

2016 Election: Local Candidates

We will be inviting candidates for our regions' State House and Senate seats to speak and share their visions for the North Shore. While the August 13 primary election is yet to be held as of press time, we will extend invitations to general election candidates to join our General Membership Meeting.

To find your election districts and current elected representatives, please visit gonorthshore.org/ government-libraries-schools.

U.S. Department of Labor Overtime Final Rule for White Collar Workers

The Department of Labor has updated the threshold at which salaried workers are eligible for overtime pay, from \$23,660/year to \$47,476/year. This update, or "Final Rule," is estimated to make 4.2 million workers nationwide newly eligible, with 16,000 of those workers located in Hawaii. Effective December 1, 2016, the stated intent of the Final Rule is to simplify and modernize overtime regulations for "white collar" employees and employers, while strengthening overtime protections for salaried workers.

In addition to salary requirements, overtime pay eligibility is also determined by the nature of employment, or a "duties test." Some executive, administrative, and professional salaried employees are not eligible for overtime pay (i.e., doctors, lawyers, teachers or outside sales). We will address these topics and provide resources to help employees and employers better understand all aspects of the Final Rule. THE 27th ANNUAL <u>HALEIWA JOE'S</u> LABOR DAY PADDLEBOARD RACE Sunday, September 4, 2016 11:00 AM

Traditional prone paddleboard and sup race from Waimea Bay to Alii Beach Park, about 4.5 miles

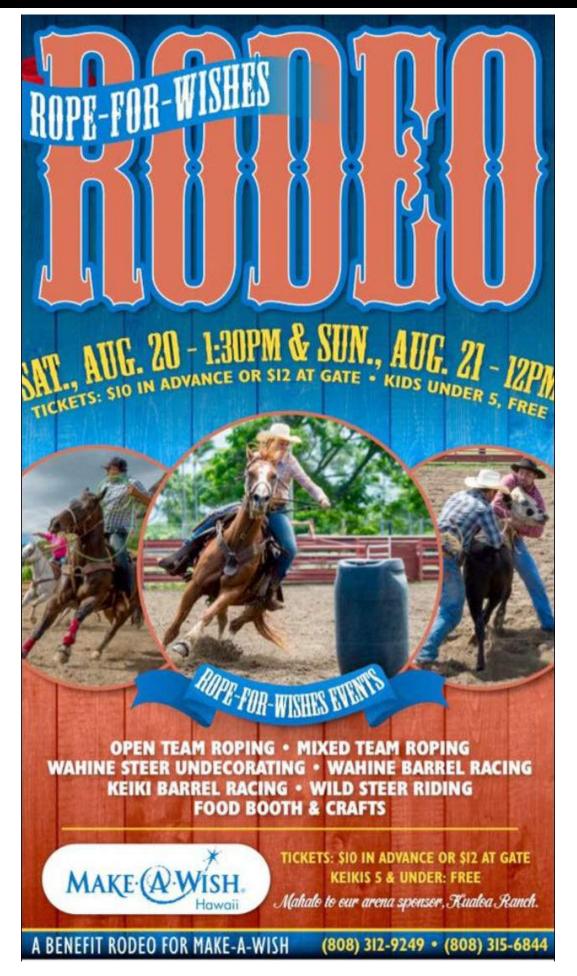
Registration from 9:00 a.m. to 10:45 a.m at Waimea Bay, race starts at 11:00 a.m. Finish at Alii Beach Park Entry forms available at Haleiwa Joes and Hawaii Paddleboard Association.com You can also enter online at: http://www. flpregister.com/

Early registration (before 8/31/16) \$30.00, includes t/shirt and lunch. Late registration \$40.00 t-shirt and lunch subject to availability.

This is a great community event, categories for 18 and under, as well as 60 and over. A fun time for all. See you there.



Page 11



Waimea Valley Kalo and 'Awa; Then and Now

Duke Morgan, Horticulturist, Waimea Valley

Kalo and 'awa play an integral role in the cultural and physical wellbeing of Hawai'i and its people. Kalo and 'awa are both held with the utmost respect and importance not only in Hawaii but throughout the Pacific and beyond. Although they are similarly suspended in historical and cultural lore, the plants differ in their physical appearance, internal makeup, and uses by the Hawaiian people, and peoples throughout the world.

