



“E Ala Na Moku Kai Liloloa”

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John John

*Spirit, Arts
Photography ©2016*

NORTH SHORE NEWS March 2, 2016 VOLUME 33, NUMBER 5



Photo: banzaibetty.com



Waimea Bay. Photo: banzaibetty.com



Waimea Bay. Photo: Ole Seyler

**John John
Florence wins
the “Eddie”**

John John Florence of Haleiwa wins the Quiksilver in Memory of Eddie Aikau Big Wave Invitational, February 25, 2016 at Waimea Bay.

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Brock Little historic tube ride-1990 Eddie Aikau contest-one of the best tube rides ever at the bay. Photo: Bill Romerhaus



A championship day at the "Eddie" that made Brock and Eddie smile from above. Photo: Jim Little

North Shore Neighborhood Board Meeting
 Tuesday, March 22, 2016
 7 p.m. - 9 p.m.
 Waialua Elementary School Cafeteria

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Easter Sunday Prime Rib Brunch

Sunday, March 27
*** TWO SEATINGS ***
10 am & 12:30pm

\$39.95/adult, \$15.95/child
(12 & under) – Includes free
admission to the Valley, with
a special keiki Easter Egg
hunt at 12pm

NEW

Kama'aina Keiki Days

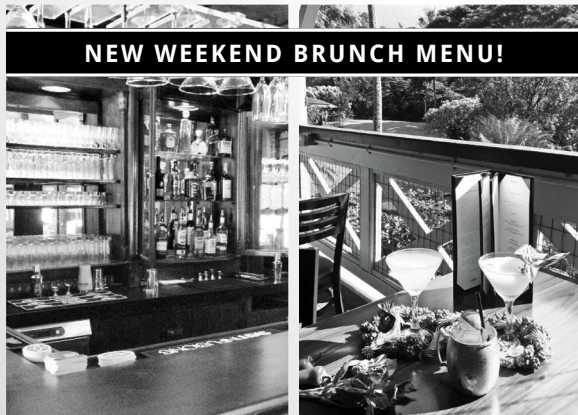
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WHERE HAWAII COMES ALIVE

Wyland Galleries Waikiki Beach Walk High School Art Scholarship Contest

Central Oahu public high school students are invited to participate in the second annual Wyland Galleries Waikiki Beach Walk Art Scholarship Contest for a chance to win a \$1500 scholarship. Two winners will receive their scholarships in May.

Artwork must meet three criteria: portray a Hawaiian theme, graphics can include ocean, landscape, local flora or fauna; art must be drawn or painted by hand, or can be an original photography; and only one entry is allowed per individual. Deadline to submit is March 31.

Works may be sent in on paper, card stock or photo paper, but cannot exceed an 8.5 x 11 inch canvas.

Students must include their name, email, phone number and mailing address on the back of the entry. Entries should be mailed to Wyland Galleries Waikiki Beach Walk, Attention: Iris, 226 Lewers St. L-127, Honolulu, HI 96815. Call the gallery at 924-1322 for more information.

Winning pieces will be displayed in Wyland Galleries Waikiki Beach Walk for a brief time before being donated to the U.S. VETS homeless shelter annual auction.

No fee. No Dues. No Debates. Just vote!

PRESIDENTIAL CAUCUS

Jeb Bush, Ben Carson, Ted Cruz, John Kasich, Marco Rubio, or Donald Trump

TUESDAY MARCH 8TH, 6 TO 8 PM

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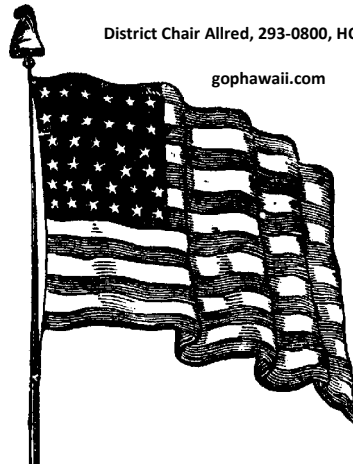
Bring photo ID – Party members sign in – same day voter & Party registration

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District Chair Allred, 293-0800, HQ 593-8180

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Council Chair
Ernie Martin
Serving You in District 2

**Proposed Changes to the
Haleiwa Special Design District**

Established in the late 1800s, the town of Haleiwa today reflects a commercial setting typical of a rural plantation town and is home to many historic buildings featuring plantation architectural styles influenced by the former Waialua Sugar Company. An integral part of Hawaii’s rich cultural history, Haleiwa received designation as a Special Design District on May 1, 1984 in order to perpetuate and enhance the rural character of the existing community, to protect the historic buildings and to ensure that all new development be compatible to its unique historical design. Furthermore, the creation of the Haleiwa Main Street Program in September 1989 under the State Department of Land & Natural Resources’ Historic Preservation Division also makes Haleiwa eligible for funding and holds future development to design standards that ensure the perpetuation of the community’s rural character.