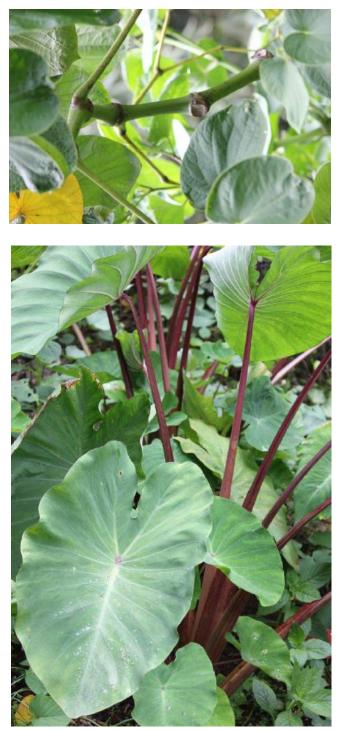
Kalo or taro (Colocasia esculenta) is known in the mythological sense as the elder brother of man, it was the staple of the Hawaiian people; in old times kalo was cultivated in wet culture or lo'i, harvested, and pounded daily for 'ai or food. Being a purely subsistence, agricultural people, the Hawaiians were very successful and creative horticulturists. Many of the known kalo and 'awa varieties we have today are conscious selections of an original group of a few plants brought to Hawai'i by wa'a or canoe. Today Kalo is perpetuated agriculturally, botanically in collections as well as artistically throughout Hawai'i and the Pacific.

'Awa or kava (Piper methysticum) was historically known as the body or the food of the gods; 'Awa plays a critical role both medicinally and socially in the past and the present Hawaiian culture. 'Awa was most commonly prepared as a drink made from the roots and stump of the plant. Used ceremonially, 'awa relaxes the body and the mind and is thought to give balance to social and spiritual relations. Similarly to kalo, 'awa varieties that are known today are centuries of selections from a single variety of 'awa. These chosen varieties are known botanically as the selection of a "somatic mutation" or a slight physical difference in the plant itself, most likely due to the location or culture of the plant. For example, a mahi'ai 'awa ('awa farmer) may notice that one of his plants has a branch that is darker than the rest of the plant, he would take a piece of that dark branch and grow that out as a new plant/variety of 'awa.

The synergistic relationship between the people and the plants is what brings the spiritual and the physical bodies together, without one we could not have the other. These relics live and thrive today due to the conscious collection of minds that perpetuate the actions of those that came before us. In this day and age by looking at the past we can take what we have learned and apply it to the present, and the future. Only by perpetuating this basis of knowledge can we further explore the medicinal and cultural possibilities of these incredible organisms.

Waimea Valley, located on the north shore of O'ahu, directly across from Waimea bay is a hub for a plethora of plants from around the world, specializing in canoe plants namely kalo and 'awa. It is

here annually that a kalo and 'awa festival is held to perpetuate and educate the importance of these supreme plants. Waimea Valley is also a distribution center for many Hawaiian kalo varieties (next sharing event Sept. 10th); it is in this community based sharing that we can assure these plants will live on and the mahi'ai (farmer) way of life perpetuated for generations to come.







Origins of the Hawaiian Civic Clubs

The 1st Hawaiian Civic Club was organized in 1918 by Ali'i Jonah Kuhio Kalaniana'ole. At the turn of the 20th century, many Kanaka Maoli were disenfranchised from their ancestral lands and moving into urban areas, including crowded tenements in Honolulu. Cholera and TB were rampant and a 30-year life expectancy was the norm for Hawaiians. With the high mortality rates and impending demise of his beloved people, Prince Kuhio, along with other Hawaiian leaders, initiated a two-pronged approach to aid the dwindling Hawaiian population.

The Hawaiian Civic Club of Honolulu was formed to "elevate and promote Hawaiian culture and the social, economic, civic and intellectual status" of Kanaka Maoli while promoting the principles of good government. The objective was to encourage Hawaiians to organize and become leaders in their communities, consequently helping to support, encourage and inspire their peers.

In addition, Prince Kuhio was engaged in forming the 'Aha Hui Pu'uhonua O Na Hawai'i, an organization seeking to put Kanaka Maoli back on the 'aina (McGregor). These efforts led to the passage of the Hawaiian Homes Commission Act of 1921, in which over 200,000 acres of Crown and Hawaiian Kingdom lands were set aside for Kanaka. These 'aina ho'opulapula, homesteading lands were intended to restore and rehabilitate the people by returning them to the life giving land.

It is on this foundation of aloha for our lahui that the Waialua Hawaiian Civic Club (WHCC) was organized in 1934. The mission of the club is to perpetuate the traditions and customs of our Hawaiian ancestors and to promote the educational, social and civic advancement of Hawaiians. For over 80 years,

members have engaged in numerous educational activities and community outreach that supports and enhances the well being of the Hawaiian population.