Haleiwa is one of 8 special districts across Oahu, which were designated over the years to provide a means for guiding development to protect and enhance the physical and visual aspects of an area for the benefit of the community as a whole. These districts are Waikiki, Punchbowl, Diamond Head, Chinatown, the Capitol District and the Honolulu Academy of Arts at Thomas Square. In 1999, enabling legislation City Ordinance 99-12 revised Chapter 21 of the City’s Land Use Ordinance. It streamlined the land use permitting process and ensured that adequate controls and review mechanisms were in place for proposed land uses, including opportunities for public notice and comment. A subsequent amendment to the Haleiwa Special District was made in 2002 via City Ordinance 02-19 which established drive-thru facilities as a permitted use in the Haleiwa Special District. In general, a special district designation identifies significant public views and establishes design controls for building heights, yards, landscaping, off-street parking and architectural character for an area. The Haleiwa Special District now is defined as the geographic area from Weed Circle on the south to Haleiwa Beach Park on the north. But that may change if the current ordinance is once again amended.

On February 19, in response to a request from North Shore Chamber of Commerce, I introduced Resolution 16-42. The resolution directs the Department of Planning and Permitting to submit a bill that would make specific changes to the Land Use Ordinance which, among other proposed changes, seeks to expand the special design district north beyond

Haleiwa Beach Park to Puaena Park. Not currently a requirement, any exceptions to requirements for architectural appearance and character of construction would need to be presented to the neighborhood board. Special event signs and displays would be allowed once per month for up to seven consecutive days. Perhaps the most controversial proposals are changes that would affect the operation of lunch wagons in the special district. Some of the proposed changes include requiring all mobile food trucks to obtain a special district permit within one year, provide off street parking for customers, and observe all Department of Health rules and regulations. Lunch wagons would also be prohibited within public-right-of-ways.

The process for changes to Land Use Ordinances is complicated and very often controversial as the community experienced with the 2002 change to allow a drive through facility in Haleiwa. This update to the Special Design District is intended to address current issues that were not foreseen more than 30 years ago. These are guidelines intended to preserve the plantation era character of our town, not to suffocate growth but to control it in a manner that benefits the community as a whole. Therefore, the whole community is entitled to weigh in on any proposed changes before any final decision is rendered. I invite you to review Resolution 16-42 on line or call my office for a copy. Your input is a valuable part of the process. Mahalo.



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North Shore Chamber of Commerce News

Membership Spotlight

Haleiwa Fish Company: Bounty from the Sea

If you're looking for fresh fish at an inviting venue, Haleiwa Fish Company at 66-456 Kamehameha Highway, Haleiwa, is the place to be. Open hours are 10 a.m. – 7 p.m., Tuesdays through Saturdays, and 10 a.m. – 5 p.m. Sundays. (Closed Mondays.) The telephone number is (808) 637-2121.

Owners Patty and Tom Calvert, residents of Haleiwa since 1989, opened their business two months ago as their "early retirement job." For years, they've worked as large scale fish exporters commuting regularly to Honolulu. Nowadays, they enjoy a leisurely walk to work.

Patty says they often joked they'd own a poke shop one day. Now they have one, and much more. Fish is fresh and local, and frozen is also available. If you don't see what you want, they can get it for you. There's ready-to-cook fish and already prepared delicacies. Varieties of poke are their specialty. They are able accommodate small to large special orders as long as they have a few days' notice. All fish comes from Hawaii's pristine fishery. Local fishermen often stop by with their catch of the day.

The Calverts' daughter Holly and family friend James Greenwell help by greeting customers who wander in to explore what bounty from the sea they have to offer that day. You can buy fresh fish for dinner or already prepared dishes including taegu, fish chowder and, of course, poke. There's room to sit down and relax, enjoy the background music - recently a mellow jazz, and take in the ambience. You can even have a specialty coffee or tea drink with a tasty baked goodie. Haleiwa Fish Company shares its space with a new espresso bar operated by Haleiwa Café, which is located next door.



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North Shore Outdoor Circle
General Membership Meeting
March 16, 2016

6:00PM - 8:00PM

Historic Waialua Courthouse
66-207 Kamehameha HWY (in Haleiwa)
Hawaii Environmental Court

Please join us for an informative presentation with Special Speaker
Professor Denise Antolini

Denise's commitment to The Hawaii Environmental Court brought it into being. The court only became effective on July 1, 2015 and has already taken tremendous strides in protecting our natural resources. It is only the second statewide environmental court in the United States and the only one focused on protection of natural resources.

Learn how it began, how it works, and how *The Outdoor Circle* played an important role in its creation.

For Denise's Bio and other events please visit our Facebook page:
North Shore Outdoor Circle—

****NSOC Yard sale Fundraiser**
March 26, 2016
9am - 2pm
Sunset Beach Christian School



**Senator
Gil Riviere**
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Windward Shores**

Barrier Planning at the DOT

The Hawaii Department of Transportation recently announced its plan to conduct an environmental assessment relating to parking barriers at Laniakea. They identify three safety concerns: Parking maneuvers interfering with the travelling public; Pedestrian crossings conflicting with the travelling public; and Tours/Shuttle bus maneuvers and unlawful parking, and they offer four possible solutions.

Traffic volumes continue to increase every year and I wonder if barrier placement several months from now will have the same results it had three years ago. Since the barriers were installed in 2013, cars regularly park all the way from the ranch entrance through Laniakea and Chun's Beaches, and beyond Ashley Road. There are ever more beach users and parked cars.

Pedestrian crossing has always been the primary safety concern and traffic aggravating element, followed by the tour and shuttle buses, which should not be allowed to park in the area. Here are my thoughts on the various proposals and a suggested alternative.

The No Build with No Parking Signs and Mauka Barriers with No Parking Options reduce much needed beach parking and force people to park in ever more distant, possibly less safe areas, and require them to walk along the roadway next to all the parked and moving cars.

The Mauka Barriers with Parking Option retains much needed parking and aggregates pedestrians at either end of the lot before crossing the street. However, this option is likely to create new traffic issues as cars wait to turn into, out of, and around the barriers.

The Mauka Barriers with Parallel Parking Option is the worst of all options as it would slow traffic as cars wiggle into each parking space, and it would enhance the willy-nilly pedestrian crossings. This was one of the side effects between Laniakea and Chun's caused during the previous barrier installation.

DOT should study Makai Barriers. This configuration would allow existing parking while also forcing pedestrians to gather at either end of the 800-foot stretch before crossing. People will not dart across the highway to hurdle barriers or get stuck on a narrow highway shoulder; they will look for the natural, safer crossing points at either end of the parking area. This option could get cars off and

on the road more efficiently, retain much needed parking, aggregate pedestrian crossings and reduce coastal erosion from people scampering among the bushes, rocks and sand.

The existing, traditional parking area is not the problem. The problem is the random pedestrian crossings. The present configuration allows multiple cars to enter and exit the highway simultaneously, and cars easily move off the highway and out of traffic into a wide, safe parking area.

None of the alternatives provide a comprehensive solution for this traffic corridor, which includes similar traffic and pedestrian issues at nearby Chun's Reef. It is disappointing that nine years after funds were appropriated to study traffic alternatives, a different study is being pushed forward to justify a "short term relief" project. The long range traffic and highway alignment alternatives study must be completed this year, not in the perpetually promised "next year." Let's go, DOT.

As always, my staff and I welcome your comments, questions and suggestions. Please visit us in Room 217 at the Capitol, call us at 586-7330, or email us at SenRiviere@capitol.hawaii.gov. Mahalo.

This year Easter is Sunday, March 27, 2016.
Publication Date: March 16, 2016
Deadline Date: March 4, 2016
For information: 637-3138

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**Representative
Lauren
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Aloha Friends and Neighbors!

It has been a busy first six weeks of the legislative session! I wanted to take the time to update you on some information about the legislative process, and, in observance of last month being Heart Awareness month, I wanted make sure that you are up to date on facts about heart health and preventative measures.

We are nearing the point in the legislative process when all the bills in the House and the Senate have gone through their respective committees and are preparing to come to a vote to crossover to the other chamber. This first crossover is happening on Tuesday, March 8th. This day is a crucial point in the process to decide which bills will be continuing on to become a law and which bills will not. As always, if you have any strong feelings for or against any of these bills moving forward, please do not hesitate to contact my office.

In addition to crossover, my office wanted to give you some information that we've learned from honoring Heart Awareness Month at the Capitol. According to the American Heart Association, heart disease can affect people of all ages. Heart health is not something to take lightly and knowing what to look for can help you successfully preserve heart health. Some of the most common and pervasive cardiovascular medical concerns are high blood pressure, high cholesterol, heart failure, strokes, and heart attacks.

One great tip from the American Heart Association is how to spot a stroke F.A.S.T.:

- **Face Drooping:** Does one side of the face droop or is it numb? Ask the person to smile.
- **Arm Weakness:** Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?
- **Speech Difficulty:** Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?
- **Time to call 9-1-1:** If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately (American Heart Association, 2016).

Another tip is how to give Hands-Only CPR. Most people die of cardiac arrest because they don't receive immediate CPR from someone on the scene. Traditional CPR included giving breaths to the patient, which deterred many people from helping. Now, with Hands-Only CPR as a bystander you

don't have to be afraid, your actions can only help. Hands-Only CPR is comprised of two easy steps:

- **Step 1:** Call 911
- **Step 2:** Push hard and fast in the center of the person's chest. Pushing to the beat of the song "Stayin' Alive" is the right tempo. This simple step can more than double a person's chance of survival

While these tips are helpful for quick identification and diagnosis of a heart problem, prevention is the key to a happy and healthy heart. First of all, regularly have medical exams to check your heart. Also make sure to live an active lifestyle. Try to get at least two and a half hours of exercise every week, and don't neglect muscle training in your workout regime. Stay healthy and keep heart problems at bay. Make sure to make heart health a priority every day! To push this message I have continued my Jump Rope for Heart presentation at schools around the state encouraging students to Stay Active and Eat Healthy!

Please feel free to contact me if you have questions or concerns about happenings in our community. Call me at (808) 586-9490, email RepMatsumoto@Capitol.Hawaii.gov, or visit RepMatsumoto.com for more information.



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State Representative
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We are at the peak of the world-famous surf season on 'Oahu's North Shore. There has been much excitement with the high surf and the anticipation of the Quiksilver in Memory of Eddie Aikau Big Wave Surf Competition, but with the pounding surf, a multiplicity of recurring problems have come bubbling to the surface.

Mammoth waves and erosion have caused decay in our roads and our beaches, encroaching on people's homes and closing down roads. In response, I introduced a resolution requesting a comprehensive study for the permanent redesign of Kamehameha Highway from Waiahole to Waialua.

At Laniakea Beach, traffic and parking issues persist and, an effective long-term solution has yet to be put in effect. The State Department of Transportation has presented four options and they are seeking community input. Of the four options, The North Shore Neighborhood Board currently supports an option which employs jersey barriers to create a one way in and out makeshift parking area mauka of the beach.