At the local level, multiple service projects and fundraising efforts have provided scholarships to numerous Waialua students seeking higher education. Struggling families have received baskets of food and turkeys during the holidays. When knowledge is needed regarding cultural traditions and practices, kupuna from the WHCC are often sought out for their wisdom. Stewardship of Hawaiian cultural landscapes and traditional practice is an inherent responsibility of the membership. The club has been the cultural steward of Pohaku Lana'i at Kaiaka and has engaged in cultural sharing and outreach for decades.

At the state and national levels, annual conventions provide a forum to create solutions for challenges facing the Hawaiian community. The Association of Hawaiian Civic Clubs includes 67 clubs throughout Hawai'i and the continental U.S. The association is influential in the creation of state and federal legislation that enhances Kanaka well-being and status.



Prince Kuhio, founder of the Hawaiian Civic Clubs.



Cultural sharing between Waialua and Wahi'awa civic club members at Kukaniloko.





VOLUNTEER WITH MALAMA PUPUKEA

The Malama Pupukea Waimea organization invite you to join them for their out reach program, all to protect our oceans and shorelines. They have a tent located at Sharks Cove, Saturdays from 8 a.m.-4 p.m. Volunteer to help in one of the following ways, outreach education, report illegal activities, biological monitoring, surveys in the water and tides pools, native Hawaiian plant restoration and as always help get rid of trash!

You can help protect our fragile and beautiful ocean resources!

SURFING AND THE OLYMPICS, 20/20/20... EQUAL AT LEAST!

Surfing will make its Olympic debut at the 2020 Games in Tokyo. The competitors will be comprised of 20 women and 20 men from a smattering of different countries riding shortboards. No word on exactly how this will be done but having it equal 20/20 is a step in the correct direction. Something everyone should take notice of, our contest structures and permit structures are not "thinking and working" as equal. It was a dream of Duke Kahanamoku to have surfing a sport in the Olympics, finally it's a go. The criteria was to add value to the youth, attractiveness for media, gender equality and minimum impact and operational costs and complexity for the organizers. This could be a big step up for the sport because the Federal Government funds all the sports in the Olympics, Surfing has gone "mainstream". The location of the event is not that great but high performance surfing in small Shida,

Chiba, Japan waves will be the call. Surfers, practice your airs, it could be the difference! Chiba is located about 40 miles from Tokyo and there have been plenty of events there in the past so no worries. Some think it will ruin surfing's freedom of adventure idea and lifestyle that is surfing and the venue is not for "world class" surfing. None the less it will not be in a wave pool as some thought and Hawaii might not be a separate country. It's four years away though so the tug of war continues.

JAMIE O'BRIEN

Congrats to the North Shore's Jamie O'Brien. He placed a cool second behind Shane Dorian at the Four Seasons Maldives Surfing Champions event in the twin fin division. O'Brien is known for riding all kinds of equipment including SUP Squatch crafts, foam boards at Pipeline, blow up crafts and who knows what! I spotted him doing step offs a jet ski at Pipe last winter. Cool cucumber surfing for sure!

UNMANNED AIRCRAFT RACE FOR TWO HUNDRED THOUSAND BUCK\$\$\$\$\$!

There are more drone licenses than there are helicopter licenses out there. Get ready for the creepy things to be even more present on the North Shore. Regulations change the end of August. No longer is a pilots license necessary but there are lots of regulations and drone pilots have to take a aeronautical test that is FAA approved and be registered and insurance is a must for commercial use. The World Drone racing championship will be held at Kualoa Ranch October

> 17-22 with more than \$200,000 in prize money at stake. More than 30 countries are competing and some Hawaii officials want us to be leaders in the field forecasted to be a billion dollar industry. There are already lots of them around our surf and expect even more! Duck!!!



Jamie O'Brien Steers a SUPSquatch at Waimea Bay. Photo: BanzaiBetty.com

By Naty Hopewell

Koolauloa Health Center (KHC) had its first medical outreach in Haleiwa on August 3rd at the Haleiwa gym during the food distribution by North Shore News and the Food Bank. There were many inquiries about services the van was offering and who could access the services.