Other matters of concern in this part of the island relates to the influx of illegal vacation rentals that have displaced many residents. USA City Facts indicates that approximately sixty-four percent of all rentals are now used for this purpose, leaving only thirty-six percent available to workforce housing. The state, along with the city, have been working on solutions which include hiring more inspectors and introducing bills that attempt to identify illegal rental operations.

One bill in particular, HB 1850, would allow transient accommodations brokers to register as tax collection agents to collect and remit general excise and transient accommodations taxes on behalf of operators and plan managers using their services. There is controversy as to whether this bill would legitimize illegal bed and breakfasts as well as any potential deleterious effects that seasonal or vacation rentals have on neighborhoods, availability of adequate housing and, on the tourism industry.

With the 2016 Legislative Session quickly moving along its course, I want to tell you about a few of the bills that I have introduced to improve the quality of life in our District.

- HB 2435: Requests funds for the Department of Health and the Department of Agriculture for a water-quality study of the water resources in the Waialua district.
- HB 2695: Requests funds for capital improvement projects for District 47 including Waialua and Kahuku High and Intermediate Schools as well as district Elementary Schools.
- HB 2647: Creates a pilot program that provides

homeless individuals with work opportunity.

- HB 2582: Requires the Department of Agriculture to develop and implement an Agricultural Food Safety Certification program.
- HB 2675: Appropriates funds for research to combat rapid ohia death disease.
- HB 2676: Creates a 5 year energy independent farming community pilot project.
- HB 1932: Requires the State to appropriate sufficient general funds for the Department of Hawaiian Home Lands.
- HB 2698: Authorizes general obligation bonds for the purpose of building infrastructure and constructing on Hawaiian Home Lands.
- HB 2736: Requires that Hawaiian language ballots be made available in each election.

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by Naty Camit Hopewell

Intrauterine Devices: Part II

There are three available IUDs (intrauterine devices) in the U.S. Two have hormones and one is without. As noted in the previous article, the IUDs with hormones contain progestin. The progestin containing IUDs differ in the amount of levonogestrel (LNG). Mirena contains 52 mg of LNG and releases 15-20 mg/day. It can stay in place for 5 years. The second IUD, Skyla, contains 13.5 mg and releases 6.5 mg/day. It can be left in place for 3 years. Because these IUDs do not contain estrogen, which regulates a woman's menstrual cycle, women with either IUD may have irregular or no periods. These two IUDs work by thickening cervical mucus, which slows sperm movement and causing changes in the uterine lining making it difficult for implantation.

The third IUD (non-hormonal) is Paragard, which can stay in place for 10 years. The copper ions in the IUD prevent sperm motility and activation of enzymes needed for sperm survival. These mechanisms prevent fertilization.

How does a woman decide which IUD is best for her? The 2 hormonal IUDs lessen menstrual flow and cramping, but periods are irregular. Paragard (non-hormonal) does not effect the production of estrogen and progestin; consequently her period remains unchanged. In general, women under 20 years old have higher rates of discontinuation of use (28%) than older women (15%) due to heavier bleeding and cramping. Paragard is chosen by women who do not want hormonal birth control and because of its 10-year longevity.

In summary, women and medical providers in the U.S. need to shed their misconceptions regarding IUDs and consider these as first line in choosing a method of birth control. The World Health Organization and the U.S. Center for Disease Control and Prevention rate IUDs and implants the most effective method of birth control.

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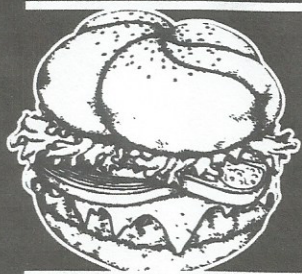
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Kunia Orchid Show

Announcing the 62nd Annual Kunia Orchid Show at the Leilehua High School's, Paul Kobayashi Gymnasium, 1515 California Ave., Wahiawa on March 18, 19, 20, 2016. The Kunia Orchid Show is known as the largest orchid show of the season and one of the best flower shows on the island.

The Kunia Orchid Show includes five local orchid clubs showcasing their very best blooming specimens. 22 plant vendors will be selling an amazing selection of live orchid plants including the popular honohono orchid. An interactive educational display of invasive species is also provided.

For those that appreciate the art of flower arrangement, the Sogetsu Ikebana Club and Rainbow Bonsai Club will showcase creative and interesting flower displays utilizing both natural and manmade materials. There will be food booths manned by students, proceeds benefit the clubs and athletic department of Leilehua High School.

The Kuni a Kountry Store will be open offering different kinds of plants, gardening supplies, fertilizers, wooden baskets, hanging wires, plants tags and clips along with homemade baked goods, jellies and much more. A representative from Pacific Agriculture will be in the Store to answer questions regarding products to meet the needs of your plants.

One lucky person will be the 2016th Visitor and will receive a basket full of beautiful blooming orchids. There will also be hourly door prizes as well as "Enjoy" products given to everyone as they exit the show while products last.

Spend the day in beautiful Wahiawa with the family at the Kunia Orchid Show at Leilehua Gymnasium on March 18, 19 and 20. Show hours are 9 a.m. to 5 p.m. on Friday and Saturday and 9 a.m. to 4 p.m. on Sunday. Admission is free and plant sales will end at 3:00 p.m. on Sunday. There's plenty of free parking. See you there! For additional information please call 808-342-0251.

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Letters to the Editor

Dear Editor,

The article, North Shore Families Deserve Clean and Safe Water, by Blake McElheny, in the February 17 issue of the North Shore News, seeks to promote public awareness of the important and complex issues regarding water supplies, stream water quality, land use, water use, and human impacts on our environment, including Kaiaka Bay. These issues are very important, but the article contained a number of statements that were incorrect or misleading.

1) The article states that water from Lake Wilson, during major rainstorms, are a major contributor to harming water quality in this watershed. In fact, Lake Wilson reduces flooding by capturing water during storms and slowing the water downstream. Without Lake Wilson, rain events would produce more flash floods, with increased erosion along streambeds and increased deposits of clay and silt into Kaiaka Bay.

2) The discharge from the Wahiawa Wastewater Treatment Plant is treated to R1 sanitation standards. After primary treatments, ultraviolet light treatments ensure that coliform bacteria are not released into Lake Wilson, and the system captures and treats any flow occurring during a power outage. Treated discharge from the Schofield Wastewater Treatment Plant is discharged into Kaukonahua Stream below the Lake Wilson dam, not into the Wahiawa Irrigation System.

3) The article stated that "the 2014 State of Hawaii Water Quality and Assessment Report to Congress listed all water bodies that are part of the Kaiaka Bay Watershed as "impaired" and containing up to 185 parts per trillion of Atrazine. The EPA threshold for Atrazine in drinking water is 3,000 parts per trillion, and scientific evidence indicates that levels below that threshold do not pose a threat to human health (<https://safewater.zendesk.com/hc/en-us/articles/212077787-4-What-are-EPA-s-drinking-water-regulations-for-atrazine->). Metals such as zinc, copper, chromium, magnesium and manganese naturally occur at unusually high levels in the rocks and soils of Oahu. They came from the volcanic magma that created the island. Pesticides can be detected in Kaukonahua Stream, but are at levels far below EPA thresholds. Manoa Stream had much higher levels of pesticides than streams in rural areas (Hawaii Department of Health, 2013-2014 State Wide Pesticide Sampling Pilot Project Water Quality Findings).

4) The soil fumigant DBCP was detected in

drinking water in Waialua in 1992 and 1993. The Board of Water Supply subsequently installed activated carbon filters to address that issue, and routinely conducts tests to ensure that drinking water is safe for North Shore residents.

Mr. Timothy E. Steinberger, Director, City and County of Honolulu, Department of Environmental Services, has stated, "Overall, water quality problems in Upper Kaukonahua stream are mild when compared with other impaired streams on Oahu. The State Department of Land and Natural Resources (DLNR) considers the mauka areas of the Upper Kaukonahua watershed to be higher quality than most on Oahu, thus requiring less active management programs than other areas where the bulk of their watershed protection efforts are focused." (pp 267-268 in http://health.hawaii.gov/cwb/files/2013/05/Integrated_Upper_Kaukonahua.pdf).

I appreciate the author's intent in writing this article, but felt the record needed to be corrected.

From Jeff Scott, Ph.D.

Aloha Editor,

As a thirty year resident of the North Shore of Oahu and resident owner on Pahoe Rd. across from Sharks Cove for the last thirteen years, there are a number of great things I've learned while living in our very special community.

Treat your family, friends, community, neighbors, and the environment with respect. Through your actions, be a good steward of the land with honest, kindness, and humility. Sadly, when those bedrock values are ignored, it impacts all of us.

You might have read about or seen the "circus" of nine (or is it now ten?) food trucks, lights, traffic, tourists, and noise that have appeared over the past months on the lots next to Foodland. This is the current phase of the "Sharks Cove Development" by Hanapohaku LLC, which bought the property from the highly respected Niimi family in 2014, after subdividing the lots in 2009.

My neighbors and I live along the narrow private Pahoe Road, on the other side of the development, which is utterly under siege over the past several months from the spillover effects on our road and homes due to the poor planning on the three parcels now owned by Hanapohaku. We have felt like hostages in our homes with cars jamming our street, using our driveways, patrons who are provided no bathroom on the property are using the bushes or our front yards, leaving beer bottles and litter, we heard loud live music and videos blasting, our kids and dogs are not safe playing in our own front yards -- stress levels are high -- it's like a war zone.

We are not against a properly planned B-1 "Neighborhood" Commercial use on these lots. Planning can be done well, as many businesses and landown-

Continued on page 13

Continued from page 12

ers who have taken the time and care to engage and respect the community on the North Shore know so well. But we are against the kind of poor planning and misguided development that is happening at Sharks Cove and that is deliberately avoiding the proper public review process.

Did you know that Hanapohaku never notified the neighbors on Pahoe Road about its food truck or development plans? Has never presented its food truck or development plans to the community or the North Shore Neighborhood Board? Has refused to conduct an environmental review and traffic study? And has entirely avoided the public scrutiny and hearing that would come treating their development on these connected parcels as a Special Management Area Permit "major" permit? By claiming that the value of each parcel's development at just under \$500,000 (the legal trigger for a "major" review), and splitting up the permit applications over several months, Hanapohaku gamed the City's permitting system. Something is really wrong here.

Hanapohaku LLC claims to be "environmentalists and stewards of the land." Talk is cheap. If they want to prove these claims to the community, the local neighbors, and the many environmental stewardship organizations that opposed this unplanned and chaotic development, which has racked up numerous

finances and permit violation so far, then Hanapohaku should rescind the three current SMA "minor" permits and begin a proper planning process with full community engagement.