The staff included two outreach workers, Brynn Miranda and Taeao Leitupo, who registered patients and assisted those without medical insurance in completing applications for Quest and answering questions about Obamacare. Marcus Angulo, nurse practitioner, and Ana Vave-Fifita, medical assistant, provided medical services. They saw several patients with problems such as such as skin infections and high blood pressure (HBP). They can deal with a variety of conditions-acute problems (such as injuries and sinus infections) and chronic problems (such as diabetes, HBP, asthma). They can drain your boil or sew you up if you have a cut. They can also draw blood to check things such as your cholesterol, thyroid and sugar. Some labs can also be done in the van to check for anemia, diabetes, pregnancy, and urinary tract infections. Screening for HBP and diabetes will be done for anyone at no cost. Medical visits will be billed to your insurance. If you don't have medical insurance, payment will be on a sliding scale, according to your income.

The van will be at the Haleiwa gym on the 1st and 3rd Wednesdays, beginning at 9 a.m. KHC patients, who live in the area, may also make appointments to be seen at the van by calling 293-9231.

The van will also be providing these services in the Windward area on the 2nd and 4th Tuesdays: Kahana Park 8:30-9:30, Hauula Park 9:45-10:45 and the Hauula homeless shelter at 11:00. Brynn and Taeao will be there, along with Amy Cummings, nurse practitioner, and Jessy Russell, medical assistant. KHC hopes this van service will make it easier for many to access health care.





Photos: Marcus Angulo



Call us for your next event!

(808)371-5766 Victorias_Sweets@aol.com VictoriasSweetsHawaii.com



The Big Fix Friday, September 2, 2016

Friday, September 2, 2016 (cats) morning- (dogs) afternoon at the Waialua Community Association parking lot. Drop off cats- check in at 8 a.m. and dogs check in at 1 p.m.

The Big Fix is fully equipped surgical unit that provides affordable spay and neuter services. Open to everyone. Appointment required. 551-7915 For more information www.poidogs&popoki. com

August 17, 2016

Show How You Care, Share A Bear Prevent Child Abuse Hawaii asks Community to Donate Teddy Bears for Abused Children

More than 5,000 teddy bears and stuffed animals Council, Department of Health and Foster Realty. of all sizes, shapes, colors and textures will be collected at Windward Mall Center Court during Prevent Child Abuse Hawaii's 19th Annual Teddy Bear Round-Up and Family Resource Fair. Prevent Child Abuse Hawaii asks for the public's assistance by donating a new or gently used teddy bear or stuffed animal during its 19th Annual Teddy Bear Roundup and surpassing the number of 5,091 collected last year in Hawaii.

Saturday, September 10, 2016 10:00 a.m. to 2:00 p.m. Windward Mall Center Court

"The stuffed animals that are collected will be shared with children who have suffered from child abuse. These stuffed animals provide children with happiness and comfort," explains Elsie Foster, Teddy Bear Round-Up Volunteer Chairperson. "Our profound wish is that one day there is no need for a Teddy Bear Roundup because there will be no abused children."

The day will be filled with free fun activities for families and children and beneficial parenting information. In addition, top local entertainers will be featured at the stage area. The first 500 families that make a donation will receive a special gift and child safety information. The annual event is sponsored by Prevent Child Abuse Hawaii which is the Hawaii Chapter of Prevent Child Abuse America and other sponsors from the Child Abuse Prevention Planning

Dozens of volunteers including members of Aloha Pono Lions Club, Child Abuse Prevention Planning Council, and Hawaii title holders will be there to collect teddy bears from the public. Even cuddly costume characters Elmo, Kung Fu Panda and friends will be there to lend a helping hand and will be available for free picturetaking with the public. Bring your camera to take lots of photos.

Agencies and individuals who want stuffed animals after the September 10 Teddy Bear Roundup can come to a FREE Bear Pick-Up event on Wednesday September 14, 2016 from 9 AM to 3 PM at Hawaii Self Storage at 98-138 Hila Place. This special bear pick-up event is sponsored by Foster Realty, Inc. and Daryl Bonilla at Hawaii Self Storage. Free refreshments will be served at this FREE Bear Pick-up Event on September 14.

According to the State of Hawaii Department of Human Services December 2014 Databook, there were about 3,481 reports of child abuse and neglect in calendar year 2014 reported to Child Protective Services, of which 1,337 were confirmed reports.

For more information about the Teddy Bear Round-Up or for information about child abuse and neglect prevention programs and activities throughout the year, contact Prevent Child Abuse Hawaii at (808) 951-0200 or go to the website www.preventchildabusehawaii.org.



Serving the North Shore Community



WAIALUA FEDERAL CREDIT UNION

67-292 GOODALE AVE #A2 (808) 637-5980 www.waialuafcu.com

Visit us today.