Follow the law. Respect your neighbors.

That's all the community is asking for. Simple right?

Mahalo and regards
John W. Thielst
Pahoe Road Neighbors Hui

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Kuamo'olelo by Malia K. Evans

Loko I'a...Hawaiian Food Security in the past and into the future

Eminent Hawaiian scholar Samuel Kamakau stated "Fish ponds were another means of prosperity to a land. A land was called rich according to the number of fish ponds it contained" (1869). With over 480 surviving loko i'a documented on the main Hawaiian islands in 1990, Hawai'i nei was truly an abundant, productive land; an 'aina momona. Approximately 100 fishponds were constructed along the coast of Oahu. Here on the North Shore, we are rich indeed because of the many loko i'a that beautified our land, including the renowned fishponds of Uko'a and Lokoea.

Hawaiian loko i'a are an aquacultural achievement of native engineering and sustainable food production. Our ancestors wisely integrated long term observations of natural phenomena into the science of food production to create fishponds. This evolution from fish trapping to fish farming created a food system that was 100% more productive than depending on the natural food chain. Different varieties of fish, crustaceans, shellfish and limu were cultivated in the fishponds.

Loko i'a vary in size, from small inland fishponds that utilize wetland taro plots to immense coastal fishponds several hundred acres in size. Loko i'a have been classified into 6 general types which are specific to a particular geographic area (Apple & Kikuchi 1975). The following 3 types of fishponds were associated with ali'i. The kuapa is a coastal pond with a seawall of stone and/or coral, usually containing one or more makaha (sluice) gates. The design and construction of kuapa were monumental undertakings that required a large labor force and long periods of peace. Examples of this type are the Huilua loko i'a in Ko'olauloa and He'eia loko i'a in K'oolaupoko.

The 2nd type are pu'uone; shore fishponds usually formed by the development of a sand ridge parallel to the coast and containing one or more ditches and makaha. The fishpond of Loko Ea in Haleiwa town is characteristic of this type. The loko i'a wai is an inland freshwater fishpond, which contain ditches connected to a river, stream, or the sea, and contain makaha. An 1868 Hawaiian language newspaper article describes a loko i'a wai called Kalia that was located in Pa'ala'u uka (Clark 2014). The 4th type, the loko i'a kalo is an inland fishpond utilizing irrigated taro plots. These types were prolific and cared for by 'ohana. The loko i'a 'ume'iki was a fishtrap, similar to a kuapa, but with various combinations of inward and outward leading lanes. The 6th type is the kaheka and hapunapuna,

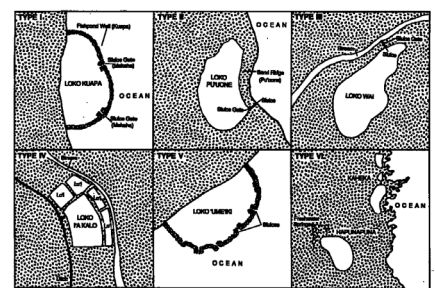
which are natural pools or holding ponds.

An important component of loko i'a are makaha or sluice gates. In traditional times, makaha were stationary and placed where currents were known to flow. The makaha allowed continuous circulation of water and regulated the flow of water. The makaha allowed our kupuna to control the salinity of the pond. As the tide rose, the juvenile fish in the ocean would be attracted to the cooler, oxygen rich water of the fishpond. These small fish would enter through the slim, vertical openings in the makaha and feed on the nutrient rich environment in the loko i'a. As the fish matured in the loko i'a, they would congregated at the makaha during the incoming tide, instinctively knowing they needed to be in the salt water to reproduce. The first line of fish, the strongest, would be placed back into the pond. The second line of fish would be let out into the sea. The third group would be caught for eating (Schultz 2005). By utilizing currents, tides and the lunar cycle, our kupuna wisely integrated observable natural phenomena into the science of food production.

Food security is the latest buzz word. Our current population is over 1 million people. Over 230 years ago (circa 1778), population estimates of 1 million Kanaka Maoli rival today's population (Stannard 1989). Historical evidence verifies the pre-contact population as plentiful, healthy and prosperous. Our ancestors were able to create and maintain a 100% self sufficient society for centuries. Contrast current projections of 15% self sufficiency and we need to question why? While there are many variables affecting our current inability to feed our entire population, we can look to Kanaka Maoli perspective and practices that maintained a large, healthy population without destroying the environment.

Through careful management and conservation practices including the kapu system, our kupuna were able to create and maintain optimal levels of food security. Our loko i'a are a resource we can revitalize so we can once again feed ourselves. When we look to our past, we can bring that 'ike forward to map out, plan and incorporate native knowledge of food production to feed us all. Check out these loko i'a on Oahu who are doing just that. Malama Loko Ea Fishpond in Haleiwa has community workdays every 3rd Saturday of the month. Check out their website at <http://www.lokoea.org/#>. Also check out Paepae o He'eia with community work days on the 2nd and 4th Saturdays of the month.

<http://paepaeoheiea.org/>. Other loko i'a to kokua are Huilua in Kahana, Moli'i in Hakipu'u and Waikalua in Kaneohe.





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MAKE A STAND! NEW SUP WORKOUTS AND ADVENTURES

The North Shore's own Jodi Kealoha, a fitness and SUP expert leads the beat with her new full service company 808 SUP. Jodi offers Stand Up Paddling Lessons for all levels with plenty aloha. Rentals, race training, SUP-Surf, workouts, & affordable SUPs & Water Accessories are also on the Menu! Team Jodi will have special discounts and weekly open group SUP workouts at Turtle Bay also. Call her up and ask how you can Make a Stand, (808)SUP-0826. www.hi808sup.com

MAHALO TEAM BUFFALO

The Real-Voice Buffalo Bigboard Classic event celebrated 40 years of the Keaulana family putting on the event for our community of surfers. Richard



“Buffalo” Kalolo’okalani Keaulana is quite a waterman and through the years has mastered many ocean disciplines. Buffalo is a surfer, swimmer, fisherman, sailor and has mastered the art of sailing the double-hulled canoe, Hokule’a. He was a lifeguard in Haleiwa way back in 1954/55 and then worked for years at Makaha. This event is his way of giving back to the community he so loves. Congratulations on another epic event.

SUP SURF WORLD TOUR

World Champ Caio Vaz (Art in Surf) has once again found winning form here at the 2016 Sunset Beach Pro, his second victory at this iconic break on Oahu’s North Shore. The event was the kick off for the SUP Surfing World Tour. Conditions were pretty gusty and he adapted well winning with great style. In the final, Caio made the challenging conditions look like a walk in the park, posting another excellent range score right off the bat to put the pressure on the other 3 finalists. He was then able to back it up with a mid range score to secure victory, an incredible achievement for this young Brazilian Champion. Bernd Reedier from Hookipa, Maui, was the highest placing Hawaiian in 4th place. Find more info on waterman league.com



- Winner Caio Vaz BRA
- 2nd James Casey AUS
- 3rd Peonaiki Raioha PYF
- 4th Bernd Roediger HI
- 5th Mo Frietas HI
- 6th Fisher Grant USA
- 7th Noa Ginella HI
- 9th Masa Motohashi JPN
- 9th Giorgio GomeX USA
- 9th Kai Lenny HI



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Waiialua Little League is Celebrating Its 60th Anniversary This Year!

Here's a little history on how it all began:

The Waiialua Sugar Plantation was the foundation for our Little League. The Managers of the Sugar Plantation would have the employees coach and umpire. The community was also greatly involved in supporting the Little League and would make contributions through the purchase of plywood signs with their company's name and these would be put up before every game. Waiialua Little League didn't always play their games at Pu'uiki Park. In the beginning, games were played at Waiialua District Park and the 4x8 plywood signs would serve as the fence around the field. Some of sponsors included Fujioka Store, Esmonds, Haleiwa Theater, Haleiwa Strained Poi, and Haleiwa Super Market. In 1961, Waiialua Little League would name this field after Plantation Manager Harry Taylor.

The Little League Board was able to contact some of the alumni coaches and invited them to this year's special Opening Ceremony where they were recognized.

Mr. Takashima
Syd Kawahakui
Sterling Kawahakui
Clayton Plemer
Rex Baccay
Lance Takahashi
Sonny Passos
Kenneth Passos
Jon Sakamoto
Frank Perreira
Jay Keao
Rodney Dicion
Marlene Nakamura
Randall Nakamura

They provided us some old memorabilia to display and also shared some interesting stories with us:

- In 1966, Waiialua would take Division I Championships in the State of Hawaii.
- Dane Sardinha (born in Honolulu, Hawaii) played for Waiialua Little League. He would eventually move on to become an All-American professional baseball catcher. In 1999, as a sophomore, Sardinha batted .365 with 15 home runs and 63 RBI. Baseball America selected him as a Third Team College All American catcher and he was also a West Coast Conference All-Star. In 2000, his junior season he batted .353 with 17 home runs and 72 RBIs. Baseball America selected him as a First Team College All American catcher, he was the West Coast Conference Player of the Year and, again, a West Coast Conference All-Star catcher. He continued on to play with the following teams over the years:

Cincinnati Reds (2003, 2005)

Detroit Tigers (2008–2009)

Philadelphia Phillies (2010–2011)

This is evidence for our kids that anything is truly possible if they are willing to work hard.

On that same note, we would like to give a big Mahalo to the many people who, through the years have sacrificed time and effort to build our little league program not for recognition or to see who could win the most games, but who did it for the kids of our community. Some of whom are still working with kids and still giving back and helping to continue the legacy of Waiialua Little League is passed onto future generations to come.



Mr. Takashima- oldest living coach.



Waiialua Little League Opening Ceremony.

Haleiwa Farmers Market
Thursday, March 10, 2016
2 p.m. - 7 p.m.
Waimea Valley



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Tuesday, Mar 1st, 2016 at 5:30 pm

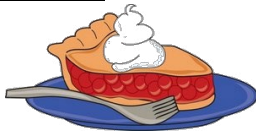


Pi Day Pie Bake-off

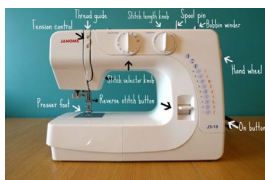
Tuesday, March 8th, 2016 at 6:00 pm

Bakers wanted! Fun Prizes!

Sign-up Required Please call library for more info.