North Shore Recycling Service

Curbside recycling pickup services for homes and businesses

- Two pickups per month at only \$24 per month (2 curbside recycling bins included)
- 100% of the recyclable donated to non-profit organization

Visit us at <u>www.ocr2000.com</u> To sign up call us at 262-2724 or email: recycle@ocr2000.com

HOME IMPROVEMENT

North Shore News is offering special ad rates for businesses related to Home Improvement. Publication Date: August 31, 2016 Deadline Date: August 19, 2016 Call 637-3138 for more info





Electric Die-Cutters Japanese Lanterns

with the KNK Zing Air

Learn how to take images and turn it into a pattern to cut using the image program: Make the Kut. Afterward we will be using the KNK Zing Air electric die-cutter (one of two electric die-cutters we will have available for patron use in our Kahuku Cool Lab) to cut these images out to create Japanese paper lanterns.

Call the library to register or call for more information. Appropriate for ages: 14+

Kahuku Public and School Library, 56-490 Kamehameha Hwy, Kahuku 96731. PH: 293-8935. If a sign-language interpreter is needed please contact the library 2-weeks in advance.



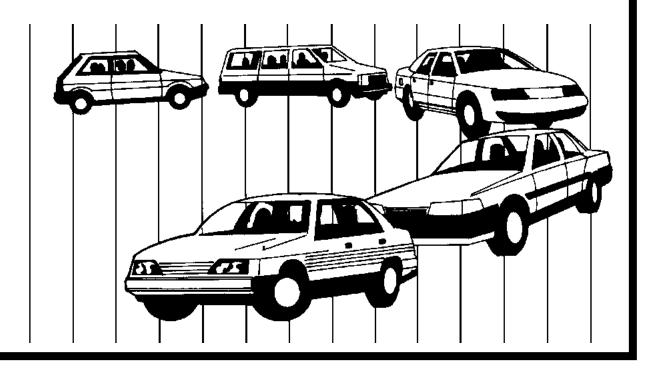


Wahiawa General Hospital "Help Save Our Hospital!"

Herman's Car Wash Fundraiser Saturday, August 27, 2016 9:00 a.m. – 12:00 p.m.

> On Center Street Behind the Hospital

\$10.00 per car Make checks payable to: Wahiawa General Hospital





"Children's Church"

www.northshorenews.com



The North Shore News is published every other Wednesday and mailed free of charge to all North Shore homes and businesses. Extra copies may be obtained at our office.

PRESS RELEASE POLICY: Submit press releases in person or by fax, mail or email to Editor, North Shore News, 66-437 Kam. Hwy., Suite 210, Haleiwa, HI 96712. Please type your releases and keep them shorter than 200 words unless they are of an unusual news interest. Releases should be viable news stories and are published on a space available basis only, with priority given to those received in our office first. You may attach photos. We are not responsible for the return of any photos. All materials are submitted at owner's risk. We reserve the right to edit and/or refuse all submissions including advertising.

EDITORIAL POLICY: We welcome articles and letters from our readers. Letters to the Editor are published on a space available basis only and preference is given to shortness of length, and quality of content. We prefer to run not more than one letter, per person, per 6 month period. Letters subject to edit.

Views expressed by our contributing writers and advertisers do not necessarily reflect the view of the management and staff of the North Shore News. All rights reserved. Reproduction in whole or part without permission is prohibited. © 2016.

> Editor & Classifieds Linda Seyler

Typography Downtown General Store

Contributing Writers Tom Jacobs Betty Depolito Naty Hopewell City Councilman Ernie Martin State Representative Lauren Matsumoto State Representative Feki Pouha Senator Gil Riviere Malia K. Evans Blake McElheny

> Photography Banzai Productions





Letters to the Editor, and other items submitted for publication consideration may be sent to us via: MAIL: 66-437 Kamehameha Hwy., Suite 210, Hale'iwa, HI 96712 E-MAIL: NShoreNews@aol.com

PHONE: (808) 637-3138 Office Hours: Monday – Friday 10 a.m.-3:30 p.m. www.northshorenews.com



THANK YOU EVERYONE

FOR SUPPORTING

WAHIAWA GENERAL HOSPITAL



CONTINUED COMMITMENT TO THE COMMUNITY

24-HOUR EMERGENCY ROOM RADIOLOGY AND LABORATORY SERVICES TELESTROKE SERVICES (video-linked to Queens Medical Center) WOMEN'S MAMMOGRAPHY CENTER SKILLED NURSING

SPECIALTY CLINIC (CARDIOLOGY, NEPHROLOGY, UROLOGY, INTERNAL MEDICINE)

128 Lehua Street * Wahiawa, HI 96786 * 808-621-8411