Kahuku Cool Lab: MACHINE Sewing Basics



Tuesday, March 15th, at 6:00 pm

Sign-up Required. Ages 14+

Kahuku Cool Lab: HAND Sewing Basics

Tuesday, March 22nd, 2016 at 6:00 pm

Sign-up Required. Ages 8+ (minors must be accompanied by a parent or guardian)



F.E.L.T.E.R.'s Club:

Tues, Mar 29th, 6:00pm



Battle of the Books:

Final District Competition

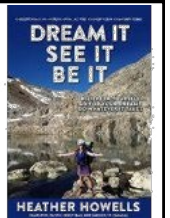
Friday, Mar 11th, 6:00pm

@Turtle Bay Resorts Ticketed Event

Author Talk: Heather Howell

Dream It, See It, Be It! An Inspirational Story

Tuesday, Mar 29th, 2016 at 6:00pm



Keiki Storytime @ 10am

Baby Bounce: Every Last Monday
Toddler Time: 2nd & 4th Friday
Preschool Storytime: 1st & 3rd Friday

AARP Tax Help:

Thursdays, Feb 4th—April 14th, 9:30am to 1:00pm

The Tiny Tree



Wed. March 16th 1pm



LIBRARY CLOSED

Friday, Mar 25

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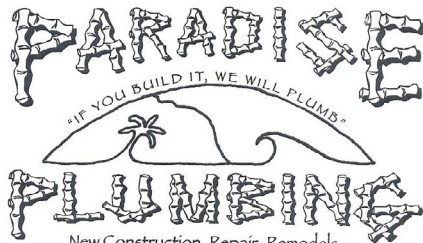
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North Shore News



2016 Schedule

PUBLICATION DATE	EDITION	DEADLINE DATE
March 16	Easter	March 4
March 30	Restaurant	March 18
April 13	Earth Day	April 1

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02/25/2016 -
 Waimea Bay, The Quiksilver in Memory of Eddie Aikau
 Big Wave Surf Invitational.

Photo: Carol Philips

WAIALUA PUBLIC LIBRARY UPCOMING EVENTS

Waialua Crafters

Wednesday, March 2 at 4:30PM

Bring your current craft project and share tips!

WRITERS WANTED - PLEASE JOIN US!

Waialua Writers' Group

Saturday, March 12 at 11AM

Topic of the Month: "Music In My Head"

Waialua Used Book Sale

Saturday, March 19 from 9AM to 2PM

Book Hunting At Its Best!

Waialua Readers' Group

Thursday, March 24 from 9:30AM to 11AM

Pick of the Month: "My Dog Skip" by Willie Morris

Re-Occurring Waialua Library Events *

Computer Instruction - Fridays at 9AM

Toddler Time - Fridays at 10AM

Children's Storytime & Crafts - Saturdays at 10AM

* Waialua Library will be closed 3/25 and 3/26 in observance of holidays

LIBRARY VOLUNTEERS NEEDED AND APPRECIATED!!

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Sunday School at 9:00 am
Worship Services at 10:00 am

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Hawaii Foodbank Food Drive
Saturday April 16, 2016
8:00 am - 3:00 pm

www.HawaiiFoodbank.org / 836-3600 ext.240 / #HIFoodBank

What We Need Most
Canned meats, canned meals, canned fruits and vegetables; rice; monetary contributions

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Hawaii Mall Towers Center - Costco
Kapolei Commons
Koko Marina Center
McCully Shopping Center
Pearl City Shopping Center
Walmart - Pearl City
Walmart - Town Center of Mililani
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Waikeala Congregational Church
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EDITORIAL POLICY: We welcome articles and letters from our readers. Letters to the Editor are published on a space available basis only and preference is given to shortness of length, and quality of content. We prefer to run not more than one letter, per person, per 6 month period. Letters subject to edit.

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HOW TO CONTACT THE NORTH SHORE NEWS

Letters to the Editor, and other items submitted for publication consideration may be sent to us via:

MAIL: 66-437 Kamehameha Hwy., Suite 210, Hale'iwa, HI 96712

E-MAIL: NShoreNews@aol.com

PHONE: (808) 637-3138

Office Hours: Monday - Friday 10 a.m.-3:30 p.m.

www.northshorenews.com

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Next Issue - March 16, 2016
Deadline Date - March 4, 2016

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FUNDRAISER
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DODGEBALL @ the WCA
7:45 p.m. - 9:45 p.m.
Second Friday of Month

AA Meetings
Cottage 2 @ WCA
Sunday 7pm • Tuesday 8pm
Wednesday 6pm (women)
Thursday 6:30pm & 8pm
Friday 8pm
Saturday 6:30am & 6pm

Voice of God Ministries
Jesus Loves You
For Prayer
Call 808-373-0294

OFF da ISLAND

Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Try send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, telephone number and photo location to: NShoreNews@aol.com.

2016 Writers Retreat
Camp Mokueia
May 1 to 6
<http://campmokuleia.com/retreats/writers/>

1st Annual Camp Mokuleia Plein Aire Painting Retreat!
March 4 to 8, 2016
www.campmokuleia.com
808-637-5505

North Shore Food Bank
Food bag distribution
Wednesdays at Haleiwa
Gym across from Post Office
9am-12pm

HARBOR CHURCH NORTH SHORE
In the country for the country
Worship Service
9:30 a.m. at the Waialua Recreation Center off Goodale Ave.

BRRRR
It's been cold lately! Perhaps you have an extra blanket or two, used or new to donate to our homeless neighbors. Drop off blankets at the North Shore News office.
A Warm Mahalo
637-3138

Pothole Hotline
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